

2023 TRACK & FIELD STATE MEET STAT BOOK

UP TO AND INCLUDING PERFORMANCES FROM THE
2022 STATE MEET

History, team champions, runner-up, event champions
and State Meet and Class Records 1906-2022



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
BOONE, IOWA



INTRODUCTION

This Stat Book represents the research and organization of many people who have been at the forefront and behind-the-scenes of Iowa prep track and field. Our deepest thanks go to Mo Kelley, former IHSAA Publications Director, for his efforts from 1970-2001 for launching this book.

While this book identifies mainly the past team and event champions, it also represents the IHSAA's admiration and respect for all the athletes, coaches, officials, and administrators who have nurtured our track and field program to the status it currently enjoys.

We hope that as you review the names of our champions, you will note past Olympians - including champions and medal winners, collegiate champions, All-Americans, American and world record holders, collegiate and professional athletes in other sports, and a countless number of successful individuals in all walks of life each who has breathed life into the IHSAA credo of Sportsmanship and Citizenship. To no one's surprise the same is true of the near champions, other place winners and participants who are not found on the following pages, but share in the tradition of greatness known as Iowa high school track and field. Each remains a hometown champion and hero because of his sacrifice and dedication. That is the legacy that in 2018 celebrates its 113th year and serves as a strong testimonial of the wonderful experience of being a high school athlete.

A THANK YOU TO ALL

We invite coaches and readers to review the information contained in this book and on the track page of our website. The archives contain an all-time best list of performances, with the first group being metric times and the second group being the all-time yardage bests. We welcome corrections and additions in that list. As we receive verification of performances we may have missed they are added. ***Times that appear in hundredths are fully-automatic as they are in this book. Other performances are rounded up to the nearest tenth in accordance with official track and field timing procedures. No + or - .24 performances are listed since that quantification is intended for seeding purposes only. The performances in this book are the actual ones recorded at the time.***

This Stat Book, like others we produce at the IHSAA, is updated annually and available in PDF format on our website. We try and improve the quality and accuracy of the information each year. A special thanks to track administrator Jared Chizek of our staff for his assistance.

OVERVIEW: In May 1906 track and field was the very first competition for the fledging Iowa High School Athletic Association approved for a State Meet. Now with the first century tucked away in history, Iowa preps target this spring tradition that has grown significantly in the number of participants and fans.

The information found in this book is the most updated information the IHSAA archives. It includes the team champions and runner-up for each year, and is revised annually. If you find a spelling error or an error in performance, please contact Chris Cuellar at the IHSAA (515-432-2011) or email <ccuellar@iahhsaa.org>. In addition, please contact us if you know the names of the runners of any relay state champions from 1906-1965.

To understand the context of record keeping please consider the following:

A State Meet Record (overall and by class) can be established only in the IHSAA State Meet and in running events that are contested in meters. Following are those records with the ones for comparable yardage events listed in italics. Comparisons between the two are difficult because of the variables that come into play. We have listed both plus the best state meet and all-time performance as matter of legacy and respect. A more detailed all-time best list is located on the track page of the IHSAA website under “Archives.” Effective in 2013, the yardage and metric all-time bests were separated so that the performance listed is what was run. There are no conversions nor is the plus/minus .24 calibration used. ***The all-time bests are performances recorded in any high school competition sanctioned by the IHSAA or the NFHS. It is not to be confused with the State Meet Record, which is set only in the State Meet. An all-time best, established outside of Iowa, is noted with the date and site followed by the best all-time performance in Iowa.***

Performances appearing in tenths of seconds are hand-timed and rounded up; those in hundredths are fully automatic. Starting in 2012, the IHSAA retired yardage events in the all-time best list and preserved them in a separate category rather than use standard conversions. The All Time Best List is the actual performance recorded at the time it was run in yards or meters. No plus or minus .24 has been applied to any of the times, since such a variable blurs the performance and that factor is intended for use only in seeding heats. Field event marks are listed per the reporting rules at the time they were achieved.

HISTORY: Prior to 1906 Grinnell College and the University of Iowa held “open state meets” in the 1890s and 1900s. The meets tended to be “regional” in nature and results are difficult to find. Even after the first IHSAA sanctioned state meet, the University of Iowa continued to hold their meet for several years. In addition, Grinnell College also hosted an Iowa State Championship Meet for high schools and colleges from 1895 through 1925. In previous editions of this book, some of those performances were erroneously in our “champions list”, which has now been rectified. The information in this book records the team champion, runner-up and event champions **of the IHSAA State Meet**. From 1906 through 1925 the state meet was an “open meet.” Starting in 1926 district competition was initiated to determine the state qualifiers in each event. From 1906-1947 the State Meet was contested in one class. Classification started with the 1948 meet.

May of the past 114 State Track Meets have been held at Drake University including the last 47 years thus giving Iowa athletes the opportunity to compete on one of the nation’s premier venues.

A brief synopsis of the history of classification in IHSAA track follows: 1906-1947 – one class; 1948-52 – two classes (A; B); 1953-81 four classes (AA, A, B, C), and 1982 to the present four classes (4A, 3A, 2A, 1A). Since 1926, the smallest schools (Class 1A) have used the district meet as their state qualifying method. Starting in 1983, Class 4A voted to use season performances to determine their state qualifiers. The Class 3A and 2A schools voted for season performance qualifying in 1990. **Effective in 2004 all four classes used a district/state qualifying meet. In 2005 the State Meet went co-ed.**

Except for two events—the Discus and the 120 yd. High Hurdles—the contested events were unchanged until the meet went metric. From 1906 through 1938 the Discus was contested using the collegiate implement, weighing 4 lbs., 7 oz. In 1939, the 3 lbs., 9 oz. implement was made standard. Likewise, from 1906 through 1934 the high hurdles were contested over 42-inch barriers (college height). In 1935 the hurdles went to 39 inches to conform to the rules of the NFHS. State Meet scoring and medal winners have changed over the years. A summary of the changes follows.

Years	Places	Individual	Relays
1906-1909	3	5-3-1	5-3-1
1910-1927	4	5-3-2-1	5-3-2-1
1928-1934	5	5-4-3-2-1	5-4-3-2-1
1935-1970	5	6-4-3-2-1	8-6-4-2-1
1971-1976	6	6-5-4-3-2-1	10-8-6-4-2-1
1977-2002	6	7-5-4-3-2-1	10-8-6-4-2-1
2003-2004	8	8-7-6-5-4-3-2-1	10-8-6-5-4-3-2-1
2005-current	8	10-8-6-5-4-3-2-1	10-8-6-5-4-3-2-1

Iowa went metric in running events in 1978, the same year fully automatic timing (FAT) was used at meets in Drake Stadium. Some classes in 1985 and 1986 were not held at Drake and as a result hand-held times were used.

Given that there were times when the FAT at Drake malfunctioned and back up hand-held times (in tenths) was used.

The inclusive dates for comparable events ran in yards follows: 100 yd. dash, 220 yd., dash, 440 yd. dash, 880 yd. run, mile run, and 120 yd. high hurdles: 1906-1977 each; two-mile run – 1968-1977; 880 yd. relay and mile relay, 1906-1977; 440 yd. relay, mile medley relay, and two-mile relay, 1935-1977 each. The shot put, discus, long jump and high jump have been contested since 1906. The 400-meter hurdles started in 1979. Discontinued running and field events from state competitions are included in a special section that follows.

STATE MEET RECORD INFORMATION

Performances recorded in tenths or an “h” are hand-timed rounded to the next nearest tenth per timing regulations.

Those performances in hundredths are FAT, which began in 1978.

State Meet Records & Class Records are those established at the State Meet and only in meters.

An All-Time Best can be established in any sanctioned meet by the IHSAA or the NFHS

100 METER DASH

Iowa State Meet Record: 10.33, Mikey McClain, Dowling Catholic, W.D.M., 2022

Iowa All-time Best: 10.1h, Adam Haluska, Carroll, 2002; FAT - 10.33, Mikey McClain, Dowling Catholic, W.D.M., 2022

Class 4A Record: 10.33, Mikey McClain, Dowling Catholic, W.D.M., 2022

Class 3A Record: 10.71, Alex Mota, Marion, 2022

Class 2A Record: 10.58, Tanner Iske, West Liberty, 2018

Class 1A Record: 10.82, Liam Carlson, Tripoli, 2022

200 METER DASH

Iowa State Meet Record: 20.97, Mikey McClain, Dowling Catholic, W.D.M., 2022

Iowa All-time Best: 20.8h, Tim Dwight, Iowa City, City, 1994; FAT - 20.97, Mikey McClain, Dowling Catholic, W.D.M., 2022

Class 4A Record: 20.97, Mikey McClain, Dowling Catholic, W.D.M., 2022

Class 3A Record: 21.22, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 2A Record: 21.33, Isaiah Trousil, West Burlington/Notre Dame, 2016

Class 1A Record: 21.80, Lee Elbert, Bishop Garrigan, Algona, 2003

400 METER DASH

Iowa State Meet Record: 46.99, Darien Porter, Bettendorf, 2019

Iowa All-time Best: 46.99, Darien Porter, Bettendorf, 2019

Class 4A Record: 46.99, Darien Porter, Bettendorf, 2019

Class 3A Record: 48.11, Greg Offerman, Charles City, 2005

Class 2A Record: 47.43, Ryan Kedley, North Cedar, Stanwood, 2000

Class 1A Record: 48.32, Jordan Cornilsen, Preston-East Central, 2007

800 METER RUN

Iowa State Meet Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Iowa All-time Best: 1:50.18, Aaron Stockstell, Mid-Prairie, 2007

Class 4A Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Class 3A Record: 1:53.74, Isaac Wendland, Charles City, 2008

Class 2A Record: 1:51.17, Aaron Stockstell, Mid-Prairie, Wellman, 2008

Class 1A Record: 1:52.10, Riley Bauer, North Union, 2018

1,600 METER RUN

Iowa State Meet Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Iowa All-time Best: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 3A Record: 4:09.67, Thomas Pollard, Gilbert, 2015

Class 2A Record: 4:16.99, Lance Elliott, Montezuma, 1989

Class 1A Record: 4:13.78, Gable Sieperda, Central Lyon, 2018

3,200 METER RUN

Iowa State Meet Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Iowa All-time Best: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 4A Record: 9:00.97, Josh Evans, Linn-Mar, Marion, 2014

Class 3A Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 2A Record: 9:11.30, Reece Smith, Garner-Hayfield-Ventura, 2019

Class 1A Record: 9:09.60, Gable Sieperda, Central Lyon, 2018

110-METER HIGH HURDLES

Iowa State Meet Record: 13.81, Jack Latham, Spirit Lake, 2022

Iowa All-time Best: 13.81, Jack Latham, Spirit Lake, 2022

Class 4A Record: 13.91, Joah Banks Prairie, Cedar Rapids, 2017 (p)

Class 3A Record: 14.03, Connor Ham, Solon, 2014 (p) & 2015 (p)

Class 2A Record: 13.81, Jack Latham, Spirit Lake, 2022

Class 1A Record: 14.41, Cory Woods, Treynor, 1997

400-METER HURDLES

Iowa State Meet Record: 50.96, Dustin Avey, Ames, 1996

Iowa All-time Best: 50.96, Dustin Avey, Ames, 1996

Class 4A Record: 50.96, Dustin Avey, Ames, 1996 (low hurdle height)

Class 3A Record: 51.35, Greg Offerman, Charles City, 2005 (low hurdle height)

Class 2A Record: 51.62, Brent MacLagan, Jefferson-Scranton, 1995 (low hurdle height)

Class 1A Record: 52.85, Nick Efkamp, Madrid, 2011 (low hurdle height)

4 x 100 METER RELAY

Iowa State Meet Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Iowa All-time Best: 41.33, Iowa City, City (Dan McMahon, Jason Ringena, Mike Richards, Merrill Coleman), 6-16-96, Raleigh, NC

Class 4A Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Class 3A Record: 42.18, Xavier, Cedar Rapids (Derek Kramer, Derek Wollner, Corey Reed, Bryce Colston), 2008

Class 2A Record: 42.44, West Burlington/N Dame (Timmy Williams, Brant Wrede, Isaiah Trousil, Xavior Williams) 2015 (p)

Class 1A Record: 43.01, Lisbon (Marquis Stephens, Nick Dains, Matt Murphy, Derek Stephens), 2003 prelims

4 x 200 METER RELAY

Iowa State Meet Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Iowa All-time Best: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 4A Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 3A Record: 1:27.87, Sergeant Bluff-Luton (Matthew George, Ryley McGregor, Drew Girres, Brady Wall), 2016

Class 2A Record: 1:27.14, West Burlington/N. Dame (Xavior Williams, Jacob Smith, Spencer Ferguson, Isaiah Trousil) '16

Class 1A Record: 1:29.62, Panorama (Justin McDermott, Bob McFadden, Shaun Moylan, Travis Geopfert), 1997

4 x 400 METER RELAY

Iowa State Meet Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming) '06 (p)

Iowa All-time Best: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 4A Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 3A Record: 3:18.24, Bishop Heelan, Sioux City (Preston Ives, Michael Malloy, Nate Berger, Brendan Dougherty) 2009 (p)

Class 2A Record: 3:18.09, Albia (Tony Leshen, Kyle Sinnott, Jacob Clouse, Avery Moore), 2016

Class 1A Record: 3:22.13, North Linn, Troy Mills (Ty Sherman, T.D. Holub, Justin Waring, Seth Schuhmacher) 2006

4 x 800 METER RELAY

Iowa State Meet Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Iowa All-time Best: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 4A Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 3A Record: 7:49.07, Spirit Lake Park (Alec Baldwin, Keith Byers, Kayne Feldick, Will Norris), 2011

Class 2A Record: 7:50.39, Monticello (Jarrett Easton, Jordan Loes, Derek Manternach, Matt Manternach), 2015

Class 1A Record: 7:58.63, Pekin (Chandler Eckley, Sam Roth, Isaiah Wittrock, Ryan Millikin), 2017

800 METER SPRINT MEDLEY RELAY (new 2017)

Iowa State Meet Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Iowa All-time Best: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Class 4A Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Class 3A Record: 1:31.77, Sergeant Bluff-Luton (Zach Shultz, Sam DeMoss, Josh Stangel, Jorma Schwedler) 2019

Class 2A Record: 1:31.76, Unity Christian, Orange City (Tyler Wieringa, Clayton Bosma, Logan Franken, Tanner Schouten) 2021

Class 1A Record: 1:33.57, Wapsie Valley (Dawson Schmit, Ethan Oltrogge, Holten Robinson, Trevor Sauerbrei) 2021

1,600 METER DISTANCE MEDLEY RELAY

Iowa State Meet Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Iowa All-time Best: 3:22.69, Iowa City, City (Sumaster Newell, Hakim Hill, Calvin Davis, Jeremy Mims), 2001 (June 13-01; Nike Invitational; Raleigh, NC)

Class 4A Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Class 3A Record: 3:27.49, Dallas Center-Grimes (Keaton Jackson, Gavin Todd, Daniel Onwuramaka, Aidan Ramsey) 2022

Class 2A Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Class 1A Record: 3:31.48, Earlham (Caleb Smith, Walker Hale, Malakai Hale, Jayden Dickson) 2022

4 x 110 METER SHUTTLE HURDLE RELAY (36" hurdles, new 2019)

Iowa State Meet Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Iowa All-time Best: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Class 4A Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Class 3A Record: 59.45, Pella (Nolan Clayberg, Reece Thoreson, Luke Fairchild, Gage Huyser) 2022

Class 2A Record: 59.49, Dike-New Hartford (Cade Fuller, Grant Bixby, Ely Sohn, Seth Eden), 2019

Class 1A Record: 1:00.20, Lisbon (Cohen Kamaus, Luke Czarnecki, Bryce Clausen, Kole Becker) 2021

DISCUS

Iowa State Meet Record: 204-9, Walker Whalen, Indianola, 2022

Iowa All-time Best: 207-08, Scott Crowell, Mason City, 1978

Class 4A Record: 204-9, Walker Whalen, Indianola, 2022

Class 3A Record: 190-10, Tristan Wirfs, Mount Vernon, 2017

Class 2A Record: 186-02, Allan Walz, Bondurant-Farrar, 1991

Class 1A Record: 197-05, Tom Yezek, Northwood-Kensett, 2016

SHOT PUT

Iowa State Meet Record: 67-02, Nick Phelps, KP-WC, 2018

Iowa All-time Best: 70-11, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 4A Record: 65-11.50, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 3A Record: 64-07.75, Drew Clark, Marion, 2009

Class 2A Record: 67-02, Nick Phelps, KP-WC, 2018

Class 1A Record: 60-10.25, Bob Feuerbach, Preston, 1975

HIGH JUMP

Iowa State Meet Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Iowa All-time Best: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 4A Record: 7-0, Andy Kohler, Ames, 1999

Class 3A Record: 6-11, Colten Kelly, Anamosa, 2008

Class 2A Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 1A Record: 6-11, Ehi Oamen, Hinton, 2006

LONG JUMP

Iowa State Meet Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Iowa All-time Best: 24-09.50, Chris Walker, Davenport, Central, 1984 (Golden West Invit'l; Sacramento, CA, 1984)

Class 4A Record: 24-02.75, Abu Sama, Southeast Polk, 2022

Class 3A Record: 23-04.25, Chandler Diercks, Clear Lake, 2014

Class 2A Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Class 1A Record: 23-02.50, Nick Efkamp, Madrid, 2011

STATE MEET WHEELCHAIR EVENT RECORDS

(Started in 1990 unless otherwise noted)

100

State Meet Record: 16.07, Evan Correll, Waukee, 2021

Iowa All-Time Best: 15.11, Evan Correll, Waukee, 2021

200

State Meet Record: 29.17, Evan Correll, Waukee, 2021

Iowa All-Time Best: 27.97, Evan Correll, Waukee, 2021

400 – Started in 2003

State Meet Record: 56.09, Evan Correll, Waukee, 2021

Iowa All-Time Best: 51.96, Evan Correll, Waukee, 2021

800 – 1990-2002, resume 2019

State Meet Record: 1:46.08, Evan Correll, Waukee, 2021

Iowa All-Time Best: 1:46.08, Evan Correll, Waukee, 2021

Shot Put

State Meet Record: 40-05.50, Alex Gudenkauf, Dubuque Senior, 2013

Iowa All-Time Best: 41-02, Alex Gudenkauf, Dubuque Senior, 2013

STATE MEET RECORDS of DISCONTINUED EVENTS

HAMMER THROW (1906-1910)

State Meet Record: 164-05, George Weis, 1909

Iowa All-Time Best: 164-05, George Weis, Marion, 1909

JAVELIN (1927-1941)

State Meet Record: 195-08.25, Bruce Erickson, Traer, 1939

Iowa All-Time Best: 195-08.25, Bruce Erickson, Traer, 1939

FOOTBALL THROW (1942-1963)

State Meet Record: (Point System) 350, Mickie Miller, Cherokee & Gerald Dawson, Sigourney, 1942 (Miller in throw-off)

(Distance Record) 259-05, Stanley Whitman, Iowa Falls, 1963

Iowa All-Time Best: 266-05, Gary Eggers, Audubon, 1963

Class 4A Record: 244-08, Steve Soesbe, Ames, 1963

Class 3A Record: 259-05, Stanley Whitman, Iowa Falls, 1963

Class 2A Record: 238-09.5, Glen Banks, Ainsworth, 1963

Class 1A Record: 248-00.5, Roger Larson, Underwood, 1963

POLE VAULT (1906-1989)

State Meet Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Iowa All-Time Best: 15-06.5, Preston Schmidt, Bettendorf, 1983 (Schmidt vaulted 16-06.5, indoors in 1984)

Class 4A Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Class 3A Record: 15-00.5, Tom Pratt, Cherokee, Washington, 1976

Class 2A Record: 14-02, Doug Atwood, Pekin, Packwood, 1984

Class 1A Record: 13-11.5, Darrell Crawford, Lamoni, 1976

100 YARD DASH (1906-77)

State Meet Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Iowa All-Time Best: 9.3 by Clyde Duncan, Des Moines North, 1964

Class 4A Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Class 3A Record: 9.9, Ron Davis, Perry, 1965; Jerry Lenz, Cherokee, 1966; Steve Wolpert, West Monona, 1970; Mike Shaw, Nevada, 1975 (p)

Class 2A Record: 9.9, Jack Bintz, Sutherland, 1964; Ron Miller, English Valleys, 1965; Warren Johnson, West Lyon, 1967; Dave Harskamp, Sioux Center, 1968

Class 1A Record: 9.7, Jim Cave, Dexfield, Redfield, 1964

220 YARD DASH (1906-1977 one turn)

State Meet Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Iowa All-Time Best: 20.9 Tom Jennings, Marshalltown, 1955

Class 4A Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Class 3A Record: 21.7, Mike Shaw, Nevada, 1976

Class 2A Record: 22.1, Steve Hodges, Laurens, 1966

Class 1A Record: 22.2, Bruce McDonald, Scranton, 1964; Vic Lochman, Alden, 1976

440 YARD DASH (1906-1977)

State Meet Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Iowa All-Time Best: 47.9, Roger Colglazier, Davenport, Central, 1968

Class 4A Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Class 3A Record: 49.0, Tom Dovel, Red Oak, 1973; Mike Norton, Anamosa, 1976

Class 2A Record: 49.0, Gary Hollingsworth, English Valleys, 1960

Class 1A Record: 49.7, John Pollock, Havelock-Plover, 1965

880 YARD RUN (1906-1977)

State Meet Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Iowa All-Time Best: 1:50.0, David Korir, Cedar Rapids, Washington, 1975

Class 4A Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Class 3A Record: 1:55.2, Jim McGuire, Centerville, 1976

Class 2A Record: 1:55.4, Mike Elliott, West Branch, 1977

Class 1A Record: 1:57.2, Tom Christensen, Ventura, 1975

MILE RUN (1906-1977)

State Meet Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Iowa All-Time Best: 4:04.38, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Class 3A Record: 4:18.6, Dennis Modracek, Prairie, Cedar Rapids, 1967

Class 2A Record: 4:20.1, Dennis Reed, Anita, 1964; Rex Karamitros, Newman Catholic, Mason City, 1977

Class 1A Record: 4:21.0, Jerome Howe, Treynor, 1967

2 MILE RUN (1968-1977)

State Meet Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Iowa All-Time Best: 8:52.0, Jim Eicken, Davenport, Central, 1975

Class 4A Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Class 3A Record: 9:20.3, Mike Cregen, Clarinda, 1974

Class 2A Record: 9:36.3, Jim Hansen, Dike, 1976

Class 1A Record: 9:36.8, Mark Hughes, Delwood, Elwood, 1974

120-YARD HIGH HURDLES (1906-1977)

State Meet Record: 14.0, Greg Rumble, Urbandale, 1974

Iowa All-Time Best: 13.6, Randy Elliott, Charles City, 1977

Class 4A Record: 14.0, Greg Rumble, Urbandale, 1974

Class 3A Record: 14.2, Steve Casey, Cherokee, Washington 1971

Class 2A Record: 14.5, LeRoy McCuen, Corning, 1977

Class 1A Record: 14.5, Ross Thiedeman, Ar-We-Va, 1977

220-YARD LOW HURDLES (1906-1934)

State Meet Record: 24.1, Francis Layden, Davenport, 1931

Iowa All-Time Best: 24.1, Francis Layden, Davenport, 1931

200-YARD LOW HURDLES (1935-1950)

State Meet Record: 22.4, Bob Morris, Clarion, 1940

Iowa All-Time Best: 22.4, Bob Morris, Clarion, 1940

Class A Record: 22.7 Dean Duel, Cherokee, 1948

Class B Record: 23.6, Arden Heisdorffer, Keota, 1949

180-YARD LOW HURDLES (1951-1977 one turn)

State Meet Record: 19.4, Randy Elliott, Charles City, 1977

Iowa All-Time Best: 18.8, Dan Wierson, Ames, 1972

Class 4A Record: 19.4, Randy Elliott, Charles City, 1977

Class 3A Record: 19.6, Chris Nady, Nevada, 1977

Class 2A Record: 19.6, LeRoy McCuen, Corning, 1977

Class 1A Record: 19.9, Ross Thiedeman, Ar-We-Va, Westside, 1977

165-METER LOW HURDLES (1978)

State Meet Record & Iowa All-Time Best: 20.3, Jon Hutch, Clinton, 1978

440-YARD RELAY (1935-1977)

State Meet Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Iowa All-Time Best: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Class 4A Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Class 3A Record: 43.7, Glenwood (Dick Keith, Pando Markuly, Kent Asmussen, Kenny Hunter), 1966 (p); Storm Lake (Alan Bowles, Art Lande, Jim Jorgensen, Gene Lyster), 1967; West Monona (Bob Bisbee, Dave Brink, Steve Wolpert, Jack Comfort), 1969

Class 2A Record: 43.8, Maurice-Orange City (Darwin Vermaat, David Woodward, Garry Brumels, Dan DeKoter), 1973 (p)

Class 1A Record: 44.1, Terril (Dan Opoien, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

880-YARD RELAY (1906-1977)

State Meet Record: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Iowa All-Time Best: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Class 4A Record: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Class 3A Record: 1:29.8, Eagle Grove (Gerald Page, Dave Stockdale, Mike Asche, Mike Koepke), 1973 (p); Nevada (Mike Leeper, Earl Stoeffler, Marc Andresen, Mike Shaw), 1975 (p)

Class 2A Record: 1:31.2, Maurice-Orange City (Gary Brumels, David Woodward, Doug DeHaan, Dan DeKoter), 1973 (p)

Class 1A Record: 1:31.1, Terril (Dan Opoien, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

MILE RELAY (1906-1977)

State Meet Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Iowa All-Time Best: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Class 4A Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Class 3A Record: 3:23.4, Cherokee, Washington (Byron Reed, Jon Hantsbarger, Tom Graves, Don Woods), 1967

Class 2A Record: 3:27.3, Manson (Tom Sigler, Del Rost, Jim Walstrom, John Walstrom), 1966

Class 1A Record: 3:27.2, Hamburg (Tom Arzana, Charles Dovel, Joe Livengood, Jeff Barrett), 1977

2-MILE RELAY (1935-1977)

State Meet Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Iowa All-Time Best: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Class 4A Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Class 3A Record: 8:01.4, Lewis Central (Andy Everson, Ed Croson, Don Woods, Boyd Nansel), 1974

Class 2A Record: 8:05.6, Britt (Dave Zrostilk, Dave Howlett, Jim Dummett, Doug Pooch), 1974

Class 1A Record: 8:09.9, Hamburg (Ray Aranza, Tom Alstrope, Mark Fletcher, Jay Kirby), 1973

MILE MEDLEY RELAY (1935-1977)

State Meet Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Iowa All-Time Best: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Class 4A Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Class 3A Record: 3:32.5, Anamosa (Bill Burhans, Tom Michels, Mike Norton, Kevin Burke), 1975

Class 2A Record: 3:34.0, Greene (Byron Davis, John Van Eschen, Rich Allison, Brian Frevert), 1975

Class 1A Record: 3:36.9, Meriden-Cleghorn (Brian Ruppi, Jerry Biezuns, Mike Hurd, Pete Stevenson), 1975

4 x 110 METER SHUTTLE HURDLE RELAY (30" hurdles – 2007, 2008)

Iowa State Meet Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Iowa All-time Best: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008
Class 4A Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008
Class 3A Record: 57.30, Atlantic (John Cord, JD Reason, Alex Schelling, Jordan Mullen), 2008
Class 2A Record: 57.09, Hudson (Matt Finn, Tanner Wright, Jeff Dunwald, Channing Puls), 2008
Class 1A Record: 58.15, WACO, Wayland (Doug McIntyre, Tad Morrow, Chase Roth, Austin McBeth), 2008

4 x 110 METER SHUTTLE HURDLE RELAY (33” hurdles in 2009; New Event in 2019 with 36” hurdles)

Iowa State Meet Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014
Iowa All-time Best: 55.68, Linn-Mar, Marion (Daniel Gorsich, Nick House, Gavren Dochterman, Zeal Baker), 2016
Class 4A Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014
Class 3A Record: 56.74, Waverly-Shell Rock (Cole Chestnut, Jackson Litterer, Blake Willson, Eric Larson), 2011
Class 2A Record: 56.99, Sioux Center (Christian Rozeboom, Alex Bakker, Derek Hooyer, Dylan Van’t Hof), 2014 (p)
Class 1A Record: 58.48, Madrid (Nick Novotny, Tanner Adams, CJ Manthe, Jeremy Johnson), 2012 prelims

Wheelchair Discus (1990-2004)

State Meet Record: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003
Iowa All-Time Best: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003

STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Coach</u>	<u>Site</u>
1906	Ida Grove (43).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field
1907	Ida Grove (45).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field

1908	Des Moines, West (37)	Charles Chase	Des Moines-Haskin Stadium
1909	Des Moines, East (48)	John Van Liew	Des Moines-Haskin Stadium
1910	Des Moines, West (27)	Charles Chase	Des Moines-Haskin Stadium
1911	Des Moines, West (23)	Charles Chase	Des Moines-Haskin Stadium
1912	Des Moines, West (33)	Charles Chase	Des Moines-Drake Stadium
1913	Des Moines, West (31)	Charles Chase	Des Moines-Drake Stadium
1914	Des Moines, West (33)	Charles Chase	Des Moines-Drake Stadium
1915	Davenport (19)	E. W. Nixon	Des Moines-Drake Stadium
1916	Des Moines, West (19.50)	Raymond Allen	Des Moines-Drake Stadium
1917	Des Moines, North (33)	Harry Bell	Des Moines-Drake Stadium
1918	Mason City (34)	Charles A. West	Ames-Iowa State
1919	Davenport (19)	E. W. Nixon	Ames-Iowa State
1920	Sioux City (30)	Charles Hoyt	Ames-Iowa State
1921	Cedar Rapids (29)	Leo Novak	Ames-Iowa State
1922	Cedar Rapids (31)	Leo Novak	Ames-Iowa State
1923	Cedar Rapids (25.50)	Leo Novak	Ames-Iowa State
1924	Cedar Rapids (41.50)	Leo Novak	Iowa City
1925	Cedar Rapids (22)	Leo Novak	Ames-Iowa State
1926	Des Moines, East (25)	Cress W. (Dad) Hoyt	Des Moines-Drake
1927	Carroll (16.75)	Boyd Thompson	Ames-Iowa State
1928	Des Moines, East (17 ⁵ / ₆)	Mike Augustine	Ames-Iowa State
1929	Mason City (19)	Clayton "Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1930	Mason City (23)	Clayton "Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1931	Davenport (21)	Jesse Day	Ames-Iowa State
1932	Clinton (19)	Everett Scherich	Ames-Iowa State
1933	Clinton (21)	Everett Scherich	Ames-Iowa State
1934	Des Moines, North (25)	R.H. Lynam	Grinnell-Ward Field
1935	Davenport (47.50)	Jesse Day	Ames-Iowa State
1936	Des Moines, East (48)	Mike Augustine	Ames-Iowa State
1937	Dubuque (42)	Wilbur Dalzell	Ames-Iowa State
1938	Des Moines, East (31.75)	Mike Augustine	Ames-Iowa State
1939	Des Moines, East (40)	Mike Augustine	Ames-Iowa State
1940	Des Moines, East (59.50)	Mike Augustine	Ames-Iowa State
1941	Ames (33)	Ken Wells	Ames-Iowa State-Clyde Williams
1942	Davenport (52)	Jesse Day	Ames-Iowa State-Clyde Williams
1943	Des Moines, East (49.10)	Mike Augustine	Ames-Iowa State-Clyde Williams
1944	Des Moines, East (41)	Mike Augustine	Ames-Iowa State-Clyde Williams
1945	Sioux City, East (32)	Les Davis	Ames-Iowa State-Clyde Williams
1946	(Tie) Clinton; DM, Roosevelt (28.25)	Max Lynn; Archie Johnson	Ames-Iowa State-Clyde Williams
1947	Davenport (52)	Jesse Day	Ames-Iowa State-Clyde Williams
1948	A Des Moines, North (39)	Jim Lyle	Ames-Iowa State-Clyde Williams
	B Cedar Falls, Teachers (33)	Burl Berry	
1949	A Ames (42.33)	Hi Covey	Ames-Iowa State-Clyde Williams
	B Nevada (41)	E. Wayne Cooley	
1950	A Des Moines, East (62.67)	Mike Augustine	Ames-Iowa State-Clyde Williams
	B Nevada (43 ¹ / ₆)	E. Wayne Cooley	
1951	A Des Moines, East (73)	Mike Augustine	Ames-Iowa State-Clyde Williams
	B DeWitt (37)	Harold Birney	
1952	A Davenport (64)	Jesse Day	Ames-Iowa State-Clyde Williams
	B (Tie) Lake City; Lamoni (42)	Doyle Filloon; William Robinson	
1953	AA Des Moines, North (59)	Jim Lyle	Des Moines-Drake
	A Red Oak (35)	Homer Weis	
	B DeWitt (29)	Harold Birney	Grinnell-Ward Field
	C Toledo Juvenile Home (39.20)	Fred Ekstrand	

1954	AA Des Moines, North (52.50)	Jim Lyle	Des Moines-Drake
	A Harlan (39)	Clem Marsden	
	B Lake City (38)	Don Cox.....	Ames-Iowa State-Clyde Williams
	C Elliott (31)	Carl McClure	
1955	AA Ames (56.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Valley, West Des Moines (33.50).....	Tom Karpan	
	B Lake City (35.50).....	John Jennett	
	C Iowa School for Deaf, Co. Bluffs (22).....	Nate Lahn	
1956	AA Ames (46)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Clarinda (48)	Al Gray	
	B Anamosa (26.60).....	Jack Fisk	
	C Primghar (27)	Charles Duhrkopf	
1957	AA Ames (57.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A DeWitt (33)	Harold Birney	
	B Carroll (23)	Cole Collinge	Des Moines-Drake
	C Farragut (35 ^{5/8}).....	L.C. Steinhoff	
1958	AA Ames (36)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Indianola (27)	Evo Sjeclocha	
	B Tabor (29).....	Mike Miles.....	Des Moines-Williams Stadium
	C Wall Lake (26)	Carl McClure.....	Boone-Boone High School
1959	AA Des Moines, North (30)	Jim Lyle	Ames-Iowa State-Clyde Williams
	A Clarion (27.50)	Ron Bennett	
	B Clinton, St. Mary's (26.25).....	Nate Walton.....	Des Moines-Williams Stadium
	C West Chester (41)	William Kephart	
1960	AA Ames (49.50)	Hi Covey	Des Moines-William Stadium
	A Belmond (41).....	Richard Koolbeck	
	B English Valleys, North English (30).....	Phil Ackerman	Ames-Lincoln Way Stadium
	C LuVerne (30)	Bryce Wickett	
1961	AA Des Moines Tech (38)	Chuck Silvey	Ames-Lincoln Way Stadium
	A Clarion (24.75)	Ron Bennett	
	B Maurice-Orange City (27.50).....	James (Jim) Miller	
	C Sioux Rapids (25).....	Bob Hooegeven	
1962	AA Cedar Rapids, Jefferson (40)	John Ask.....	Iowa City-University of Iowa
	A Perry (34.75)	Graydon Lappe	
	B Paullina (31.20).....	Bob Brooks	Des Moines-Williams Stadium
	C Merville (35).....	Darrell Rapp	
1963	AA Ames (45.50)	Hi Covey	Iowa City-University of Iowa
	A Winterset (31).....	Charles McGaffin	
	B George (21).....	Harold Roberts	Des Moines-Williams Stadium
	C Dexfield, Redfield (37).....	Dean Roe	
1964	AA Ames (46.50)	Hi Covey	Iowa City-University of Iowa
	A Eagle Grove (41.50).....	Wally Hanson	
	B Seymour (29)	Fred Hanna.....	Des Moines-Drake
	C Dexfield, Redfield (33).....	Dean Roe	
1965	AA Ames (30)	Cecil Spatcher	Des Moines-Drake
	A Eagle Grove (42).....	Wally Hanson	
	B Farragut (25)	Joe Jack	
	C Pomeroy (24)	Bruce Strutzenberg	

1966	AA Sioux City, Central (47)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Cherokee, Washington (54)	Tom Beckham	Eagle Grove-Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Des Moines – Drake
	C Treynor (25)	John Frost	
1967	AA Sioux City, Central (45)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Winterset (25).....	Charles McGaffin.....	Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Cedar Falls-State College Iowa
	C Terril (25).....	Richard Lineweaver	
1968	AA Ames (34)	Harlan Millikin	Ames-Ames High Stadium
	A Spirit Lake (26).....	Robert Wells	
	B Prairie, Gowrie (44).....	Don Lewis	Holstein-Holstein HS
	C Goldfield (20).....	Earl Mullins	Pocahontas – HS Stadium
1969	AA Clinton (30)	Bill Holsclaw & Max Lynn	Ames-Ames High Stadium
	A Ankeny (30).....	Warren Kinzel.....	Jefferson-Linduska Stadium
	B Belle Plaine (33).....	Mike Fitzgerald	Marion-Linn Mar HS
	C Miles (26).....	Arlen Kruger	Pocahontas – HS Stadium
1970	AA Clinton (34)	Bill Holsclaw	Ames-Ames High Stadium
	A Eagle Grove (37).....	Wally Hanson	Jefferson-Linduska Stadium
	B (Tie) Boyden-Hull; West Harrison (31).....	Al Klemme; Charles Adair.....	Milford HS
	C Woodward-Granger (34)	Ray Wendel	Pocahontas – HS Stadium
1971	AA Ames (45)	John Sletten.....	Ames-Ames High Stadium
	A Eagle Grove (45).....	Wally Hanson	Marion-Linn-Mar HS
	B Belle Plaine (35).....	Roland Kitt	New Sharon-North Mahaska HS
	C Pocahontas (33.50).....	Duane Marcellus.....	Pocahontas – HS Stadium
1972	AA Ames (52)	John Sletten.....	Cedar Rapids-Kingston Stadium
	A Ankeny (34.50).....	Fred Smith	Jefferson-Linduska Stadium
	B Alta (25).....	Jerry Tryon	Des Moines-Drake
	C Central Webster, Burnside (35)	Roy Tallman	
1973	AA Davenport, Central (52).....	Ira Dunsworth	Des Moines-Drake
	A Red Oak (39).....	Dick Morrison	
	B Maurice-Orange City (36).....	Gordon McKinstrey	
	C Terril (29).....	Robert Strouse	
1974	AA Davenport, Central (74).....	Ira Dunsworth	Des Moines-Drake
	A (Tie) Anamosa; Iowa Falls (38).....	Ken Fearing; Chuck Corbin	
	B Britt (41).....	Bob Sanger	
	C Hamburg (29)	Robert Weber	
1975	AA Cedar Rapids, Washington (40).....	Harold Wilkinson.....	Des Moines-Drake
	A Anamosa (44).....	Ken Fearing	
	B Corning (43)	Vince Hurley	
	C Hamburg (34)	Robert Weber	
1976	AA Davenport, Central (60).....	Ira Dunsworth	Des Moines-Drake
	A Nevada (45)	Gary Grimm	
	B Corning (39)	Vince Hurley	
	C Hamburg (31)	Robert Weber	
1977	AA Cedar Rapids, Washington (36).....	Bill Calloway	Des Moines-Drake
	A Nevada (35)	Gary Grimm	
	B Corning (29.50)	Vince Hurley	
	C (Tie) Hamburg; Y-J-B, Jamaica (34)	Robert Weber; Eric Berthelsen	

1978	AA Davenport, Central (63.50).....	Ira Dunsworth	Des Moines-Drake
	A Iowa Falls (44).....	Gerry Lenguadoro	
	B Kingsley-Pierson (41).....	Darwin DeVries	
	C Kanawha (41).....	Rod Barkema	
1979	AA Waterloo, East (46).....	Jim Miller	Des Moines-Drake
	A Iowa Falls (47.50).....	Gerry Lenguadoro	
	B Pekin (34).....	Davis Eidahl	
	C Kanawha (45).....	Rod Barkema	
1980	AA Ames (40.50).....	John Sletten.....	Des Moines-Drake
	A Davis County, Bloomfield (35).....	Dennis Anderson	
	B Sioux Center (41).....	Dale VanderWilt	
	C Treynor (25).....	Ken Winkler	
1981	AA Waterloo, West (28).....	Gordon Yuska.....	Des Moines-Drake
	A Davis County, Bloomfield (35).....	Dennis Anderson	
	B NUH, Cedar Falls (48).....	Iradge Ahrabi-Fard	
	C Paullina (38).....	Charles Hughes	
1982	4A Davenport, Central (42).....	Ira Dunsworth	Des Moines-Drake
	3A Sheldon (34).....	Dale Clefisch	
	2A Sioux Center (37).....	Dale VanderWilt	
	1A (Tie) New Hartford; BCLUW (30).....	Larry Simons; Mark Trimble	
1983	4A Davenport, Central (63.50).....	Ira Dunsworth	Des Moines-Drake
	3A Tipton (35).....	Dave Vogelgesang	
	2A West Branch (40).....	Jim Mays	
	1A Allison-Bristow (32).....	Terry Christiansen	
1984	4A Davenport, Central (49).....	Ira Dunsworth	Des Moines-Drake
	3A Tipton (45).....	Dave Vogelgesang	
	2A West Branch (58).....	Jim Mays	Ankeny-Ankeny High Stadium
	1A Sidney (35).....	Jack Blazek	
1985	4A Marshalltown (51).....	Richard Rozell	Des Moines-Drake
	3A Tipton (38).....	Dave Vogelgesang	
	2A Iowa Valley, Marengo (45).....	Scott Hardie.....	Ankeny-Ankeny High Stadium
	1A (Tie) Earlham; Lone Tree (32).....	Jan Fletcher; Doug Hofmeister	
1986	4A Ames (42).....	John Sletten.....	Des Moines-Drake
	3A Pella (34).....	Fred Anthony	
	2A NUH, Cedar Falls (48).....	Bob Lee	
	1A Paton-Churdan (36).....	Jim Cox	
1987	4A Ames (46).....	John Sletten.....	Des Moines-Drake
	3A (Tie) Turkey Valley; Storm Lake (28)...	Jerry Shultz; Dean Nicholson	
	2A NUH, Cedar Falls (31).....	Bob Lee	
	1A CAL, Latimer (33).....	Steve Huling	
1988	4A Ames (48).....	John Sletten.....	Des Moines-Drake
	3A Storm Lake (29).....	Dean Nicholson	
	2A NUH, Cedar Falls (48).....	Bob Lee	
	1A Sanborn (31).....	Don Noll	
1989	4A Ames (39).....	John Sletten.....	Des Moines-Drake
	3A Glenwood (37).....	Jim Whitcomb	
	2A Gehlen Catholic, LeMars (32).....	Dennis Muller	
	1A Woodbine (47).....	Phil Hummel	

1990	4A Ames (38).....	John Sletten.....	Des Moines-Drake
	3A Glenwood (31).....	Jim Whitcomb	
	2A NUH, Cedar Falls (34).....	Bob Lee	
	1A North Mahaska, New Sharon (47)	Steve Ehret	
1991	4A Ames (71).....	John Sletten.....	Des Moines-Drake
	3A Knoxville (40)	Mike Cunningham	
	2A NUH, Cedar Falls (42).....	Bob Lee	
	1A Lawton-Bronson (24).....	Stan Simpson	
1992	4A Iowa City, City High (62)	John Raffensperger	Des Moines-Drake
	3A Spirit Lake (38).....	Darwin Bears	
	2A West Hancock, Britt (35)	Bob Sanger	
	1A (Tie) Fredericksburg & Woodbine (27)...	Steve Staker; Phil Hummel	
1993	4A Iowa City, City High (60)	John Raffensperger	Des Moines-Drake
	3A Algona (36).....	Brad Heitland	
	2A St. Albert, Co. Bluffs (29)	Ken Mehsling	
	1A West Bend-Mallard (39)	Jerry VanderHorst	
1994	4A Iowa City, City High (57)	John Raffensperger	Des Moines-Drake
	3A Cherokee, Washington (41)	Lynn Jolly	
	2A Ballard, Huxley (39).....	Rich Strouse	
	1A West Bend-Mallard (28).....	Jerry VanderHorst	
1995	4A Iowa City, City High (61.50)	John Raffensperger	Des Moines-Drake
	3A Humboldt (44)	Charles Bunn	
	2A Iowa Falls (40).....	Gerry Lenguadoro	
	1A Van Buren, Keosauqua (34)	Gary Loeffler	
1996	4A Iowa City, City High (78)	John Raffensperger	Des Moines-Drake
	3A Centerville (35).....	Jim McCord	
	2A Garner-Hayfield (41)	David Hildebrand	
	1A Gehlen Catholic, LeMars (33).....	Dennis Muller	
1997	4A Iowa City, City High (71.50)	John Raffensperger	Des Moines-Drake
	3A Bishop Heelan, Sioux City (43).....	David Fravel	
	2A (Tie) Beckman; Unity Christian (32).....	Pat Davis; Karl Kaemingk	
	1A Panorama, Panora (39).....	Ken Janvrin	
1998	4A Valley, West Des Moines (52).....	Jim Duea, Jr.	Des Moines-Drake
	3A Washington (45).....	Steve Roth	
	2A Monticello (33).....	Greg Williams	
	1A NUH, Cedar Falls (28).....	Bob Lee	
1999	4A (Tie) DM, Roosevelt; IC, City High (36) ...	Joe McQuerry; John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (44)	Dave Sage	
	2A Beckman, Dyersville (34).....	Pat Davis	
	1A Iowa Mennonite, Kalona (38).....	Marcus Hostetler	
2000	4A Iowa City, City (72).....	John Raffensperger	Des Moines-Drake
	3A Mount Pleasant (46).....	Denny White	
	2A (Tie) Unity Christian; West Lyon (32)...	Karl Kaemingk; Gary Kruse	
	1A East Buchanan, Winthrop (25).....	Lanny Buls	
2001	4A Iowa City, City High (71)	John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (48)	Dave Sage	
	2A Tri-Center, Neola (32)	Max Kozeal	
	1A Madrid (34).....	Randy Hinkel	

2002	4A Iowa City, City High (49)	John Raffensperger	Des Moines-Drake
	3A Storm Lake (33)	Dean Nicholson	
	2A Williamsburg (38)	Greg Stolze	
	1A Madrid (36)	Randy Hinkel	
2003	4A Valley, WDM (58)	Dave Cochran.....	Des Moines-Drake
	3A Harlan Community (36)	Ken Carstens	
	2A Okoboji, Milford (50).....	George Ashman	
	1A St. Albert, Co. Bluffs (36)	Drew Kruzich	
	WC Marshalltown (30)	Doug Bacon	
2004	4A Iowa City, City (61).....	Tom Carey	Des Moines-Drake
	3A Decorah-North Winneshiek (59)	Joel Rollinger	
	2A Mount Vernon (43)	Jim Bellamy	
	1A Treynor (52)	Dave Mundt	
	WC English Valley (31).....	Steve Hester	
2005	4A Davenport Central (81).....	Randy Peters.....	Des Moines-Drake
	3A Charles City (68)	Bruce Eldridge	
	2A Starmont, Arlington (43).....	Matt Lee	
	1A Griswold (51).....	Gary Bergstrom	
	WC-Co-ed Aplington-Parkersburg (62).....	Special Needs Sponsors	
2006	4A Valley, West Des Moines (77).....	Dave Cochran.....	Des Moines-Drake
	3A Wahlert, Dubuque (62).....	Tom Horton	
	2A North Fayette, West Union (53)	Robert Scott	
	1A BCLUW, Conrad (53).....	Les Penick	
	WC-Coed Aplington-Parkersburg (62)	Special Needs Sponsors	
2007	4A Iowa City West (65).....	Brian Martz	Des Moines-Drake
	3A Xavier, Cedar Rapids (64).....	Russ Camacho	
	2A Monticello (67).....	Greg Williams	
	1A West Hancock, Britt (54)	Bob Sanger	
	WC-Coed Aplington-Parkersburg (40)	Special Needs Sponsors	
2008	4A Pleasant Valley (77)	Erik Belby	Des Moines-Drake
	3A Xavier, Cedar Rapids (100.5)	Russ Camacho	
	2A Mid-Prairie, Wellman (69)	Steve Hollan	
	1A West Hancock, Britt (44)	Bob Sanger	
	WC-Co-ed Interstate 35, Truro.....	Tim McKinney	
2009	4A Cedar Rapids Washington (60).....	Bill Pinckney	Des Moines-Drake
	3A Cental Clinton, DeWitt (54)	Jered Birt	
	2A St. Edmond, Fort Dodge (62).....	Bill Kibby	
	1A Madrid (47.50).....	Randy Hinkel	
	WC-Co-ed Interstate 35, Truro (26)	Tim McKinney	
2010	4A Cedar Rapids Washington (59).....	Bill Pinckney	Des Moines-Drake
	3A Bishop Heelan Catholic, Sx City (51)...	Don Oberle	
	2A Solon (63).....	Mark Sovers	
	1A Madrid (57.50).....	Randy Hinkel	
	WC Waterloo West (38).....	Matt McKenzie	
2011	4A Cedar Falls (59)	Jeff Hartman	Des Moines-Drake
	3A Glenwood (78).....	Mark Starner	
	2A St. Edmond, Fort Dodge (66).....	Bill Kibby	
	1A Madrid (74).....	Randy Hinkel	
	WC Waterloo West (36).....	Matt McKenzie	
2012	4A Iowa City, West (75).....	Brian Martz	Des Moines-Drake

	3A Decorah (65)	Joel Rollinger	
	2A West Marshall (48)	Troy Clark	
	1A Manson-Northwest Webster (53)	Jeff Anliker	
	WC Linn-Mar, Marion (36)	Ken Hopkins	
2013	4A Linn-Mar (72).....	Ken Hopkins	Des Moines-Drake
	3A Pella (46).....	Brent Van Hauen	
	2A Monticello	Greg Williams	
	1A Manson Northwest Webster (69)	Jeff Anliker	
	WC Waterloo, West (35).....	Matt McKenzie	
2014	4A Waukee (80).....	Brent Heitland.....	Des Moines-Drake
	3A Solon (50).....	Mark Sovers	
	2A Monticello (92).....	Greg Williams	
	1A Mount Ayr (77)	Brad Elliott	
	WC Camanche (40).....	Mark Metzger	
2015	4A Waukee (83).....	Brent Heitland.....	Des Moines-Drake
	3A Center Point-Urbana (56).....	Amy Marshall	
	2A West Burlington/Notre Dame (107).....	Corey Lamm	
	1A Lisbon (42)	Casey Baxa	
	WC Woobine (38)	Ryan Coenen	
2016	4A Prairie, Cedar Rapids (87)	Bill Schwarz	Des Moines-Drake
	3A Pella (62).....	Brent Van Hauen	
	2A West Burlington/Notre Dame (79).....	Corey Lamm	
	1A Lisbon (52)	Casey Baxa	
	WC (T) Roland-Story; Independence (30)	Brian Petersen; Clint Hospodarsky	
2017	4A Valley, West Des Moines (73).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A (T) Madrid & KP-WC (61).....	Steve Perkins (M); Jarrod Schott (KP-WC)	
	1A Lisbon (89)	Casey Baxa	
	WC (T) Bondurant-Farrar & SE Polk (32).	Kyle Hammes (B-F); Jason Nolting (SEP)	
2018	4A Valley, West Des Moines (60).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A Pekin (72).....	Davis Eidahl	
	1A St. Albert, Co. Bluffs (64)	James Cairney	
	WC Waukee (36)	Brent Heitland	
2019	4A Valley, West Des Moines (89).....	Tom Trygstad	Des Moines-Drake
	3A Sergeant Bluff-Luton (86).....	Monte Larsen	
	2A Dike-New Hartford (60)	Will Reingardt	
	1A George-Little Rock (52).....	Curt Fiedler	
	WC Waukee (38)	Brent Heitland	
2020	Season canceled due to COVID-19.		
2021	4A Cedar Falls (87)	Dirk Homewood.....	Des Moines-Drake
	3A Pella (80.5).....	Brent Van Hauen	
	2A Underwood (66)	Tyler Ridder	
	1A Madrid (65.5).....	Steve Perkins	
	WC Waukee (40)	Brent Heitland	
2022	4A Dowling Catholic, W.D.M. (93).....	Jarred Herring.....	Des Moines-Drake
	3A Dallas Center-Grimes (73)	Jordan Sump	
	2A Spirit Lake (92.5).....	Travis Brad	
	1A New London (68).....	Lance Ingwersen	
	WC Northwood-Kensett (40).....	Dave Capitani	

SCHOOLS THAT HAVE WON THE MOST STATE TEAM CHAMPIONSHIPS

Ames	20	1941, 49, 55, 56, 57, 58, 60, 63, 64, 65, 68, 71, 72, 80, 86, 87, 88, 89, 90, 91
Davenport; Davenport, Central	15	1915, 19, 31, 35, 42, 47, 52, 73, 74, 76, 78, 82, 83, 84, 2005
Des Moines, East	11	1909, 26, 28, 36, 38, 39, 40, 43, 44, 50, 51
Iowa City, City High	11	1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02, 04
NUH, Cedar Falls; Teachers High, Cedar Falls	8	1948, 81, 86, 87, 88, 90, 91, 98
Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Madrid	7	2001, 02, 09, 10, 11, 17 (T), 21
Valley, West Des Moines	7	1955, 98, 2003, 06, 17, 18, 19
Des Moines, North	6	1917, 34, 48, 53, 54, 59
Cedar Rapids	5	1921, 22, 23, 24, 25
Clinton	5	1932, 33, 46-tied, 69, 70
Britt; & West Hancock, Britt	4	1974, 92, 2007, 08
Cedar Rapids, Washington	4	1975, 77, 2009, 10
Central Clinton, DeWitt	4	1951, 53, 57, 2009
Eagle Grove	4	1964, 65, 70, 71
Hamburg	4	1974, 75, 76, 77-tied
Iowa Falls	4	1974-tied, 78, 79, 95
Monticello	4	1998, 2007, 2013, 2014
Nevada	4	1949, 50, 76, 77
Pella	4	1986, 2013, 16, 21
Anamosa	3	1956, 74-tied, 75
Corning	3	1975, 76, 77
Glenwood	3	1989, 90, 2011
Lake City	3	1952-tied, 54, 55
Lisbon	3	2015, 16, 17
Mason City	3	1918, 29, 30
St. Albert, Council Bluffs	3	1993, 2003, 2018
Sioux City, Central	3	1920, 66, 67
Storm Lake	3	1987-Tied, 88, 2002
Tipton	3	1983, 84, 85
Treynor	3	1966, 80, 2004

STATE TEAM RUNNERS-UP

** at the time, the runner-up named was because of first place ties – changed by BOC in 1976*

1906	Des Moines, West (40)	1917	Des Moines, West (21)
1907	Des Moines, West (39.50)	1918	Des Moines, North (25)
1908	Des Moines, North (25)	1919	Mason City (17.50)
1909	Des Moines, West (24)	1920	Cedar Rapids (15)
1910	Iowa City (17)	1921	Des Moines, West (18.50)
1911	Iowa City (18)	1922	Des Moines, East (21)
1912	Greenfield (15)	1923	Fort Madison (20)
1913	Des Moines, East (16)	1924	Colfax (17)
1914	Davenport (17)	1925	Mason City (18)
1915	Marshalltown (14)	1926	Des Moines, Roosevelt (23)
1916	Webster City (13)	1927	Clarinda (12.50)

1928	Davenport (15.33)			
1929	Newton (18)	1958	AA.....	Davenport (23)
1930	Perry (17.50)		A.....	Cherokee (23.50)
1931	Eldora Training School (20.20)		B.....	Tripoli (25)
1932	Fort Dodge (13)		C.....	Menlo (23)
1933	Lamoni (18)			
1934	Cedar Rapids, Washington (21.20)	1959	AA.....	Cedar Rapids, Jefferson (29)
1935	Des Moines, North (31)		A.....	(Tie) Winterset & Hampton (23)
1936	Des Moines, North (28)			
1937	Des Moines, East (40.50)		B.....	English Valleys, North English (21)
1938	Fort Madison (25.50)		C.....	College Springs (24)
1939	Clinton (29)			
1940	Davenport (28)	1960	AA.....	Mason City (25)
1941	Des Moines, Roosevelt (30)		A.....	Clarion (26e)
1942	Des Moines, East (37.50)		B.....	Dallas Center (23)
1943	Perry (28)		C.....	Bayard (28)
1944	Clinton (38)			
1945	Des Moines, North (31)	1961	AA.....	Des Moines, North (27)
1946	* Des Moines, North (26)		A.....	Cherokee, Washington (22)
1947	Des Moines, East (42)		B.....	Lake View-Auburn (25)
1948	A....	(Tie) Des Moines, East & Davenport (35.50)		C.....	(Tie) Fayette & Bayard (23)
	B.....	DeWitt (29)			
			1962	AA.....	Winterset (32)
1949	A.....	Des Moines, East (39.20)		A.....	(Tie) Ankeny & Cherokee (21.50)
	B.....	Rockwell City (30)		B.....	Aurelia (17.50)
				C.....	Prairie City (29)
1950	A.....	Ames (31.50)			
	B.....	Rockwell City (40.33)			
1951	A.....	Davenport (45.50)	1963	AA.....	Des Moines, North (32)
	B.....	Lamoni (29.50)		A.....	Clarinda (24)
				B.....	(Tie) Emmetsburg & Underwood (20)
				C.....	Prairie City (19)
1952	A.....	Clinton (33)			
	B.....	* DeWitt (31)	1964	AA.....	Des Moines North (29.50)
				A.....	Mount Ayr (29)
1953	AA.....	Des Moines, East (45)		B.....	English Valleys, North English (25)
	A.....	Estherville (23)		C.....	Scranton (32)
	B.....	(Tie) Albert City & Lake City (28)			
	C.....	Iowa School for Deaf (35.20)	1965	AA.....	(Tie) Des Moines North & Mason City (27)
1954	AA.....	Des Moines, East (48)		A.....	Anamosa (29)
	A.....	Valley, West Des Moines (28)		B.....	English Valleys, North English (21)
	B.....	Onawa (26)		C.....	Irwin (19)
	C.....	College Springs (29.50)			
1955	AA.....	Des Moines, Roosevelt (44.50)	1966	AA.....	Cedar Rapids, Washington (25)
	A.....	Hampton (24)		A.....	Glenwood (32)
	B.....	DeWitt (29)		B.....	Aurelia (24.50)
	C.....	(Tie) Galva & Elliott (21)		C.....	Terril (20)
1956	AA.....	Des Moines, North (32)			
	A.....	DeWitt (33.50)	1967	AA.....	Cedar Rapids, Jefferson (29)
	B.....	Aurelia (23)		A.....	Storm Lake (24)
	C.....	Farragut (26.50)		B.....	(Tie) Akron; Prairie, Gowrie (18)
				C.....	Treynor (20)
1957	AA.....	Des Moines, Tech (26)			
	A.....	Indianola (29)	1968	AA.....	Davenport, Central (28)
	B.....	Rock Rapids (22)		A.....	Cherokee, Washington (21)
	C....	(Tie) Tabor; Schleswig, Terril & Hedrick (17)		B.....	West Harrison, Mondamin (19)
				C.....	Panora-Linden (19)
			1969	AA.....	Fort Dodge (25.50)

	A	St. Albert, CB (24)		B	Britt (28.50)
	B	Carroll (19)		C	Twin Rivers, Bode (21)
	C	Dike (20)			
1970	AA	Columbus, Waterloo (24)	1980	AA	Davenport, Central (35.50)
	A	Humboldt (27)		A	Clarion (29)
	B	* Guthrie Center (20)		B	Sac City (32)
	C	Elk Horn-Kimballton (19)		C	Wellsburg (21)
1971	AA	Indianola (30)	1981	AA	(Tie) DM, East & CR, Washington (25)
	A	West Monona, Onawa (29)		A	South Tama County, Tama (29)
	B	Sioux Center (29)		B	Sac City (41)
	C	New London (31)		C	Titonka (28)
1972	AA	Davenport, Central (50)	1982	4A	Des Moines, East (37)
	A	Corning (31)		3A	Mount Vernon (26)
	B ..	(Tie) Maurice-Orange City & Montezuma (24)		2A	NUH, Cedar Falls (31)
	C	Sutherland (30)		1A	* (Tie) Aurelia & Dunlap (20)
1973	AA	Ames (29)	1983	4A	Ames (47)
	A	Eagle Grove (35.50)		3A	St. Albert, Co. Bluffs (26)
	B	Britt (28)		2A	Ida Grove (31)
	C	Preston (27)		1A	Sutherland (29.50)
1974	AA	Cedar Rapids, Washington (29)	1984	4A	Marshalltown (48)
	A	Red Oak (35)		3A	(Tie) Camanche & St. Albert, CB (24)
	B	Mount Vernon (24.50)		2A	NUH, Cedar Falls (38.50)
	C	Ruthven (27)		1A	(Tie) Earlham & Paullina (26)
1975	AA	Ames (38)	1985	4A	(Tie) Bettendorf & DM, Roosevelt (32)
	A	Sioux Center (43)		3A	Mount Pleasant (22)
	B	Columbus, Columbus Jct (30)		2A	Manson (31.50)
	C	Dike (33)		1A	* (Tie) Paullina & Sutherland (25)
1976	AA	Ames (44)	1986	4A	Valley, West Des Moines (40)
	A	Spencer (41)		3A	Storm Lake (24)
	B	Sioux Center (29.50)		2A	Dallas Center-Grimes (33)
	C	Panora-Linden (30)		1A	(Tie) Baxter & Schaller (22)
1977	AA	Davenport, Central (30)	1987	4A	Davenport, West (30)
	A	(Tie) Lewis Central & Eagle Grove (32)		3A	* Knoxville (24)
	B	Britt (26)		2A	(Tie) Garner-Hayfield & Montezuma (25)
	C	* Greene (25.50)		1A	Paton-Churdan (23)
1978	AA	Marshalltown (35)	1988	4A	Burlington (36)
	A	Nevada (38)			
	B	Gehlen Catholic, LeMars (38)			
	C	Hamburg (36)			
1979	AA	Davenport, Central (40)	1990	4A	Waterloo, West (35)
	A	Shenandoah (33)		3A	Alta-Aurelia (30)
	3A	South Tama County (25)		2A	(Tie) Madrid & New London (22)
	2A	Dike (34)		1A	Clarence-Lowden (26)
	1A	(Tie) CAL-Dows & Gehlen, LeMars (26)			
1989	4A	(Tie) Clinton & Waterloo, West (27)	1991	4A	Iowa City, City (63)
	3A	Storm Lake (33)		3A	Cherokee, Washington (27.50)
	2A	Alta (29)		2A	Alta-Aurelia (30)
	1A	North Mahaska, New Sharon (39)		1A	North Mahaska, New Sharon (21)

1992	4A..... Davenport, Central (41)	1A..... Panorama, Panora (24)
	3A..... Cherokee, Washington (29)	2001 4A..... Ames (33.25)
	2A..... Belmond-Klemme (32)	3A..... Mount Pleasant (33)
	1A..... *Malvern (23)	2A..... Tipton (26)
1993	4A..... Davenport, Central (53)	1A..... Clarksville (23)
	3A..... Mount Pleasant (30)	2002 4A..... Valley, WDM (44)
	2A..... Alta-Aurelia (26)	3A..... Carroll (30)
	1A..... CWL, Corwith (25)	2A..... Tipton (36)
1994	4A..... Ames (52)	1A..... Turkey Valley, Jackson Jct (29)
	3A..... Mount Pleasant (40)	2003 4A..... Ankeny (57)
	2A..... St. Edmond, Fort Dodge (31)	3A..... Xavier, Cedar Rapids (29)
	1A..... Gehlen Catholic, LeMars (25)	2A..... Williamsburg (40)
1995	4A..... Ames (34)	1A..... (Tie) Bishop Garrigan, Algona & Turkey Valley, Jackson Jct. (28)
	3A..... Waverly-Shell Rock (39)	WC..... English Valleys, North English (27)
	2A..... West Hancock, Britt (38)	2004 4A..... Ankeny (56)
	1A..... Gehlen Catholic, LeMars (25)	3A..... Bishop Heelan, Sioux City (44.50)
1996	4A..... Dubuque, Senior (39)	2A..... North Fayette, West Union (41)
	3A..... Nevada (33)	1A..... Turkey Valley, Jackson Jct. (35)
	2A..... Beckman, Dyersville (34)	WC..... Wahler, Dubuque (16)
	1A..... Madrid (26)	2005 4A..... Iowa City, City (55)
1997	4A..... Ankeny (34)	3A..... Wahler, Dubuque (64)
	3A..... Centerville (36)	2A..... Roland-Story (39)
	2A..... * Eldora-New Providence (24)	1A..... Kingsley-Pierson (38)
	1A..... Gehlen Catholic, LeMars (33)	WC..... English Valleys, North English (36)
1998	4A..... Ames (45)	2006 4A..... Marshalltown (61)
	3A..... Bishop Heelan, Sioux City (43)	3A..... Williamsburg (55)
	2A..... West Lyon, Inwood (29)	2A..... St. Edmond, Fort Dodge (48)
	1A..... (Tie) Madrid & Woodbine (26)	1A..... Griswold (44)
1999	4A..... *(Tie) Marshalltown & Valley, WDM (33)	WC..... Boone (30)
	3A..... Mount Pleasant (37)	2007 4A..... Valley, WDM (54)
	2A..... (Tie) Dike-New Hartford; East Marshall, LeGrand; Sioux Center (23)	3A..... Mount Pleasant (49)
	1A..... St. Mary's, Remsen (20)	2A..... (Tie) North Fayette & Regina, Iowa City (51)
2000	4A..... Iowa City, West (45)	1A..... BCLUW, Conrad (36)
	3A..... Waverly-Shell Rock (37.50)	WC..... Boone (30)
	2A..... * Beckman, Dyersville (23)	2009 4A..... Iowa City West (56)
2008	4A..... Iowa City West (74)	3A..... Algona (51)
	3A..... Charles City (52)	2A..... Dike-New Hartford (46)
	2A..... Monticello (47)	1A..... West Lyon (40)
	1A..... West Lyon, Inwood (40)	WC..... Linn-Mar, Marion (28)
	WC..... Southeast Polk (20)	2012 4A..... Cedar Falls (49.50)
2010	4A..... (Tie) Indianola & Pleasant Valley (42)	3A..... Webster City (48.33)
	3A..... Central Clinton, DeWitt (48)	2A..... (T) St. Edmond, FD; Mount Vernon (38)
	2A..... West Marshall, State Center (59)	1A..... Earlham (41)
	1A..... Belmond-Klemme (36)	WC..... Camanche (29)
	WC..... Southeast Polk (18)	2013 4A..... Iowa City, West (57)
2011	4A..... Valley, West Des Moines (51)	3A..... Knoxville (45)
	3A..... Central Clinton, DeWitt (67)	2A..... OA-BCIG (49)
	2A..... Monticello (51)	
	1A..... Manson-Northwest Webster (53)	

	1A Wapsie Valley, Fairbank (58)		
	WC(T) Camanche & Linn-Mar (26)		
2014	4A Linn-Mar (68)	2018	4AIowa City, West (57)
	3A Center Point-Urbana (42.25)		3AAtlantic (63)
	2A West Burlington/Notre Dame (45)		2A Mid-Prairie, Wellman (44)
	1A Madrid (58)		1A Hudson (56)
	WC Ankeny Centennial (24)	2019	4AAmes (63)
2015	4A Linn-Mar, Marion (53)		3AWahlert, Dubuque (52)
	3A Mount Pleasant (54)		2A Williamsburg (51)
	2A Kingsley-Pierson/Woodbury Central (58)		1ASt. Albert, Council Bluffs (42)
	1A Alta-Aurelia (36)		WC Northwood-Kensett (34)
	WC (T).. Bond'nt-Farrar; Ankeny Centennial (26)	2020	Season canceled due to COVID-19.
2016	4A Cedar Falls (78)	2021	4ADowling Catholic, W.D.M. (77)
	3A Vinton-Shellsburg (56)		3A ADM, Adel (75)
	2A Monticello (64.50)		2A Treynor (60)
	1A Jesup (40)		1A Lisbon (57)
	WC Tie for First		WC Northwood-Kensett (32)
2017	4A Waukee (69)	2022	4A Iowa City, City High (63.5)
	3A Mount Vernon (58)		3APella (71.5)
	2A Tie for first		2A Des Moines Christian (65)
	1A Pekin (45)		1A Earlham (66)
	WC Tie for First		WC Cedar Falls (37)

STATE RUNNER-UP FINISHES – MOST

Davenport & Davenport, Central	13	1914, 28, 40, 48-tied, 51, 58, 68, 72, 77, 79, 80, 92, 93
Des Moines, East	11	1913, 22, 37, 42, 47, 48-tied, 49, 53, 54, 81-tied, 82
Des Moines, North	11	1908, 18, 35, 36, 45, 46, 56, 61, 63, 64, 65-tied
Ames	10	1950, 73, 75, 76, 83, 94, 95, 98, 2001, 19
Alta (1), Aurelia (4), Alta-Aurelia (4).....	9	1956, 62, 66, 82-tied, 89, 90, 91, 93, 2015
Mount Pleasant	7	1985, 93, 94, 99, 2001, 2008, 2015
Cherokee	6	1958, 61, 62-tied, 68, 91, 92
DeWitt.....	6	1948, 52, 55, 56
Central Clinton, De Witt.....		2010, 11
Valley, West Des Moines	6	1954, 86, 99-tied, 2002, 2007, 2011
Cedar Rapids, Washington	5	1920, 34, 66, 74, 81-tied
Dike-New Hartford.....	5	1969, 75, 88, 99-tied, 2009
Iowa City, City	5	1910, 11, 91, 2005, 22
Iowa City, West	5	2000, 08, 09, 2013, 2018
Marshalltown	5	1915, 78, 84, 99-tied, 2006
Ankeny	4	1962-tied, 97, 2003, 04
Britt & West Hancock, Britt.....	4	1973, 77, 79, 95
Clinton	4	1939, 44, 52, 89
Des Moines, Roosevelt	4	1926, 41, 55, 85-tied
Des Moines, West	4	1906, 07, 09, 21
Gehlen Catholic, LeMars.....	4	1978, 88-tied, 95, 97
Madrid	4	1990-tied, 96, 98, 2014
Mason City	4	1919, 25, 60, 65-tied
Mount Vernon.....	4	1974, 82, 2012-tied, 17

Sioux Center.....	4	1971, 75, 76, 99-tied
St. Albert, Council Bluffs	4	1969, 83, 84-tied, 2019
English Valleys, North English	3	1959, 64, 65
Indianola.....	3	1957, 71, 2010 (T)
Monticello	3	2008, 11, 16
Panorama, Panora & Panora-Linden.....	3	1968, 76, 00
St. Edmond, Fort Dodge	3	1994, 2006, 2012-tied
Storm Lake	3	1967, 86, 89
Sutherland.....	3	1972, 83, 85-tied
Turkey Valley, Jackson Jct.....	3	2002, 03-tied, 04
West Lyon, Inwood.....	3	1998, 2008, 09
Williamsburg.....	3	2003, 06, 19

STATE CHAMPIONSHIP COACHES

Ackerman, Phil	English Valleys, North English 1960
Adair, Charles.....	West Harrison, Mondamin 1970-tied
Ahrabi-Fard, Iradge	NUH, Cedar Falls 1981
Anderson, Dennis.....	2 Davis County, Bloomfield 1980, 81
Anliker, Jeff.....	2 Manson-Northwest Webster 2012, 13
Anthony, Fred.....	Pella 1986
Ashman, George	Okoboji, Milford 2003
Ask, John.....	Cedar Rapids, Jefferson 1962
Augustine, Mike.....	9 DM, East 1928, 36, 38, 39, 40, 43, 44, 50, 51
Barkema, Rod	2 Kanawha 1978, 79
Baxa, Casey	3 Lisbon 2015, 16, 17
Bears, Darwin.....	Spirit Lake Park 1992
Beckham, Tom	Cherokee, Washington 1966
Belby, Erik	Pleasant Valley 2008
Bell, Harry.....	Des Moines, North 1917
Bellamy, Jim	Mount Vernon 2004
Bergstrom, Gary.....	Griswold 2005
Berry, Burl	Cedar Falls, Teachers High 1948
Berthelsen, Eric.....	Jamaica, YJB 1977-tied
Birney, Harold.....	3 DeWitt 1951, 53, 57
Birt, Jered	Central Clinton, De Witt 2009
Blazek, Jack	Sidney 1984
Brad, Travis	Spirit Lake 2022
Brooks, Bob.....	Paullina 1962
Buls, Lanny.....	East Buchanan Winthrop 2000
Bunn, Charles.....	Humboldt 1995
Cairney, James	St. Albert, Council Bluffs 2018
Calloway, Bill.....	Cedar Rapids, Washington 1977
Camacho, Russ.....	Xavier, Cedar Rapids 2007, 08
Capitani, Dave.....	Northwood-Kensett 2022
Carstens, Ken.....	Harlan 2003
Chase, Charles.....	7 Des Moines West 1908, 10, 11, 12, 13, 14, 16
Christiansen, Terry.....	Allison-Bristow 1983
Clark, Troy.....	West Marshall, State Center 2012
Clefisch, Dale	Sheldon 1982
Cochran, Dave	2 Valley, WDM 2003, 06
Collinge, Cole	Carroll 1957
Cooley, E. Wayne	2 Nevada 1949, 50
Corbin, Chuck.....	Iowa Falls 1974-tied
Covey, Hi.....	8 Ames 1949, 55, 56, 57, 58, 60, 63, 64

Cox, Don	Lake City 1954
Cox, Jim	Paton-Churdan 1986
Cunningham, Mike	Knoxville 1991
Dalzell, Wilbur	Dubuque 1937
Davis, Les.....	Sioux City, East 1945
Davis, Pat.....2	Beckman, Dyersville 1997-tied, 99
Day, Jesse.....5	Davenport 1931, 35, 42, 47, 52
DeVries, Darwin	Kingsley-Pierson 1978
Duea Jr., Jim	Valley, West Des Moines 1998
Duhrkopf, Charles	Primghar 1956
Dunsworth, Ira.....7	Davenport 1973, 74, 76, 78, 82, 83, 84
Ehret, Steve.....	North Mahaska, New Sharon 1990
Eidahl, Davis	Pekin 1979, 2018
Ekstrand, Fred.....	Toledo Juvenile Home 1953
Eldridge, Bruce.....	Charles City 2005
Elliott, Brad	Mount Ayr 2014
Fearing, Ken.....2	Anamosa 1974-tied, 75
Fiedler, Curt.....	George-Little Rock 2019
Filloon, Doyle.....	Lake City 1952-tied
Fisk, Jack	Anamosa 1956
Fitzgerald, Mike	Belle Plaine 1969
Fletcher, Jan.....	Earlham 1985-tied
Fravel, David	Bishop Heelan, Sioux City 1997
Frost, John	Treynor 1966
Gray, Al	Clarinda 1956
Grimm, Gary.....2	Nevada 1976, 77
Grimsley, J.A. (Judge).....2	Mason City 1929, 30
Hanna, Fred	Seymour 1964
Hanson, Wally	Eagle Grove 1964, 65, 70, 71
Hardie, Scott.....	Iowa Valley, Marengo 1985
Hartman, Jeff.....	Cedar Falls, 2011
Heitland, Brad.....	Algona 1993
Heitland, Brent.....2	Waukee 2014, 15
Herring, Jarred	Dowling Catholic, W.D.M. 2022
Hildebrand, David.....	Garner-Hayfield 1996
Hinkel, Randy	Madrid 2001, 02, 09, 10, 11
Hofmeister, Doug	Lone Tree 1985-tied
Hollan, Steve	Mid-Prairie, Wellman 2008
Holsclaw, Bill	Clinton 1969, 70
Homewood, Dirk.....	Cedar Falls 2021
Hoogeveen, Bob	Sioux Rapids 1961
Hopkins, Ken.....	Linn-Mar, Marion 2013
Horton, Tom	Wahlert, Dubuque 2006
Hostetler, Marcus	Iowa Mennonite, Kalona 1999
Hoyt, Charles.....	Sioux City 1920
Hoyt, Cress W. (Dad).....	Des Moines, East 1926
Hughes, Charles	Paullina 1981
Huling, Steve	CAL-Dows, Latimer 1987
Hummel, Phil.....2	Woodbine 1989, 1992-tied
Hurley, Vince.....3	Corning 1975, 76, 77
Ingwersen, Lance	New London 2022
Jack, Joe	Farragut 1965
Janvrin, Ken	Panorama, Panora 1997

Jennett, John.....	Lake City 1955
Johnson, Archie	Des Moines, Roosevelt 1946-tied
Jolly, Lynn	Cherokee, Washington 1994
Kaemingk, Karl.....2	Unity Christian, Orange C. 1997-tied, 2000-tied
Karpan, Tom.....	Valley, West Des Moines 1955
Kephart, William	West Chester 1959
Kibby, Bill.....2	St. Edmond, Fort Dodge 2009, 11
Kiesel, Charles	Ida Grove (co-coach) 1906, 07
Kinzel, Warren.....	Ankeny 1969
Kitt, Roland.....	Belle Plaine 1971
Klemme, Al	Boyden-Hull 1970-tied
Koolbeck, Richard	Belmond 1960
Korver, Lawrence	Orange City, Maurice-OC 1961
Kozeal, Mark	Tri-Center, Neola 2001
Kruger, Arlen	Miles 1969
Kruse, Gary	West Lyon, Inwood 2000-tied
Kruzich, Drew	St. Albert, Council Bluffs 2003
Lahn, Nate.....	Iowa School for Deaf, Council Bluffs 1955
Lamm, Corey.....2	West Burlington/Notre Dame 2015, 16
Lappe, Graydon	Perry 1962
Larsen, Monte	Sergeant Bluff-Luton 2019
Lee, Matt	Starmont, Arlington 2005
Lee, Robert E	NUH, Cedar Falls 1986, 87, 88, 90, 91, 98
Lenguadoro, Gerry	Iowa Falls 1978, 79, 95
Lewis, Don.....	Prairie Valley, Gowrie 1968
Lineweaver, Richard	Terril 1967
Loeffler, Gary.....	Van Buren, Keosauqua 1995
Lyle, Jim	Des Moines, North 1948, 53, 54, 59
Lynam, R.H	Des Moines, North 1934
Lynn, Max.....2	Clinton 1946-tied, 69
Marcellus, Duane	Pocahontas 1971
Marsden, Clem.....	Harlan 1954
Marshall, Amy.....	Center Point-Urbana 2015
Martz, Brian.....2	Iowa City West 2007, 12
Mays, Jim	West Branch 1983, 84
McClure, Carl	Elliott 1954; Wall Lake 1958
McCord, Jim	Centerville 1996
McGaffin, Charles	Winterset 1963, 67
McKinstrey, Gordon	Maurice-Orange City, 1973
McLarnan, Mark	Sioux City, Central 1966, 67
McQuerry, Joe.....	Des Moines, Roosevelt 1999-tied
McVicker, George	Villisca 1966, 67
Mehsling, Ken.....	Council Bluffs, Abraham Lincoln 1993
Miles, Mike	Tabor 1958
Miller, Jim	Waterloo, East 1979
Milliken, Harlan.....	Ames 1968
Morrison, Dick	Red Oak 1973
Muller, Dennis	Gehlen Catholic, LeMars 1989, 96
Mullins, Earl.....	Goldfield 1968
Mundt, Dave.....	Treynor 2004
Nelson, W.C	Des Moines North 1919
Nicholson, Dean.....3	Storm Lake 1987-tied, 88, 2002
Nixon, E. W	Davenport 1915
Noll, Don.....	Sanborn 1988
Novak, Leo	Cedar Rapids, 1921, 22, 23, 24, 25

Oberle, Don.....	Bishop Heelan Catholic, Sioux City 2010
Penick, Les.....	BCLUW, Conrad 2006
Perkins, Steve.....2	Madrid 2017 (T), 21
Peters, Randy.....	Davenport Central 2005
Pinckney, Bill.....2	Cedar Rapids Washington 2009, 10
Raffensperger, John.....10	IC, City High 1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02
Rapp, Darrell.....	Moville 1962
Reingardt, Will.....	Dike-New Hartford 2019
Ridder, Tyler.....	Underwood 2021
Roberts, Harold.....	George 1963
Robinson, William.....	Lamoni 1952-tied
Roe, Dean.....2	Redfield, Dexfield 1963, 64
Rollinger, Joel.....2	Decorah-North Winneshiek 2004; Decorah 2012
Roth, Steve.....	Washington 1998
Rozell, Richard.....	Marshalltown 1985
Sage, Dave.....2	Waverly-Shell Rock 1999, 2001
Sanger, Bob.....4	Britt 1974; West Hancock, Britt 1992, 2007, 08
Scherich, Everett.....2	Clinton 1932, 33
Schott, Jarrod.....	KP-WC 2017 (T)
Schwarz, Bill.....	Prairie, Cedar Rapids 2016
Scott, Robert.....	North Fayette, West Union 2006
Shultz, Jerry.....	Turkey Valley, Jackson Junction 1987-tied
Silvey, Chuck.....	Des Moines, Tech 1961
Simons, Larry.....	New Hartford 1982
Simpson, Stan.....	Lawton-Bronson 1991
Sjeclocha, Evo.....	Indianola 1958
Sletten, John.....9	Ames 1971, 72, 80, 86, 87, 88, 89, 90, 91
Smith, Fred.....	Ankeny 1972
Sovers, Mark.....2	Solon 2010, 2014
Spatcher, Cecil.....	Ames 1965
Staker, Steve.....	Fredericksburg 1992-tied
Starner, Mark.....	Glenwood 2011
Steinhoff, L.C.....	Farragut 1957
Stolze, Greg.....	Williamsburg 2002
Strouse, Richard.....	Ballard, Huxley 1994
Strouse, Robert.....	Terril 1973
Strutzenberg, Bruce.....	Pomeroy 1965
Sump, Jordan.....	Dallas Center-Grimes 2022
Sutherland, Clayton "Chick".....2	Mason City 1929, 30
Tallman, Roy.....	Burnside, Central Webster 1972
Thompson, Boyd.....	Carroll 1927
Trimble, Mark.....	Conrad, BCL 1982
Trygstad, Tom.....3	Valley, West Des Moines 2017, 2018, 2019
Tryon, Jerry.....	Alta 1972
Van Hauen, Brent.....3	Pella 2013, 16, 21
Van Liew, John.....3	Des Moines East 1909, 1915, 1917
Vanderhorst, Jerry.....2	West Bend-Mallard 1993, 94
VanderWilt, Dale.....2	Sioux Center 1980, 82
Vogelgesang, Dave.....3	Tipton 1983, 84, 85
Walton, Nat.....	Clinton, St Marys 1959
Weber, Robert.....4	Hamburg 1974, 75, 76, 77-tied
Weis, Homer.....	Red Oak 1953
Wells, Ken.....	Ames 1941
Wells, Robert.....	Spirit Lake 1968

Wendel, Ray.....	Woodward-Granger 1970
West, Charles A.....	Mason City 1918
Whitcomb, Jim.....2	Glenwood 1989, 90
White, Denny.....	Mount Pleasant 2000
Wickett, Bryce.....	LuVerne 1960
Wilkinson, Harold.....	Cedar Rapids, Washington 1975
Williams, Greg.....4	Monticello 1998, 2008, 2013, 2014
Williams, John.....2	Ida Grove (co-coach) 1906, 07
Winkler, Ken.....	Treynor 1980
Yuska, Gordon.....	Waterloo, West 1981
Zrudsky, Chad.....2	Marion 2017, 2018

STATE MEET CHAMPIONS

100-YARD DASH

06 Earl Perry, Marshalltown.....	10.6	24 Frank Cuhel, Cedar Rapids.....	10.0
07 Carl Harris, Des Moines, West.....	10.8	25 Herbert Schell, Perry.....	10.1
08 Harold Moorehead, Ida Grove.....	10.4	26 Vane Snorf, Des Moines, Roosevelt.....	10.1
09 Louis Gates, Des Moines East.....	10.6	27 David Davis, Carroll.....	10.0
10 Ronald Reed, Des Moines West.....	10.4	28 Raymond Burns, Webster City.....	10.3
11 Charles Hoyt, Greenfield.....	10.2	29 Rich Proctor, Cedar Rapids, Washington.....	10.3
12 Charles Hoyt, Greenfield.....	10.2	30 Joe Rogers, Jefferson.....	10.1
13 Charles Hoyt, Greenfield.....	10.0	31 Cecil Garrison, Burlington.....	9.8
14 George Jarvis, Des Moines East.....	10.4	32 Carl Nelson, Clinton.....	9.9
15 George Rausch, Waterloo, West.....	10.6	33 Carl Nelson, Clinton.....	9.7
16 George Rausch, Waterloo West.....	10.2	34 George Robinson, Des Moines, North.....	10.0
17 Charles Colby, Des Moines, North.....	10.2	35 Bob Cowan, Waterloo, West.....	10.1
18 Cecil Brewton, Mason City.....	10.6	36 Bob Cowan, Waterloo, West.....	9.9
19 Glenn "Doc" Miller, Waterloo Wes.....	10.6	37 Wilson Saunders, Dubuque.....	10.0
20 Harold Rocho, Des Moines East.....	10.8	38 Billy Green, Newton.....	10.0
21 Chan Coulter, Iowa City.....	10.4	39 Bill Garrett, Davenport.....	10.2
22 Ted Larson, Des Moines East.....	10.4	40 Bill Mash, Des Moines, East.....	9.8
23 George Harper, Fort Madison.....	10.2	41 Jack Colman, Cedar Rapids, Franklin.....	10.4

42	Wallace Peterson, Davenport.....	10.3	B-Ron Graves, Rockwell-Swaledale	10.0
43	Bob McLaughlin, Perry	10.4	C-Doug Skinner, Paullina	9.9
44	Jack Simpson, Sac City.....	10.4	64 AA-Clyde Duncan, Des Moines, North.....	9.5
45	James Burlingame, Clinton.....	10.5	A-Gene Ricker, Mount Ayr.....	10.2
46	Dick Atkins, Des Moines, East.....	10.1	B-Jack Bintz, Sutherland	9.9
47	Dick Atkins, Des Moines, East.....	10.1	C-Jim Cave, Dexfield, Redfield.....	9.7
48	A-Ralph Richman, Dubuque.....	10.0	65 AA-Mike Lunn, Des Moines, North.....	10.0
	B-Bob Willadsen, Storm Lake	10.3	A-Ron Davis, Perry.....	9.9
49	A-Gary Scott, Des Moines, North	10.0	B-Ron Miller, English Valleys	9.9
	B-Bob Jones, Milford	10.2	C-Roger Dotson, Terril.....	9.9
50	A-John Gibbons, CB, Thomas Jefferson.....	10.3	66 AA-Jim Kirby, Des Moines, North.....	10.0
	B-Werner Berg, Rock Rapids	10.4	A-Jerry Lenz, Cherokee, Washington	9.9
51	A-Fred Lucas, Des Moines, East.....	9.9	B-Steve Hodges, Laurens	10.0
	B-Ray Long, Afton	10.1	C-Lloyd Wiese, Baxter	9.9
52	A-Fred Lucas, Des Moines, East.....	9.9	67 AA-Jim Kirby, Des Moines, North.....	9.5
	B-Don White, Lamoni	10.3	A-Mike Lint, Anamosa	10.0
53	AA-Larry Perry, Marshalltown	10.0	B-Warren Johnson, West Lyon, Inwood.....	9.9
	A-Wayne Brown, Estherville	10.5	C-Keith Bell, Norwalk.....	10.1
	B-Bob Stangel, Onawa	10.4	68 AA-Larry Miller, Des Moines, Roosevelt	9.9
	C-Ted Harvey, Toledo Juvenile	10.4	A-Jack Comfort, West Monona, Onawa	10.0
54	AA-Lee Jones, Co. Bluffs Thomas Jefferson	10.0	B-Dave Harskamp, Sioux Center	9.9
	A-Gaylord Rasmussen, Harlan.....	10.3	C-Keith Bell, Norwalk.....	10.3
	B-Tom Burrows, Belle Plaine	10.7	69 AA-Greg Lintz, Ottumwa	9.9
	C-Ted Harvey, Toledo Juvenile	10.3	A-Jack Comfort, West Monona, Onawa	10.0
55	AA-Bill Woodhouse, Mason City	10.1	B-Galen Morris, Interstate 35, Truro.....	10.4
	A-Larry Eischen, Valley, WDM	10.3	C-Mark Bigler, Dumont	10.0
	B-Tom Burrows, Belle Plaine	10.4	70 AA-Jim Henderson, Waterloo, East	9.6
	C-Duane Miller, New Sharon.....	10.3	A-Steve Wolpert, West Monona, Onawa.....	10.1
56	AA-Dennis O'Brien, Des Moines, Roosevelt	10.0	B-Garry Frandson, Roland-Story.....	10.4
	A-Bob Brandt, Denison.....	10.1	C-Steve Crouse, Woodward-Granger	10.0
	B-Bill Blount, Aurelia.....	10.4	71 AA-Dick Eisenlauer, Des Moines, East.....	9.8
	C-Dick White, Kellogg.....	10.3	A-Steve Wolpert, West Monona, Onawa.....	10.0
57	AA-Dave Arends, Cedar Rapids Roosevelt	10.2	B-Garry Frandson, Roland-Story.....	10.4
	A-Jim Merrick, Maquoketa.....	10.3	C-Rick Freeburg, Pocahontas	9.9
	B-Elmer Menage, Rock Rapids	10.1	72 AA-Gene Mollett, Bishop Heelan, SC	10.0
	C-Jerry Ehwegen, Terril.....	10.5	A-Tom Miller, Storm Lake.....	10.1
58	AA-Bill Cunningham, Bishop Heelan, SC	10.0	B-Gary DeBruin, Rock Valley	10.4
	A-Don Robertson, Washington.....	10.3	C-Steve Olson, Terril	10.3
	B-Terry Ross, Glenwood	10.4	73 AA-Albert Morgan, Burlington.....	10.1
	C-Paul Miller, Menlo	10.4	A-Pat Eisenmenger, Cherokee.....	10.4
59	AA-Al Collier, Des Moines, North	9.8	B-Dave Guy, Norwalk	10.4
	A-Wayne Johnson, Algona.....	10.2	C-Steve Olson, Terril	10.3
	B-Gary Steele, Eddyville	10.5	74 AA-Bob Bostic, Davenport, Central.....	9.9
	C-Brad Bonynge, West Lyon	10.7	A-Larry Abernathy, Vinton, Washington	10.2
60	AA-Charles Taylor, Des Moines, Tech.....	9.8	B-Jim Brewer, NUH, Cedar Falls.....	10.4
	A-Gary Richard, Corning	10.0	C-Craig Ohden, Wall Lake	10.4
	B-Gary Hollingsworth, English Valleys	10.2	75 AA-Greg Mick, Cedar Rapids, Kennedy.....	10.0
	C-Brad Bonynge, West Lyon	10.5	A-Mike Shaw, Nevada	10.1
61	AA-Charles Taylor, Des Moines, Tech.....	10.2	B-Doug Hanson, Ida Grove	10.1
	A-John Pletcher, Clarion	10.4	C-Craig Ohden, Wall Lake	10.2
	B-Steve Kettering, Lake View-Auburn.....	10.1	76 AA-Greg Mick, Cedar Rapids, Kennedy	9.8
	C-Dan Travaille, Ocheyedan	10.1	A-Mike Shaw, Nevada	10.0
62	AA-Clyde Duncan, Des Moines, North.....	10.0	B-John Taylor, Eddyville.....	10.2
	A-Ron Beasley, Perry	10.5	C-Vic Lochman, Alden	10.2
	B-Doug Skinner, Paullina	10.4	77 AA-Owen Buckley, Sioux City, North	9.9
	C-Deryl Peterson, Moville.....	10.8	A-Loren Velgersdyke, Western Christian	10.3
63	AA-Clyde Duncan, Des Moines, North.....	9.7	B-Rick Van Pelt, Panora-Linden.....	10.2
	A-Harry Alley, Winterset.....	9.7	C-Dale Meleynek, Y-J-B, Jamaica.....	10.2

100-METER DASH

78	AA-Owen Buckley, Sioux City, North	11.1	93	4A-Antwun Taylor, Davenport, Central	11.08
	A-Jody Wilson, Mount Pleasant	11.0		3A-Doug Miller, Mount Pleasant	10.99
	B-Jeff Nielsen, Britt	11.1		2A-Nate Smith, West Hancock, Britt	11.03
	C-Randy Willer, Schaller	11.4		1A-Randy Thompson, CWL, Corwith	11.00
79	AA-Cordell Smith, Waterloo, East	10.9	94	4A-Adam Cook, Cedar Rapids, Washington	11.33
	A-Keith Willey, Osage	11.3		3A-Doug Miller, Mount Pleasant	11.26
	B-Jeff Nielsen, Britt	10.8		2A-Nate Smith, West Hancock, Britt	11.18
	C-Bob Frederick, Ayrshire	11.1		1A-Randy Thompson, CWL, Corwith	11.01
80	AA-Treye Jackson, Newton	11.02	95	4A-Dan McMahon, Iowa City, City	11.45
	A-Dave Donovan, Humboldt	11.43		3A-Tim Lambertsen, Anamosa	11.14
	B-Jeff Nielsen, Britt	10.84		2A-Phil Wagner, North Fayette	11.10
	C-Scott Harms, Wellsburg	11.47		1A-Jeff Adam, Cardinal, Eldon	11.33
81	AA-Treye Jackson, Newton (ran 10.5 in prelims)	10.80	96	4A-Dan McMahon, Iowa City, City	10.95
	A-Keith Willey, Osage	11.30		3A-Matt Stockdale, Iowa Falls	11.11
	B-Mike Fischer, Sac City	11.19		2A-Phil Wagner, North Fayette	11.18
	C-Mike Dubberke, Hubbard	11.44		1A-Jeff Adam, Cardinal, Eldon	10.84
82	4A-Richard Rumley, Des Moines, Roosevelt	11.03	97	4A-Aaron Greving, Ames	10.82
	3A-Jeff Peterson, Clear Lake	11.22		3A-Bryan Gilbreath, Waverly-Shell Rock	11.06
	2A-Kevin Goodrich, Iowa Valley	11.25		2A-Tom Green, Westwood, Sloan	11.06
	1A-Kevin Fouts, Dunlap	11.29		1A-Evan Bru, Montezuma	11.10
83	4A-Booker Scott, Davenport Central	11.02	98	4A-Aaron Greving, Ames	11.23
	3A-Mike Tice, Perry	11.29		3A-Kevin Collins, Assumption, Davenport	11.45
	2A-Bryon Hubbard, Prairie, Gowrie	10.90		2A-Mike Pope, West Burlington	11.40
	1A-Dan Hicks, Sutherland	11.41		1A-Clint Daisy, Southern Cal	11.39
84	4A-Gary Couch, Davenport, Central	10.94	99	4A-Marques Simmons, Davenport, North	11.06
	3A-Todd Cleverly, Jefferson	11.23		3A-Chris Jarvis, Washington	11.27
	2A-Rod Storch, West Burlington	11.4		2A-Lane Danielson, Dike-New Hartford	11.53
	1A-Joe Bricker, United Community, Boone	11.3		1A-Anthony Durnan, Earlham	11.49
85	4A-Rod Edwards, Des Moines, Roosevelt	11.14	00	4A-Hakim Hill, Iowa City, City	10.88
	3A-Todd Cleverly, Jefferson	11.42		3A-Cole Boatright, Fairfield	11.26
	2A-Dan Wallace, Clear Creek	11.1		2A-Mike Fiech, West Lyon, Inwood	11.08
	1A-Phil Forbes, Lone Tree	11.1		1A-Jonathan Wallerich, Sigourney	11.20
86	4A-Kevin Little, Ankeny	10.90	01	4A-Marques Simmons, Davenport North	10.63
	3A-Scott Jenkins, Waukon	11.20		3A-Adam Haluska, Carroll	10.84
	2A-Dave Stein, Milford	11.31		2A-Jason Nolting, Preston-East Central	11.13
	1A-Jeff Albright, Iowa School for Deaf, CB	11.31		1A-Jared Vickroy, Southeast Warren	11.14
87	4A-Kevin Monroe, Muscatine	11.03	02	4A-Calvin Davis, Iowa City, City	10.73
	3A-Rob Wise, West Liberty	11.37		3A-Adam Haluska, Carroll (10.78 prelim)	10.91
	2A-Jeff Wallerich, Sigourney	11.34		2A-Jared Graham, Tri-Center, Neola	11.05
	1A-Paul Korsness, North Winneshiek	11.39		1A-Jace Dennison, Tri-County, Thornburg	11.09
88	4A-Bryant Williams, Waterloo, West	10.96	03	4A-Andy Brodell, Ankeny	10.73
	3A-David Linkletter, Shenandoah	11.44		3A-Paul Brown, LeMars	10.98
	2A-Dave Ellingson, Colo-NESCO	11.32		2A-Zac Bailey, Okoboji, Milford	10.91
	1A-Dallas Sudmann, Treynor	11.74		1A-Mike Wiederholt, St. Mary's, Remsen	11.12
89	4A-Joe James, Des Moines, East	11.03	04	4A-Robert Thompson, Des Moines East	10.82
	3A-Cole Honeck, Hampton-Dumont	11.27		3A-Chris Rowedder, Carroll	11.20
	2A-Ryan Santi, Madrid	11.2		2A-David Wall, West Burlington	11.19
	1A-Kevin Roths, Olds, WACO	11.25		1A-Lincoln Cavanagh, Northeast Hamilton	11.21
90	4A-Dwayne Wright, Waterloo, West	10.92	05	4A-Robert Thompson, Des Moines East	10.93
	3A-Jamie Leonard, Dallas Center-Grimes	11.19		3A-Justin Greiner, Washington	11.62
	2A-Brad Bailey, New London	11.27		2A-Travis Drahozal, Solon	11.30
	1A-Dave Titler, Clay Central	11.39		1A-Nick Kuchel, Kingsley-Pierson	11.42
91	4A-Curtis Hawkins, Ames	11.17	06	4A-Bryan Collins, Valley, WDM	11.00
	3A-Toby Bengfort, Denison	11.39		3A-Justin Greiner, Washington	11.25
	2A-Nate Smith, West Hancock, Britt	11.20		2A-Travis Drahozal, Solon	11.08
	1A-Randy Thompson, CWL, Corwith	11.45		1A-Marquis Stephens, Lisbon	11.16
92	4A-Curtis Hawkins, Ames	10.97	07	4A-Jarred Herring, Burlington	11.15
	3A-Toby Bengfort, Denison	11.13		3A-Wilmot Wellington, Fairfield	11.54
	2A-Nate Smith, West Hancock, Britt	11.14		2A-Kenneth Jackson, Pleasantville	11.29
	1A-Randy Thompson, CWL, Corwith	11.11		1A-Billy Veach, Andrew	11.46

08	4A-Jarred Herring, Burlington.....	10.76	15	4A-Cray Washington, Fort Dodge	11.24
	3A-Derek Kramer, Xavier, Cedar Rapids	11.00		3A-Tanner Dunkin, Knoxville	11.31
	2A-Kyle Schuett, Cherokee	11.08		2A-Isaiah Trousil, West Burlington/N. Dame.....	11.10
	1A- Alex Feilmeier, Glidden-Ralston	11.34		1A-Korby Sander, Belmond-Klemme	11.48
09	4A-Patrick Lewis, Xavier, Cedar Rapids	10.62	16	4A-Jalen Rima, Prairie, Cedar Rapids	10:86
	3A-Logan Danko, Centerville	10.91		3A-Eli Hicks, Boone	11:02
	2A-Brad Vogel, Central Lee, Donnellson	11.10		2A-Isaiah Trousil, West Burlington/N. Dame.....	10.69
	1A-Jesse Selgeby, West Lyon (<i>ran 11.05 in prlm</i>)..	11.13		1A-Korby Sander, Belmond-Klemme	11.30
10	4A-Austin Ebertowski, CB Abraham Lincoln	10.99	17	4A-Dan Blocker, Waukee	11.12
	3A-Brett Bogard, Pella.....	11.28		3A-Isaiah Trousil, West Burlington/N. Dame.....	10.74
	2A-Aaron Arment, West Marshall.....	11.09		2A-Michael Santi, Madrid	10.91
	1A-Tyler Tonderum, Armstrong-Ringsted	11.12		1A-Derek Bova, Lisbon.....	11.23
11	4A-James Harrington, Cedar Falls	10.86	18	4A-Bernard Bell, Jr, Ames	10.60
	3A-Riley McCarron, Wahlert, Dubuque	11.36		3A-Rancy Freeman, Dallas Center-Grimes.....	10.88
	2A-Aaron Arment, West Marshall.....	11.40		2A-Tanner Iske, West Liberty	10.58
	1A-Nick Efkamp, Madrid.....	11.41		1A-Rodney Schwartzhoff, South Winneshiek....	10.95
12	4A-James Harrington, Cedar Falls	11.13	19	4A-Bernard Bell Jr., Ames	10.92
	3A-Keagan Parks, Webster City.....	11.40		3A-Jorma Schwedler, Sergeant Bluff-Luton	11.20
	2A-Jake Floen, Unity Christian, Orange City	11.40		2A-Joe Stein, Spirit Lake	11.10
	1A-Nick Pittmon, East Mills	11.39		1A-Drake Partridge, AHSTW, Avoca.....	11.32
13	4A-Anthony Dreeszen, Sioux City, East.....	11.11	20	Season canceled due to COVID-19.	
	3A-Brandon Norman, Iowa Falls-Alden.....	11.15	21	4A-Mikey McClain, Dowling Catholic.....	10.79
	2A-Trever Ryan, OA-BCIG	11.25		3A-Ryan Brosius, Wahlert, Dubuque	11.22
	1A- Nick Pittmon, East Mills	11.24		2A-Cooper DeJean, OABCIG.....	11.16
14	4A-Rico Gafford, Dowling Catholic, WDM.....	11:07		1A-Beau Flander, English Valleys	11.12
	<i>Gafford ran an all-time best FAT 10.61 in the prelims</i>		22	4A-Mikey McClain, Dowling Catholic.....	10.33
	3A-Tanner Dunkin, Knoxville	11.03		3A-Alex Mota, Marion,	10.71
	2A-Derek Harksen, Camanche	11.20		2A-Jack Latham, Spirit Lake,	10.61
	1A-Meliek Meyer, Lynnville-Sully	11.13		1A-Liam Carlson, Tripoli,	10.82

220-YARD DASH

06	E. Turner, Grinnell	22.8	35	Robert Brown, Clinton.....	22.8
07	Carl Harris, Des Moines West	23.6	36	Bob Cowan, Waterloo, West.....	22.1
08	Elmer Ward, Ida Grove	23.2	37	Wilson Saunders, Dubuque	21.7
09	Rollo Baird, Des Moines, East.....	24.0	38	Jewell Thompson, Oskaloosa.....	22.1
10	Monroe, Cedar Rapids.....	23.4	39	Frank Kaiser, Des Moines, East	22.1
11	Charles Hoyt, Greenfield	22.8	40	Bill Garrett, Davenport	22.0
12	Charles Hoyt, Greenfield	22.4	41	Junior Franck, Davenport	23.0
13	Charles Hoyt, Greenfield	22.6	42	Harry Covey, Des Moines, Roosevelt.....	22.4
14	George Tomson, Davenport	23.2	43	Harold Lewis, Centerville	22.9
15	George Tomson, Davenport	23.4	44	Bob Ryan, Waterloo, East	22.3
16	George Rausch, Waterloo West.....	23.0	45	Bob Ryan, Waterloo, East	22.9
17	Charles Colby, Des Moines North	22.6	46	Bob Weissinger, Des Moines, Roosevelt	21.9
18	Sam Cohen, Des Moines North.....	23.4	47	Dick Atkins, Des Moines, East.....	22.0
19	Glenn "Doc" Miller, Waterloo West.....	22.8	48	A-George Nichols, Des Moines, North	22.0
20	Harold Rocho, Des Moines East	22.8		B-Willie Hunt, Guthrie Center	22.6
21	William Buirge, Mason City.....	22.9	49	A-Gary Scott, Des Moines, North	21.3
22	John "Tissy" Moore, Sioux City Central	22.8		B-Jim Harvey, Britt.....	22.4
23	John Everingham, Fort Madison.....	22.4	50	A-John Gibbons, Co Bluffs Thomas Jefferson	22.9
24	Roy Wise, Winfield.....	22.3		B-Werner Berg, Rock Rapids	23.2
25	Herbert Schell, Perry	22.4	51	A-Bob Zust, Des Moines, East	22.1
26	Gordon Lagerquist, Des Moines, East.....	22.7		B-Ray Long, Afton	21.7
27	Anton Frahm, Denison.....	22.5	52	A-Les Allen, Indianola.....	22.4
28	Raymond Burns, Mason City	22.0		B-Doug Baldwin, Jesup	22.7
29	Frank Smith, Emmetsburg.....	22.8	53	AA-Tom Jennings, Marshalltown	22.4
30	Joe Rogers, Jefferson.....	22.5		A-Bob Ash, Oelwein	23.3
31	Bernard Pull, Marshalltown.....	22.1		B-Del Kloewer, Manilla	22.8
32	Carl Nelson, Clinton.....	21.9		C-Carl Seegar, Tabor	23.3
33	Carl Nelson, Clinton.....	21.3	54	AA-Sam Bradley, Des Moines, East	22.2
34	George Robinson, Des Moines, North.....	22.1		A-Del Mourer, Oelwein	23.1

	B-Tom Burrows, Belle Plaine	23.0		A-Jerry Lenz, Cherokee, Washington	22.2
	C-Jim Merry, Primghar.....	23.5		B-Steve Hodges, Laurens	22.1
55	AA-Bill Woodhouse, Mason City	22.1		C-Lloyd Wiese, Baxter	22.9
	A-Larry Eischen, Valley, WDM	22.8	67	AA-Jim Kirby, Des Moines, North.....	21.5
	B-Tom Burrows, Belle Plaine	23.2		A-Mike Lint, Anamosa	22.4
	C-Pete Valentine, Hull	23.2		B-Gary Sanow, Marcus	21.8
56	AA-Dennis O'Brien, Des Moines, Roosevelt	21.8		C-Fran Long, Irwin	22.0
	A-Bob Brandt, Denison.....	22.5	68	AA-Roger Colglazier, Davenport Central	21.7
	B-John States, Traer	22.1		A-Bill Eich, Spirit Lake	22.8
	C-Terry Hutt, Woodward.....	22.6		B-Dave Harskamp, Sioux Center	22.2
57	AA-Jim Hutchinson, Des Moines, Tech.....	22.6		C-Keith Bell, Norwalk.....	22.4
	A-Jim Merrick, Maquoketa.....	22.8	69	AA-Bill Hansen, Clinton	21.7
	B-Tom Whitney, Aurelia	22.7		A-Mark Pilcher, Anamosa.....	22.1
	C-Dennis Wernimont, Iowa School for Deaf, CB..	23.3		B-John Dobler, Manning.....	22.9
58	AA-Jim Hutchinson, Des Moines, Tech.....	22.1		C-Thierry Boucqey, Swea City	22.1
	A-Wayne Johnson, Algona.....	22.7	70	AA-Chuck Curtis, Clinton.....	21.9
	B-Dean Hartman, Anamosa	23.5		A- Vince Leber, St Albert, Co. Bluff	22.5
	C-Paul Miller, Menlo	23.0		B-Jim Laughery, Guthrie Center.....	22.8
59	AA-Bob Kreamer, Des Moines, Roosevelt.....	21.7		C-Rick Freeburg, Pocahontas	22.3
	A-Wayne Johnson, Algona.....	22.1	71	AA-Dick Eisenlauer, Des Moines, East.....	21.4
	B-Dave Hoover, Dallas Center	23.2		A-Dan Kubik, North Tama, Traer.....	23.2
	C-Brad Bonyng, West Lyon	23.6		B-Danny Andersen, Manning	23.1
60	AA-John Cota, Mason City.....	22.1		C-Rick Freeburg, Pocahontas	22.4
	A-Dave Suntken, Belmont	23.0	72	AA-Gene Mollett, Bishop Heelan, Sioux City	22.4
	B-Dave Hoover, Dallas Center	23.0		A-Tom Dovel, Red Oak	23.0
	C-Brad Bonyng, West Lyon	23.4		B-Danny Andersen, Manning	22.8
61	AA-Dennis Obregon, Des Moines, Tech.....	22.3		C-Paul Van Briessen, George	23.1
	A-Dennis Wunsch, Greene.....	23.7	73	AA-Fred Parks, Davenport, Central	22.0
	B-Steve Kettering, Lake View-Auburn.....	22.5		A-Pat Eisenmenger, Cherokee, Washington.....	23.3
	C-Dan Travaille, Ocheyedan	23.3		B-Chris Thompson, NUH, Cedar Falls	22.5
62	AA-Clyde Duncan, Des Moines, North.....	22.3		C-Randy Yuska, LDF, LeGrand.....	23.6
	A-Paul Readhead, Corning	23.5	74	AA-Fred Parks, Davenport, Central	22.2
	B-Warren Pierce, West Branch	23.5		A-Greg Younger, Atlantic.....	23.5
	C-Bruce McDonald, Scranton.....	24.1		B-Tom Specketer, Alta	23.2
63	AA-Clyde Duncan, Des Moines, North.....	21.7		C-Phil Buffington, Titonka	22.8
	A-Harry Alley, Winterset.....	22.9	75	AA-Dan Courtney, Ottumwa.....	21.9
	B-Jon Reimer, George.....	22.4		A-Mike Shaw, Nevada	22.0
	C-Bruce McDonald, Scranton.....	22.5		B-Greg Willey, West Monona, Onawa.....	23.2
64	AA-Clyde Duncan, Des Moines, North.....	21.6		C-Craig Ohden, Wall Lake	22.5
	A-Tom Busch, Garner-Hayfield	22.7	76	AA-Greg Mick, Cedar Rapids, Kennedy.....	21.5
	B-Jack Bintz, Sutherland	22.3		A-Mike Shaw, Nevada	21.7
	C-Bruce McDonald, Scranton.....	22.2		B-John Taylor, Eddyville.....	22.2
65	AA-Jim Kirby, Des Moines, North.....	22.3		C-Vic Lochman, Alden	22.2
	A-Ron Davis, Perry.....	22.1	77	AA-Mike Jorgensen, Marshalltown.....	22.0
	B-Joe Buckwalter, Iowa City, University High	22.6		A-Bill Tanner, Eagle Grove.....	22.0
	C-Ed Long, Irwin	22.9		B-Rich Van Pelt, Panorama.....	22.6
66	AA-Jim Kirby, Des Moines, North.....	21.4		C-Harry Steele, Iowa School for Deaf, Co. Bluffs	22.9

200-METER DASH

78	AA-Owen Buckley, Sioux City, North	22.19		C-Scott Harms, Wellsburg	22.79
	A-Jody Wilson, Mount Pleasant	22.69	81	AA-Trey Jackson, Newton.....	21.64
	B-Steve Arnes, Gehlen Catholic, LeMars	22.70		A-Keith Willey, Osage.....	22.34
	C-Rick Gienau, Janesville	22.99		B-Mike Fischer, Sac City	22.42
79	AA-Jeff Flynn, Wahlert Catholic, Dubuque	22.28		C-Darren Ennis, Terril.....	22.54
	A-David Thumm, Mount Vernon.....	22.17	82	4A-Alvin Myles, Des Moines, Roosevelt.....	21.87
	B-Jeff Nielsen, Britt.....	22.00		3A-Mike Tice, Perry	22.54
	C-Scott Harms, Wellsburg	22.56		2A-Kevin Goodrich, Iowa Valley, Marengo.....	22.53
80	AA-Trey Jackson, Newton.....	21.90		1A-Kevin Fouts, Dunlap.....	22.55
	A-Kent Lester, Clarion	22.43	83	4A-David Palmer, Waterloo, Central	21.78
	B-Jeff Nielsen, Britt.....	21.78		3A-Brooks Glasnapp, Roland-Story	22.18

	2A-Kevin Goodrich, Iowa Valley, Marengo.....	22.44		2A-Mike Pope, West Burlington.....	22.54
	1A-Rick Brown, Ar-We-Va, Westside	22.68		1A-Chris McCullough, Pleasantville	22.42
84	4A-Gary Couch, Davenport, Central	21.98	99	4A-Marques Simmons, Davenport, North	22.19
	3A-Mike Tice, Perry	22.4		3A-Jerod Torrey, Centerville.....	22.16
	2A-Kendall Swanson, Clarion.....	22.9		2A-Ryan Kedley, North Cedar, Stanwood.....	22.93
	1A-Lonnie MacPeek, Gilmore City-Bradgate	22.90		1A-Zach Grimm, Iowa Mennonite School, Kalona	22.48
85	4A-Kevin Little, Ankeny	22.30	00	4A-Nik Moser, Fort Dodge	21.88
	3A-Todd Cleverly, Jefferson	22.70		3A-Matt Jens, Glenwood	22.47
	2A-Jeff Wallerich, Sigourney	22.6		2A-Mike Pope, West Burlington.....	22.18
	1A-Dorne Wiese, Baxter.....	22.4		1A-Micky Roseberry, Alburnett.....	22.48
86	4A-Kevin Little, Ankeny	21.50	01	4A-Nik Moser, Fort Dodge	21.33
	3A-Rob Wise, West Liberty	22.72		3A-Adam Haluska, Carroll	21.67
	2A-Scott Bailey, Pocahontas.....	22.38		2A-Jason Nolting, Preston-East Central.....	21.81
	1A-John Kaspers, Meservey-Thornton.....	22.39		1A-Jared Vickroy, Southeast Warren	22.18
87	4A-Willie Lacy, Davenport, West.....	21.51	02	4A-Calvin Davis, Iowa City, City	21.37
	3A-Rob Wise, West Liberty	22.38		3A-Adam Haluska, Carroll	21.56
	2A-Scott Bailey, Pocahontas.....	22.61		2A-Cody Eichmeier, AGWSR, Ackley	22.09
	1A-Brian Hovenga, Aplington	22.69		1A-Jace Dennison, Tri-County, Thornburg.....	22.17
88	4A-Kevin Monroe, Muscatine	21.81	03	4A-Andy Brodell, Ankeny.....	21.58
	3A-David Linkletter, Shenandoah.....	23.23		3A-Greg Offerman, Charles City	22.41
	2A-Dave Ellingson, Colo-Nesco	22.40		2A-Jared Van Wyk, Pella Christian	22.05
	1A-Greg Nelson, Aurelia	23.10		1A-Lee Elbert, Bishop Garrigan, Algona	21.80
89	4A-Kenny Shedd, Davenport, West	21.56	04	4A-Andy Brodell, Ankeny.....	21.62
	3A-Jamie Leonard, Dallas Center-Grimes	22.05		3A-Greg Offerman, Charles City	22.52
	2A-Bryan Kueny, Alta	22.19		2A-David Wall, West Burlington	22.36
	1A-Kevin Roth, WACO, Olds.....	22.49		1A-Derek Stephens, Lisbon.....	22.46
90	4A-Sly Brown, Davenport, Central	21.96	05	4A-Josh Webb, Cedar Falls.....	21.79
	3A-Jamie Leonard, Dallas Center-Grimes	21.98		3A-Greg Offerman, Charles City	22.07
	2A-Brad Bailey, New London	22.32		2A-Justin Bauer, Kuemper Catholic, Carroll.....	22.39
	1A-Rob Noland, Adair-Casey	22.91		1A-Nick Kuchel, Kingsley-Pierson	22.04
91	4A-Tim Dwight, Iowa City, City	22.39	06	4A-Bryan Collins, Valley, WDM.....	22.21
	3A-Scott Van Wyngarden, Knoxville	22.42		3A-Cody Baethke, Williamsburg.....	22.54
	2A-Enrique Flores, Wapello	22.38		2A-Eli Brus, Camanche (22.28 in prelims)	22.37
	1A-Andy Plumb, IKM, Manilla.....	23.00		1A-Nick Kuchel, Kingsley-Pierson (22.14 in prelims). ..	22.48
92	4A-Tim Dwight, Iowa City, City	21.59	07	4A-Jarred Herring, Burlington.....	22.21
	3A-Toby Bengfort, Denison	22.33		3A-Bryce Colston, Xavier, Cedar Rapids	22.58
	2A-Aaron Egbert, Mediapolis	22.68		2A-Kenneth Jackson, Pleasantville	22.86
	1A-Randy Thompson, CWL, Corwith	22.09		1A-Ronnie Henderson, Woodward Academy.....	22.69
93	4A-Tim Dwight, Iowa City, City	21.63	08	4A-Jarred Herring, Burlington (21.78 in prelims) ..	21.79
	3A-Doug Miller, Mount Pleasant.....	22.34		3A-Bryce Colston, Xavier, Cedar Rapids	22.68
	2A-Kirk Luense, St Ansgar	22.64		2A-Aaron Stockstell, Mid-Prairie, Wellman	21.96
	1A-Randy Thompson, CWL, Corwith	22.13		1A-Alex Feilmeier, Glidden-Ralston	22.63
94	4A-Tim Dwight, Iowa City, City	21.90	09	4A-Patrick Lewis, Xavier, Cedar Rapids	21.43
	3A-Doug Miller, Mount Pleasant.....	22.57		3A-Logan Danko, Centerville.....	21.95
	2A-Aaron Egbert, Mediapolis	22.59		2A-Brian Sandvig, St. Edmond, Fort Dodge.....	22.41
	1A-Todd Puck, Manning.....	22.39		1A-Kyle Thoreson, Alburnett	22.33
95	4A-Chad Heying, Bishop Heelan, Sioux City	22.18	10	4A-James Harrington, Cedar Falls	21.98
	3A-Jarrold Heinz, Humboldt	22.15		3A-Brandon Jasper, Central Clinton, DeWitt.....	22.86
	2A-Phil Wagner, North Fayette, West Union.....	22.78		2A-Aaron Arment, West Marshall	22.60
	1A-Todd Mundt, Treynor	22.28		1A-Tyler Tonderum, Armstrong-Ringsted	22.65
96	4A-Marshall Frazier, Bettendorf	22.12	11	4A-James Harrington, Cedar Falls	21.16
	3A-Dustin Smith, Oelwein	22.35		3A-Brandon Jasper, Central Clinton.....	22.03
	2A-Phil Wagner, North Fayette, West Union.....	22.53		2A-Aaron Arment, West Marshall	22.69
	1A-Jeff Adam, Cardinal, Eldon	21.89		1A-Bryce Maschino, Laurens-Marathon	22.77
97	4A-Jason Ringena, Iowa City, City	21.57	12	4A-James Harrington, Cedar Falls	21.52
	3A-Josh Roose, Pella	22.25		3A-Keagan Parks, Webster City.....	22.73
	2A-Tom Green, Westwood, Sloan.....	22.20		2A-Jake Floen, Unity Christian, Orange City.....	22.06
	1A-Tim Dodge, Rockwell-Swaledale	21.93		1A-Brice Sines, Pekin.....	22.78
98	4A-Quennel McCaleb, Fort Dodge	21.88	13	4A-Tavian Smith, Iowa City, West.....	21.84
	3A-Mike Mansour, Creston.....	22.33		3A-Jared Ganschow, Clear Creek-Amana	22.18

2A-Trever Ryan, OA-BCIG	22.17
1A-Nick Pittmon, East Mills	22.44
14 4A-Rico Gafford, Dowling Catholic, WDM.....	21.93
3A-Connor Ham, Solon	22.14
2A-Derek Harksen, Camanche	22.40
1A-Kyle Groeneweg, West Lyon, Inwood	22.10
15 4A-Jalen Rima, Prairie, Cedar Rapids	22.03
3A-Connor Ham, Solon	22.35
2A- Isaiah Trousil, West Burlington/N. Dame....	21.90
<i>(Trousil ran 21.76 in the prelims)</i>	
1A-Korby Sander, Belmond-Klemme	22.42
16 4A-Jalen Rima, Prairie, Cedar Rapids	21.40
3A-Eli Hicks, Boone.....	21.68
2A-Isaiah Trousil, West Burlington/N. Dame.....	21.33
1A-Bryce Achen, WACO, Wayland	22.45
17 4A-Tayshaun Cooper, Waterloo, West.....	21.72
3A-Isaiah Trousil, West Burlington/N. Dame.....	21.22
2A-Gage Clay, AHSTW.....	21.98

1A-Jack Butteris, Lisbon.....	22.32
18 4A-Bernard Bell, Jr., Ames	21.64
3A-Jorma Schwedler, Sergeant Bluff-Luton	21.72
2A-Noah Anderson, PCM, Monroe.....	21.79
1A- Rodney Schwartzhoff, South Winneshiek....	22.14
19 4A-Darien Porter, Bettendorf.....	21.76
3A-Jorma Schwedler, Sergeant Bluff-Luton	22.16
2A-Joe Stein, Spirit Lake	22.41
1A-Drake Partridge, AHSTW, Avoca.....	22.34
20 Season canceled due to COVID-19.	
21 4A-Mikey McClain, Dowling Catholic.....	21.59
3A-Brevin Doll, ADM, Adel	22.19
2A-Brayden Wollan, Underwood	21.86
1A-Kase Baker, St. Edmond, Fort Dodge	22.31
22 4A- Mikey McClain, Dowling Catholic,	20.97
3A- Brevin Doll, ADM, Adel,	21.89
2A- Qai Hussy, Spirit Lake,	21.55
1A- Keaten Bonderson, Gehlen, LeMars,	22.05

440-YARD DASH

06 Carl Harris, Des Moines West	54.6
07 Carl Harris, Des Moines West	54.4
08 Elmer Ward, Ida Grove	52.6
09 Walter Fairall, Oskaloosa	54.8
10 Charles Parsons, Iowa City	53.8
11 Charles Parsons, Iowa City	52.8
12 Archie Mellor, Des Moines West	52.8
13 Archie Mellor, Des Moines West	51.4
14 Elliott Purmort, Des Moines West.....	51.8
15 Mac Byers, Des Moines East	53.0
16 George Kelley, Newton.....	51.8
17 Walter Yarn, Des Moines, East	53.4
18 Lester Beck, Des Moines West	53.0
19 Arthur Higbee, Boone	54.0
20 Charles Brookins, Oskaloosa	52.4
21 Chan Coulter, Iowa City.....	51.4
22 Leland O'Dell, Des Moines East.....	52.2
23 John "Tissy" Moore, Sioux City Central.....	51.2
24 Leo Loftus, Cedar Rapids.....	50.4
25 George Baird, Mason City	51.3
26 Gordon Laquerquist, Des Moines, East.....	51.4
27 Anton Frahm, Denison	50.5
28 Kenneth Albee, Muscatine.....	51.0
29 Sidney Dean, Traer.....	50.5
30 Bernie Page, Newton.....	50.5
31 Wallace Brown, Paullina.....	50.5
32 Chester Pence, Keota	49.9
33 Van Phillips, Iowa City, University High.....	50.4
34 Max Howie, Creston	49.9
35 Carl Teufel, Davenport.....	51.0
36 Bill Hermann, Des Moines, East.....	51.1
37 Charles Swink, Valley Jct.	49.3
38 Melbert Beiber, Vinton	50.8
39 Robert Nicholson, Cedar Rapids, Franklin	51.6
40 Lawrence LaBarge, Anamosa	51.0

41 Pete Eckhoff, Waterloo, East.....	50.8
42 Harry Covey, Des Moines, Roosevelt.....	50.0
43 Walt Freitag, Charles City.....	52.0
44 Eric Wilson Jr., Iowa City, University	52.1
45 Phil Wright, Des Moines, Roosevelt	50.6
46 Dick Overton, Mount Pleasant.....	50.5
47 Willie Hunt, Guthrie Center	51.1
48 A-Bruce Florence, Davenport.....	51.8
B-Willie Hunt, Guthrie Center	49.9
49 A-Gary Scott, Des Moines, North	49.3
B-Jack Smallridge, Nevada	52.5
50 A-Bob Wilbur, Des Moines, North	50.1
B-Gene Mumm, DeWitt	53.3
51 A-Bob Clark, Oelwein	49.5
B-Dan Hansen, Odebolt	52.3
52 A-John Stodgell, Ottumwa.....	51.4
B-Dan Hansen, Odebolt	51.5
53 AA-Caesar Smith, Des Moines, North.....	50.7
A-Bob Ash, Oelwein	51.7
B-Francis Brownmiller, Aurelia	52.7
C-Dick Bozman, Morning Sun	52.9
54 AA-Sam Bradley, Des Moines, East	49.7
A-Del Mourer, Oelwein	52.1
B-Tom Burrows, Belle Plaine.....	52.8
C-Bill Sharp, Allerton	53.8
55 AA-Jerry Spencer, Des Moines, North	51.6
A-Dick Recknor, Creston	52.6
B-Tom Burrows, Belle Plaine.....	52.2
C-Ned Miller, Kalona.....	51.3
56 AA-Bob Covey, Ames.....	49.8
A-Junior Soper, Hampton	51.0
B-John States, Traer	51.4
C-Bill Jasper, Agency	52.2
57 AA-Bob Covey, Ames.....	49.4
A-Chuck Runge, DeWitt	51.1

	B-Larry Leinbaugh, Holstein.....	52.3		C-Fran Long, Irwin	50.8
	C-Dennis Wernimont, Iowa School for Deaf	52.6	68	AA-Roger Colglazier, Davenport Central	48.4
58	AA-Stan Scholl, Ames	50.3		A-Dave Nauman, Crestwood, Cresco	51.0
	A-Jon Shelgren, Indianola	51.3		B-Mike Della Penna, Louisa-Muscatine	52.8
	B-Ron Henninger, Tripoli.....	52.3		C-Larry Armstrong, Clarence.....	53.5
	C-Marvin Emswiler, Dunlap	52.6	69	AA-Mike Ross, Bishop Heelan, Sioux City.....	49.0
59	AA-Carl VanderWilt, Ottumwa.....	50.0		A-Steve Ryan, Ankeny	50.6
	A-Gary Richards, Corning	52.2		B-Bill Sindlinger, NUH, Cedar Falls	50.3
	B-Bob Jackson, Clinton, St Marys.....	51.4		C-Don Bristow, LuVerne	51.8
	C-Jack Rohrs, Sanborn	52.4	70	AA-Chuck Curtis, Clinton.....	48.0
60	AA-Pat Hansel, Sioux City, East	49.7		A-Ed Defenbaugh, Mount Ayr.....	49.7
	A-Gary Richards, Corning	51.6		B-Jim Laughery, Guthrie Center.....	49.7
	B-Gary Hollingsworth, English Valleys	49.0		C-Don Aanonson, Lincoln Central, Gruver	51.3
	C-Bill Knierim, Dow City.....	52.8	71	AA-Dennis Roloff, Cedar Rapids, Jefferson.....	48.6
61	AA-Creighton Fleming, Bishop Heelan, SC	49.1		A-Mike Malloy, Williamsburg	50.8
	A-Larry Arndt, Sac City.....	51.8		B-John Specker, Keota.....	52.1
	B-Ted Beesley, Monroe.....	52.5		C-Paul Laipple, New London	50.5
	C-Craig Okerberg, Marathon	50.9	72	AA-Don Adams, Washington.....	49.3
62	AA-Clyde Duncan, Des Moines, North	50.2		A-Tom Dovel, Red Oak	50.0
	A-Terry Carsten, North Scott.....	50.9		B-Danny Andersen, Manning	50.4
	B-Dennis Wolrab, Mount Vernon.....	52.4		C-Larry Hulsing, New Hartford.....	50.2
	C-Dale Weedman, Clarksville.....	51.9	73	AA-Jerome Culp, Davenport, Central.....	50.0
63	AA-Clyde Duncan, Des Moines, North	49.0		A-Tom Dovel, Red Oak	49.0
	A-Harry Alley, Winterset	51.0		B-Tom Clary, Eldora	50.3
	B-Lloyd Kolker, Gehlen Catholic, LeMars	52.5		C-Dave Seieroe, Charter Oak-Ute.....	51.1
	C-Steve Moore, Morning Sun	50.9	74	AA-Chris Bryant, Davenport, Central	49.9
64	AA-Clyde Duncan, Des Moines, North	50.0		A-Tom Dovel, Red Oak	49.2
	A-Gene Ricker, Mount Ayr	51.5		B-Tom Clary, Eldora	49.9
	B-Joe Buckwalter, Iowa City, University High	51.5		C-Darryl Triplett, Sutherland.....	51.3
	C-Kerry Conard, Winfield-Mount Union	50.7	75	AA-Roy Wigen, Spencer	49.1
65	AA-Brent Slay, Oskaloosa.....	50.5		A-Tony Nielsen, Humboldt.....	49.4
	A-Pando Marluky, Glenwood.....	52.2		B-John Thomas, Eldora.....	50.3
	B-Joe Buckwalter, Iowa City, University High	50.2		C-Brad Groosbeck, Klemme.....	50.7
	C-John Pollock, Havelock-Plover	49.7	76	AA-Andy Jensen, Davenport, Central	49.2
66	AA-Jim Kirby, Des Moines, North.....	48.3		A-Mike Norton, Anamosa	49.0
	A-Jerry Lenz, Cherokee, Washington	50.8		B-Steve Cronbaugh, Iowa Valley, Marengo	50.5
	B-Bill Mateer, Sheffield-Chapin	51.0		C-Rich Van Pelt, Panorama, Panora.....	49.8
	C-Robby O'Clair, Clay Central.....	50.5	77	AA-Jay Bradley, Cedar Falls	48.9
67	AA-Roger Colglazier, Davenport, Central	48.0		A-Doug Lang, Creston.....	50.1
	A-Paul Rogers, Central Lyon, Rock Rapids	49.9		B-Rich Van Pelt, Panorama, Panora.....	49.4
	B- Warren Johnson, West Lyon, Inwood.....	50.1		C-Tony Morris, Kanawha	49.8

400-METER DASH

78	AA-Mike Jorgensen, Marshalltown.....	49.72	3A	Brooks Glasnapp, Roland-Story	49.18
	A-Doug Lang, Creston.....	50.34	2A	Brad Bartelt, West Branch	49.68
	B-Kevin Kuchel, Kingsley-Pierson.....	48.10	1A	Barry Jacobsen, Elk Horn-Kimballton	51.11
	C-Randy Willer, Schaller	51.03	83	4A-David Palmer, Waterloo, Central	48.26
79	AA-Kim Sykes, Waterloo, East.....	47.5		3A-Brooks Glasnapp, Roland-Story	48.67
	A-David Thumm, Mount Vernon.....	49.5		2A-Brad Bartelt, West Branch	49.86
	B-Kit Ryan, Nora Springs-Rock Falls	49.0		1A-Barry Jacobsen, Elk Horn-Kimballton	49.94
	C-Scott Harms, Wellsburg	50.2	84	4A-Allen Burns, Sioux City, East	48.70
80	AA-Jeff Beelman, Fort Madison	48.37		3A-Mark Mehlberger, Marion.....	49.50
	A-Kent Anderson, Davis County, Bloomfield.....	50.11		2A-Brad Bartelt, West Branch	50.3
	B-Todd Holm, Tripoli.....	48.47		1A-Lonnie MacPeek, Gilmore City-Bradgate	50.1
	C-Scott Harms, Wellsburg	49.61	85	4A-Allen Burns, Sioux City, East	48.43
81	AA-Treye Jackson, Newton.....	48.50		3A-Pat Dankof, Shenandoah.....	51.15
	A-Keith Willey, Osage.....	49.56		2A-John Weiland, Britt.....	50.0
	B-Marc Kerscher, Central City.....	49.58		1A-Dorne Wiese, Baxter	49.4
	C-Darren Ennis, Terril.....	49.37	86	4A-Jim Turner, Marshalltown.....	48.11
82	4A-Scott Owens, Cedar Rapids, Kennedy	49.50		3A-Steve Robinson, Sumner	49.86

	2A-Kyle Christianson, NUH, Cedar Falls.....	49.49		2A-Jason Nolting, Preston-East Central.....	48.86
	1A-Brian Hovenga, Aplington	49.30		1A-Jake Nelson, Des Moines Christian.....	48.91
87	4A- Willie Lacy, Davenport, West.....	47.74	02	4A-Josh Leonard, Ankeny	48.30
	3A-Rob Wise, West Liberty	49.42		3A-Adam Haluska, Carroll	48.48
	2A-Kyle Christianson, NUH, Cedar Falls.....	49.70		2A-Jared Van Wyk, Pella Christian	48.72
	1A-Brian Hovenga, Aplington	49.86		1A-Aaron Rustad, Saint Ansgar	48.91
88	4A-Dave Knight, Ames	48.35	03	4A-Yawusa Kinda, Des Moines, Roosevelt.....	47.96
	3A-Ben Alderton, Storm Lake.....	49.06		3A-Jason Crosser, Independence	49.60
	2A-Bryan Kueny, Alta	48.92		2A-Jared Van Wyk, Pella Christian	49.23
	1A-Greg Nelson, Aurelia	49.96		1A-Dustin Rasmussen, Sidney.....	49.60
89	4A-Dave Knight, Ames	47.53	04	4A-Yawaus Kinda, Des Moines, Roosevelt.....	47.33
	3A-Darren Young, Johnston.....	50.07		3A-Billy Mousel, Bishop Heelan, Sioux City	49.18
	2A-Bryan Kueny, Alta	49.07		2A-Derek Schroeder, Durant-Bennett	49.18
	1A-Jason Barry, Woodbine	50.13		1A-Brad Schmitt, Turkey Valley, Jackson Jct....	50.59
90	4A-Dan Bell, Ottumwa	49.62	05	4A- Victor Hall, Iowa City, West	48.91
	3A-Lonnie Balmer, Knoxville	48.88		3A-Greg Offerman, Charles City	48.11
	2A-Bruce Wall, Maquoketa Valley, Delhi.....	49.97			
	1A-Matt Dull, Gehlen Catholic, LeMars	50.54		2A-Cory Goos, West Liberty.....	49.59
91	4A-John Barnett, Ames	48.30		1A-Gabe Kimpson, Griswold	49.56
	3A-Bill Betterton, Carlisle	49.60	06	4A-Zac Sandvig, Valley, WDM	48.41
	2A-Craig Heinle, LDF-SEMCO.....	49.40		3A-Cody Baethke, Williamsburg.....	49.07
	1A-Randy Richardson, Riceville.....	49.90		2A-Aaron Stockstell, Mid-Prairie, Wellman	48.54
92	4A-Jason Keese, Iowa City, City	49.11		1A-Nick Kuchel, Kingsley-Pierson	48.87
	3A-Chris Roenfeld, Glenwood	49.51	07	4A-Bryan Collins, Valley, WDM.....	48.46
	2A-Aaron Egbert, Mediapolis	49.72		3A-Tyler Nielsen, Humboldt.....	49.94
	1A-Andy Hauskins, North Kossuth, Swea City..	51.10		2A-Aaron Stockstell, Mid-Prairie, Wellman	48.30
93	4A-Jason Keese, Iowa City, City	49.61		1A-Jordan Cornilsen, Preston-East Central	48.32
	3A-Jason Bradley, Algona.....	49.48	08	4A-Kevin Dibbern, Iowa City, City	47.77
	2A-Aaron Egbert, Mediapolis	49.61		3A-Chad Rutledge, Algona.....	49.54
	1A-Randy Thompson, CWL, Corwith	49.93		2A-Aaron Stockstell, Mid-Prairie, Wellman	47.67
94	4A-Nathan Hurt, Davenport, Central	49.08		1A-Trevor Tiefenthaler, Sioux Central.....	49.94
	3A-Tony Collins, Assumption, Davenport	49.59	09	4A-Kevin Dibbern, Iowa City, City	47.77
	2A-Aaron Egbert, Mediapolis	48.78		3A-Trevor Voelker, Dallas Center-Grimes.....	48.71
	1A-Jon Judisch, Tripoli.....	48.54		2A-Brian Sandvig, St. Edmond, Fort Dodge.....	48.30
95	4A-Chad Heying, Bishop Heelan, Sioux City ..	48.91		1A-John Harris, Galva-Holstein.....	49.87
	3A-Jesse Petersen, Grinnell.....	49.04	10	4A-Kyle Dunn, Linn-Mar	48.33
	2A-Joe Kubicek, Beckman, Dyersville.....	50.11		3A-Trevor Voelker, Callas Center-Grimes.....	48.41
	1A-Todd Mundt, Treynor	49.10		2A-Ty Nortman, West Liberty	49.04
96	4A-Jason Ringena, Iowa City, City.....	48.63		1A-Dominique Fagan, NUH, Cedar Falls	49.95
	3A-Ryan Armstrong, Cherokee, Washington ..	49.88	11	4A-Kyle Dunn, Linn-Mar	47.56
	2A-Jason Katt, MOC-Floyd Valley.....	50.36		3A-Michael Malloy, Bishop Heelan, SC.....	48.34
	1A-Greg Betts, Guthrie Center	49.72		2A-Neil Flattery, St. Edmond, Fort Dodge	49.47
97	4A-Jason Ringena, Iowa City, City.....	48.73		1A-Joe Roden, West Harrison.....	48.46
	3A-Mike Mansour, Creston.....	49.98	12	4A-James Harington, Cedar Falls	48.27
	2A-Mark Boender, Pella Christian	50.39		3A-Trey Achterhoff, MOC-Floyd Valley	49.06
	1A-Greg Betts, Guthrie Center	49.72		2A- Will Teubel, Mount Vernon.....	48.82
98	4A-Aaron Foreman, CR, Washington.....	48.27		1A-Brody Eischeid, Manson Northwest Webster...	49.98
	3A-Mike Mansour, Creston.....	48.63	13	4A-Deshond Robinson, Clinton	48.71
	2A-Mike Pope, West Burlington	49.86		3A-Jared Ganschow, Clear Creek-Amana	48.57
	1A-Chris McCullough, Pleasantville	48.50		2A-Marc Huseman, Cherokee, Washington.....	49.04
99	4A-Andre Mitchell, Des Moines, Hoover	49.18		1A-Brody Eischeid, Manson Northwest Webster...	48.33
	3A-Jerod Torrey, Centerville	49.58	14	4A-Deshond Robinson, Clinton	48.66
	2A-Ryan Kedley, North Cedar, Stanwood.....	49.88		3A-Jeremy Maldonado, Fort Madison	49.28
	1A-Dustin Olson, Iowa Valley, Marengo.....	49.50		2A-Derek Harksen, Camanche.....	48.61
00	4A-Scott Vermulm, Johnston.....	48.76		1A-Austin Heitland, AGWSR, Ackley	49.36
	3A-Jeff Fedler, Mount Pleasant.....	48.91	15	4A-Jalen Rima, Prairie, Cedar Rapids	48.85
	2A-Ryan Kedley, North Cedar, Stanwood.....	47.43		3A-Will Ontiveros, Assumption, Davenport	48.82
	1A-Jake Nelson, Des Moines Christian.....	48.88		2A-Hunter Weldon, Albia	48.61
01	4A-Robby Worrels, Clinton.....	48.78		1A-Brett Prenger, Lawton-Bronson	48.47
	3A-Jeff Fedler, Mount Pleasant.....	48.36	16	4A-Jalen Rima, Prairie, Cedar Rapids	48.55

3A-JoJo Frost, Center Point-Urbana	49.02
2A-Will Seeser, Camanche	49.36
1A- Ethan Wyant, Jesup	49.56
17 4A-Darien Porter, Bettendorf	48.24
3A-JoJo Frost, Center Point-Urbana	49.07
2A-Kyle Sinnott, Albia	49.32
1A-Avery Moore, Sigourney	49.19
18 4A-Austin West, Iowa City, West	47.94
3A-Nate Kennedy, Glenwood	48.28
2A-Isaiah Wittrock, Pekin	48.93
1A-Tyler Blaha, St. Albert, Co. Bluffs	50.33
19 4A-Darien Porter, Bettendorf	46.99

3A-Jorma Schwedler, Sergeant Bluff-Luton	48.74
2A-Jagger Gourley, Mediapolis	48.75
1A-Tyson Vander Linden, Lynnville-Sully	49.66
20 Season canceled due to COVID-19.	
21 4A-TJ Tomlyanovich, Cedar Falls	47.54
3A-Elijah Morris, Washington	49.53
2A-Brayden Wollan, Underwood	47.73
1A-Trevor Sauerbrei, Wapsie Valley	50.10
22 4A- Tyrese Miller, Ankeny,	48.71
3A- Elijah Morris, Washington,	48.96
2A- Qai Hussey, Spirit Lake,	47.83
1A- Ryce Reynolds, Mount Ayr,	49.22

880-YARD RUN

06 George Bresnahan, Ida Grove	2:07.0
07 George Bresnahan, Ida Grove	2:04.8
08 Plato Redfern, Council Bluffs	2:04.2
09 Carl Leibsle, Des Moines East	2:03.4
10 Plato Redfern, Des Moines West	2:02.8
11 Volney Diltz, Des Moines North	2:04.2
12 (tie) Eugene Lighter, Rolfe & Ethan Scroggie, Des Moines West	2:04.8
13 Glenn Tenny, Des Moines West	2:02.4
14 Glenn Tenny, Des Moines West	2:03.0
15 Carl Hampton, Ottumwa	2:03.6
16 Carl Hampton, Ottumwa	2:00.0
17 Royce Harp, Newton	2:04.4
18 Junior Woods, Des Moines North	2:04.0
19 Harrison Barnes, Cedar Rapids	2:04.2
20 Harrison Barnes, Cedar Rapids	2:06.0
21 Harrison Barnes, Cedar Rapids	2:02.4
22 Roy Adkins, Grinnell	2:02.0
23 Don Yeisley, Cedar Rapids	2:01.8
24 Delano Raymond, Waterloo, East	2:01.3
25 Paul Hagedorn, Colfax	2:03.9
26 Gordon Baird, Greenfield	2:03.1
27 Lewis Nelson, Harlan	2:05.0
28 Darwin Fletcher, Alleman	2:03.2
29 Bernie Page, Newton	2:02.2
30 Thomas Thompson, Des Moines, East	1:59.7
31 Richard Bott, Keota	2:03.2
32 John Graves, Cherokee	2:00.3
33 John Graves, Cherokee	1:56.5
34 John Graves, Cherokee	1:58.4
35 Howard Oldenburg, Waterloo, West	2:02.6
36 Jack Mayer, Clinton, Lyons	2:02.2
37 Bud Bonwell, Shenandoah	2:01.2
38 Leslie Garland, Winterset	2:01.1
39 Ted Thompson, Sioux Central, Central	2:00.3
40 David Hazleton, Carroll	2:02.1
41 Lynn Frazier, Iowa City, University High	2:03.4
42 John Frye, Burlington	2:00.6
43 Charles Hopkins, Cedar Rapids, Franklin	2:01.2
44 Steve Dobbins, Cherokee, Washington	2:02.3

45 Wade Chard, Audubon	2:01.8
46 Roger Watts, Des Moines, North	2:01.8
47 Bill Conrardy, Dubuque, Loras	1:58.8
48 A-Leland Crew, Fairfield	2:01.1
B-Gunther Schnack, DeWitt	2:02.6
49 A-(Tie) Virgil Byerly, Boone & Dennis Hunt, Sibley	2:03.1
B-Bob Hansen, Odebolt	2:05.9
50 A-Bill Honnold, Winterset	2:03.0
B-Duane Grismore, Corydon	2:06.4
51 A-Ray Ball, New Hampton	2:02.5
B-Ray McConnell, Nevada	2:03.8
52 A-Bob Ash, Oelwein	2:01.4
B-Jim Hyde, Clinton, St. Mary's	2:06.8
53 AA-Charles Hancock, Boone	2:03.6
A-Bob Ash, Oelwein	2:02.0
B-Norman Poppe, DeWitt	2:06.9
C-Bob Ellwood, Elliott	2:06.0
54 AA-Harry Frazier, Des Moines, East	2:01.9
A-Jerry Walker, Marion	2:03.1
B-Allan Meyer, Sac City	2:05.5
C-Charles Van Fosson, College Springs	2:04.4
55 AA-Pete Errington, Ames	2:04.5
A-Don Pierce, Osceola	2:05.8
B-Alex Greiner, Keota	2:03.0
C-Dick Wyatt, Allerton	2:04.3
56 AA-Harry Olson, Decorah	1:59.4
A-Gary Grow, Valley, WDM	2:02.3
B-Gary Haltmeyer, Postville	2:01.2
C-John Little, West Branch	2:03.8
57 AA-Harry Olson, Decorah	2:00.0
A-John Woolson, Clarinda	1:58.8
B-Tom Ransford, Spirit Lake	2:00.9
C-Greg Dotseth, Clarence	2:05.8
58 AA-Robert Rettenmaier, Kuemper Catholic	2:00.1
A-Deryl King, Valley, WDM	1:57.7
B-James Walker, Emmetsburg	2:02.3
C-Richard Beaver, Cedar	2:05.5
59 AA-Bill Kenny, Waterloo, West	1:57.8
A-Bill Frazier, North Scott	2:00.4

	B-Mick Costigan, Buffalo Center	2:05.2		C-Curtis Hoegh, Elk Horn-Kimballton	2:06.2
	C-Bob Forde, Magnolia	2:02.1	69	AA-Fred Schafer, Clinton	1:57.2
60	AA-Pat Hansel, Sioux City, East	2:01.2		A-Lee Schreurs, Ankeny	1:58.0
	A-Bruce Stumbaugh, Monticello	2:06.5		B-Dennis McCabe, Garner-Hayfield	2:00.7
	B-Jim Thomas, Glenwood	2:03.7		C-Jim Dayton, Gilmore City-Bradgate	2:02.1
	C-Dennis Heussner, Fredericksburg	2:05.2	70	AA-Dennis Schultz, West Delaware	1:55.2
61	AA-Larry Schlotterbeck, Charles City	1:59.2		A-Lee Schreurs, Ankeny	2:03.1
	A-Tom Hale, Iowa Falls	2:03.8		B-Jeff Ocheltree, Guthrie Center	2:00.1
	B-Joe Henderson, South Page, College Springs	2:00.7		C-Dennis Mennen, Dumont	1:59.1
	C-Dave Gauger, Crestland, Early	2:03.0	71	AA-Boak Desmond, Webster City	1:56.8
62	AA-Bill Jackson, Ames	1:57.0		A-Larry Weidman, St. Albert, Co. Bluffs	2:01.3
	A-Ed Whitchelo, Maquoketa	2:01.1		B-Randy Arnold, Harris-Lake Park	1:59.8
	B-Gene Morenz, Lake View-Auburn	2:00.3		C-David Baum, Union-Whitten	2:01.9
	C-Randy Van Bogart, Fayette	2:02.6	72	AA-Bob Connell, Columbus Catholic	1:56.6
63	AA-Gus Walker, Davis County, Bloomfield	1:57.0		A-Duane Nelson, Humboldt	1:59.4
	A-Ken Koester, North Fayette, West Union	1:59.7		B-Gary Vetter, Hartley	1:57.7
	B-Bill Wells, Seymour	2:02.6		C-Bob Larson, Irwin	1:58.0
	C-Don Rinderknecht, Linn-Mar	2:04.1	73	AA-Bob Prince, Sioux City, East	1:54.8
64	AA-Ron Griffith, Valley, WDM	1:59.0		A-Ron Evans, Decorah	1:59.7
	A-Joel Wagoner, Clarinda	2:02.6		B-Brian Frevert, Greene	1:59.4
	B-Rich Snook, Seymour	2:00.5		C-Dan Hanson, Titonka	2:02.8
	C-Keith Crandall, Pomeroy	2:01.2	74	AA-Dave Korir, Cedar Rapids, Washington	1:53.9
65	AA-Steve Gerkin, Sioux City, Central	1:58.3		A-Ron Evans, Decorah	1:57.0
	A-Carl Frazier, North Scott	2:01.5		B-Doug Pooch, Britt	1:55.9
	B-Jerry O'Chesky, North Polk	2:02.7		C-Steve Bagnall, Melcher-Dallas	1:59.6
	C-Larry Sellers, Russell	2:00.8	75	AA-Dave Korir, Cedar Rapids, Washington	1:52.1
66	AA-Steve Gerkin, Sioux City, Central	1:55.3		A-Brian Darrow, Anamosa	1:57.1
	A-Mick Maddox, Cherokee, Washington	2:00.5		B-Brian Frevert, Greene	1:55.5
	B-Warren Bush, Harris-Lake Park	1:59.8		C-Tom Christensen, Ventura	1:57.2
	C-Robert Priborsky, Hinton	2:02.7	76	AA-Scott Gwin, Davenport, Central	1:53.9
67	AA-Dave Nauman, Crestwood, Cresco	1:56.5		A-Jim McGuire, Centerville	1:55.2
	A-Dan Sanders, Humboldt	1:59.6		B-Rob Barnes, Eldora	1:56.1
	B-Bob Berggren, North Polk	2:01.5		C-Dwayne Camarigg, Sanborn	1:59.2
	C-Kevin Remillard, Sioux Rapids	2:02.1	77	AA-Scott Gwin, Davenport, Central	1:53.6
68	AA-Jim McCord, Centerville	1:56.8		A-Mike Shirer, Belmond	1:56.1
	A-Pete Pettengill, Central Lyon, Rock Rapids	1:59.9		B-Mike Elliott, West Branch	1:55.4
	B-Dennis McCabe, Garner-Hayfield	2:03.1		C-John Zanker, Hamburg	1:58.8

800-METER RUN

78	AA-Ken Rose, Mason City	1:56.78	1A-Jeff Sorenson, Terril	1:58.59	
	A-Marty Kauzlarich, Centerville	1:59.01	83	4A-Bobby Soule, Bishop Heelan, SC	1:56.22
	B-Steve Greiner, Pekin	1:57.93		3A-Steve Tolk, Sheldon	1:57.74
	C-(Tie) Mitch Anderson, Meriden-Cleghorn & Charlie Dovel, Hamburg	1:59.99		2A-Mark Heid, West Branch	1:56.19
79	AA-Galen Gunnink, Sioux City, North	1:54.36		1A-Barry Jacobsen, Elk Horn-Kimballton	1:56.84
	A-Bryan Meyer, Iowa Falls	1:56.39	84	4A-Scott Brooks, Bettendorf	1:56.86
	B-Rick Dunkerson, Woodbine	1:56.4		3A-John Heyer, Estherville	1:56.92
	C-Brad Schulze, Gladbrook	1:59.68		2A-Mark Heid, West Branch	1:56.6
80	AA-Randy Barrick, Spencer	1:53.93		1A-Jeff Sorenson, Terril	1:57.3
	A-Karl Goeken, Atlantic	1:56.80	85	4A-Jeff Burris, Ames	1:54.82
	B-Craig Friederich, Postville	1:56.29		3A-Mike Irving, Regina, Iowa City	1:57.46
	C-Dan Mortensen, Radcliffe	1:58.18		2A-John Weiland, Britt	1:58.4
81	AA-Randy Barrick, Spencer	1:54.08		1A-Keith Rose, Meriden-Cleghorn	1:59.4
	A-Tim Wilson, Clarke, Osceola	1:56.20	86	4A-Brett Carney, Ames	1:55.41
	B-Dan Yegge, Buffalo Center-Rake	1:58.24		3A-Jim Mayrose, LeMars	1:56.55
	C-Pat Sweet, Coon Rapids	1:59.08		2A-Robert Cook, Regina, Iowa City	1:59.40
82	4A-Caesar Smith, DM, East	1:52.02		1A-Paul Barnhart, Gehlen Catholic, LeMars	1:58.10
	3A-Paul Groteluschen, Audubon	1:56.95	87	4A-Brett Carney, Ames	1:52.9
	2A-Mark Hudson, Britt	1:56.80		3A-Mark Negley, Clarinda	1:55.85
				2A-Tim Hanson, Montezuma	1:55.21

	1A-Brian Dahloff, Olin.....	2:00.06		1A-Brett Van Hove, North Tama, Traer.....	1:58.33
88	4A-Mark DouBrava, Urbandale	1:55.57	03	4A-Zach Brower, Valley, WDM.....	1:57.28
	3A-Troy Wilkins, Sheldon	1:58.57		3A-Dylan Davis, ADM, Adel.....	1:55.48
	2A-Travis Simpson, Dike	1:58.8		2A-Dan Peoples, Woodward-Granger.....	1:58.31
	1A-Dale Tokheim, Schaller-Crestland	1:59.83		1A-Ross Koopmans, West Sioux, Hawarden ..	1:58.20
89	4A-Bill Sattler, Clinton.....	1:55.30	04	4A-Corbin Miller, Marshalltown.....	1:54.16
	3A-Kevin Hackert, Pella	1:57.61		3A-Brett Adams, Assumption, Davenport.....	1:54.41
	2A-Lance Elliott, Montezuma	1:55.90		2A-Jake Berns, MFL, MarMac.....	1:55.46
	1A-Andy Stanislav, Woodbine	1:59.42		1A-Grant Tysdahl, Hubbard-Radcliffe	2:00.47
90	4A-Joseph Kiptanui, Indianola.....	1:50.97	05	4A-Logan Gonzales, Boone	1:54.71
	3A-Bill Myers, Sheffield-Chapin.....	2:00.71		3A-Mike Craddick, Assumption, Davenport....	1:54.26
	2A-Bruce Wall, Maquoketa Valley, Delhi.....	1:55.89		2A-Tyler Mulder, Unity Christian	1:54.79
	1A-Josh Nelsen, Elk Horn-Kimballton	1:59.49		1A-Tyler Anderson, North Iowa, Buffalo Ctr. ...	1:56.26
91	4A-Shane Leach, Muscatine	1:57.63	06	4A-Corbin Miller, Marshalltown.....	1:52.35
	3A-Pat McDermott, Shenandoah.	1:58.28		3A-Isaac Wendland, Charles City	1:55.44
	2A-Ryan Fagan, Gladbrook-Reinbeck	1:57.60		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:55.95
	1A-Tony Einertson, North Central	1:58.69		1A-Beau Dielschneider, BCLUW, Conrad.....	1:56.49
92	4A-Darin Astor, Fort Dodge	1:54.67	07	4A-Blake Irwin, Pleasant Valley.....	1:52.96
	3A-Nate Wall, Adel-DeSoto	1:55.42		3A-Isaac Wendland, Charles City	1:54.64
	2A-Phil Hasenkamp, St. Albert, Co. Bluffs	1:58.72		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:52.58
	1A-Matt Mullenix, Woodbine	1:55.56		1A-Beau Dielschneider, BCLUW, Conrad.....	1:54.04
93	4A-Josh Lohmeier, Southeast Polk.....	1:58.31	08	4A-Blake Irwin, Pleasant Valley.....	1:52.69
	3A-Nate Wall, Adel-DeSoto	1:54.58		3A-Isaac Wendland, Charles City	1:53.74
	2A-Levi Van Oort, Colfax-Mingo.....	1:56.10		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:51.17
	1A-Bryant Englemann, Albert City-Truesdale ...	1:57.52		1A-Ryan Krogmann, Northeast, Goose Lake ...	1:56.46
94	4A-D.J. Roettger, Valley, WDM.....	1:57.76	09	4A-Kyle Slaymaker, CR, Kennedy	1:54.34
	3A-Mike Stults, Knoxville	1:58.03		3A-Chad Rutledge, Algona	1:54.31
	2A-Matt Jenkins, St. Edmond, Fort Dodge.....	1:58.60		2A-Ryan Krogmann, Northeast, Goose Lake ...	1:54.62
	1A-Mark Holtkamp, Aquinas Fort Madison.....	1:57.90		1A-Anthony Lyne, Earlham.....	1:57.95
95	4A-Justin Kinard, Cedar Falls.....	1:55.68	10	4A-Brennan Davey, Indianola.....	1:52.17
	3A-Jesse Sand, Cedar Rapids, Regis.....	1:55.02		3A-Chad Rutledge, Algona	1:56.05
	2A-Clint Coberly, Denver.....	1:58.77		2A-Noah Williams, Monticello.....	1:56.18
	1A-Nic Mercer, Van Buren, Keosauqua	1:57.94		1A-Justin Meyer, Belmond-Klemme	1:58.00
96	4A-Tom Caughlan, Mason City	1:56.35	11	4A-Larry Lipscomb, Johnston.....	1:55.43
	3A-Troy Trygstad, Forest City	1:55.49		3A-Alex Baldwin, Spirit Lake Park	1:55.34
	2A-Jacob Overman, Mount Vernon.....	1:57.33		2A-Neil Flattery, St. Edmond, Fort Dodge	1:55.33
	1A-Nic Mercer, Van Buren, Keosauqua	1:58.20		1A-Taylor Huseman, Manson NW Webster ...	1:57.16
97	4A-Rob Brock, Dubuque, Senior	1:56.09	12	4A-Tyler Krpan, Indianola.....	1:55.31
	3A-Brian Oltman, Nevada	1:56.93		3A-Payton Busch, Centerville.....	1:55.50
	2A-Ryan Pence, Eldora-New Providence	1:57.50		2A-Will Tuebel, Mount Vernon.....	1:53.35
	1A-Ben Schlicher, Newman Catholic, MC.....	1:57.23		1A-Cade Cleaveland, Riverside, Oakland.....	1:56.56
98	4A-Willis Humphrey, DM, Roosevelt	1:55.39	13	4A-Timauntay Jones, CR, Jefferson	1:52.75
	3A-Josh Aldag, Denison-Schleswig	1:59.03		3A-Payton Busch, Centerville.....	1:55.43
	2A-Ryan Pence, Eldora-New Providence	1:57.41		2A-Ben Ahlrichs, Monticello.....	1:56.68
	1A-Jarid Myers, Van Buren, Keosauqua	1:59.40		1A-Beau Freeborn, North Mahaska	1:55.68
99	4A-Bobby Atkins, Des Moines, Roosevelt.....	1:56.97	14	4A-Josh Evans, Linn-Mar, Marion	1:50.98
	3A-Dave Paulsen, Waverly-Shell Rock	1:55.91		3A-Jay Wolfe, Creston.....	1:53.79
	2A-Kyle Keraus, Garner-Hayfield	1:56.95		2A-Michael Melchert, Monticello.....	1:54.87
	1A-Dan Schuknecht, Greene	1:58.33		1A-Kyle Dolecheck, Mount Ayr.....	1:59.28
00	4A-Craig Cartier, Marshalltown	1:54.31	15	4A-Ryan Schweizer, Dowling Catholic, WDM	1:53.14
	3A-Leif Kennedy, Clear Lake	1:53.80		3A-Jay Wolfe, Creston.....	1:55.18
	2A-Brad Elliott, Mount Ayr	1:57.27		2A-Nick Scheelhaase, KP/WC	1:53.32
	1A-Kevin Incorvia, Maharishi, Fairfield.....	1:55.04		1A-Kyle Dolecheck, Mount Ayr.....	1:59.23
01	4A-Jeremy Mims, Iowa City, City	1:56.21	16	4A-Ryan Schweizer, Dowling Catholic, WDM	1:50.30
	3A-Adam Hinders, Waverly-Shell Rock.....	1:58.33		3A-Wayatt Gastrost, Center Point-Urbana	1:56.27
	2A-Tedd Allen, East Marshall, LeGrand.....	1:54.83		2A-Matt Manternach, Monticello.....	1:52.77
	1A-Sean Shatava, Kingsley-Pierson	1:56.28		1A-Kyle Dolecheck, Mount Ayr.....	1:57.15
02	4A-Eric Dasso, Dubuque, Hempstead	1:57.24	17	4A-Josh Andrews, Waukee	1:54.31
	3A-Matt Niemann, Central Clinton, De Witt....	1:55.41		3A-Landon Boomsma, Iowa Falls-Alden	1:55.96
	2A-Dave Rahe, Beckman, Dyersville	1:57.77		2A-Alec Still, KP-WC	1:56.53

1A-Gable Sieperda, Central Lyon	1:55.12
18 4A-Grant Lair, Johnston	1:53.54
3A-Chase Mullenix, Atlantic	1:55.38
2A-Isaiah Wittrock, Pekin	1:55.94
1A-Riley Bauer, North Union	1:52.10
19 4A-Joe Schaefer, Johnston	1:52.96
3A-Billy Rankin, Boyden-Hull/Rock Valley	1:55.12
2A-Chase McAlister, South Central Calhoun	1:55.67
1A-Payton Maudlin, George-Little Rock	1:58.96

20 Season canceled due to COVID-19.	
21 4A-Aniey Akok, Ames	1:52.95
3A-Nate Mueller, ADM, Adel	1:54.83
2A-Brady Griebel, Bellevue	1:56.05
1A-Jason Renze, Madrid	1:56.57
22 4A- Gabe Nash, Sioux City North,	1:53.14
3A- Aidan Ramsey, Dallas Center-Grimes, ...	1:54.36
2A- Carson Houg, Des Moines Christian,	1:56.75
1A- Jayden Dickson, Earlham,	1:55.64

ONE MILE RUN

06 Claude Clemmer, Council Bluffs.....	4:49.6
07 Carl Heidt, Des Moines West	4:47.0
08 Plato Redfern, Council Bluffs.....	4:41.4
09 Plato Redfern, Des Moines West	4:44.2
10 Plato Redfern, Des Moines West	4:40.0
11 Karl Clapper, Ames.....	4:41.4
12 Glenn Tenny, Des Moines, West.....	4:40.0
13 Glenn Tenny, Des Moines, West.....	4:31.8
14 Glenn Tenny, Des Moines, West.....	4:31.4
15 Courtney Kimler, Burlington.....	4:41.4
16 John Porter, Webster City	4:35.8
17 Ken Hicks, Iowa City.....	4:38.6
18 John Monk, Fort Dodge	4:36.6
19 Hoyer Jensen, Cedar Rapids	4:45.4
20 Hoyer Jensen, Cedar Rapids	4:52.6
21 Hoyer Jensen, Cedar Rapids	4:39.0
22 Basil Irwin, Cedar Rapids	4:36.4
23 Phillip Platt, Eagle Grove	4:34.8
24 Wallace Elliott, Iowa City	4:38.5
25 Irwin Richardson, Greenfield	4:42.5
26 Ed Stevens, Eagle Grove	4:35.1
27 Byron Turner, Anita.....	4:29.4
28 Harrison Kohl, Mason City.....	4:39.9
29 Clifford Douglas, Waterloo, East	4:34.2
30 Hugh Smith, Hawarden	4:35.6
31 Herschel Morris, Kanawha	4:38.4
32 Mathew Bolsem, Oskaloosa	4:32.9
33 John Green, Algona.....	4:31.8
34 Jim Lyle, Des Moines, North.....	4:34.0
35 Dick Anderson, Co. Bluffs, Abraham Lincoln ...	4:36.2
36 Donald Krahmer, Estherville.....	4:37.0
37 Wallace Gates, Waterloo, West.....	4:35.1
38 Dean Rasmus, Garner.....	4:30.5
39 Wilbur Rainsburger, Marshalltown.....	4:31.2
40 Ray Dilley, Des Moines, East	4:35.4
41 John Baxter, Davenport.....	4:34.5
42 John Baxter, Davenport.....	4:32.0
43 Bill Chappell, Des Moines, East	4:35.9
44 Ernie Hill, Davenport.....	4:30.8
45 Paul Sloan, Des Moines, East	4:32.3
46 Bill Bye, Odebolt.	4:33.2
47 Dean Pieper, Clinton.....	4:21.8
48 A-Ocie Trimble, Cedar Rapids, Roosevelt	4:28.5
B-Ken Beeghley, Aurelia	4:32.0
49 A-Ocie Trimble, Cedar Rapids, Roosevelt	4:33.9

B-Ken Beeghley, Aurelia	4:37.9
50 A-John Williams, Cedar Rapids, Franklin	4:37.6
B-Ray McConnell, Nevada	4:39.5
51 A-Lee Kane, Fairfield.....	4:39.2
B-Ray McConnell, Nevada	4:40.2
52 A-Ron Jackson, CB, Abraham Lincoln	4:35.7
B-Wayne Everman, Postville	4:39.0
53 AA-Tom Miller, Sioux City, East	4:35.8
A-Jerry Walker, Marion.....	4:32.0
B-Wayne Everman, Postville	4:35.7
C-Bob Elwood, Elliott.....	4:36.7
54 AA-Cliff Cushman, Ames.....	4:27.5
A-Jerry Walker, Marion.....	4:30.1
B-Ken Bales, Sigourney	4:33.9
C-Bob Elwood, Elliott.....	4:32.7
55 AA-John Darby, Des Moines, Roosevelt.....	4:46.4
A-Marvin Hite, Vinton.....	4:49.7
B-Gary Haltmeyer, Postville	4:33.7
C-Lyle Shires, Elliott	4:32.0
56 AA-Jack Hill, Davenport	4:25.6
A-Dave Drew, DeWitt	4:29.3
B-Al Harberts, Grundy Center	4:35.1
C-Lyle Shires, Elliott	4:34.5
57 AA-Harry Olson, Decorah.....	4:30.0
A-Deryl King, Valley, WDM.....	4:40.3
B-Ken Fearing, Wapello	4:34.3
C-Harlan Milliken, Hedrick	4:33.1
58 AA-Ralph Trimble, Cedar Rapids, Jefferson ...	4:25.0
A-Deryl King, Valley, WDM.....	4:28.1
B-Chris Youngbear, Tama	4:36.3
C-Kenneth Merry, Primghar.....	4:35.0
59 AA-Ralph Trimble, Cedar Rapids, Jefferson ...	4:21.1
A-Larry Kramer, Belmond.....	4:27.6
B-Gary Fischer, Miles	4:37.2
C-Ray Miller, Menlo	4:35.9
60 AA-Blaine Zenor, Ames	4:30.2
A-Larry Kramer, Belmond.....	4:29.6
B-Joe Henderson, South Page, College Springs ...	4:32.0
C-Earl Hanselmann, LuVerne.....	4:42.1
61 AA-Steve Miller, Marion.....	4:29.2
A-Dick Rohlf, North Scott.....	4:37.8
B-Joe Henderson, South Page, College Springs ...	4:22.2
C-Bruce Calder, Bayard.....	4:35.2
62 AA-Bill Jackson, Ames	4:25.2
A-Ed Eneboe, West Sioux, Hawarden	4:31.9

	B-Brian Kuhlman, Charter Oak-Ute.....	4:31.6		A-Chuck Cassel, Bishop Garrigan, Algona	4:21.8
	C-Tom Tiernan, Allison-Bristow	4:40.6		B-John Schall, Clinton St. Mary's	4:26.7
63	AA-Bob Rowell, Ames	4:22.3		C-Curt Hoegh, Elk Horn-Kimballton.....	4:35.2
	A-Ken Koester, North Fayette, West Union	4:31.0	71	AA-Mike Burke, Columbus Cath., Waterloo	4:22.3
	B-Bill Wells, Seymour	4:31.6		A-Chuck Cassel, Bishop Garrigan, Algona	4:22.9
	C-Tom Tiernan, Allison-Bristow	4:40.5		B-Larry Irvin, Riceville.....	4:30.4
64	AA-Rollie Kitt, Kuemper Catholic, Carroll.....	4:27.0		C-Dave Cummins, Ringsted	4:33.5
	A-Ron Jones, Red Oak	4:36.8	72	AA-Gregg Newell, Davenport, Central	4:16.4
	B-Dennis Reed, Anita	4:20.1		A-Duane Nelson, Humboldt.....	4:31.8
	C-Tom Tiernan, Allison-Bristow	4:24.9		B-Terry Hiebert, Central City	4:29.5
65	AA-Dave Compton, Sioux City, Central	4:23.2		C-Rod Rieken, Central Webster	4:24.7
	A-Steve Cornelius, Independence.....	4:40.1	73	AA-Jeff Myers, Davenport West.....	4:23.5
	B-Tom Denny, Anita	4:32.1		A-Randy Wilson, Knoxville	4:22.6
	C-Larry Sellers, Russell.....	4:22.7		B-Mike Hildreth, Rockwell City	4:33.4
66	AA-Doug Smith, Sioux City, Central.....	4:18.7		C-Rod Rieken, Central Webster	4:27.7
	A-Steve Mandaville, Cherokee.....	4:29.6	74	AA-Jeff Myers, Davenport West.....	4:20.0
	B-Warren Bush, Harris-Lake Park.....	4:25.2		A-Joel Moeller, Central Clinton, DeWitt.....	4:19.2
	C-Jerome Howe, Treynor	4:31.8		B-Keith Whitham, Holstein.....	4:25.4
67	AA-Doug Smith, Sioux City, Central.....	4:14.5		C-Dan Nagel, Dike	4:29.7
	A-Dennis Modracek, Prairie, Cedar Rapids	4:18.6	75	AA-Joe Burke, Columbus Catholic.....	4:13.8
	B-Darrell Patterson, Sioux City, Trinity.....	4:31.9		A-Rick McKean, Missouri Valley.....	4:24.8
	C-Jerome Howe, Treynor	4:21.0		B-Joe Strohman, English Valleys	4:25.7
68	AA-Doug Smith, Sioux City, Central.....	4:22.6		C-Pete Stevenson, Meriden-Cleghorn.....	4:25.9
	A-Dan Sanders, Humboldt	4:23.2	76	AA-Ed DeLashmutt, Fort Madison	4:14.5
	B-Dennis McCabe, Garner-Hayfield.....	4:41.0		A-Rick McKean, Missouri Valley.....	4:23.9
	C-Jerome Howe, Treynor	4:40.1		B-Greg Glass, Sac City	4:21.2
69	AA-Dave Krantz, Columbus Catholic	4:22.9		C-Dwayne Camarigg, Sanborn.....	4:27.9
	A-Mark Aschin, Decorah	4:24.9	77	AA-Jon Mathiason, Fort Madison	4:15.1
	B-Dennis McCabe, Garner-Hayfield.....	4:25.0		A-Rick McKean, Missouri Valley.....	4:21.4
	C-Mike Cassaday, Miles.....	4:26.5		B-Rex Karamitros, Newman Catholic.....	4:20.1
70	AA-Dave Krantz, Columbus Cath., Waterloo	4:18.0		C-Tim Henrickson, Lincoln Central, Gruver.....	4:31.2

1600-METER RUN

78	AA-Mike Diment, Des Moines, Hoover.....	4:16.93		1A-Randy Thein, Fredericksburg.....	4:27.5
	A-Tim Mueting, Denison.....	4:17.93	85	4A-Jeff Koos, Bettendorf	4:17.30
	B-Jon Betz, North Polk	4:17.09		3A-Mike Irving, Regina, Iowa City	4:21.30
	C-Mike Ford, LDF, LeGrand	4:29.36		2A-Jeff Hammons, Iowa Valley, Marengo	4:27.7
79	AA-Todd Peverill, Waterloo, East.....	4:13.65		1A-John McMurry, Seymour.....	4:33.7
	A-Jim Zinnel, Algona	4:18.28	86	4A-Mike Holms, Valley, WDM	4:15.88
	B-Steve Greiner, Pekin.....	4:24.98		3A-Kent Koth, Perry.....	4:25.98
	C-Mike Ford, Gilmore City-Bradgate	4:31.15		2A-Trent Timson, NUH, Cedar Falls	4:21.38
80	AA-John Riley, Cedar Rapids, Washington	4:18.72		1A-Paul Barnhart, Gehlen Catholic, LeMars	4:20.35
	A-Kirk Woltman, Cherokee, Washington.....	4:21.34	87	4A-Darrin Rippey, Des Moines, Lincoln	4:15.56
	B-Mike Martin, Sac City.....	4:25.60		3A-Mark Brown, Grinnell	4:22.59
	C-Bob McGee, Aquinas, Fort Madison	4:32.67		2A-Carl Schipfmann, Springville.....	4:19.57
81	AA-Doug O'Brien, Bishop Heelan, SC	4:17.79		1A-Kent Keith, Cedar Valley.....	4:28.98
	A-Tim Wilson, Clarke, Osceola	4:23.49	88	4A-Glenn Lomenick, Iowa City, City	4:21.33
	B-Jeff VanderBerg, Sioux Center	4:23.78		3A-Matt Lindaman, Humboldt.....	4:24.85
	C-Dave Groth, Green Mountain.....	4:30.47		2A-Robert Cook, Regina, Iowa City	4:23.40
82	4A-Bobby Soule, Bishop Heelan, SC	4:21.44		1A-Marty Green, Ruthven-Ayrshire	4:22.02
	3A-Dan Waters, Albia.....	4:22.15	89	4A-Doug Koon, Des Moines, Hoover	4:17.97
	2A-Jeff VanderBerg, Sioux Center	4:22.44		3A-Chad Nedved, Garner-Hayfield	4:22.68
	1A-Jim Boggess, Villisca	4:32.51		2A-Lance Elliott, Montezuma.....	4:16.99
83	4A-Bobby Soule, Bishop Heelan, SC	4:15.57		1A-Chad Flynn, Calamus-Wheatland.....	4:24.49
	3A-John Enright, LeMars.....	4:22.67	90	4A-Dean Colony, Iowa City, West	4:22.42
	2A-John Amalon, Clear Creek.....	4:30.32		3A-Andy Kauder, Cascade	4:25.46
	1A-Rick Zarkos, Woodbury Central, Merville.....	4:27.61		2A-Denny Halligan, West Sioux, Hawarden.....	4:23.92
84	4A-Jim Garrison, Indianola.....	4:19.55		1A-Lance Mayfield, Clarence-Lowden	4:26.53
	3A-Mike Irving, Regina, Iowa City	4:20.86	91	4A-Pete Simons, Iowa City, City	4:25.51
	2A-Trent Timson, NUH, Cedar Falls	4:24.4		3A-Doug Michel, Cherokee, Washington	4:22.02

	2A-Phil Hasenkamp, St. Albert, CB.....	4:24.86		2A- Dana Schmidt, Grundy Center.....	4:28.66
	1A-Tony Einertson, North Central, Manly.....	4:28.07		1A- Cody Dreyer, Central Elkader.....	4:28.70
92	4A-Roba Bati, Iowa City, West.....	4:20.08	07	4A-Stephen Dak, Marshalltown.....	4:16.92
	3A-Doug Michel, Cherokee, Washington.....	4:24.63		3A-Isaac Wendland, Charles City.....	4:27.00
	2A-Phil Hasenkamp, St. Albert, CB.....	4:28.18		2A-Dana Schmidt, Grundy Center.....	4:25.88
	1A-Matt Mullenix, Woodbine.....	4:24.99		1A-Nick Gallagher, Bedford.....	4:26.74
93	4A-Roba Bati, Iowa City, West.....	4:21.07	08	4A-Blake Irwin, Pleasant Valley.....	4:21.36
	3A-Mark Sundet, Algona.....	4:18.72		3A-Isaac Wendland, Charles City.....	4:22.06
	2A-Phil Hasenkamp, St. Albert, CB.....	4:25.80		2A-Nathan Dotterweich, Monticello.....	4:23.73
	1A-Bill Blay, Griswold.....	4:23.42		1A-David Nielsen, NUH, Cedar Falls.....	4:30.57
94	4A-Jeff Stiles, Ames.....	4:20.90	09	4A-Omet Kak, Des Moines North.....	4:14.43
	3A-Gary Flugum, Forest City.....	4:24.50		3A-Brett Egan, Waukon.....	4:17.42
	2A-Brent MacLagan, Jefferson-Scranton.....	4:28.10		2A-Eric Thein, Tipton.....	4:21.50
	1A-Marty Dalton, Tri-Center, Neola.....	4:27.35		1A-Conner Smock, Lisbon.....	4:30.65
95	4A-Nolan Speichinger, Sioux City, East.....	4:19.04	10	4A-Andrew Swanson, Pleasant Valley.....	4:23.23
	3A-Jon Lindaman, Humboldt.....	4:22.55		3A-Brogan Austin, Boone.....	4:20.77
	2A-Matt Gabrielson, Belmond-Klemme.....	4:26.67		2A-Sam Chaney, Columbus, Columbus Jct. ...	4:30.30
	1A-Ryan Harms, Gladbrook-Reinbeck.....	4:26.01		1A-Conner Smock, Lisbon.....	4:26.82
96	4A-Rob Brock, Dubuque, Senior.....	4:16.50	11	4A-Kevin Lewis, Ottumwa.....	4:14.20
	3A-Troy Trygstad, Forest City.....	4:25.22		3A-Ryan McMahon, Algona.....	4:19.59
	2A-Matt Gabrielson, Belmond-Klemme.....	4:18.79		2A-Nate Kolacia, St. Edmond, Fort Dodge....	4:26.31
	1A-Jake Munger, West Central, Maynard.....	4:27.41		1A-Taylor Huseman, Manson-NW Webster...	4:22.97
97	4A-Tom Caughlan, Mason City.....	4:15.85	12	4A-Matt Butler, Bettendorf.....	4:18.92
	3A-Dan Reis, So. Winneshiek-Turkey Valley ..	4:25.46		3A-Lukas Mees, Marion.....	4:24.06
	2A-Ryan Pence, Eldora-New Providence.....	4:24.84		2A-Bennett Moser, Wapello.....	4:27.18
	1A-Jake Munger, West Central, Maynard.....	4:22.18		1A-Conner Smock, Lisbon.....	4:26.13
98	4A-Shaun Allen, Fort Madison.....	4:19.83	13	4A-Jason Thomas, Dowling Catholic, WDM ..	4:10.14
	3A-Blake Bolden, Clarke, Osceola.....	4:27.00		3A-Chandler Austin, Boone.....	4:15.65
	2A-Ryan Pence, Eldora-New Providence.....	4:21.49		2A-Michael Melchert, Monticello.....	4:26.32
	1A-Joel Sullivan, Woodbine.....	4:24.09		1A-Austin Springsteen, Lisbon.....	4:31.14
99	4A-Chris Francois, Davenport, North.....	4:16.68	14	4A-Josh Evans, Linn-Mar, Marion.....	4:06.32
	3A-Steve Larson, Xavier, Cedar Rapids.....	4:21.76		3A-Chandler Austin, Boone.....	4:20.65
	2A-Adam Sundall, Bishop Garrigan, Algona ...	4:23.75		2A-Tim Rose, South Hardin.....	4:20.90
	1A-Brett Bacan, St Mary's, Remsen.....	4:26.07		1A-Noah Larsen, Mount Ayr.....	4:34.61
00	4A-Chris Jones, Iowa City, West.....	4:19.70	15	4A-Ryan Schweizer, Dowling Catholic, WDM	4:17.66
	3A-Ben Hauge, Forest City.....	4:20.85		3A-Thomas Pollard, Gilbert.....	4:15.65
	2A-Daniel Baumhover, Roland-Story.....	4:25.60		2A-Eric Lenz, Tipton.....	4:18.47
	1A-Toby Franks, Essex.....	4:22.45		1A-Ryan Izer, Turkey Valley.....	4:28.35
01	4A-Chris Jones, Iowa City, West.....	4:20.03	16	4A-Ryan Schweizer, Dowling Catholic, WDM	4:14.70
	3A-Dylan Davis, ADM, Adel.....	4:24.19		3A-Myles Bach, Marion.....	4:29.89
	2A-Nic Gieselman, West Burlington.....	4:26.05		2A-Matt Manternach, Monticello.....	4:21.36
	1A-Matt McCue, Regina, Iowa City.....	4:27.88		1A-Riley Bauer, North Union.....	4:25.95
02	4A-Dan Taylor, Fort Dodge.....	4:16.72	17	4A-Ryan Murphy, Linn-Mar, Marion.....	4:15.36
	3A-Dylan Davis, ADM, Adel.....	4:21.54		3A-Myles Bach, Marion.....	4:25.12
	2A-Aaron Hamilton, Eagle Grove.....	4:23.16		2A-Andrew Stumbo, Ogden.....	4:25.26
	1A-Jon Reis, Turkey Valley.....	4:29.77		1A-Riley Bauer, North Union.....	4:18.43
03	4A-Andy Hodge, Linn-Mar.....	4:22.24	18	4A-Camden Cox, Ankeny Centennial.....	4:18.36
	3A-Dylan Davis, ADM, Adel.....	4:18.49		3A-Jeremy Fopma, Marion.....	4:17.66
	2A-Aaron Hamilton, Eagle Grove.....	4:23.96		2A-Logan Peters, South Hamilton.....	4:23.15
	1A-Drew Wilson, Stanton.....	4:30.21		1A-Gable Sieperda, Central Lyon.....	4:13.78
04	4A-Colin Swaney, Iowa City, City.....	4:19.21	19	4A-Tim Sindt, Ankeny.....	4:20.95
	3A-Brett Adams, Assumption, Davenport.....	4:15.99		3A-Trey Engen, Algona.....	4:24.83
	2A-Jake Berns, MFL, MarMac.....	4:23.68		2A-Reece Smith, Garner-Hayfield-Ventura ...	4:17.82
	1A-Luke Yoder, Iowa Mennonite School.....	4:30.32		1A-Joe Anderson, George-Little Rock.....	4:34.81
05	4A-Logan Gonzales, Boone.....	4:16.26	20	Season canceled due to COVID-19.	
	3A-Isaac Wendland, Charles City.....	4:24.33	21	4A-Bo Gryp, Iowa City, Liberty.....	4:19.02
	2A-Josh Bader, Monticello.....	4:30.87		3A-Nate Mueller, ADM, Adel.....	4:16.70
	1A-Cody Dreyer, Central Elkader.....	4:29.19		2A-Brady Griebel, Bellevue.....	4:22.57
06	4A- Stephen Dak, Marshalltown.....	4:17.92		1A-Jason Renze, Madrid.....	4:24.40
	3A- Isaac Wendland, Charles City.....	4:25.33	22	4A- Jackson Heidesch, Dowling Catholic,	4:07.30

3A- Aidan Ramsey, Dallas Center Grimes, ...4:15.24
2A- Aaron Fynaardt, Des Moines Christian, ..4:20.63

1A- Riley Witt, Saint Ansgar,4:21.09

TWO-MILE RUN

68 AA- Lynn Lee, Mason City9:42.4	73 AA- Mark Johnson, Mason City.....9:13.9
A- Loren Moe, Tipton.....9:57.7	A- Frank Richardson, Sac City9:35.3
B- Rick O'Rourke, Villisca10:34.7	B- Jack Wilkinson, NUH, Cedar Falls.....9:46.9
C- Gary Nedved, Pocahontas.....10:22.3	C- Mark Hughes, Delwood.....9:45.9
69 AA- Steve Nordenson, Des Moines, Lincoln.....9:41.9	74 AA- Jim Eicken, Davenport, Central.....8:58.8
A- Dennis Ellingson, Decorah9:59.5	A- Mike Cregeen, Clarinda9:20.3
B- Rick O'Rourke, Villisca10:05.0	B- Doug Graves, Boyden-Hull9:43.0
C- Steve Seamer, Miles.....10:01.8	C- Mark Hughes, Delwood.....9:36.8
70 AA- Rich Twedt, Des Moines, Hoover.....9:37.5	75 AA- Jim Eicken, Davenport, Central.....9:10.0
A- Lowell Tesch, St. Ansgar9:46.2	A- Perry Stannard, Washington.....9:40.7
B- Steve Sundell, Odebolt Arthur10:01.0	B- Doug Graves, Boyden-Hull9:57.7
C- Steve Seamer, Miles.....10:00.7	C- Mark Hughes, Delwood.....9:50.5
71 AA- Mark Johnson, Mason City.....9:37.9	76 AA- Randy Jackson, Iowa City, City.....9:00.2
A- Scott Larson, St. Edmond, Fort Dodge.....10:03.2	A- Tim Holton, Cherokee, Washington.....9:37.2
B- Mark Skahill, Villisca10:01.8	B- Jim Hansen, Dike.....9:36.3
C- Phil Coppess, Oxford Jct10:16.4	C- Scott Maguire, Treynor10:40.0
72 AA- Leo Meade, Mount Pleasant9:41.2	77 AA- Ken Buesing, Davenport, West.....9:26.1
A- Ron Reding, Garrigan, Algona.....10:03.0	A- Tim Holton, Cherokee, Washington.....9:32.4
B- Mark Skahill, Villisca9:52.8	B- Jim Hansen, Dike.....9:38.0
C- Phil Coppess, Oxford Jct9:45.1	C- Scott Maguire, Treynor9:47.4

3200-METER RUN

78 AA- Charlie Mosbrucker, Fort Dodge9:30.43	3A- Tom Penningroth, Tipton9:22.21
A- Wally Duffy, Shenandoah9:20.10	2A- Jeff Hammons, Iowa Valley, Marengo9:33.2
B- Shawn Cogley, Colfax9:25.48	1A- John McMurry, Seymour.....9:53.6
C- Tom Peacher, Cardinal Stritch, Keokuk.....9:56.74	86 4A- Tony Proctor, Burlington9:32.72
79 AA- Curt Spears, Fort Madison9:28.80	3A- Dean Hemeseth, South Winneshiek9:36.38
A- Wally Duffy, Shenandoah9:07.06	2A- Trent Timson, NUH, Cedar Falls9:26.44
B- Craig Harms, Laurens-Marathon9:30.50	1A- Paul Barnhart, Gehlen Catholic9:18.22
C- Tom Peacher, Cardinal Stritch, Keokuk.....9:56.60	87 4A- Darrin Rippey, Des Moines, Lincoln9:23.73
80 AA- Geoff Griffiths, Ames9:22.88	3A- Greg Brower, Red Oak9:46.91
A- Bill Kerkaert, Sheldon9:22.88	2A- Carl Schipfmann, Springville.....9:37.6
B- Brian Carter, Charter Oak-Ute9:54.88	1A- Ed Rolling, Bancroft, St. John9:43.9
C- Darwin Penning, LuVerne.....10:04.30	88 4A- Jeff Short, Cedar Falls9:24.78
81 AA- Jeff Jacobs, Clinton9:10.34	3A- Matt Lindaman, Humboldt.....9:31.89
A- Tim Wilson, Clarke, Osceola9:31.66	2A- Mark Hammons, Iowa Valley, Marengo....9:37.27
B- Paul Muench, Belle Plaine9:41.36	1A- Ed Rolling, Bancroft, Saint John9:36.08
C- Jeff Fee, Melcher-Dallas9:46.46	89 4A- Doug Koon, Des Moines, Hoover9:23.3
82 4A- Justin Garcia, Dowling Catholic, WDM.....9:29.53	3A- Troy Hollatz, Clear Lake9:32.09
3A- Bill Kerkaert, Sheldon9:27.84	2A- Mark Hammons, Iowa Valley, Marengo....9:20.42
2A- Paul Muench, Belle Plaine9:37.92	1A- Chad Flynn, Calamus-Wheatland.....9:46.37
1A- Jim Boggess, Villisca9:50.00	90 4A- Pete Simons, Iowa City, City9:30.77
83 4A- Michael Lee, CB, Abraham Lincoln9:25.60	3A- Troy Hollatz, Clear Lake9:28.56
3A- Tom Penningroth, Tipton9:38.71	2A- Denny Halligan, West Sioux, Hawarden...9:27.17
2A- Lonnie Minor, BGM, Brooklyn.....9:57.84	1A- Travis Beyer, North Mahaska9:46.41
1A- Jim Boggess, Villisca9:50.12	91 4A- Jonathan Estabrook, Muscatine9:33.40
84 4A- Steve Hunter, Bettendorf9:30.98	3A- Todd Henecke, Prairie, Cedar Rapids9:31.70
3A- Dan Hostager, Audubon9:27.26	2A- Chet Reinking, West Sioux, Hawarden....9:41.50
2A- Trent Timson, NUH, Cedar Falls9:32.3	1A- Greg Sitzmann, Gehlen Catholic9:55.90
1A- Ron Wetrich, Earlham.....9:41.3	92 4A- Roba Bati, Iowa City, West9:30.88
85 4A- Mike Holms, Valley, WDM9:20.78	3A- Kyle Kepler, Webster City.....9:39.00

120-YARD HIGH HURDLES (42 inches)

06	Dan Simmons, Ida Grove	16.6	21	Morgan Taylor, Sioux City Central.....	16.0
07	Henry Kinzer, Ida Grove	16.8	22	Edwin Beebee, Hampton	16.2
08	Andrew Hammitt, Des Moines West.....	17.2	23	Wayne Ferris, Hampton	16.2
09	Alvin Hammitt, Des Moines, West	16.8	24	Frank Cuhel, Cedar Rapids	15.3
10	Paul Hoerlien, Iowa City	17.0	25	Werner Taylor, Sioux City.....	15.5
11	Harry McHenry, Des Moines West	16.4	26	Vane Snorf, Des Moines, Roosevelt.....	15.6
12	Charles Hoyt, Greenfield	16.2	27	John Beckner, Clarinda	16.1
13	Marcus Dubel, Sioux City	16.4	28	Graham Moulton, CB, Abraham Lincoln.....	16.1
14	Theodore Packer, Marshalltown.....	16.2	29	Graham Moulton, CB, Abraham Lincoln.....	15.8
15	Theodore Packer, Marshalltown.....	16.4	30	Leonard Kenney, Mason City	15.6
16	Theodore Packer, Marshalltown.....	16.2	31	Mike Layden, Davenport.....	15.4
17	Harold Crawford, Hampton	16.8	32	Dick Crayne, Fairfield	16.0
18	Lester Belding, Mason City.....	16.4	33	Jack Parker, Lamoni	15.7
19	Harold Crawford, Mason City	16.2	34	Bushnell Lamb, Newton.....	15.8
20	Charles Brookins, Oskaloosa	16.4			

120-YARD HIGH HURDLES (39 inches)

35	Russ Parsons, Davenport.....	15.7	B-Bob Clark, Coon Rapids	15.9	
36	Albert Munsell, Des Moines, East.....	14.9	C-Ron Walter, Farragut	15.8	
37	Henry Vollenweider, Dubuque	15.2	58	AA-Jim Streeby, Ottumwa	14.5
38	Jack Hamilton, Sac City.....	15.2	A-Darrell Morehouse, Clear Lake	15.1	
39	Norman Pullman, Sidney	15.4	B-Allen Youngbear, Tama	15.9	
40	Russ Ferguson, Cedar Rapids, McKinley.....	14.8	C-Bill Maas, Sutherland	16.4	
41	Romaine Woodward, Ames	15.3	59	AA-John Haberle, Cedar Rapids, Jefferson	14.9
42	Fred Eno, Villisca.....	14.9	A-Frank Bindel, Winterset.....	15.2	
43	Fred Eno, Villisca.....	14.8	B-Bob Pingel, Aurelia	15.2	
44	Jack Nygaard, Atlantic	15.2	C-Norm Johnson, Coin	15.9	
45	Wallace Grant, Decorah	15.8	60	AA-Eliger Robinson, Waterloo, East	14.3
46	Bob Brown, Fort Dodge	15.4	A-Jack Henderson, Perry	15.4	
47	Bob Brown, Fort Dodge	15.2	B-Fred Cooper, Iowa City, University High.....	15.2	
48	A-Jerry Moorehead, Des Moines, Roosevelt	14.8	C-Bob Ackles, Allerton.....	16.6	
	B-Don Swartzendruber, Wellman.....	15.1	61	AA-Norm Taylor, Des Moines, Tech	14.9
49	A-Ted Graves, Cherokee	14.9	A-John Fletcher, Clarion	15.2	
	B-Don Swartzendruber, Wellman.....	16.4	B-Gene Zmolek, Traer.....	15.7	
50	A-Ray Kaiser, Des Moines, East.....	15.0	C-Larry Lenz, Ar-We-Va, Westside	15.3	
	B-Tom Reynolds, Odebolt	15.9	62	AA-Gary Osborn, Winterset.....	14.6
51	A-Bob Hansen, Clinton	14.7	A-John Adams, Missouri Valley.....	14.9	
	B-Les Stevens, Lovilia	15.4	B-Rolland Heim, BCLUW, Conrad	15.7	
52	A-Jim Canine, Des Moines, Roosevelt	15.1	C-Larry Leonard, Solon	15.6	
	B-Les Stevens, Lovilia	15.1	63	AA-Jack Carter, Des Moines, North	14.6
53	AA-Ken Ploen, Clinton.....	15.0	A-John Adams, Missouri Valley.....	14.6	
	A-Tom Ecker, Waverly.....	15.0	B-Jon Reimer, George.....	15.2	
	B-Boyd Mayberry, Sac City	15.4	C-Duane VanWyk, Prairie City	15.6	
	C-Ted Harvey, Toledo Juvenile Home	15.8	64	AA-John Dvorak, Cedar Rapids, Washington	14.4
54	AA-Harry Lockman, Fort Dodge	15.1	A-Rick Defenbaugh, Mount Ayr.....	14.9	
	A-Harry Barr, Clarinda	15.5	B-Larry Driscoll, Emmetsburg.....	15.3	
	B-Jerry Willey, Osage	16.1	C-Bruce Abrams, Meservey-Thornton	15.4	
	C-Ted Harvey, Toledo Juvenile	15.6	65	AA-John Dvorak, Cedar Rapids, Washington	14.2
55	AA-Bill Orris, Des Moines, East	15.6	A-Ken Tilton, Humboldt	15.3	
	A-Larry Sabus, Carroll	16.7	B-Dennis Fertig, Woodbury Central, Merville	15.5	
	B-Gordon Rolph, Onawa	15.5	C-Bruce Abrams, Meservey-Thornton	15.2	
	C- Walt Pohl, Bayard	16.3	66	AA-Jim Klindt, Davenport, West.....	14.6
56	AA-Bill Orris, Des Moines, East	14.7	A-Tom Graves, Cherokee.....	14.6	
	A-Jim Jacobs, Harlan	15.7	B-Dennis Fertig, Woodbury Central, Merville	15.4	
	B-George Phelps, Kingsley	15.0	C-Larry Pretz, Miles	16.3	
	C-Kent Kerns, Rolfe.....	15.6	67	AA-Jock Johnson, Des Moines, East	14.2
57	AA-Bob Okerstrom, Mason City	15.0	A-Tom Graves, Cherokee.....	14.5	
	A-Jim Duffas, Pella	16.0	B-Bill Michael, Akron	14.6	

	C-Eugene Zoske, Hubbard.....	14.9	73	AA-Ron Heaton, Sioux City, West.....	14.6
68	AA-Dave McCurry, Grinnell.....	14.8		A-Tom Meade, Williamsburg.....	15.1
	A-Dan Roe, Mount Ayr.....	14.9		B-Dan Taylor, Eddyville.....	14.8
	B-Mike Brannaman, Mount Vernon.....	15.1		C-Kyle Chown, Lone Tree.....	15.8
	C-Bob Nevitt, Earlham.....	15.2	74	AA-Greg Rumble, Urbandale.....	14.0
69	AA-Dave McCurry, Grinnell.....	14.3		A-Randy Wilson, Knoxville.....	15.0
	A-John Bell, Spirit Lake.....	14.5		B-Tom Egli, Manson.....	15.4
	B-Mark Brannaman, Mount Vernon.....	15.0		C-Greg Capell, Fayette.....	15.2
	C-Jim Lawler, Wall Lake.....	15.3	75	AA-Dave Stoermer, Burlington.....	14.5
70	AA-Kent Wessely, Waterloo, West.....	14.2		A-Steve Ulrich, Sheldon.....	15.0
	A-Steve Casey, Cherokee, Washington.....	14.8		B-Mike Bruns, Adair-Casey.....	15.0
	B-Robbie Bolks, Boyden-Hull.....	15.3		C-Alan Sievers, Albert City-Truesdale.....	15.6
	C-Ed McDaniel, Woodward-Granger.....	14.8	76	AA-Randy Elliott, Charles City.....	14.3
71	AA-Scott Hamilton, Clinton.....	14.2		A-Roy Wigen, Spencer.....	14.5
	A-Steve Casey, Cherokee, Washington.....	14.2		B-Leroy McCuen, Corning.....	14.8
	B-Blaine Kuchel, Kingsley-Pierson.....	15.1		C-Ross Thiedeman, Ar-We-Va, Westside.....	15.0
	C-Ed McDaniel, Woodward-Granger.....	14.7	77	AA-Randy Elliott, Charles City.....	14.1
72	AA-Jim Jensen, Davenport, Central.....	14.6		A-Craig Nordlie, Nevada.....	14.3
	A-Jerry Elliott, Centerville.....	15.2		B-Leroy McCuen, Corning.....	14.5
	B-Dan Taylor, Eddyville.....	14.6		C-Ross Thiedeman, Ar-We-Va, Westside.....	14.5
	C-Kyle Chown, Lone Tree.....	15.4			

110-METER HIGH HURDLES

78	AA-Alonzo Moore, Des Moines, Tech.....	14.85	3A-Mike Godbout, Red Oak.....	15.07	
	A-Craig Nordlie, Nevada.....	14.46	2A-Derek Stevenson, Belmond.....	14.84	
	B-Randy Griffith, Kingsley-Pierson.....	14.95	1A-John McMillen, Malvern.....	15.63	
	C-Ed Blackburn, Malvern.....	14.99	88	4A-Tom Rhomberg, Wahlert, Dubuque.....	14.89
79	AA-Dean Fogarty, Marshalltown.....	14.33		3A-John Hintz, Forest City.....	15.66
	A-Randy Booth, Grinnell.....	14.52		2A-Darwin Vande Hoef, Rock Valley.....	15.42
	B-Kevin Rohlf, Boyden-Hull.....	14.6		1A-Jay Solsma, Sanborn.....	15.59
	C-Larry Johnk, Walnut.....	15.01	89	4A-Brian Carroll, Newton.....	14.92
80	AA-Jeff Herrera, Mason City.....	14.66		3A-Craig Prindle, Glenwood.....	15.26
	A-Dan Cleveland, Belmond.....	14.82		2A-Darwin Vande Hoef, Rock Valley.....	14.7
	B-Jay Conner, Nashua.....	15.23		1A-Trent Jones, Malvern.....	15.56
	C-Larry Johnk, Walnut.....	15.13	90	4A-Jason McCleary, Newton.....	14.47
81	AA-Jay Conyers, CB, Thomas Jefferson.....	14.92		3A-Erik Davisson, Adel.....	14.74
	A-Bill Gutz, Storm Lake.....	14.76		2A-Bill Betterton, Pleasantville.....	14.60
	B-Dan Cleveland, Belmond.....	15.01		1A-Trent Jones, Malvern.....	15.13
	C-Kirk Muhlenbruch, CAL, Latimer.....	15.46	91	4A-Eric Bickel, Burlington.....	14.92
82	4A-Scott Thoms, Clinton.....	14.65		3A-Bill Betterton, Carlisle.....	14.49
	3A-John Enyart, Decorah.....	14.97		2A-Enrique Flores, Wapello.....	15.23
	2A-Gerry Kock, Ar-We-Va.....	15.11		1A-Brett Chambers, Treynor.....	15.52
	1A-Dave Tucker, Paton-Churdan.....	14.97	92	4A-Ben Ringle, Bettendorf.....	14.78
83	4A-Eric White, Burlington.....	14.61		3A-Joe Estes, Spirit Lake-Park.....	14.96
	3A-Pat Green, Mount Pleasant.....	15.09		2A-Corey Scott, Solon.....	15.16
	2A-Jeff Buseman, Belmond.....	15.05		1A-Bren Chambers, Treynor.....	15.01
	1A-Darin Blackburn, Malvern.....	15.41	93	4A-Chris Wycoff, Ames.....	14.1
84	4A-Vernon Johnson, Ames.....	14.87		3A-Nate Ludwig, Forest City.....	15.2
	3A-Dave Hughes, Crestwood, Cresco.....	15.12		2A-Chris Shannon, Wapsie Valley.....	15.1
	2A-Jeff Buseman, Belmond.....	15.0		1A-Jason Woods, Treynor.....	15.3
	1A-Tim Aberson, Floyd Valley.....	15.3	94	4A-Chris Wycoff, Ames.....	14.10
85	4A-Joel Van Roekel, Ottumwa.....	15.34		3A-Nate Ludwig, Forest City.....	15.15
	3A-Brian A. Keeney, Carlisle.....	15.44		2A-Jamie Van Roekel, Waukee.....	15.08
	2A-Matt Zuber, Iowa Valley, Marengo.....	14.1		1A-Jason Woods, Treynor.....	14.82
	1A-Tony Johnson, Cumberland-Massena.....	15.2	95	4A-Ramon Christopher, DM, Hoover.....	14.92
86	4A-Brian Biggerstaff, Sioux City, West.....	14.99		3A-Brian Dunn, Glenwood.....	15.01
	3A-Shane Kasner, Marion.....	14.99		2A-Josh Grau, Tipton.....	15.26
	2A-Jon Filloon, Manson.....	14.81		1A-Cam Appleman, Van Buren, Keosauqua.....	15.20
	1A-Tim Criswell, Lynnville-Sully.....	15.26	96	4A-Aaron Abram, Valley, WDM.....	14.54
87	4A-Brian Biggerstaff, Sioux City, West.....	14.85		3A-Matt Hempel, Fairfield.....	14.82

	2A-Adam Gordon, Belmond-Klemme	14.89		2A-Jacob Batterson, Eddyville-Blakesburg	14.46
	1A-Cory Woods, Treynor	15.44		1A-Will Hanson, Marcus-Meriden-Cleghorn	14.67
97	4A-Cyrus Nichols, Des Moines, Roosevelt	14.74	10	4A-Ryan Sander, Xavier, Cedar Rapids	15.17
	3A-Jonathan Korth, Forest City	15.27		3A-Kyle Heidebrink, Spirit Lake Park	15.11
	2A-Chris Chantos, Bellevue	14.83		2A-Jacob Batterson, Eddyville-Blakesburg	14.53
	1A-Cory Woods, Treynor	14.41		1A-Hunter Nelson, AHST, Avoca	15.09
98	4A-Cyrus Nichols, Des Moines, Roosevelt	15.06	11	4A-Kyle Dunn, Linn-Mar, Marion	14.93
	3A-Jonathan Korth, Forest City	15.05		3A-Brandon Moorman, Mount Pleasant	14.94
	2A-Tony Leick, St. Albert, Co. Bluffs	14.90		2A-Jacoby Firkins, Regina, Iowa City	15.21
	1A-Scott Borchers, Woodbury Central	15.09		1A-Nick Efkamp, Madrid	15.12
99	4A-Cyrus Nichols, Des Moines, Roosevelt	14.90	12	4A-Charlie Rogers, Iowa City, West	14.59
	3A-Blake Flansche, New Hampton	15.28		3A-Austin Hess, Harlan Community	14.74
	2A-Nate Sawvell, Wilton	14.84		2A-Josh Zeiser, Collins-Maxwell-Baxter	14.58
	1A-Matt Strand, Alburnett	14.77		1A-Nathan Schamdeke, Grundy Center	15.22
00	4A-Sean Johnson, Clinton	14.80	13	4A-Jon Rus, North Scott	14.94
	3A-Blake Flansche, New Hampton	14.52		3A-Connor Ham, Solon	14.72
	2A-Scott Veldhuizen, Eddyville-Blakesburg	15.36		2A-Bryce Kemp, Collins-Maxwell-Baxter	14.96
	1A-Nate DeRocher, West Monona, Onawa	15.24		1A-Adam Bachman, Wapsie Valley	15.18
01	4A-Clete Younger, Ankeny	14.55	14	4A-Sydne Davis, Des Moines, Roosevelt	14.21
	3A-Mark Eaton, Perry	14.59		3A-Connor Ham, Solon	14.16
	2A-Josh Strang, Aplington-Parkersburg	14.86		2A-Darius Scott, Woodward Academy	14.51
	1A-Jay Sieck, I-35, Truro	14.67		1A-Austin Konsor, Underwood	14.94
02	4A-Michael Bell, Marshalltown	14.81	15	4A-Deonne Harris, Newton	14.63
	3A-Tyler Brown, Grinnell	15.06		3A-Connor Ham, Solon	14.30
	2A-Derek Casey, Cherokee	14.56		2A-Jacob Smith, West Burlington/Notre Dame	14.86
	1A-Blake Haywood, BCLUW, Conrad	15.16		1A-Will Garber, BCLUW	14.91
03	4A-Jordan Crosby, Fort Dodge	14.35	16	4A-Joah Wallace (Banks), Prairie, C. Rapids	14.06
	3A-Jacob Hartman, Perry	14.88		3A-Lantz Reed, Boone	14.42
	2A-Alex Gabrielson, Belmond-Klemme	14.80		2A-Hunter Wargo, West Branch	14.46
	1A-Jaron VanMaanen, Lynnville-Sully	14.83		1A-Mitchell Nelsen, Audubon	14.77
04	4A-Shawn Olorundami, Sioux City West	14.85	17	4A-Joah Banks, Prairie, Cedar Rapids	13.98
	3A-James Ruen, Decorah-North Winneshiek	14.84		<i>Banks ran an all-time best of 13.91 in the prelims</i>	
	2A-Micah Ruroden, North Fayette	15.02		3A-Lantz Reed, Boone	14.68
	1A-Nick Kuchel, Kingsley-Pierson	14.87		2A-Michael Santi, Madrid	14.76
05	4A-Scott Lynn, Ames	14.78		1A-Nolan Smith, Audubon	15.18
	3A-James Ruen, Decorah	14.89	18	4A-Riley Moss, Ankeny Centennial	14.02
	2A-Matt Wagaman, Wilton	15.19		3A-Gratt Reed, Atlantic	14.31
	1A-Nick Kuchel, Kingsley-Pierson	14.51		2A-Grant Fjelstad, Lake Mills	14.71
06	4A-Scott Lynn, Ames	14.77		1A-Austin Larson, West Fork	14.45
	3A-Jacob Rhode, Mount Pleasant	14.80	19	4A-Trent Davis, Linn-Mar, Marion	14.52
	2A-Nick Batterson, Eddyville-Blakesburg	14.70		3A-Max Murphy, Sergeant Bluff-Luton	14.70
	1A-Nick Kuchel, Kingsley-Pierson	14.54		2A-Avery Martensen, Monticello	15.07
07	4A-Terrance Roberts, Waterloo West	15.00		1A-Jack Garber, BCLUW, Conrad	14.80
	3A-Jordan Mullen, Atlantic	14.79	20	Season canceled due to COVID-19.	
	2A-Evan Thomsen, Regina, Iowa City	15.03	21	4A-Adam Wright, Dowling Catholic	14.51
	1A-Jordan Oulman, Riceville	15.44		3A-Hunter Manock, North Polk	15.07
08	4A-Dan Davis, Iowa City West	14.47		2A-Jack Latham, Spirit Lake	14.49
	3A-Jordan Mullen, Atlantic (ran 14.18 in prelims) ..	14.29		1A-Kole Becker, Lisbon	15.06
	2A-Channing Puls, Hudson (ran 14.40 in prelims) ..	14.67	22	4A- Eric Lucas, Iowa City, Liberty,	14.25
	1A-Austin McBeth, WACO, Wayland	14.89		3A- Jaden Damiano, Iowa Falls-Alden,	14.23
09	4A-Ethan Holmes, Clinton	14.50		2A- Jack Latham, Spirit Lake,	13.81
	3A-Jordan Mullen, Atlantic	14.09		1A- Kole Becker, Lisbon,	14.45

220-YARD LOW HURDLES

06	Charles McMartin, Des Moines West	27.4	07	Fred Young, Ida Grove	27.4
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08	George Baird, Des Moines West	28.2	22	Frank Cuhel, Cedar Rapids	25.7
09	Louis Gates, Des Moines East	27.4	23	Frank Cuhel, Cedar Rapids	25.0
10	George Hutchins, Sioux City	27.2	24	Frank Cuhel, Cedar Rapids	24.3
11	Edward Hunter, Des Moines North	27.4	25	Monte Beauchamp, Winfield	25.7
12	Dow Byers, Des Moines East	27.2	26	Vane Snorf, Des Moines, Roosevelt	25.9
13	Marcus Dubel, Sioux City	27.0	27	John Beckner, Clarinda	26.0
14	Theodore Packer, Marshalltown	26.2	28	John Beckner, Clarinda	24.9
15	Theodore Packer, Marshalltown	26.6	29	Leonard Moulton, CB, Abraham Lincoln	25.4
16	Thomas Rogers, Fort Dodge	26.0	30	Leonard Kenney, Mason City	24.4
17	David Evans, Hampton	26.0	31	Francis "Mike" Layden, Davenport	24.1
18	James Shearer, Mason City	26.6	32	Dick Crayne, Fairfield	25.2
19	Harold Crawford, Mason City	26.8	33	Tom Neal, Sioux City, Central	24.8
20	Morgan Taylor, Sioux City Central	27.2	34	Bushnell Lamb, Newton	24.8
21	Morgan Taylor, Sioux City Central	26.4			

200-YARD LOW HURDLES

35	Albert Ruble, Ottumwa	23.2	45	Bob Struthers, Waterloo, West	23.4
36	Don Barnes, Grinnell	23.1	46	Dean Deuel, Cherokee	22.7
37	Paul Swanson, Clinton	22.6	47	Dean Deuel, Cherokee	22.7
38	Henry Vollenweider, Dubuque	23.2	48	A-Dean Deuel, Cherokee	22.7
39	Bob Odell, Sioux City, East	23.0		B-Don Swartzendruber, Wellman	23.7
40	Bob Morris, Clarion	22.4	49	A-(Tie) Earl Ault, Des Moines, East & Don Davis, Burlington	23.0
41	Junior Franck, Davenport	23.1		B-Arden Heisdorffer, Keota	23.6
42	Horace Peoples, Davenport	23.0	50	A-Ray Kaiser, DM, East	23.1
43	Fred Eno, Villisca	23.3		B-Tom Reynolds, Odebolt	24.3
44	Lee Hofacre, Clinton	22.8			

180-YARD LOW HURDLES

51	A-Dick Fowler, Ames	19.2	60	AA-Frank Bindel, Winterset	20.0
	B-Les Stevens, Lovilia	20.4		A-John Pletcher, Clarion	20.9
52	A-Tom Ecker, Waverly	20.0		B-Fred Cooper, Iowa City, University High	20.9
	B-Don White, Lamoni	19.8		C-Jim Stebral, Solon	22.1
53	AA-Glen Sjoka, Cedar Rapids, Wilson	20.8	61	AA-Gary Osborn, Winterset	20.0
	A-Tom Ecker, Waverly	20.3		A-John Fletcher, Clarion	20.3
	B-John Walden, Lamoni	20.8		B-Mike Stubsten, Orange, Waterloo	20.0
	C-John Rinehart, Iowa School for Deaf	22.1		C-Larry Lenz, Ar-We-Va, Westside	20.0
54	AA-Berland Smith, Sioux City, Central	20.4	62	AA-Gary Osborn, Winterset	20.7
	A-George Pitsche, Harlan	20.9		A-John Adams, Missouri Valley	21.3
	B-Ron Means, Villisca	20.8		B-Jon Reimer, George	21.0
	C-Duane Miller, New Sharon	21.6		C-Lloyd VanZee, Prairie City	20.8
55	AA-Bill Orris, Des Moines, East	20.4	63	AA-Mike Langer, Cedar Rapids, Washington	19.7
	A-Bob Brandt, Denison	20.9		A-John Adams, Missouri Valley	20.1
	B-Gordon Rolph, Onawa	21.5		B-Jon Reimer, George	20.1
	C-Duane Miller, New Sharon	20.3		C-Denny Wicker, Madrid	21.1
56	AA-Ron Altenberg, Marion	19.8	64	AA-John Dvorak, Cedar Rapids, Washington	19.5
	A-Bob Brandt, Denison	19.7		A-Ron Davis, Perry	19.1
	B-George Phelps, Kingsley	20.5		B-Ron Carrier, Odebolt-Arthur	20.5
	C-Ron Walter, Farragut	21.0		C-Lynn Bell, Lone Tree	21.0
57	AA-Bob Okerstrom, Mason City	20.7	65	AA-John Dvorak, Cedar Rapids, Washington	19.7
	A-Jim VanWerden, Winterset	21.2		A-Ron Davis, Perry	20.2
	B-Tom Burns, Carroll	20.9		B-Tom Quinn, Clinton, St. Marys	20.6
	C-Ron Walter, Farragut	21.3		C-Steve Chambers, Treynor	21.4
58	AA-Jim Streeby, Ottumwa	19.4	66	AA-Jim VanDine, Cedar Rapids, Washington	20.0
	A-Darrell Morehouse, Clear Lake	20.3		A-Scott Osborn, Winterset	20.0
	B-Daryl Brown, New London	21.9		B-Denny Slinker, BCLUW, Conrad	20.9
	C-Duane Burke, Merville	21.4		C-Jim Vandevanter, Panorama	21.1
59	AA-Dennis Paul, Marshalltown	19.9	67	AA-Rich Gauger, Charles City	19.6
	A-Frank Bindel, Winterset	20.3		A-Tom Graves, Cherokee, Washington	20.1
	B-Bob Pingel, Aurelia	21.1		B-Bill Michael, Akron	19.9
	C-Jerry Davis, College Springs	21.7		C-Bob Nevitt, Earlham	20.1

68	AA-Mark Votroubek, Cedar Rapids, Kennedy	19.1	73	AA-Albert Morgan, Burlington.....	19.5
	A-John Bell, Spirit Lake	19.6		A-Jerry Elliott, Centerville	20.5
	B-Jerry Hutchinson, West Harrison	19.9		B-Dan Taylor, Eddyville	20.8
	C-Jim Nevitt, Earlham	20.1		C-Kyle Chown, Lone Tree	21.4
69	AA-Dave McCurry, Grinnell.....	19.2	74	AA-Mike Hamsher, Muscatine.....	19.8
	A-John Bell, Spirit Lake	19.7		A-Bob Merrill, Estherville	20.5
	B-Mike Everett, Carroll	20.4		B-Tom Egli, Manson	20.6
	C-Tom Baker, Dexfield, Redfield	19.9		C-Greg Capell, Fayette.....	20.5
70	AA-Mark Votroubek, Cedar Rapids, Kennedy	19.2	75	AA-Jeff Dawson, Cedar Rapids, Washington	20.2
	A-Jerry Heston, Ankeny	19.6		A-Mike Leeper, Nevada.....	20.5
	B-Robbie Bolks, Boyden-Hull	20.5		B-Bob Brcka, Garner-Hayfield	20.7
	C-Ed McDaniel, Woodward-Granger.....	19.9		C-Mike Anderson, East Central, Miles.....	21.1
71	AA-Denny Murphy, Assumption, Davenport	19.0	76	AA-Randy Elliott, Charles City	19.5
	A-Steve Casey, Cherokee	20.3		B-Leroy McCuen, Corning	20.0
	B-Darwin Wissink, Sioux Center	21.4		C-Mike Masters, Graettinger.....	20.2
	C-Ed McDaniel, Woodward-Granger.....	20.2	77	AA-Randy Elliott, Charles City	19.4
72	AA-Dan Wierson, Ames	19.7		A-Chris Nady, Nevada.....	19.6
	A-Kevin Grooms, Nevada.....	20.5		B-Leroy McCuen, Corning	19.6
	B-Dan Taylor, Eddyville	20.3		C-Ross Thiedeman, Ar-We-Va, Westside	19.9
	C-Daryl Triplett, Sutherland	21.1			

165-METER LOW HURDLES

78	AA-Jon Hutch, Clinton	20.3	B-	Randy Griffith, Kingsley-Pierson.....	21.0
	A- Chris Nady, Nevada.....	20.4	C-	Ed Blackburn, Malvern.....	20.8

400-METER LOW HURDLES

79	AA-Dean Fogarty, Marshalltown	53.32	2A-	Jon Filloon, Manson.....	54.24
	A-Bret Younger, Atlantic.....	53.4	1A-	Tom Alpers, Pomeroy	54.64
	B-Brad Van Roekel, Monroe	54.0	88	4A-Kevin Stuart, Ankeny	53.19
	C-Curt Carlson, South Clay, Gillett Grove	55.9		3A-Jay Muller, Clarinda	55.37
80	AA-Kevin Sorenson, Clinton.....	53.19		2A-Dan Wood, Dunlap.....	56.13
	A-Bret Younger, Atlantic.....	53.39		1A-Tom Alpers, Pomeroy	54.44
	B-Mark Muilenburg, Maurice-Orange City.....	54.39	89	4A-Jason Gollhofer, Fort Madison	53.07
	C-Kevin Skalla, Scranton.....	55.56		3A-Craig Prindle, Glenwood	53.76
81	AA-Randy Moore, Cedar Rapids, Kennedy	52.73		2A-Darwin Vande Hoef, Rock Valley.....	52.64
	A-John Enyart, Decorah	54.11		1A-Troy Miller, Iowa Mennonite School.....	54.88
	B-Dan Cleveland, Belmond	53.38	90	4A-Gregg Garn, Ames.....	52.45
	C-Brad Cleaveland, Oakland.....	55.57		3A-Doug Dodd, Hampton-Dumont	54.30
82	4A-Jay Williams, Waterloo, East	53.66		2A-Darwin Vande Hoef, Rock Valley.....	52.64
	3A-John Enyart, Decorah	53.48		2A-Terry Haskins, Woodbine.....	54.49
	2A-Brad Parsons, Van Buren, Keosauqua.....	54.92		1A-Scott Girard, Gehlen Catholic, LeMars	54.88
	1A-Dave Gibbs, New Hartford	54.20	91	4A-Shaun Benefield, Mason City	52.46
83	4A-Pat Carnes, Cedar Rapids, Jefferson	53.83		3A-Doug Dodd, Hampton-Dumont	53.66
	3A-Scott Stuhr, Tipton	54.33		2A-Enrique Flores, Wapello.....	53.95
	2A-Tracy Bainbridge, Ida Grove.....	53.38		1A-Travis Kuecker, Fredericksburg.....	55.25
	1A-Terry Graham, Sidney	54.60	92	4A-Tim Dwight, Iowa City, City.....	52.95
84	4A- Vernon Johnson, Ames	53.19		3A-Loren Kool, Pella.....	53.65
	3A-Pat Dolan, Iowa Falls	54.77		2A-Tony Milder, Columbus, Columbus Jct.	54.78
	2A-Marv Cook, West Branch.....	55.2		1A-Travis Kuecker, Fredericksburg.....	55.13
	1A-Terry Graham, Sidney	54.3	93	4A-Eric Strim, Sioux City, West.....	53.22
85	4A-Joel Hartman, Cedar Rapids, Kennedy	53.50		3A-Loren Kool, Pella.....	53.56
	3A-Roy Moorman, Centerville	55.0		2A-Brent MacLagan, Jefferson-Scranton	54.48
	2A-Matt Zuber, Iowa Valley, Marengo.....	53.9		1A-Max Ostby, NUH, Cedar Falls	54.45
	1A-Roger Grafft, Olin.....	55.61	94	4A-Eric Strim, Sioux City, West.....	51.4
86	4A-Brad Rohlf, Ankeny	54.04		3A-Nic Weers, Anamosa	54.40
	3A-Brent Holgorsen, Mount Pleasant.....	55.02		2A-Brent MacLagan, Jefferson-Scranton	54.28
	2A-Jon Filloon, Manson.....	54.18		1A-Jason Woods, Treynor.....	53.90
	1A-Terry Zwart, Greene	54.95	95	4A-Dustin Avey, Ames.....	51.99
87	4A-Chris York, Dubuque, Senior	53.37		3A-Bryan Featherstone, Epworth, WD	54.81
	3A-Brian Rickels, Monticello.....	54.00		2A-Brent MacLagan, Jefferson-Scranton	51.62

	1A-Jeff Miller, Paton-Churdan	54.05	09	4A-Kyle Dunn, Linn-Mar, Marion	52.70
96	4A-Dustin Avey, Ames.....	50.96		3A-Jordan Mullen, Atlantic.....	52.82
	3A-Nic Weers, Anamosa	53.85		2A-Tanner Miller, Mid-Prairie, Wellman	53.07
	2A-Matt Wheeler, West Branch.....	55.16		1A-Nick Efkamp, Madrid.....	55.24
	1A-Scott Olsen, Madrid	55.10	10	4A-Kyle Dunn, Linn-Mar, Marion	51.41
97	4A-Kyle Bolejack, Ankeny	53.29		3A-Ryan Fahn, Harlan Community	54.10
	3A-Brandon Meinders, Perry.....	53.83		2A-Tanner Miller, Mid-Prairie, Wellman	52.36
	2A-Chris Chantos, Bellevue	53.48		1A-Nick Efkamp, Madrid.....	53.66
	1A-Ryan Eichenberger, Fredericksburg.....	54.27	11	4A-Kyle Dunn, Linn-Mar, Marion	51.05
98	4A-Mat Weldon, Iowa City, West.....	53.55		3A-Jackson Litterer, Waverly-Shell Rock	53.35
	3A-Brian Stegall, Washington	53.57		2A-Jordan Van Roekel, PCM, Monroe	54.32
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25		1A-Nick Efkamp, Madrid.....	52.85
	1A-Mike Claeys, HLV, Victor	54.07	12	4A-Charlie Rogers, Iowa City, West.....	53.43
99	4A-Cyrus Nichols, Des Moines, Roosevelt.....	54.12		3A-Raheem Black, Fort Madison	53.21
	3A-Brian Stegall, Washington	52.75		2A-Jordan Van Roekel, PCM, Monroe	52.26
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25		1A-Jeremy Johnson, Madrid.....	53.91
	1A-Jeremy Keehn, CAL-Dows	54.51	13	4A-Sydne Davis, Des Moines, Roosevelt.....	53.42
00	4A-Nik Moser, Fort Dodge.....	53.20		3A-Raheem Black, Fort Madison	52.31
	3A-Ryan Boyington, Hampton-Dumont.....	53.73		2A-Tristan Twedt, South Hamilton	54.02
	2A-Matt Lockey, Okoboji, Milford	54.29		1A-Kevin Herrick, Fremont-Mills.....	55.17
	1A-David Calease, Clarksville	54.55	14	4A-Sydne Davis, Des Moines, Roosevelt.....	51.52
01	4A-Nik Moser, Fort Dodge.....	52.96		3A-Tommy Bates, Waverly-Shell Rock	53.73
	3A-Peter Avery, Waverly-Shell Rock.....	52.92		2A-Dylon Van't Hof, Sioux Center	53.50
	2A- Wes Terrill, Louisa-Muscatine	53.50		1A-Erik Stoakes, Gladbrook-Reinbeck.....	55.03
	1A-David Calease, Clarksville	54.85	15	4A-Pat Gray, Waukee.....	53.22
02	4A-Michael Bell, Marshalltown	52.51		3A-Cameron Crosser, Algona	53.35
	3A-Justin Koeppe, Storm Lake.....	53.21		2A-Jacob Smith, West Burlington/Notre Dame	52.64
	2A-Derek Casey, Cherokee	52.94		1A-Nick Engel, Hudson	54.29
	1A-Blake Hayward, BCLUW, Conrad.....	53.85	16	4A-Nathan Hoy, Cedar Falls.....	52.92
03	4A-Jordan Crosby, Fort Dodge	52.77		3A-JoJo Frost, Center Point-Urbana	53.06
	3A-Greg Offerman, Charles City	53.05		2A-Brett Daley, Treynor.....	53.17
	2A-Eric Heid, West Branch.....	54.70		1A-Christian Reischauer, Colo-NESCO	54.15
	1A-Kyle Fischer, Hinton.....	55.75	17	4A-Nathan Hoy, Cedar Falls.....	52.57
04	4A-Steve Ketels, Waterloo West.....	54.23		3A-DallasWright, Carlisle.....	53.20
	3A-Greg Offerman, Charles City	53.08		2A-Mark Brown, Beckman Catholic, D'ville	54.32
	<i>(Offerman ran 52.02 in the prelims)</i>			1A-Cole Willert, Saint Ansgar	53.61
	2A-Alex Gabrielson, Belmond-Klemme.....	53.36	18	4A-Austin West, Iowa City, West.....	52.23
	1A-Eric Parker, Northwood-Kensett	54.08		3A-Avery Van Zee, Pella	53.07
05	4A-Dennis Hammel, Davenport Central.....	52.89		2A-Mark Brown, Beckman Catholic, D'ville	54.89
	3A-Greg Offerman, Charles City	51.35		1A-Tyson Vander Linden, Lynnville-Sully.....	53.07
	2A-Brent Chamberlin, Eagle Grove.....	54.47	19	4A-Thai Thompson, Dowling Catholic, W.D.M.	53.05
	1A-Eric Parker, Northwood-Kensett	55.23		3A-Joven Nelson, Nevada.....	52.02
06	4A-Zach Milner, Co. Bluffs Abraham Lincoln	54.01		2A-Ethan Albright, Okoboji, Milford	54.52
	3A-Logan Masters, Storm Lake.....	54.20		1A-Tyson Vander Linden, Lynnville-Sully.....	53.60
	2A-Evan Thomsen, Regina, Iowa City	54.24	20	Season canceled due to COVID-19.	
	1A-Brant McCuen, Corning	53.69	21	4A-Drew Bartels, Cedar Rapids, Kennedy	52.49
07	4A-Kellyn Fogarty, Marshalltown.....	53.55		3A-Tegan Bock, Boone	53.38
	3A-Mat Rammelsberg, Benton, Van Horne.....	54.56		2A-Sid Schaaf, Treynor	54.30
	2A-Evan Thomsen, Regina, Iowa City	53.89		1A-Kole Becker, Lisbon.....	54.90
	1A-Andy Koehn, Tri-County, Thornburg.....	54.95	22	4A- Matthew Kruse, Dubuque Senior,	52.80
08	4A-Ethan Holmes, Clinton	53.03		3A- Jaden Damiano, Iowa Falls-Alden,	53.74
	3A-Jordan Cotton, Mount Pleasant	53.47		2A- Caleb Postma, Okoboji,	54.44
	2A-Brad Mosinski, Pekin	53.44		1A- Ryce Reynolds, Mount Ayr,	53.03
	1A-Brock Caves, Van Buren, Keosauqua	54.20			

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL

Adair-Casey.....	2	Carlisle	4
ADM, Adel	15	Carroll	11
Agency	1		
AGWSR, Ackley	3	Cascade, Western Dubuque.....	1
A-H-S-T, Avoca	1	Cedar Falls.....	13
AHSTW	3	Cedar Rapids	15
Akron-Westfield.....	2	Cedar Rapids, Franklin	4
Albert City-Truesdale	2	Cedar Rapids, Jefferson	6
Albia	3	Cedar Rapids, Kennedy.....	10
Alburnett.....	3	Cedar Rapids, McKinley	1
Alden	2	Cedar Rapids, Regis.....	1
Algona	14	Cedar Rapids, Roosevelt.....	3
Allerton	3	Cedar Rapids, Washington.....	12
Allison-Bristow.....	3	Cedar Rapids, Wilson	1
Alta	4	Cedar Valley, Farnhamville.....	9
Ames	37	Cedar	1
Anamosa	10	Center Point-Urbana	4
Andrew	1	Centerville	13
Anita	3	Central City	2
Ankeny	17	Central Clinton, DeWitt	9
Ankeny Centennial	2	Central Elkader	3
Aplington	3	Central Lee, Donnellson	1
Aplington-Parkersburg	2	Central Lyon, Rock Rapids.....	10
Aquinas, Fort Madison	2	Central Webster, Burnside.....	2
Armstrong-Ringsted	3	Charles City	17
Ar-We-Va, Westside.....	7	Charter Oak-Ute.....	3
Assumption, Davenport.....	5	Cherokee-Washington	31
Atlantic.....	11	Clarence-Lowden.....	3
Audubon	5	Clarinda.....	9
Aurelia	9	Clarion.....	7
		Clarke, Osceola	4
Bancroft, St. John.....	2	Clarksville.....	3
Baxter & Collins-Maxwell-Baxter.....	6	Clay Central, Royal.....	2
Bayard	2	Clear Creek & Clear Creek-Amana	4
BCL, Conrad.....	2	Clear Lake.....	6
BCLUW, Conrad	6	Clinton	27
Beckman, Dyersville.....	4	Clinton, Lyons	1
Bedford.....	2	Clinton, St. Marys; Mater Dei.....	4
Belle Plaine	8	Coin.....	1
Bellevue.....	3	Colfax-Mingo.....	3
Belmond-Klemme.....	20	Colo-NESCO.....	3
Benton Community, Van Horne	1	Columbus, Columbus Jct.....	2
Bettendorf.....	9	Columbus, Waterloo	5
BGM, Brooklyn	1	Coon Rapids	2
Bishop Garrigan, Algona	6	Corning	10
Bishop Heelan, Sioux City.....	14	Council Bluffs	3
Boone	14	Council Bluffs, Abraham Lincoln.....	8
Boyden-Hull.....	6	Council Bluffs, Thomas Jefferson	4
Boyde-Hull/Rock Valley.....	1	Crestland, Early	2
Britt; West Hancock.....	14	Creston	6
Buffalo Center-Rake.....	2	Crestwood, Cresco	3
Burlington	14	Cumberland-Massena	1
		CWL, Corwith.....	7
CAL Community; CAL-Dows, Latimer.....	2		
Calamus-Wheatland.....	3	Dallas Center-Grimes	11
Camanche	5	Davenport, Davenport, Central	36
Cardinal Stritch, Keokuk.....	2	Davenport, North.....	3
Cardinal, Eldon.....	3	Davenport, West	7

Davis County, Bloomfield	2	Graettinger	1
Decorah; Decorah-North Winneshiek	12	Green Mountain	1
Delwood, Elwood	3	Greene	5
Denison-Schleswig	10	Greenfield	9
Denver	1	Grinnell	9
Des Moines Christian	5	Griswold	5
Des Moines, East	45	Grundy Center	5
Des Moines, Hoover	6	Guthrie Center	7
Des Moines, Lincoln	3		
Des Moines, North	38	Hamburg	2
Des Moines, Roosevelt	31	Hampton	4
Des Moines, Tech	7	Hampton-Dumont	6
Des Moines, West	25	Harlan	6
Dike-New Hartford	5	Harris-Lake Park	3
Dow City-Arion	1	Hartley-Melvin; Hartley, HMS	2
Dowling Catholic, West Des Moines	20	Havelock-Plover	1
Dubuque, Hempstead	1	Hedrick	1
Dubuque, Loras	1	Highland, Riverside	
Dubuque, Senior	11	Hinton	2
Dumont	2	Hubbard	2
Dunlap	4	Hubbard-Radcliffe	1
Durant-Bennett	1	Hudson	2
		Humboldt	13
Eagle Grove	7	Hull	1
Earlham	7		
East Central, Miles (also see Preston-EC)	6	Ida Grove	9
East Marshall, LeGrand	1	Independence	2
East Mills	3	Indianola	6
East Union, Afton	2	Interstate 35, Truro	2
Eddyville-Blakesburg	11	Iowa City, University High	9
Eldora-New Providence	4	Iowa City, City High	27
Elk Horn-Kimballton	6	Iowa City, Liberty	2
Elliott	5	Iowa City, West	14
Emmetsburg	3	Iowa Falls & Iowa Falls-Alden	8
English Valleys, North English	5	Iowa Mennonite School, Kalona	4
Epworth, Western Dubuque	2	Iowa School for Deaf, Co. Bluffs	5
Essex	2	Iowa Valley, Marengo	11
Estherville	4	Irwin-Kirkman	4
Fairfield	3	Janesville	5
Farragut	3	Jefferson-Scranton	5
Fayette	3	Jesup	1
Floyd Valley, Alton	1	Johnston	5
Forest City	8		
Fort Dodge	16	Kanawha	2
Fort Madison	10	Kellogg	1
Fredericksburg	4	Keota	5
Fremont Mills, Tabor	2	Kingsley-Pierson	14
		Kingsley-Pierson/Woodbury Central (KP-WC)	2
Galva-Holstein	4	Klemme	1
Garner-Hayfield	9	Knoxville	7
Garner-Hayfield-Ventura	2	Kuemper, Carroll	3
Gehlen Catholic, LeMars	10		
George	5	Lake Mills	1
George-Little Rock	2	Lake View-Auburn	3
Gilbert	5	Lamoni	4
Gilmore City-Bradgate	4	Laurens-Marathon	5
Gladbrook-Reinbeck	4	Lawton-Bronson	1
Glenwood	9	LDF-SEMCO, LeGrand	3
Glidden-Ralston	2	LeMars	3

Lincoln Central, Gruver	2	Northeast Hamilton, Blairsburg	1
Linn-Mar, Marion	15	Northeast, Goose Lake	2
Lisbon	15	Northern University High, Cedar Falls	15
Logan-Magnolia	1	Northwood-Kensett	2
Lone Tree	5		
Louisa-Muscatine	2	Norwalk	4
Lovilia	3		
LuVerne	3	OABCIG	3
Lynnville-Sully	6	Oakland & Riverside, Oakland	2
		Ocheyedan	2
Madrid	14	Odebolt-Arthur	8
Maharishi, Fairfield	1	Oelwein	8
Malvern	6	Ogden	2
Manilla; IKM	2	Okoboji	6
Manning	5	Olin	2
Manson; Mason-Northwest Webster	9	Osage	5
Maquoketa Valley, Delhi	2	Oskaloosa	6
Maquoketa	3	Ottumwa	12
Marcus	1	Oxford Junction	2
Marcus-Meriden-Cleghorn	18		
Marion	6	Panorama; Panora-Linden	5
Marshalltown	24	Paton-Churdan	2
Mason City	23	Paullina	3
Maurice-Orange City; MOC-FV	3	PCM, Monroe	3
Mediapolis	6	Prairie City	2
Melcher-Dallas	2	Pekin	6
Menlo	3	Pella Christian	3
Meriden-Cleghorn	3	Pella	7
Meservey-Thornton	3	Perry	16
MFL, MarMac	3	Pleasant Valley	8
Mid-Prairie, Wellman	11	Pleasantville	3
Missouri Valley	7	Pocahontas Catholic	1
Monroe	2	Pocahontas	5
Montezuma	3	Pomeroy	3
Monticello	16	Postville	5
Morning Sun	2	Prairie, Cedar Rapids	9
Mount Ayr	13	Prairie, Gowrie; Prairie Valley	1
Mount Pleasant	17	Preston-East Central	4
Mount Vernon	8	Primghar	2
Muscatine	6		
		Red Oak	7
Nashua	1	Regina, Iowa City	11
Nevada	16	Riceville	3
New Hampton	3	Rock Valley	3
New Hartford	2	Rockwell City	1
New London	4	Rockwell-Swaledale	1
Newman Catholic, Mason City	2	Roland-Story, Story City	6
Newton	15	Rolfe	2
Nora Springs-Rock Falls	1	Russell	2
North Cedar Stanwood, Lincoln; Stanwood	4	Ruthven-Ayrshire	2
North Central, Manly	2		
North Fayette, West Union	7	Sac City	10
North Iowa, Buffalo Center	1	St. Albert, Council Bluffs	8
North Kossuth, Swea City	2	Saint Ansgar	6
North Mahaska, New Sharon	5	Sanborn	4
North Polk, Alleman	5	Schaller	2
North Scott, Eldridge	5	Scranton	4
North Tama, Traer	6	Sergeant Bluff-Luton	5
North Union	3	Seymour	5
North Winneshiek, Decorah	1	Sheffield-Chapin	2

Sheldon	5	Valley Jct; Valley, West Des Moines	17
Shenandoah	7	Van Buren, Keosauqua	6
Sibley	1	Ventura	1
Sidney	4	Villisca	11
Sigourney	5	Vinton, Washington	3
Sioux Center	6		
Sioux City	2	WACO	4
Sioux City, Central	15	Wahlert, Dubuque	5
Sioux City, East	9	Wall Lake	4
Sioux City, North	5	Walnut	2
Sioux City, Trinity	1	Wapello	6
Sioux City, West	6	Wapsie Valley, Fairbank	3
Sioux Rapids-Rembrandt	1	Washington	8
Solon	10	Waterloo, Central	2
South Central Calhoun	1	Waterloo, East	11
South Clay, Gillette Grove	1	Waterloo, Orange	1
South Hamilton, Jewell	2	Waterloo, West	17
South Hardin	1	Waukee	4
South Page, College Springs	5	Waukon	2
South Tama County	2	Waverly-Shell Rock	8
South Winneshiek, Calmar	3	Wayne Community, Corydon	1
South Winneshiek-Turkey Valley	1	Webster City	7
Southeast Polk, Runnells	1	Wellsburg	5
Southeast Warren	2	West Branch	13
Spencer	4	West Burlington & West Burlington/Notre Dame	13
Spirit Lake; Spirit Lake Park	15	West Central, Maynard	1
Springville	2	West Delaware, Manchester	1
St Marys, Remsen	3	West Harrison, Mondamin	2
St. Edmond, Fort Dodge	6	West Fork (see Sheffield-Chapin; Rockwell-Swaledale)	1
Stanton	1	West Liberty	7
Storm Lake	6	West Lyon, Inwood	9
Sumner	1	West Marshall	4
Sutherland	6	West Monona, Onawa	9
		West Sioux, Hawarden	6
Terril	8	Western Christian, Hull	1
Tipton	9	Williamsburg	4
Titonka	2	Wilton	2
Toledo Juvenile Home	4	Winfield-Mount Union	3
Treynor	17	Winterset	15
Tri-Center, Neola	4	Woodbine	6
Tri-County, Thornburg	3	Woodbury Central, Merville	5
Tripoli	4	Woodward Academy	2
Turkey Valley, Jackson Jct.	4	Woodward-Granger	7
Underwood	3	Xavier, Cedar Rapids	10
Union-Whitten	1	Y-J-B, Jamaica	1
United Community, Boone	1		
Unity Christian, Orange City	5		
Urbandale	2		

SCHOOLS WITH MOST INDIVIDUAL RUNNING TITLES

Des Moines, East	45	Clinton	27
Des Moines, North	38	Iowa City, City High	27
Ames	37	Des Moines West	25
Davenport; Davenport, Central	36	Marshalltown	24
Cherokee, Washington	31	Mason City	23
Des Moines, Roosevelt	31		

FIELD EVENT CHAMPIONS

HIGH JUMP

06 (Tie) George Walker, DM West; Paul Clark, Oak Park; E.W. Moulden, Dubuque 5-04.05	52 A-Leonard Petsche, Harlan 5-10 B-Les Stevens, Lovilia 6-00 3/8
07 Jesse Crawford, Des Moines, North 5-06	53 AA-Don Nachtman, Dubuque 6-00.25 A-Judd McDougal, LeMars 5-09.25 B-Max Mochal, Tama 5-08.25 C-(Tie) Al Betz, Johnston & Donald Straight, Newell 5-07
08 Arlo Wilson, Iowa City 5-06 7/8	54 AA-(Tie) Mel Olson, Spencer; Max Mochal, CR, Roosevelt; Don Nachtman, Dubuque; Dave Stamp, Clinton & Jim McConnell, Des Moines, Roosevelt 5-10 A-Hugh Allen, Harlan 6-01 1/8 B-Dick Marsh, Postville 6-00 5/8 C-Ted Harvey, Toledo Juvenile 5-09
09 Proctor Osborn, Des Moines, North 5-06	55 AA-(Tie) Mel Olson, Spencer & Ted Harvey, Des Moines, East 6-01.75 A-Bob Christy, Humboldt 5-09.75 B-Laverne Zobel, Tama 5-11 C-Bob Sweeney, Carlisle 5-10
10 Foye Aldridge, Sioux City 5-07	56 AA-(Tie) Jim Hutchens, Waterloo, East & Lee Frandsen, Davenport 6-00 5/8 A-(Tie) Doug Johnson, Sheldon; Bob Christy, Humboldt; Conrad Persels, Osceola & Larry Squires, Guthrie Center 5-09 B-(Tie) Lowell Farland, Swea City; Larry Zerwas, Manning; Walt Johnson, Manilla; Don Norton, Anamosa 5-07 ¾ C-Fred Olson, Newell 6-03 1/8
11 Edwin Shrader, Iowa City 5-10	57 AA-(Tie) Kent Rogerson, Des Moines, East & Joe Bryant, Mason City 6-00 7/8 A-Conrad Persels, Osceola 6-00 1/16 B-(Tie) Larry Zerwas, Manning; Lonnie Lamberti, Ankeny; Paul Drefke, Emmetsburg; Dick Johnson, Villisca; Bill Kauffman, Belmont; Roy Mathews, Logan & Ron Morrison, Wilton Jct. 5-08 C-Fred Olson, Newell 6-01 1/8
12 Clifford Barborka, Denison 5-06	58 AA-(Tie) Al Robinette, Cedar Falls & Kent Rogerson, Des Moines, East 6-00 A-(Tie) Harold Ferkinstad, Cresco; Lloyd Swanson, Cherokee & Bob Kentnor, Leon 5-10 B-(Tie) Dick Shannon, Clinton St. Marys & Paul Drefke, Emmetsburg 5-10 3/8 C-(Tie) Vern Graham, Agency & Bill Maas, Sutherland 5-10
13 Samuel Moore, Indianola 5-06	59 AA-Emmitt Hoosman, Waterloo, East 6-02 1/8 A-Gary Meyer, Clarion 5-10 B-(Tie) Larry Oiler, Lamoni & Mike Reis, Woodbine 5-09.75 C-Fred Schaffner, Salem 5-10.50
14 Ross Allen, Davenport 5-05	60 AA-Gayle Hopkins, Davenport Central 6-03.50 A-Jim Anderson, Clarion 5-08.50 B-Buster Lowery, Grundy Center 5-10 C-Jerry Klett, Everly 5-09
15 Clifford Baxter, Cedar Rapids 5-09.25	61 AA-Phil Minnick, Iowa City, City 6-02 A-Dave Awtry, Lake City 5-11.75 B-Dave Korver, Maurice-Orange City 5-10.50 C-Duane VanWyk, Prairie City 5-08
16 Ralph Pedersen, Des Moines West 5-05	
17 Edward Rich, Maquoketa 5-08	
18 Edward Rick, Cedar Rapids 5-05	
19 Kenneth Young, Jr., Fort Madison 5-10	
20 Fred Klindt, Mason City 5-06	
21 Fred Klindt, Mason City 5-11	
22 Jack Wightman, Perry 5-09.50	
23 Robert Carle, Knoxville 5-09.50	
24 Dick Zvacek, Cedar Rapids, Grant 5-09	
25 Dick Zvacek, Cedar Rapids, Grant 5-10	
26 John Robinson, Burlington 5-10.50	
27 Ben Douglas, Cedar Rapids, Grant 5-10	
28 William Walsmith, Davenport 5-08	
29 (Tie) Ralph Mitchell, Bloomfield & Maurice Peterson, Harcourt 5-10	
30 Orville Madsen, Ames 5-08.75	
31 Orville Madsen, Ames 6-01 7/8	
32 Orville Madsen, Ames 6-03.75	
33 Maurice Kelly, Grinnell 5-11 3/8	
34 Lawrence Redrick, Des Moines, East 5-11	
35 Charles Ralston, West Chester 5-10.75	
36 Floyd Aiken, Grundy Center 5-09.25	
37 Jack Alderdice, Davenport 5-11.75	
38 Cable Waldorf, Vinton 5-10.75	
39 Bob Machael, Clinton 6-00.50	
40 Larry Marxer, Iowa School for Deaf, CB 5-10 5/8	
41 Romaine Woodward, Ames 5-10 11/16	
42 Harold Fiala, Waterloo, West 5-10.25	
43 Don Smith, Denison 5-10	
44 Darwin Stover, Winterset 5-11 5/8	
45 (Tie) John Wilson, Iowa City & Lynn King, Des Moines, Roosevelt 5-10.50	
46 Lee Maddocks, Mason City 5-10.25	
47 (Tie) Herb Belz, NUH, Cedar Falls; & Lloyd Core, Pleasantville 5-11.50	
48 A-Gerald Cohn, Waterloo, West 5-11 3/8 B-(Tie) Don Swartzendruber, Wellman & Bob Lange, Sac City 5-08.25	
49 A-Jon Wardell, Davenport 6-00.25 B-Don Swartzendruber, Wellman 5-08 3/8	
50 A-Bob Miller, Waterloo, West 5-08 B-Francis Ward, Adair 5-08	
51 A-(Tie) Burt Kirkman, Clinton; Bill Bryant, Algona; Sam Marshall, Sibley; Al Haughey, Tama & Jim Canine, Des Moines, Roosevelt 5-08 B-Les Stevens, Lovilia 5-11 5/8	

62	AA-Gary Gordon, Iowa City, City6-00	A-Keith Lauritzen, Audubon6-04
	A-(Tie) Charles Streit, Algona; John Sellers, Cambria; John Spitzer, Iowa City, University High & Dwight Davis, Perry5-08	B-Leroy McCuen, Corning 6-06.50
	B-(Tie) Gordon Watkins, Eddyville & Wally Welander, Woodbine5-08.25	C-Jim Franzen, Fredericksburg6-02
	C-Duane VanWyk, Prairie City5-08.25	77
63	AA-Don Timmerman, Davenport, West6-00.25	AA-Doug Smith, Newton6-08
	A-Ron Owen, Maquoketa5-10.50	A-Rod Smith, West Liberty6-04
	B-Gordon Watkins, Eddyville5-09	B-Dan Meade, North Linn, Coggon/Troy M6-07
	C-Tom Knott, Coggon5-10.50	C-Mark Roberts, Sioux Valley, Linn Grove6-04
64	AA-Don Timmerman, Davenport, West6-02	78
	A-John Slutts, Cardinal, Eldon6-02	AA-John Arnaud, Sioux City, North6-06
	B-Lawrence Holley, Carroll6-02.25	A-Calvin Rickles, Monticello6-04
	C-Dave Jargo, Preston5-10.25	B-Steve Arens, Gehlen Catholic, LeMars6-04
65	AA-John Winkle, Sioux City, East6-03.25	C-Doug Lockin, Aurelia6-04
	A-Mike Morse, Jefferson6-02	79
	B-Lloyd Thornburg, Pleasantville6-02.50	AA-Kirk Hobbs, Cedar Rapids, Washington6-08
	C-Dave Jargo, Preston5-11	A-Randy Booth, Grinnell6-04
66	AA-Skip Anderson, Cedar Falls6-03	B-Ray Storck, Iowa Valley, Marengo6-04
	A-David Larsen, Harlan6-02.50	C-Mike LaFrenz, SEMCO, Gilman6-02
	B-Lloyd Thornburg, Pleasantville6-03.75	80
	C-Mike Hazelhoff, Swea City6-00.25	AA-Paul Marchael, Iowa City, City6-08
67	AA-Bill Kirchwen, Clinton6-03	A-Rick Bolsinger, Guttenberg6-06
	A-David Larsen, Harlan6-02	B-Brian Tietjens, North Central, Manly 7-00.25
	B-John Sehman, Dallas Center6-00	C-Kelly Kain, Prairie City6-02
	C-Bob Nevitt, Earlham6-00	81
68	AA-Kent Magnuson, Fort Dodge6-04	AA-Mike Tigges, Dubuque, Senior6-08
	A-Tim Newberry, St. Edmond, Fort Dodge5-07.75	A-Larry Harmon, Northeast, Goose Lake 6-06.50
	B-Dave Krantz, Highland, Riverside5-09	B-Brian Tietjens, North Central, Manly 7-03.50
	C-Dennis Spencer, Panorama5-10	C-Daryl Schnoes, Paullina6-04
69	AA-Greg Dana, Waverly-Shell Rock6-04.50	82
	A-Tim Newberry, St. Edmond, Fort Dodge6-02	4A-Curtis Morrow, Des Moines, East6-09
	B-Keith Steva, MFL, Monona6-00	3A-Jim Lloyd, Iowa Falls6-05
	C-Dave Ricketts, Solon6-02	2A-Airell Clark, Belmond6-05
70	AA-Blaine Koch, Davenport, West6-05	1A-John Vaske, NESCO, Zearing6-04
	A-Steve Williams, Clarinda6-02	83
	B-Carl Horstman, Paullina5-10	4A-Lance Eaton, Valley, WDM6-06
	C-Scott Ruch, Ar-We-Va, Westside6-02	3A-Peter Hayes, Atlantic6-09
71	AA-Tom Pantenberg, Ames6-06	2A-Matt Kayser, Cardinal, Eldon6-06
	A-Steve Williams, Clarinda5-11.50	1A-Marlin Bryant, Malvern6-08
	B-Willie DeMan, Alta6-00	84
	C-Tom Winchell, Treynor6-04	4A-K.P.Lansing, Linn-Mar6-09
72	AA-Greg Ferguson, Waterloo, East6-05	3A-Pat Meade, North Linn, Coggon/Troy M6-10
	A-Colin Henderson, Starmont6-00	2A-Steve Phyfe, Nashua6-04
	B-Todd Surber, Maurice-Orange City6-03	1A-Marlin Bryant, Malvern6-06
	C-Bill Seely, CAL, Latimer6-00	85
73	AA-Kevin O'Neill, Wahlert Catholic, Dubuque6-06	4A-Scott Anderson, Muscatine6-08
	A-Steve Stepanek, Cedar Rapids, LaSalle6-05	3A-Brent Wright, Ballard6-10.50
	B-Chris VanAuken, Columbus Jct.6-06	2A-Pat Conlon, Clarion6-07
	C-Pat Clarkson, Preston6-01	1A-Cal Alexander, Hubbard6-07
74	AA-Dick Garland, Marshalltown6-07.25	86
	A-Steve Stepanek, Cedar Rapids, LaSalle6-06.25	4A-Kevin Freeman, Spencer6-06
	B-Greg Willey, West Monona, Onawa6-04	3A-Ken Fox, St. Albert, Co. Bluffs6-04
	C-Bill Green, Dexfield, Redfield6-02	2A-Pat Conlon, Clarion6-10
75	AA-Steve Kuehl, Clinton6-10.25	1A-Cal Alexander, Hubbard6-08.25
	A-Wes Schwarzenstein, Sumner6-06	87
	B-Leroy McCuen, Corning6-05	4A-Andy Jacobson, Spencer6-09
	C-Neal Gonnerman, Clay Central6-01	3A-Mike Bentley, Turkey Valley6-08
76	AA-Brad Kuhn, Fort Dodge6-04	2A-Darwin Vande Hoef, Rock Valley6-10
		1A-Steve Dinkla, Cumberland & Massena6-06
		88
		4A-Steve Daugherty, Prairie, Cedar Rapids6-09
		3A-Brad Goheen, Norwalk6-06
		2A-Darwin Vande Hoef, Rock Valley7-00
		1A-Rob Penningroth, Clarence-Lowden6-05
		89
		4A-Steve Daugherty, Prairie, Cedar Rapids6-09
		3A-Tom Dunham, West Marshall6-06
		2A-Darwin Vande Hoef, Rock Valley6-10
		1A-Ron Wiese, Manning6-04
		90
		4A-Pete Herber, Dubuque, Senior6-10
		3A-Andy Thompson, Johnston6-06
		2A-Gary Arends, Nashua6-09
		1A-Don Wolf, St. Mary, Storm Lake6-04
		91
		4A-Scott Paulson, Indianola6-09

	3A-Bill Betterton, Carlisle	6-04		3A-Marc Meierotto, Fort Madison	6-10
	2A-Scott Hudek, Pocahontas	6-10		2A-Josh Bradley, St. Edmond, Fort Dodge	6-07
	1A-Steve Stahmer, Andrew	6-07		1A-Ehi Oamen, Hinton.....	6-11
92	4A-Todd Johnston, Waterloo, West	6-08	07	4A-Noah Kittelson, Indianola.....	6-06
	3A-Shawn Young, Saydel	6-08		3A-Colten Kelly, Anamosa.....	6-07
	2A-Chris Greiner, Cardinal, Eldon.....	6-06		2A-Nick Riesselman, Kuemper Catholic	6-06
	1A-Zack Jones, Malvern.....	6-08.50		1A-Luke Thompson, Montezuma	6-10
93	4A-Terry Bensink, Dubuque, Hempstead	6-06	08	4A-TrayVonn Wright, Waterloo West	6-10
	3A-Jon Oostra, Western Christian, Hull	6-04		3A-Colten Kelly, Anamosa.....	6-11
	2A-Shawn Young, Saydel	6-07		2A-Jordan Sathoff, Pekin.....	6-10.50
	1A-Brandon Wade, Rockwell City-Lytton	6-06		1A-Kody Gillaspie, Westwood, Sloan.....	6-08
94	4A-Marcus Clark, Davenport, West.....	6-09	09	4A-Noah Kittleson, Indianola.....	6-08
	3A-Adam Almquist, Clarinda	6-05		3A-Weston Ketelsen, Central Clinton, DeWitt.....	6-06
	2A-Erik Donahue, Waukee.....	6-06		2A-Matt Huseman, East Sac County.....	6-06
	1A-Brandon Wade, Rockwell City-Lytton	6-06		1A-Kody Gillaspie, Westwood, Sloan.....	6-07
95	4A-Ed Berlin, Urbandale.....	6-07	10	4A-Noah Kittleson, Indianola.....	6-10
	3A-Rich Wemer, Grinnell.....	6-05		3A-Stephen Meyer, Oelwein.....	6-04
	2A-Cory Spencer, Colo-Nesco	6-07		2A-Jerad Croghan, IKM-Manning.....	6-08
	1A-Sean Clark, Manning	6-06		1A-Jordan Cress, Olin	6-07
96	4A-Ed Berlin, Urbandale.....	6-06	11	4A-Tyler Donels, Southeast Polk	6-08
	3A-Joey Brunkhorst, Iowa Falls.....	6-07		3A-Stephen Meyer, Oelwein.....	6-07
	2A-Court Lutgen, North Fayette, West Union	6-04		2A-Braydee Poore, Mount Ayr.....	6-04
	1A-Sean Clark, Manning	6-05		1A-Jordan Cress, Olin	6-09
97	4A-Dan Colony, CR, Washington.....	6-08.25	12	4A-Justin Randall, Burlington	6-08
	3A-Jason Nekola, South Tama County	6-07		3A-Austin Krohn, Sergeant Bluff-Luton	6-06
	2A-Joey Brunkhorst, Iowa Falls.....	6-10		2A-Cody Jamison, Monticello.....	6-04
	1A-Jesse Arnold, Martensdale-Saint Marys	6-07		1A-Jared Schoelerman, Clay Central-Everyly.....	6-07
98	4A-Rory Howell, Linn-Mar	6-08	13	4A-Justin Randall, Burlington	6-08
	3A-Tom Schmidt, Atlantic.....	6-04		3A-Daniel Schwartz, Fairfield	6-06
	2A-Jake Kingery, PCM, Monroe.....	6-08		2A-Jeff Giannettino, W Burlington-Notre Dame ..	6-09
	1A-Jesse Arnold, Martensdale-Saint Marys	6-02		1A-Josh Markert, Manson NW Webster	6-04
99	4A-Andy Kohler, Ames	7-00	14	4A-Jared Seay, Johnston	6-07
	3A-Aaron Pence, Fort Madison	6-04		3A-Reese Iversen, Dallas Center-Grimes	6-05
	2A-Travis Wielenga, Sioux Center	6-06		2A-Jeff Giannettino, W Burlington/Notre Dame...	6-10
	1A-Josh Dubberke, Hubbard-Radcliffe.....	6-04		1A-Mitchell Martin, Danville	6-07
00	4A-Andy Kohler, Ames	6-06	15	4A-Jared Seay, Johnston	6-09
	3A-Tyler Anderson, Carroll.....	6-04		3A-Cal Zahn, Webster City.....	6-06
	2A-Matt Harken, Aplington-Parkersburg	6-10		2A-Jeff Giannettino, West Burlington/N Dame ...	6-11
	1A-Cale Van Genderen, Lynnville-Sully	6-05		1A-Cole Moeller, Calamus-Wheatland	6-09
01	4A-Andy Anderson, Boone	6-02	16	4A-Suni Lane, Bettendorf	6-07
	3A-Jeff Witthoff, Washington	6-04		3A-Cantrall Cameron, Spencer	6-08
	2A-Kyle Klein, Okoboji, Milford.....	6-07		2A-Xavior Williams, West Burlingt'n/Notre Dame	7-00
	1A-Cale Van Genderen, Lynnville-Sully	6-07		1A-Cole Moeller, Calamus-Wheatland	6-10
02	4A-Jason Bice, Bettendorf.....	6-04	17	4A-Chuol Chuol, Ames	6-05
	3A-Ben Honig, Glenwood.....	6-08		3A-Blair Brooks, Marion.....	6-07
	2A-Bill McConnaha, West Branch.....	6-07		2A-Miles Rupiper, Kuemper Catholic	6-06
	1A-Jaron Van Mannen, Lynnville-Sully	6-06		1A-Cole Moeller, Calamus-Wheatland	6-08
03	4A-Steve Cantry, Cedar Rapids Kennedy.....	6-06	18	4A-Jacee Clark, Waterloo, East	6-08
	3A-Ben Honig, Glenwood.....	6-08		3A-Keith Keahna, South Tama County	6-07
	2A-Ryan Rasmussen, Davis County	6-06		2A-Miles Rupiper, Kuemper Catholic	6-07
	1A-Eric Johnson, Newell-Fonda.....	6-08		1A-Cauy Spidle, Central Decatur	6-05
04	4A-Aaron Bentle, Mason City	6-06	19	4A-Grant Kelchen, Epworth, Western Dubuque..	6-08
	3A-Ryan Rasmussen, Davis County	6-06		3A-Landon Kooiker, Fairfield.....	6-07
	2A-Luke Branderhorst, Pella Christian	6-06		2A-Grant Brouwer, Sibley-Ocheyedan	6-09
	1A-Jaron VanMaanen, Lynnville-Sully	6-10		1A-Elliott Hagebock, North Union.....	6-06
05	4A-Mat Clark, Ames	6-05	20	Season canceled due to COVID-19.	
	3A-Marc Meierotto, Fort Madison	6-07	21	4A-Logan Flanagan, Dubuque, Senior	6-05
	2A-Dan Rolling, Okoboji, Milford	6-09		3A-Ian Collins, Charles City.....	6-09
	1A-Ehi Oamen, Hinton.....	6-07		2A-Isaac Jones, Clarinda	6-06
06	4A-Kyle McCain, Southeast Polk	6-03		1A-Gunner Meyer, Wapsie Valley	6-05

22	4A- Sam Skarich, North Scott,	6-08
	3A- Ian Collins, Charles City,	6-09

2A- Derek Weisskopf, Williamsburg,	6-7
1A- Kade Benjamin, New London,	6-7

LONG JUMP

06	Charles McMartin, Des Moines West	20-06.50
07	Carl Harris, Des Moines West	21-02
08	George Baird, Des Moines West	20-11.50
09	Norman Guth, Des Moines East	20-07
10	Raymond McBain, Des Moines West	21-09.50
11	Raymond McBain, Des Moines West	21-03
12	Lawrence Dutton, Anamosa	21-01
13	Lawrence Dutton, Anamosa	21-02
14	Leo Nugent, Anamosa	20-00.50
15	Will Paige, Fort Dodge	20-09.25
16	(Tie) Robert Howard, Des Moines West & Paul Gates, Sioux City	20-11
17	Paul Gates, Sioux City	20-03
18	Cecil Brewton, Mason City	20-00.50
19	Eric Wilson, Iowa City	20-09
20	Gerald Hass, Sioux City	19-07
21	Morgan Taylor, Sioux City Central	20-06.50
22	John Everingham, Fort Madison	20-10
23	John Everingham, Fort Madison	21-10
24	Harold Morris, Colfax	22-04.25
25	Joe Lillard, Mason City	20-08.50
26	Vane Snorf, Des Moines, Roosevelt	20-03.25
27	Frank Baker, Cedar Rapids, Washington	21-07.75
28	Bob Chase, Des Moines, Roosevelt	21-05.50
29	Harold England, Creston	21-10.50
30	Floy Gates, Des Moines, North	21-10.50
31	Richard Warren, Eldora Training School	23-03
32	Skeets Haltom, Creston	22-03 1/8
33	Jack Parker, Lamoni	22-07.50
34	Herbert Eaton, Sidney	21-05.50
35	Jack Phillips, Webster City	21-05.75
36	John Davenport, Cedar Rapids, McKinley	21-10
37	Jack Wilson, Davenport	21-01.25
38	Billy Green, Newton	22-09.50
39	Wilbur Workman, Grinnell	22-05
40	Wilbur Workman, Grinnell	21-01.50
41	Bill Draper, Co. Bluffs, Thomas Jefferson ...	21-04 3/8
42	John Thompson, Muscatine	22-05.25
43	Dick Muhl, Fort Dodge	21-05.25
44	Gordon Kastler, Des Moines, Lincoln	21-10
45	James Burlingame, Clinton	20-03.50
46	Al Ballard, Ames	22-00 7/8
47	Don Green, Ames	21-11
48	A- Carl Midcalf, Cedar Rapids, McKinley	20-05.25
	B- Dick Hoel, Lake Mills	19-10
49	A- Tom Shupe, Clarion	21-09
	B- Jim Kent, Mount Vernon	19-00.50
50	A- Tom Shupe, Clarion	21-06 1/8

	B- Jim Kent, Mount Vernon	21-00.25
51	A- Reggie Atkins, Des Moines, East	21-05
	B- Gary Beckley, Grundy Center	20-10
52	A- Phil Leahy, Clinton	21-04
	B- Don White, Lamoni	21-03
53	AA- Norval Lee, Cedar Rapids, Roosevelt	21-00
	A- Tom Ecker, Waverly	21-08.75
	B- Bill Warner, Woodbine	20-06.25
	C- Bob Mister, Iowa School for Deaf	21-08.75
54	AA- Bob Warren, Centerville	21-07.25
	A- Ross Pilkington, Red Oak	21-01.50
	B- John Whitehead, Greene	20-11.25
	C- Terry Stevens, Fayette	20-07 1/8
55	AA- Ted Harvey, Des Moines, East	22-10 1/8
	A- Bob Brandt, Denison	21-03 1/8
	B- Earl VanSteenhuysen, Wellsburg	20-08.50
	C- Ralph Aasheim, Bode	20-00.50
56	AA- Ron Altenberg, Marion	21-04 5/8
	A- Bob Brandt, Denison	21-01.50
	B- Kenneth Singer, Sac City	19-04.50
	C- Bill Edgar, Grand Junction	19-10 3/8
57	AA- Bob Sojka, Cedar Rapids, Wilson	21-05
	A- Chuck Runge, DeWitt	22-00.50
	B- Danny Mairet, Keosauqua	19-10.75
	C- Larry Wink, Merville	19-02 5/8
58	AA- Gary Cleghorn, Spencer	21-10.75
	A- Jim VanWerden, Winterset	20-05.50
	B- Duane Petz, Williamsburg	21-05 5/8
	C- Jerry Barrick, Blairsburg	19-06.75
59	AA- Gayle Hopkins, Davenport, Central	21-07.50
	A- Doug Cumming, Eagle Grove	19-05.75
	B- Lonnie Rogers, English Valleys	21-03.25
	C- Dick Umsted, Harcourt	20-08.75
60	AA- Jim Piper, Ames	22-10.50
	A- Doug Cumming, Eagle Grove	21-02.50
	B- Lonnie Rogers, English Valleys	22-01.25
	C- Dennis DeWitt, Elliott	20-05
61	AA- Lloyd Mathews, Sioux City, Central	22-08.50
	A- Lyle Wilke, Central Lyon, Rock Rapids	21-05.50
	B- Dennis Sims, Anita	20-06.25
	C- Lloyd VanZee, Prairie City	19-04.75
62	AA- Harry Alley, Winterset	22-09
	A- John Wagner, Perry	21-11.25
	B- Jack Cooper, Carlisle	20-04
	C- Lloyd VanZee, Prairie City	21-02
63	AA- Tom Landsberg, Ames	22-00.25
	A- John Wagner, Perry	22-04.75
	B- Dennis Sims, Anita	21-07

	C-Charles Malm, Pocahontas Catholic.....	21-04.50		C-Kurt Harle, Kanawha.....	22-00.75
64	AA-Tom Landsberg, Ames.....	23-03.75	79	AA- Wade Harrington, Davenport Central ...	23-06.25
	A-Ken Brauman, Eagle Grove.....	22-01.50		A-Chuck Meyer, North Fayette.....	22-00
	B-John Lounsberry, NUH, Cedar Falls.....	20-08.75		B-Dan Bloomquist, Cardinal.....	21-05.25
	C-Charles Malm, Pocahontas Catholic.....	21-02		C-Kurt Harle, Kanawha.....	21-11.25
65	AA-Skip Gooch, Mason City.....	22-01	80	AA-Claude Perkins, Waterloo, Central.....	22-11.75
	A-Ken Brauman, Eagle Grove.....	21-10		A-Chuck Meyer, North Fayette.....	22-05.50
	B-Craig Lewis, Emmetsburg.....	22-05.25		B-Dave Groen, Sioux Center.....	21-05.50
	C-Steve Chambers, Treynor.....	21-04		C-Geoff Rupe, Maxwell.....	22-04.50
66	AA-Gregg Kohrs, CB, Thomas Jefferson.....	22-07.25	81	AA-Ron Foreman, Des Moines, East.....	22-11
	A-Lenny Dunham, West Marshall.....	22-02.50		A-Eric Evans, Iowa Falls.....	21-07.75
	B-Rodney Nelson, Aurelia.....	22-09		B-Brian Tietjens, North Central.....	22-08.75
	C-Bob Vermett, NE Hamilton.....	22-00		C-Dave Hawkins, Bennett.....	22-00
67	AA-Gregg Kohrs, CB, Thomas Jefferson.....	22-05.75	82	4A-Chris Walker, Davenport, Central.....	22-06.50
	A-Lenny Dunham, West Marshall.....	22-08		3A-Rich White, Creston.....	21-06.50
	B-Mike Junck, Woodbury Central.....	22-09.25		2A-Mark Zuber, Iowa Valley, Marengo.....	22-00.75
	C-Rex Bristow, LuVerne.....	21-01		1A-Dave Hawkins, Bennett.....	21-07.75
68	AA-Landy Waller, CR, Washington.....	22-11.50	83	4A-Chris Walker, Davenport, Central.....	24-01
	A-Jim Simpson, Marion.....	22-00.75		3A-Rod Suazo, North Fayette, West Union.....	21-05.75
	B-Mike Maxted, West Harrison.....	21-05.25		2A-Tork Hook, Wayne, Corydon.....	22-02.25
	C-Neil Mandsager, Goldfield.....	22-00		1A-John McCombs, Sx Rapids-Rembrandt.....	21-11.75
69	AA- Walter Ewing, Davenport, Central.....	22-03.25	84	4A-Chris Walker, Davenport, Central.....	24-00.50
	A-Ted Leverenz, Ankeny.....	22-05.25		3A-Greg Rogers, Center Point.....	22-00.50
	B-Mike Everett, Carroll.....	20-05.75		2A-Matt Zuber, Iowa Valley, Marengo.....	21-10
	C-Don Bristow, LuVerne.....	20-10.25		1A-Phil Forbes, Lone Tree.....	20-08.25
70	AA-Mark Chardoulas, Fort Dodge.....	22-04.75	85	4A-Mike Anderson, Waterloo, East.....	22-06.75
	A-Dennis Thorson, Humboldt.....	22-02.50		3A-Sam Gout, Estherville.....	22-04
	B-Garry Hutchinson, West Harrison.....	21-00.25		2A-Matt Zuber, Iowa Valley.....	24-03
	C-Mark Swalley, Sanborn.....	21-03		1A-Phil Forbes, Lone Tree.....	21-05.75
71	AA-Ken Jackson, Waterloo, East.....	22-10.50	86	4A-Lyle Taylor, Indianola.....	22-02
	A-Randy Van Voorst, Western Christian.....	20-01.75		3A- Willie Barney, Mount Pleasant.....	22-09.75
	B-Mike Wehner, Schleswig.....	21-07.25		2A-Jeff Gavin, Regina, Iowa City.....	22-04
	C-Tom Schroeder, Preston.....	21-09.50		1A-Lant Doran, Paton-Churdan.....	21-08
72	AA-Ken Jackson, Waterloo, East.....	22-04	87	4A-Marvin Sims, Iowa City, West.....	22-08
	A-Steve Little, Jefferson.....	21-03		3A-Paul Blazek, Turkey Valley.....	22-00.75
	B-Craig Buhrow, Milford.....	21-01		2A-Lynn Van Beek, Sioux Center.....	21-10.25
	C-Dale Greimann, Sheffield-Chapin.....	21-03.50		1A-Steve Dinkla, Cumberland & Massena.....	21-00
73	AA-Dennis Green, Davenport, Central.....	23-04	88	4A-Darren Smith, North Scott.....	23-04.50
	A-Tom Meade, Williamsburg.....	21-01.75		3A-Mike Otting, Cascade.....	22-08.50
	B-Jim Marker, Northwood-Kensett.....	21-04.50		2A-Brian Tucker, Corning.....	22-06.25
	C-Brent Hoegh, Elk Horn-Kimballton.....	21-03.25		1A-Eric Pingel, Sutherland.....	22-00.25
74	AA-Jay Dana, Waverly-Shell Rock.....	22-06.25	89	4A-LaVance Banks, Bettendorf.....	22-11.50
	A-Doug Rempp, West Marshall.....	21-11		3A-Cole Honeck, Hampton-Dumont.....	22-00.75
	B-Randy Murray, Columbus Jct.....	22-01.25		2A-Brian Tucker, Corning.....	23-01
	C-Greg Capell, Fayette.....	22-06.50		1A-Richard Harris, GMG, Garwin.....	21-08
75	AA-Dennis Green, Davenport, Central.....	23-04.50	90	4A-Todd Madsen, Webster City.....	23-08
	A-Jeff Wettach, Mount Pleasant.....	21-09.50		3A-Jamie Leonard, Dallas Center-Grimes.....	21-11
	B-Randy Murray, Columbus Jct.....	22-06		2A-Jason Zoske, Hubbard.....	22-02
	C-Greg Van Pelt, Panora-Linden.....	21-04		1A-Chad Morton, CAL-Dows.....	21-07.50
76	AA-Tim Wiseman, Davenport, Central.....	23-01	91	4A-John Barnett, Ames.....	22-06.75
	A-Gary Crawford, Washington.....	22-08.75		3A-Scott VanWyngarden, Knoxville.....	22-06
	B-Leroy McCuen, Corning.....	21-01		2A-Rick Aalfs, BCL, Conrad.....	21-10.75
	C-Greg Van Pelt, Panora-Linden.....	20-08.50		1A-David Elser, South Clay, Gillett Grove ...	21-07.50
77	AA-Dave Minnick, Ames.....	22-10.25	92	4A-Tim Dwight, Iowa City, City.....	23-03.25
	A-John Dietrich, Emmetsburg.....	22-01.50		3A-Shawn Young, Saydel.....	22-08
	B-Leroy McCuen, Corning.....	22-04.50		2A-Deon Wingert, Bishop Garrigan.....	21-10.50
	C-Kent Krug, West Bend.....	21-07.25		1A-Mark Hall, Whiting.....	21-09
78	AA- Wayne Denton, Waterloo, West.....	23-02.50	93	4A-Tim Dwight, Iowa City, City.....	23-05.50
	A-Dave Showalter, Mid-Prairie.....	22-01.50		3A-Andrew Paulsen, Waverly-Shell Rock.....	21-08
	B-Dave Burris, NUH, Cedar Falls.....	21-11		2A-Jeff Buss, Denver.....	21-09.75

	1A-Matt Hall, Hinton	21-09	08	4A-Derek Williams, Marshalltown.....	21-10.50
94	4A-Tim Dwight, Iowa City, City.....	23-11		3A-Trevor Galbreath, Keokuk.....	21-06.50
	3A-Andrew Paulsen, Waverly-Shell Rock	22-08.50		2A-Nick Pulscher, Sheldon.....	21-07.50
	2A-Curt Accola, Ballard, Huxley	22-04		1A-Zach Bennington, Central Elkader.....	22-02.50
	1A-Matt Hall, Hinton	21-09.50	09	4A-Kenny Gilmore, Davenport, Central.....	22-02
95	4A-Mark Norman, Waterloo, East	22-02		3A-Kyle Crossett, Knoxville	22-04.50
	3A-Bryan Gilbreath, Waverly-Shell Rock.....	20-10		2A-Sid Hanson, Dike-New Hartford.....	22-02.25
	2A-Curt Accola, Ballard, Huxley	21-8		1A-Mason Tompkins, Montezuma.....	22-03.75
	1A-Kevin Wise, South Page, College Spr.	22-00.50	10	4A-Kenny Gilmore, Davenport, Central.....	22-03.75
96	4A-Jess Holland, Iowa City, City	23-01.50		3A-Riley McCarron, Wahlert, Dubuque	22-04.50
	3A-Troy Shulte, Bishop Heelan	21-05		2A-Justin Wohlert, Hartley-Melvin-Sanborn	22-02.75
	2A-Josh Gondek, Mount Vernon	20-07.50		1A-Zach Steinhoff, Manson NW Webster ...	21-11.50
	1A-Kevin Wise, South Page, College Spr.	21-03.25	11	4A-Kenny Gilmore, Davenport, Central.....	23-01.75
97	4A-Terry Reiners, Fort Dodge	22-06.50		3A-Riley McCarron, Wahlert, Dubuque	22-05
	3A-Bryan Gilbreath, Waverly-Shell Rock.....	23-04		2A-Caleb Freund, Durant	21-08.75
	2A-Josh Gondek, Mount Vernon	22-06		1A-Nick Efkamp, Madrid.....	23-02.50
	1A-Tim Dodge, Rockwell-Swaledale	23-01	12	4A-Jerry Westerfield. Davenport, North	24-01
98	4A-Adam Bengel, Ankeny	22-01		3A-Grant May, Glenwood	22-00
	3A-Brad Witthoft, Washington	22-06		2A-Dalton Ferch, West Marshall.....	22-11.75
	2A-Darin Naatjes, West Lyon, Inwood	22-01		1A-Josh Markert, Manson NW Webster	22-06.50
	1A-Chris McCullough, Pleasantville	22-02.25	13	4A-Derek Jacobus, CR, Kennedy	22-10.25
99	4A-Kolby Jones, Dowling Catholic, WDM	23-00.50		3A-Chandler Diercks, Clear Lake	22-06.25
	3A-Ben Hall, Harlan.....	22-10.25		2A-Connor Hainer, Colfax-Mingo	22-10.50
	2A-Josh Hanson, North Fayette	21-09.25		1A-Josh Markert, Manson NW Webster	22-04.50
	1A-David Rhodes, Iowa Mennonite.....	22-00.25	14	4A-Curtis McCrary, Linn-Mar, Marion.....	23-01
00	4A-Hakim Hill, Iowa City, City.....	22-06		3A-Chandler Diercks, Clear Lake	23-04.25
	3A-Adam Haluska, Carroll.....	21-07.75		2A-Haris Takes, Cascade.....	21-04.75
	2A-Matt Ditch, Center Point-Urbana.....	21-09.25		1A-Patrick Sheehey, Pleasantville	22-04.50
	1A-Lee Roden, West Harrison	21-00.50	15	4A-DeAngelo Jackson, Dubuque, Senior....	22-08.25
01	4A-Hakim Hill, Iowa City, City.....	22-11.50		3A-Ty Cassult, West Delaware.....	21-11.50
	3A-Adam Haluska, Carroll.....	22-01		2A-Chandler Diercks, Clear Lake	23-03.25
	2A-Bret VanWyk, Pella Christian.....	22-02.75		1A-Bryce Newcomb, GMG, Garwin.....	21-09.25
	1A-Nick Bender, Madrid	21-02.75	16	4A-DeAngelo Jackson, Dubuque, Sr.....	23-07
02	4A-Rumel Monk, Des Moines Lincoln	22-07.25		3A-Chase Van Sant, Pella	22-00.50
	3A-Adam Haluska, Carroll.....	22-05.25		2A-Xavior Williams, W Burlington/N. Dame	23-08.25
	2A-Cody Eichmeier, AGWSR, Ackley	22-11.50		1A-Jovonte Squiers, Lone Tree.....	22-04.75
	1A-Nick Bender, Madrid	22-02.50	17	4A-Kevin Kurth, Davenport, Central	22-03.50
03	4A-Jordan Crosby, Fort Dodge	22-06.25		3A-Blair Brooks, Marion.....	22-07.50
	3A-Paul Aanonson, Ballard, Huxley	21-10		2A-Miles Rupiper, Kuemper Catholic	21-11.25
	2A-Devan Moylan, Panorama	21-09.50		1A-Jovonte Squiers, Lone Tree.....	21-07.75
	1A-Jaron VanMaanen, Lynnville-Sully	22-07.75	18	4A-Terrell Jordan, Jr., CR Kennedy	22-05
04	4A-Ben Evans, Iowa City, City	22-09.50		3A-Ajay Reed, Gilbert.....	23-00
	3A-Mike Keller, Storm Lake.....	21-09		2A-Miles Rupiper, Kuemper Catholic	22-01
	2A-Dustin Baum, Eldora-New Providence	22-08.50		1A-Ryan Miller, North Linn	22-03.75
	1A-Eric Parker, Northwood-Kensett	21-11	19	4A-Damon Jaeger, Epworth, Western Dub. ...	22-7.75
05	4A-Aaron Jarosh, Ankeny	22-07.50		3A-Keyontre Clark, Bishop Heelan, S.C.....	21.7.25
	3A-Aaron Albus, LeMars	21-04		2A-Parker Kiewiet, Dike-New Hartford	22-10.75
	2A-Tristan Evans, Starmont, Arlington	22-00		1A-Josef Smith, West Hancock	21-10
	1A-Eric Smith, West Harrison, Mondamin....	21-06.50	20	Season canceled due to COVID-19.	
06	4A-Matt Kleven, Mason City.....	22-04	21	4A-Drew Bartels, Cedar Rapids, Kennedy	23-06
	3A-DaMarcus Taylor, Carlisle	22-03.25		3A-Ian Collins, Charles City.....	23-00.75
	2A-Nick Pearson, South Hardin, Eldora	22-07.75		2A-Cooper DeJean, OABCIG.....	23-07.50
	1A-Steven George, Maharishi, Fairfield	22-10.75		1A-Kole Becker, Lisbon	22-04
07	4A-Matt Kleven, Mason City.....	22-08.25	22	4A- Abu Sama, Southeast Polk,	24-2.75
	3A-Alex Spielman, Ballard.....	22-01.75		3A- Archer Ogbourne, Carlisle,	23-0.75
	2A-Lucas Bostrom, North Fayette	21-05.50		2A- Beau DeRocher, Hinton,	22-4.75
	1A-Josh Willert, West Hancock, Britt.....	21-04.75		1A- Kole Becker, Lisbon,	23-2.25

SHOT PUT

06	Ray Murphy, Ida Grove	44-07	A-Charles Hackett, Bettendorf.....	51-02 1/8
07	Merle Alderman, Marion	45-03	B-Ken Collins, Eldora	50-07.50
08	Donald Wagner, Des Moines West	40-07	C-Charles Quillin, New Sharon.....	45-00 5/8
09	C. Eugene Van Gent, Ottumwa	44-06	55 AA-Ed McDowell, Ames.....	56-03
10	Rudolph Hoper, Hartley	44-10	A-Jim Donhowe, Hampton.....	50-10.50
11	Howard Aldrich, Sioux City	43-07.25	B-Gary Belgarde, Adel.....	49-03.75
12	Kenneth C. Humble, Marion	42-05	C-Jerry Dawley, New Sharon	43-06
13	Francis Heaney, Cedar Rapids	43-00	56 AA-Roger Carlson, Dubuque.....	58-00.50
14	Elliott Purmort, Des Moines West.....	41-11	A-Scott Wagler, Bloomfield.....	53-10
15	Frank Hargens, Davenport	45-07	B-Alan Vieth, Oakland	48-11.25
16	Harold McKowan, West Des Moines	44-04	C-Jerry Dawley, New Sharon	49-07.50
17	Everett Muir, Hampton.....	45-01	57 AA-Bill Housel, Iowa City, City	55-11.25
18	Everett Muir, Hampton.....	45-10	A-Jack McDonald, Clear Lake	50-02.75
19	Curtis Morton, Des Moines North	43-11	B-Allan Vieth, Oakland	53-07 7/8
20	Lloyd Hills, Blanchard	41-10	C-Ron Walter, Farragut	48-05
21	Herb Boettger, Grinnell.....	45-02.50	58 AA-Dick Pilgrim, Davenport.....	56-08.75
22	Paul Little, Des Moines East.....	45-10	A-Mike Welch, Sac City	54-06
23	Gordon Meeter, Hawarden	46-00.75	B-Bob Zaehringer, Clinton St. Mary's.....	50-10 3/8
24	Ray Cherry, West Chester.....	44-07 5/8	C-Bill Reif, Kalona	50-02.50
25	Lawrence Coomer, Dayton.....	46-7	59 AA-Lee Carlson, Dubuque	60-00.50
26	Charles Barge, Montezuma	47-09.75	A-Jim Spooner, Storm Lake	52-04
27	John Larson, Sergeant Bluff.....	45-05	B-Dean Gerber, Holstein	51-03.75
28	Wayne Massey, Renwick	48-03 5/8	C-Gary Bintz, Sutherland.....	44-11.50
29	Edmund Cook, Keokuk.....	47-03.50	60 AA-Bob Berry, Burlington	58-00
30	John Smolar, Atlantic.....	47-05 3/8	A-Terry Carlson, Humboldt.....	49-04
31	Bob Earl, Des Moines, North	48-10 7/8	B-Gregg Harrison, Eldora	49-01
32	John Whinnery, Fort Dodge.....	48-01.50	C-Bruce Petrich, Sanborn.....	46-10.25
33	Floyd DeHeer, Oskaloosa	46-11.50	61 AA-Wayne Thimmesch, Burlington	55-09.75
34	Floyd DeHeer, Oskaloosa	54-06	A-Larry Strickler, Sigourney.....	50-11.75
35	Allen Dillon, Des Moines, Roosevelt.....	48-00	B-Joel Harris, Carroll	48-07
36	Allen Dillon, Des Moines, Roosevelt.....	53-02.25	C-Andy Ness, Sioux Rapids	47-10.50
37	Noble Ferren, Centerville.....	49-05	62 AA-Jim Miller, Des Moines, North	56-00.75
38	John Welchman, Davenport	48-03	A-Jim Bayse, Grundy Center.....	49-07.50
39	Ira Lund, Clinton	50-01 1/8	B-Joel Harris, Carroll	50-05
40	Dick Bliss, Ames	53-09	C-Andy Ness, Sioux Rapids	48-02
41	Dick Hoerner, Dubuque	50-04 5/8	63 AA-Tom Knutson, CR, Jefferson	58-02.75
42	Bob Hendren, Clarinda	49-07.50	A-Harold Sorenson, Bedford	54-09.50
43	Dave Williams, Ottumwa	46-08 1/8	B-Joel Harris, Carroll	52-07.50
44	Dave Williams, Ottumwa	48-08.50	C-Doug Winter, Ocheyedan.....	49-03.75
45	Bob Nelson, Des Moines, North	49-05.75	64 AA-Terry Huff, Davenport, Central	55-08
46	Bob Nelson, Des Moines, North	49-10.50	A-Dennis McNulty, Belmond.....	51-05.50
47	Joe Paulsen, Davenport	50-11	B-Jim Norman, Adel	54-10.25
48	A-Jim Robertson, Ames	50-08 3/8	C-Ken Huelman, Schaller	54-07
	B-Marv Tuttle, Iowa School for Deaf, CB	49-09.25	65 AA-Jon Meskimen, CR, Jefferson	60-03.25
49	A-Jim Robertson, Ames	54-05.75	A-Mike Mulvaney, Independence	52-06.25
	B-Marv Tuttle, Iowa School for Deaf, CB	49-11 3/8	B-Ken Hamman, Farragut	51-03.50
50	A-Bill Hood, Davenport.....	50-09 1/8	C-Ken Huelman, Schaller	55-04.50
	B-Ralph Yoder, Ollie.....	47-06.50	66 AA-Doug Lane, Cedar Rapids, Jefferson.....	60-11
51	A-Bill Hood, Davenport.....	54-02	A-James Rudd, Sac City	54-11.75
	B-Marlow Eckhoff, Rockwell City.....	47-00.75	B-John Martin, NUH, Cedar Falls	49-11
52	A-Jim Freeman, Iowa City, City.....	52-02.25	C-Al Feuerbach, Preston	57-07
	B-Don Kolsrud, DeWitt	47-11.50	67 AA-Doug Lane, CR, Jefferson.....	64-05.75
53	AA-Jim Dabner, Fairfield	49-09	A-Dave Mockridge, Central Clinton, DeWitt	55-05.25
	A-Stan Whelchel, Perry	49-02 5/8	B-Darrell Jansonius, Ackley-Geneva	52-00.75
	B-Francis Boetel, Hartley	49-00.75	C-Veryl Olson, LDF, LeGrand.....	53-09.75
	C-Bill Ehrenfelt, Wellman.....	42-11.50	68 AA-Doug Lane, CR, Jefferson.....	65-11.50
54	AA-Jim Dabner, Fairfield	51-00.75	A-Fred Beaver, Sac City	52-10.25

	B-Chuck Asher, Carlisle	55-07		2A-Calvin Vande Hoef, Sibley	54-01.75
	C-Leon Walterman, Dike	52-05		1A-Paul Slater, Arnolds Park.....	50-00.50
69	AA-Carl Hesse, Sioux City, East	60-02	84	4A-Ben Norby, Dubuque, Senior	56-07.25
	A-Glenn Richardson, Urbandale	55-03.75		3A-Stuart Stahl, Williamsburg.....	53-08
	B-Dan Miller, Belle Plaine.....	53-03.50		2A-Calvin VandeHoef, Sibley	55-02.50
	C-Pat Bishop, Bondurant-Farrar.....	49-01		1A-Paul Slater, Arnolds Park.....	51-01.50
70	AA-Bob Herman, CR, Jefferson	56-11.25	85	4A-Hirsch Oliver, Davenport, West	55-11
	A-Randy Omgig, Eagle Grove	55-07		3A-Andy Norland, Clarinda.....	59-00.50
	B-Larry Hutchinson, West Harrison.....	55-03		2A-Scott Phelps, Kingsley-Pierson.....	52-03.75
	C-Darrel Satern, Twin Rivers, Bode	51-09.75		1A-Chuck Waggoner, Sutherland.....	53-02.50
71	AA-John Patrick, Oskaloosa	55-03	86	4A- Todd Eagen, Oskaloosa	56-09
	A-Dan Hutchcroft, Mediapolis.....	55-11.25		3A-Andy Nordland, Clarinda.....	58-08.25
	B-Brad Storm, Belle Plaine.....	56-06		2A-Matt Coleman, Dallas Center-Grimes ..	51-05.25
	C-George Williamson, Battle Creek.....	52-11		1A-Scott Phelps, Kingsley-Pierson	54-07.50
72	AA-Brian Criswell, Grinnell.....	58-02	87	4A-Chris Hatcher, CB, Thomas Jefferson	54-10
	A-Brent Geringer, Mount Ayr.....	55-01.75		3A-Scott Davis, Glenwood.....	56-10.75
	B-Dave Lanther, Midland, Wyoming.....	55-00.50		2A-Greg Greiner, Sigourney.....	51-09.25
	C-George Williamson, Battle Creek.....	52-10		1A-Dondi Culbertson, Paton-Churdan	52-01.25
73	AA-Ken Stracener, Clinton	55-02.75	88	4A-Cory Faber, Dowling Catholic, WDM	56-11.25
	A-Brent Geringer, Mount Ayr.....	55-08.50		3A-Scott Davis, Glenwood.....	59-00.50
	B-Steve Scanlon, Villisca	51-02.50		2A-Greg Greiner, Sigourney.....	53-10.50
	C-Darrell Schumacher, Battle Creek	55-01		1A-Neal Warren, Madrid.....	52-06.50
74	AA-Ken Stracener, Clinton	56-07.25	89	4A-Chad Monson, Southeast Polk	56-02.25
	A-Brent Geringer, Mount Ayr.....	60-04		3A-Jon Pelzer, Atlantic	55-01
	B-John Birmingham, Nashua	52-11.25		2A-Brian Moretz, Northwood-Kensett.....	53-07.75
	C-Bob Feuerbach, Preston.....	58-04.75		1A-Ruel Kirstein, Lincoln, Stanwood	54-02.75
75	AA-Andy Michelson, Clinton.....	58-03.50	90	4A-Jason Matthews, Burlington.....	55-01
	A-Chuck Locke, Davis County.....	55-04.50		3A-John Martin, Mount Vernon.....	58-08.50
	B-Jeff DeVilder, BGM, Brooklyn	55-06.75		2A-Rick Whipple, West Hancock.....	53-07
	C-Bob Feuerbach, Preston	60-10.25		1A-Greg Barnett, Clarksville	55-07.50
76	AA-Derrick Barker, Marshalltown	57-03	91	4A-William Woods, Davenport, North.....	57-00
	A-Chuck Locke, Davis County.....	60-08.75		3A-Jeremy Truog, Estherville	53-06
	B-Jeff DeVilder, BGM, Brooklyn	59-02.75		2A-Steve Huberty, Emmetsburg.....	51-01
	C-Kirby Gilson, Bayard	53-08.50		1A-Josh Hagedorn, Clay Central-Everyly	56-07.25
77	AA-Jeff Hayek, Davenport, Central	58-00.25	92	4A-Jon LaFleur, Bishop Heelan	52-11.50
	A-Chuck Locke, Davis County.....	62-09.75		3A-Tim Wilson, Decorah.....	55-07.25
	B-Jeff DeVilder, BGM, Brooklyn	61-11.25		2A-Willy Stone, Pekin	51-10.50
	C-Jeff Tolly, Mormon Trail	52-02.25		1A-Josh Hagedorn, Clay Central-Everyly	56-11.50
78	AA-Phil O'Neil, CB, Thomas Jefferson.....	58-07.50	93	4A-Jon LaFleur, Bishop Heelan	56-04.75
	A-Steve Settle, Nevada	61-00.75		3A-Steve English, Mount Pleasant.....	53-07.50
	B-Shamus McDonough, Corning.....	56-02.75		2A-Scott Schaley, Camanche.....	59-07.75
	C-Brad Neuberger, Boone Valley	53-08.25		1A-Aaron Ruschy, Lincoln Central	53-09
79	AA-Jeff Steger, Davenport, Central.....	57-04	94	4A-Chris Rooney, Bishop Heelan.....	52-05.75
	A-Paul Hufford, Mount Vernon	57-00.25		3A-Steve English, Mount Pleasant.....	60-08.25
	B-Arnie Doden, Buffalo Center-Rake	53-01		2A-Jamie Beyer, PCM, Monroe.....	55-01.50
	C-Bob Jenson, Lincoln Central, Gruver.....	54-08.50		1A-Paul Schroeder, Gehlen Catholic	54-02.50
80	AA-Paul Deniston, Davenport, Central.....	56-11.50	95	4A-Erik Rogers, Davenport, West.....	50-09.75
	A-Joe Beadle, Anamosa.....	58-01.50		3A-Jim Leemon, Waverly-Shell Rock.....	53-02.50
	B-Tim Buenz, Charter Oak-Ute	54-09.75		2A-Jamie Beyer, PCM, Monroe.....	58-05.50
	C-Tim Hadden, Primghar.....	51-06.25		1A-Matt Voge, Galva-Holstein	53-04.25
81	AA-Norm Balke, Iowa City, City	58-01	96	4A-Cory Bern, Spencer	53-09.50
	A-Jim Strand, Glenwood	55-04.50		3A-Jason Cheever, Bishop Heelan	52-11.50
	B-Mike Goad, Iowa Valley	58-10		2A-Zech Schiebout, Pella Christian.....	53-00.75
	C-Barry Cuvelier, New Hartford.....	57-00.50		1A-Jay Jensen, Galva-Holstein	51-06
82	4A-Dave Juehring, Davenport, West.....	61-05	97	4A-Curt Lessman, SC, East	53-04.75
	3A-Jim Strand, Glenwood	56-06		3A-Jason Cheever, Bishop Heelan	55-01
	2A-Dave Siler, Denver.....	53-10.25		2A-Joel Ellis, Emmetsburg	54-10.75
	1A-Barry Cuvelier, New Hartford.....	57-06.75		1A-Matt Mai, Gehlen Catholic, LeMars	56-07
83	4A-Mike Flagg, Cedar Falls.....	57-02.25	98	4A-Trent Clemen, Wahlert, Dubuque	59-05
	3A-Rick Davidson, Davis County	54-02		3A-Robert Hamre, Davis County	56-02.25

	2A-Ryan Winters, Iowa Falls	56-01.25		3A-Brandon Scherff, Denison-Schleswig	58-05.25
	1A-Matt Mai, Gehlen Catholic, LeMars	54-11.75		2A-Kyle Farmer, Estherville Lincoln Central	55-00.25
99	4A-Ben Deike, Marshalltown	57-01.75		1A-Eric Simmons, Madrid	57-02.75
	3A-Dennis Anderson, Glenwood	58-09	11	4A-Chris LaMar, Ames	53-03.25
	2A-Robby Beyer, PCM, Monroe	59-11		3A-Justin Baker, Bishop Heelan	59-04.75
	1A-Chris Mohr, Coon Rapids-Bayard	50-08.50		2A-Ben Stutt, Monticello	56-06.25
00	4A-Jake Bowers, Sioux City, North	53-11.75		1A-Eric Simmons, Madrid	58-11
	3A-Scott Romans, Glenwood	56-10.25	12	4A-Chris LaMar, Ames	54-07.75
	2A-John Reilly, East Marshall, LeGrand	56-03.50		3A-Connor Melbus, Solon	57-11.75
	1A-Phil Barnett, Clarksville	51-07.50		2A-Avery Meyers, West Liberty	58-02.75
01	4A-Ben Cronin, Ames	56-05		1A-Grant Greenfield, Sibley-Ocheyedan	52-07.50
	3A-Steve Wagner, Harlan	58-04.25	13	3A-Emmet Wester, Mount Pleasant	58-01.25
	2A-Justin Heins, North Fayette	53-04.50		2A-Zach Samson, Collins-Maxwell-Baxter ..	53-00.75
	1A-Phil Barnett, Clarksville	53-03.75		1A-Keegan Tritle, Lisbon	53-00.25
02	4A-John Cochran, Valley, WDM	56-02.75	14	4A-Jacob Barents, Lewis Central	57-04
	3A-Shane Maier, Storm Lake	55-10.75		3A-Dalton Ferguson, Solon	60-00.75
	2A-Mitch Fields, Tipton	53-00.75		2A-Zach Samson, Collins-Maxwell-Baxter ..	56-05.50
	1A-Lucas Schossow, Galva-Holstein	54-05.50		1A-Keegan Tritle, Lisbon	56-03.50
03	4A-Darryl Hunter, Dowling Catholic	58-09.50	15	4A-Tyler Johnson, Epworth, Western Dubqe	55-08
	3A-Shane Maier, Storm Lake	59-03.75		3A-Nathan Winters, Knoxville	58-01.25
	2A-Taylor Strube, Emmetsburg	55-10.25		2A-Ryan Moser, Clayton Ridge	56-03.50
	1A-Wade Fegenbush, Whiting	52-10.25		1A-Keegan Tritle, Lisbon	57-02
04	4A-Chase Madison, Newton	63-00	16	4A-Dalles Jacobus, Cedar Rapids, Kennedy	60-08
	3A-Jason Wagner, Grinnell	56-06		3A-Tristan Wirfs, Mount Vernon	60-01.25
	2A-Jason Williams, Mount Vernon	54-08		2A-Nick Phelps, KP-WC	61-01.75
	1A-Ben Menary, Montezuma	51-04.50		1A-Mason Scheidegger, Newell-Fonda	55-02.50
05	4A-Julian Vandavelde, Davenport Central ..	56-03.75	17	4A-William Blaser, Epworth, Western Dubq	61-09.25
	3A-Sam Lambert, Webster City	59-09		3A-Tristan Wirfs, Mount Vernon	63-05.50
	2A-Matt Banse, Starmont, Arlington	55-06.75		2A-Jared Brinkman, Regina, Iowa City	63-04
	1A-Austin Steichen, St. Mary's, Remsen	56-08.50		1A-Caleb Meinders, AGWSR, Ackley	55-03
06	4A-Julian Vanderveelde, Davenport Central	58-11.50	18	4A-Landis Green, Iowa City, West	58-05
	3A-Taylor Mansfield, Decorah	57-01.50		3A-Dominick Etherington, Algona	61-00.75
	2A-Matt Banse, Starmont, Arlington	60-03		2A-Nick Phelps, KP-WC	67-02
	1A-Kyle Cheney, Guthrie Center	54-04		1A-Dawson Ellingson, Hudson	59-05.75
07	4A-Ryan Lamparek, Prairie, Cedar Rapids	59-06	19	4A-Logan Jones, Lewis Central	60-02
	3A-Cody Hundertmark, Humboldt	56-07		3A-Nick DeJong, Pella	57-11.5
	2A-Matt Banse, Starmont, Arlington	60-03.50		2A-Noah Fenske, New Hampton	60-0.25
	1A-Zach Kotz, Lamoni	53-07		1A-Zach Verzani, Lawton-Bronson	54-3.25
08	4A-Thomas Reynolds, Iowa City, West	57-00	20	Season canceled due to COVID-19.	
	3A-Brandon Scherff, Denison-Schleswig	59-05.50	21	4A-Matt Kaputska, Waukee	60-06.25
	2A-Ethan Tuftee, Assumption, Davenport	56-11.50		3A-Kody Huisman, Pella	59-04.75
	1A-Andrew Simons, West Lyon, Inwood	53-01.50		2A-Carson Lienau, Jesup	55-00.50
09	4A-Nic Toben, Ames	58-04		1A-Zach Verzani, Lawton-Bronson	58-11.25
	3A-Drew Clark, Marion	64-07.75	22	4A-Nolan Recker, Muscatine,	59-9.75
	2A-Dan Samson, CMB, Baxter	56-05.50		3A-J.J. Moore, Webster City,	59-5.00
	1A-Andrew Simons, West Lyon, Inwood	54-02		2A-Carson Lienau, Jesup,	58-9.50
10	4A-Jeremy Jacobson, Bettendorf	60-00.75		1A-Abraham Christensen, Ogden,	53-6.50

DISCUS (4 lbs. 7 oz. implement)

06	Ray Murphy, Ida Grove	110-10	13	Lawrence Dutton, Anamosa	124-08.50
07	Merle Alderman, Marion	121-07	14	Joe Van Ginkel, Des Moines North	107-10
08	Donald Wagner, Des Moines West	101-08.75	15	Glen Greenwood, Webster City	115-0
09	Ross Fife, Anamosa	108-05	16	Glen Greenwood, Webster City	113-06
10	C. Eugene Van Gent, Ottumwa	108-06	17	Garwin Lewis, Wellman	108-11.50
11	Howard Aldrich, Sioux City	102-11.75	18	Adamson, Correctionville	110-01.50
12	Lawrence Dutton, Anamosa	121-01.50	19	Bogs, Goldfield	113-10

20	James Hitch, Fort Madison	110-03	30	Dee Osborn, Perry	128-08.50
21	Glen Lytle, Nashua	119-03	31	Bob Santee, Iowa Falls	124-06.25
22	Herb Boettger, Grinnell	115-11	32	John Welbes, Dubuque	136-09
23	Foster Rinefort, Grinnell	133-04.75	33	Lawrence Costigan, Buffalo Center	133-09.25
24	Raymond Reeves, Winfield	117-00	34	Floyd DeHeer, Oskaloosa	125-00
25	Fred Boettger, Grinnell	111-00	35	Weldon Peter, Waterloo, East	128-01
26	Charles Barg, Montezuma	122-06.50	36	Allen Dillon, Des Moines, Roosevelt	128-00
27	Mike Wilkinson, Independence	113-05 5/8	37	Ken Hagerty, Shenandoah	121-00 1/8
28	Gerry Foster, Davenport	124-09	38	Harold Hughes, Ida Grove	123-11
29	Dee Osborn, Perry	129-02			

DISCUS (3 lbs. 9 oz. implement)

39	Ralph Beardsley, Anamosa	136-08.75	A-Dick Ashland, Clear Lake	151-04	
40	George Gast, Osage	145-01.25	B-Larry Strickler, Sigourney	153-07	
41	Jack Muckler, Grinnell	143-10.25	C-Doug Peterson, West Chester	143-11.50	
42	Bob Hendren, Clarinda	144-00	61	AA-Bill Rose, Clinton	158-11
43	Dave Williams, Ottumwa	146-09.75	A-Larry Strickler, Sigourney	162-05	
44	Dave Williams, Ottumwa	143-03.75	B-Dave Korver, Maurice-Orange City	151-04	
45	Stan De La Hunt, Ames	149-09.25	C-Curt Pefferman, Olds	139-06.50	
46	James McKinstry, Waterloo, East	139-07	62	AA-Tom Knutson, CR, Jefferson	166-07.50
47	Jay Mallas, Boone	152-08 5/8	A-Larry Leist, Rockwell City	145-06	
48	A-Jim Robertson, Ames	156-07 5/8	B-Dan Cipperly, Holstein	137-00	
	B-Victor Grothaus, Kingsley	141-02.50	C-Dick Cushman, Lakota	134-01	
49	A-Jim Robertson, Ames	160-05.75	63	AA-Tom Knutson, CR, Jefferson	160-11
	B-Jim Reinert, Earlham	137-02.50	A-Dave Moreland, Audubon	138-07.50	
50	A-Larry Welchel, Perry	145-04 4/5	B-John Sanden, Ogden	148-01	
	B-Ralph Yoder, Ollie	154-06. 3/5	C-Dean Galloway, Union-Whitten	141-05	
51	A-Larry Welchel, Perry	144-04.50	64	AA-Larry Thoms, Waverly-Shell Rock	153-01.50
	B-Marlow Eckhoff, Rock Valley	139-11.50	A-Terry Reed, Iowa Falls	144-04.25	
52	A-Dick Walker, Waterloo, West	143-02	B-Ed Pundt, Iowa Valley, Marengo	153-3	
	B-Jim Willet, Manson	137-02.50	C-Wade Winters, Bondurant-Farrar	140-11.50	
53	AA-Jim Young, Waterloo, West	140-03	65	AA-Larry Thoms, Waverly-Shell Rock	165-08.50
	A-Doug Brotherton, Creston	137-07.50	A-Mike Mulvaney, Independence	150-11	
	B-George McAndrews, Clinton, St. Marys	143-04	B-Gary Hansen, Linn-Mar	153-07.75	
	C-Jim Litwiller, Wellman	125-01	C-Dean Troug, Mallard	144-10.75	
54	AA-Jim Young, Waterloo, West	146-07	66	AA-Ted Knutson, CR, Jefferson	163-08
	A-Rich Bourne, Iowa Falls	134-09.50	A-Terry Smutzer, Central, Argyle	162-08	
	B-Ed Roberts, West Liberty	137-01.75	B-Steven Kramme, Calmar	143-08	
	C-Leon McNeil, New London	128-05	C-Al Feuerbach, Preston	149-07.50	
55	AA-Herb Marske, Clinton	147-01	67	AA-(Tie) Jerry Senters, West Delaware, & Doug Lane, Cedar Rapids, Jefferson	168-05
	A-Bob Garrett, Waverly	141-06 3/8	A-Dennis Meyer, Iowa Falls	153-04	
	B-Russ Spear, Tama	144-10.50	B-Bob Bahr, Belle Plaine	140-02	
	C-Norman Offenbacher, Coin	130-03	C-Steve Maguire, Treynor	140-02	
56	AA-Dave Henschen, Davenport	163-07 1/8	68	AA-Doug Lane, Cedar Rapids, Jefferson	162-11
	A-Scott Wagler, Davis County, Bloomfield	153-05	A-Don Handorf, Clarinda	151-00	
	B-Dick Root, Akron	138-09 3/8	B-Dan McClanahan, West Harrison	161-07	
	C-Norman Offenbacher, Coin	145-09.50	C-Michael Nessa, Hubbard	153-01	
57	AA-Weldon Ward, Fort Madison	155-00	69	AA-Don Presson, Bettendorf	157-11
	A-Jay Dockendorf, DeWitt	144-04.25	A-Ron Kennedy, Storm Lake	163-04	
	B-Dick Root, Akron	134-04	B-Dave Bahr, Belle Plaine	149-04	
	C-Carroll Widen, Harcourt	136-11	C-John Busbee, Winfield-Mt Union	151-09	
58	AA-Dick Pilgrim, Davenport	146-06.75	70	AA-Phil Danowsky, CR, Washington	157-05
	A-David Turner, Sheldon	138-04.50	A-Randy Omgig, Eagle Grove	164-05	
	B-Steve Wedgebury, Ogden	149-00	B-Larry Hutchinson, West Harrison	153-00	
	C-Carroll Widen, Harcourt	140-01.50	C-Don Bergman, Rockwell-Swaledale	152-05	
59	AA-Lee Carlson, Dubuque	149-01	71	AA-Randy Lessman, Sioux City, East	170-08
	A-Paul Elmegreen, DeWitt	141-01	A-Ron Tanner, Eagle Grove	172-04	
	B-Larry Strickler, Sigourney	144-09	B-David Lanpher, Midland, Wyoming	144-06	
	C-Doug Peterson, West Chester	141-11	C-John Smeltzer, Marcus-Meriden-Cleghorn	144-08	
60	AA-Mike Reilly, Dubuque	159-01			

72	AA-Randy Lessman, Sioux City, East	174-08	87	4A-Shannon Neal, Davenport, Central	164-05
	A-Mark Smith, Independence	166-11		3A-Scott Davis, Glenwood	167-01
	B-Jay DeZeeuw, Boyden-Hull	151-11		2A-Lance Kooiker, Sioux Center	152-03
	C-George Williamson, Battle Creek	146-07		1A-Dondi Culbertson, Paton-Churdan	160-05
73	AA-Jeff Holcomb, Bettendorf	160-08	88	4A-Kevin Dodd, Mason City	167-09
	A-Brent Geringer, Mount Ayr	169-09		3A-Todd Kinney, Central Clinton, De Witt	162-06
	B-Lyle Schwartz, Greenfield	149-05		2A-Gary Popkes, Central Lyon, Rock Rapids	157-00
	C-Darrell Schumacher, Battle Creek	153-03		1A-Brian Kahl, Manning	146-07
74	AA-Dan Mills, Wahlert, Dubuque	161-08	89	4A-Jason Joens, Prairie, Cedar Rapids	169-10
	A-Jeff Donley, Independence	168-07		3A-Jon Pelzer, Atlantic	174-04
	B-Jim Nicoletto, Madrid	153-07		2A-Tom Schneckloth, Tri-Center	161-01
	C-Randy Koch, Charter Oak-Ute	156-00		1A-Tim Jensen, Olin	157-01
75	AA-Mike Thorp, Mason City	171-07	90	4A-Jason Maloy, Linn-Mar	162-06
	A-Pat Tuttle, Saydel	156-10		3A-John Martin, Mount Vernon	171-06
	B-Tom Briles, Corning	156-05		2A-Allan Walz, Bondurant-Farrar	175-08
	C-Bob Feuerbach, Preston	163-11		1A-Doug Riese, Colo-Nesco	149-10
76	AA-Tracy Nanke, Waterloo, West	170-04	91	4A-Jason Maloy, Linn-Mar	165-11
	A-Chuck Locke, Davis County, Bloomfield	165-00		3A-Eric Emsick, Lewis Central	164-06
	B-Jeff DeVilder, BGM, Brooklyn	166-09		2A-Allan Walz, Bondurant-Farrar	186-02
	C-Jeff Tolly, Mormon Trail	150-04		1A-Josh Hagedorn, Clay Central-Everly	152-08
77	AA-Scott Crowell, Mason City	168-07	92	4A-Trevor Catron, Indianola	155-10
	A-Chuck Locke, Davis County, Bloomfield	178-03		3A-Bob Small, Davis County, Bloomfield	164-07
	B-Jeff DeVilder, BGM, Brooklyn	168-04		2A-Brent Daufeldt, W Liberty	164-00
	C-Jeff Tolly, Mormon Trail	156-05		1A-Craig Kirkpatrick, Madrid	171-01
78	AA-Scott Crowell, Mason City	182-07	93	4A-Chris Amos, Waterloo, East	157-00
	A-Steve Settle, Nevada	172-08		3A-Bob Small, Davis County, Bloomfield	167-02
	B-Brett Hennessey, Dysart-Geneseo	155-09		2A-Scott Schaley, Camanche	170-10
	C-Arnie Doden, Buffalo Center-Rake	155-09		1A-J.D.Radakovich, Earlham	156-06
79	AA-Dave Lamar, Assumption, Davenport	165-00	94	4A-Matt Manuel, Cedar Rapids, Kennedy	162-07
	A-Jim Holmes, Glenwood	165-10		3A-Tim Holmgren, Estherville	155-07
	B-Arnie Doden, Buffalo Center-Rake	166-09		2A-Travis Senters, Iowa Falls	154-01
	C-Bob Jenson, Lincoln Central, Gruver	160-09		1A-Kyle Corey, Griswold	148-01
80	AA-Glenn Klepsteen, Davenport, West	163-03	95	4A-Erik Rogers, Davenport, West	150-01
	A-Matt Haven, Independence	179-07		3A-Brad Travis, Spirit Lake	164-11
	B-Mike Goad, Iowa Valley, Marengo	156-00		2A-Travis Senters, Iowa Falls	158-00
	C-Tom Poppe, Plainfield	152-05		1A-Billy Nordyke, Winfield-Mt, Union	157-02
81	AA-Ross Brockshaus, Spencer	180-01	96	4A-Cory Bern, Spencer	168-11
	A-Gary Ewald, Rockford	156-06		3A-Dave Jennings, Nevada	171-07
	B-Mike Goad, Iowa Valley, Marengo	170-08		2A-Zach Schiebout, Pella Christian	167-11
	C-Don Schwabbauer, Iowa Mennonite	146-00		1A-Mike Mai, Gehlen Catholic, Le Mars	146-07
82	4A-Dave Juehring, Davenport, West	184-08	97	4A-Adam Judge, Des Moines, Lincoln	163-08
	3A-Wayne Schope, Atlantic	153-04		3A-Brad Travis, Spirit Lake	174-01
	2A-Arden Postma, Unity Christian, OC	155-01		2A-Dave Forbes, Columbus, Columbus Jct. ..	151-01
	1A-Steve DeZeeuw, Boyden-Hull	158-08		1A-Andy Smith, Montezuma	156-00
83	4A-John Kruse, Clinton	157-06	98	4A-Adam Judge, Des Moines, Lincoln	173-06
	3A-Kelly Tagtow, Wapsie Valley	170-09		3A-Ben LaFleur, Bishop Heelan, Sioux City ...	165-07
	2A-Scott Hage, Nora Springs-Rock Falls	156-04		2A-Brad Daufeldt, West Liberty	159-06
	1A-Brad Alberts, Paullina	155-03		1A-Kyle Bergman, BCLUW, Conrad	149-11
84	4A-Troy Crouse, Fort Dodge	159-07	99	4A-Joe Illingworth, Newton	164-00
	3A-Clark Hopp, Glenwood	163-00		3A-Jason Kirschbaum, Spirit Lake Park	162-09
	2A-Bruce Swain, Northwood-Kensett	161-02		2A-Brad Daufeldt, West Liberty	174-03
	1A-Chuck Waggoner, Sutherland	155-04		1A-Jon Kadner, Eldora-New Providence	158-00
85	4A-Troy Crouse, Fort Dodge	166-04	00	4A-Michael Miller, Ames	166-09
	3A-Doug Koopman, Storm Lake	164-01		3A-Jason Kirschbaum, Spirit Lake Park	150-02
	2A-Scott Phelps, Kingsley-Pierson	168-08		2A-Andy Banse, Starmont, Arlington	148-00
	1A-Chuck Waggoner, Sutherland	157-02		1A-Gabe Koenigsfeld, Rockford	144-00
86	4A-Garry Howe, Spencer	165-11	01	4A-Michael Miller, Ames	157-04
	3A-Dan Larson, Cherokee	167-01		3A-Chris Hopkins, Denison-Schleswig	157-00
	2A-Matt Coleman, Dallas Center-Grimes	162-05		2A-Justin Heins, North Fayette, West Union ..	168-08
	1A-Scott Phelps, Kingsley-Pierson	185-04		1A-John Gallery, East Buchanan, Winthrop ...	154-06

02	4A-Seth Zehr, Fort Dodge	174-11	3A-Tyler Hovey, Atlantic	187-09
	3A-Tom Schmeling, Atlantic	171-06	2A-Alex Goeller, Wapsie Valley.....	170-05
	2A-Clint Huntrods, Collins-Maxwell-Baxter	169-09	1A-Grant Greenfield, Sibley-Ocheyedan.....	172-04
	1A-Lucas Schossow, Galva-Holstein	155-04	13 4A-Joseph Weiner, Dubuque Hempstead	182-03
03	4A-Brandon Franklin, Des Moines Hoover.....	180-01	3A-Ethan Kenkel, Storm Lake	176-04
	3A-Tom Schmeling, Atlantic	178-07	2A-Devonte Merrill, Monticello.....	165-11
	2A-Jacob Spratt, Williamsburg	156-06	1A-Andrew McCune, Woodward-Granger.....	160-04
	1A-John Cool, St. Albert, Co. Bluffs	153-06	14 4A-Jacob Barents, Lewis Central	168-02
04	4A-Chase Madison, Newton.....	190-11	3A-Seth Snitker, Waukon	175-06
	3A-Jason Wagner, Grinnell	171-02	2A-Isaac Holtz, Monticello	172-06
	2A-Jason Williams, Mount Vernon	152-08	1A-Jake Goeller, Wapsie Valley	168-02
	1A-Jason Fisher, Montezuma	157-06	15 4A-Erik Nelson, Waukee	173-00
05	4A-Ryan Nidey, Iowa City West	171-06	3A-Nathan Winters, Knoxville.....	173-05
	3A-Josh Scanlon, Mount Vernon.....	157-00	2A-Tristan Wirfs, Mount Vernon	167-03
	2A-Jesse Smith, North Fayette, West Union...	162-04	1A-Tom Yezeck, Northwood-Kensett.....	172-04
	1A-Brian Fogelman, Manning.....	164-09	16 4A-Jackson Corker, Cedar Rapids, Kennedy.	180-06
06	4A-Robbie Utterback, Waukee.....	168-01	3A-Tristan Wirfs, Mount Vernon	185-09
	3A-Wallace Carter, Centerville	156-05	2A-Nick Phelps, WC-KP	176-02
	2A-Kyle Haganman, Osage.....	163-11	1A-Tom Yezeck, Northwood-Kensett.....	197-05
	1A-David English, West Branch	161-09	17 4A-Jackson Coker, Cedar Rapids, Kennedy..	175-05
07	4A-Nick Brayton, Iowa City West	192-06	3A-Tristan Wirfs, Mount Vernon	190-10
	3A-Brad Kuxhausen, Glenwood.....	167-06	2A-Nick Phelps, KP-WC	183-06
	2A-Matt Banse, Starmont-Arlington.....	173-11	1A-Nathan Karsjens, AGWSR, Ackley	169-11
	1A-Tyler Banzun, Central Elkader.....	156-01	18 4A-Jonathan Gannon, Iowa City, West	178-06
08	4A-Thomas Reynolds, Iowa City West.....	191-10	3A-Harrison Goebel, West Delaware	169-09
	3A-Wallace Carter, Centerville	174-03	2A-Nick Phelps, KP-WC	185-09
	2A-Cody Bahrke, Tri-Center, Neola	172-05	1A-Dawson Ellingson, Hudson	179-02
	1A-Dominc Alvis, Logan-Magnolia	169-03	19 4A-Logan Jones, Lewis Central	185-10
09	4A-Anthony Bell, Dowling Catholic, WDM.....	170-07	3A-Matt Vislisel, Mount Vernon	174-01
	3A-Drew Clark, Marion	161-01	2A-Noah Fenske, New Hampton.....	152-11
	2A-Dominic Alvis, Logan-Magnolia	167-02	1A-Layne Pryor, Woodbine	155-03
	1A-Cade Lambson, Mount Ayr	168-01	20 Season canceled due to COVID-19.	
10	4A-Dom Howard, Ames.....	186-10	21 4A-McKade Jelinek, Linn-Mar, Marion	178-11
	3A-Mike Smithburg, Fairfield	172-00	3A-Brandon VanderSluis, LeMars	170-06
	2A-Henry Ricklefs, Logan-Magnolia.....	162-10	2A-Carson Lienau, Jesup	165-05
	1A-Cade Lambson, Mount Ayr	174-07	1A-Layne Pryor, Woodbine	182-09
11	4A-Sam Joens, Prairie, Cedar Rapids	184-06	22 4A- Walker Whalen, Indianola,	204-9
	3A-Justin Baker, Bishop Heelan.....	177-11	3A- Duke Faley, Dubuque Wahlert,	165-9
	2A-Avery Meyers, West Liberty.....	178-05	2A- Austin Busch, South Hamilton,	169-2
	1A-Tim Nemechek, Central, Elkader.....	171-03	1A- Justin Olson, George-Little Rock,	166-5
12	4A-Jacob Hayes, Bettendorf	170-07		

DISCONTINUED STATE MEET FIELD EVENT CHAMPIONS

HAMMER THROW – 12 lbs. (1906-1910)

06	Locke Macomber, Des Moines West.....	140-03	09	George Weis, Marion.....	164-05
07	Merle Alderman, Marion	152-00	10	Rudolf Hoper, Hartley.....	144-06
08	Glenn Simons, Des Moines North	143-08			

JAVELIN (1927-1941)

27	Walter Miller, Marshalltown	171-08.75	31	Dale Keisey, Washington	171-06.50
28	Elmo "Swede" Nelson, Clearfield.....	181-07.25	32	Milton Sumner, Hawarden.....	172-01.75
29	Gordon Baird, Greenfield.....	166-10.25	33	Ralph Bennett, Burlington	161-03.50
30	Ralph Martin, Traer.....	164-03	34	Lamar Strah, Fort Madison.....	170-07.50

35	Gail Davis, Perry.....	180-10.25	39	Bruce Erickson, Traer.....	195-08.25
36	Raymond Murphy, Ida Grove	177-00.25	40	Dick Hoerner, Dubuque.....	182-08.50
37	Bruce Erickson, Traer	169-03	41	Paul Fagerlind, Waterloo East	184-11.50
38	Bruce Erickson, Traer	185-02.75			

POLE VAULT (1906-1989)

06	Charles Freene, Ida Grove	10-02	49	A-(Tie) John Wilkins, Ames; Anson Bell, Cedar Rapids Roosevelt; Jerry Neisslie, Clinton.....	11-09
07	Charles Freene, Ida Grove	10-00		B-Harry Hamilton, Blanchard	10-051/8
08	George Trostle, Des Moines West	10-02.50	50	A-Jerry Neisslie, Clinton.....	11-09
09	Ross Fife, Anamosa	10-06		B-(Tie) Jim Bohnsack, Tama; Lewis Butts, Sidney; Milt Madden, Kingsley	10-00
10	(Tie) Robert Thom, Correctionville; Dow Byers, DM East; Arthur Harper, DM West	10-02	51	A-Ed DePooter, Davenport	12-00.75
11	(Tie) Edwin Shrader, Iowa City; Watson Metcalfe, DM, East.....	10-02		B-John Burken, Clinton St. Mary's	11-00.50
12	Raymond Jones, Ames	10-01.50	52	A-(Tie) Nick Piper, Ames & Hal Mullison, Shenandoah	12-06.25
13	Lawrence Dutton, Anamosa	9-11		B-Gardner VanDyke, Iowa City, University ..	11-05.75
14	Arthur Beisell, Goldfield	10-06	53	AA-Les Chapman, Davenport.....	11-09 5/8
15	Arthur Beisell, Goldfield	10-11		A-Jerry Fellingder, Bloomfield	11-09 5/8
16	Kenneth Kolt, Des Moines West.....	10-01		B-Gardner Van Dyke, Iowa City, University ..	12-01.75
17	Percy Osborn, Iowa City.....	10-08		C-Bob Toomire, Hedrick.....	10-06.75
18	Tracy, University High, Iowa City.....	10-05	54	AA-Ron Sturch, Waterloo West	12-00
19	Darwin Collins, Des Moines North.....	9-11		A-Pat Kilbane, Shenandoah.....	11-07
20	Lawrence Brown, Des Moines West.....	10-02		B-Dave Dillon, NUH, Cedar Falls	12-03 7/8
21	Xavier Boyles, Iowa City, City.....	10-11 1/8		C-(Tie) Charles Davis, Farragut; Warren Ellsworth, College Springs; & Dick Davison, New London	10-06
22	(Tie) Herbert Owens, Waterloo West & Leslie Renquist, Gowrie.....	11-02.75	55	AA-(Tie) Jack Stevens, Ames; Bob Brazleton, Newton; Jim Cahill, Bishop Heelan, Sioux City; & Jerry Fenn, Davenport.....	11-00.50
23	(Tie) Maurice Soult, Clarion & Ray Dalbey, Des Moines West.....	10-11		A-(Tie) Ralph Taylor, Clarinda & Lee Sill, Cresco	11-00.50
24	Dick Zvacek, Cedar Rapids Grant.....	11-05.50		B-Dave Dillon, NUH, Cedar Falls	12-04.50
25	Gordon Clifton, CB, Abraham Lincoln	12-00.50		C-(Tie) Warren Ellsworth, College Springs; & Bob Sweeney, Carlisle.....	11-04
26	Gordon Clifton, CB, Abraham Lincoln	12-02.75	56	AA-Jim Weeks, Ottumwa	12-04.25
27	Sidney Stetzel, Waterloo West	11-06		A-Ralph Taylor, Clarinda.....	12-04.50
28	(Tie) Sidney Stetzell, Waterloo West & Ray Null, Sioux City East.....	12-00.75		B-Howard Johnson, Pocahontas	11-08.50
29	Howard O'Dell, Sioux City East.....	11-11.50		C-Hugh Ferguson, Tingley	11-00
30	Ralph Martin, Traer.....	12-03	57	AA-Jack Stevens, Ames.....	12-03.75
31	Ralph Martin, Traer.....	12-05.50		A-Tom Rogers, Maquoketa	11-09.25
32	(Tie) Don Emery, Des Moines North & Wayne Lyon, Des Moines Roosevelt.....	11-09		B-Dennis Brechwald, Alta	10-08
33	Ray Schiebel, Davenport.....	12-00		C-(Tie) John Barbour, Tabor; & Hugh Ferguson, Tingley	11-08.75
34	Ray Schiebel, Davenport.....	11-10	58	AA-Don Stark, Centerville	12-07.25
35	(Tie) Londus Swart, Carroll; Bob Byers, Sioux City Central; Allen Towle, Hampton	11-09		A-Mick Baller, Jefferson	12-05
36	Max O'Neill, Waterloo West.....	11-07.50		B-John Barbour, Tabor.....	11-07
37	Laverne Griffin, Davenport	11-10		C-(Tie) Gene Bintz, Sutherland; & John Shelton, Modale.....	11-08
38	(Tie) Clarence Beck, Denison; Lester Bader, Grinnell; John Kindig, Kingsley	11-08	59	AA-(Tie) Bob Neissle, Clinton & Roy Shoecraft, Sioux City East.....	12-06.75
39	Clarence Beck, Denison	12-06		A-Rich Meyer, Clarion	12-01
40	Everett Wood, Ida Grove	11-06		B-(Tie) Duane Handy, Hedrick & Larry Oiler, Lamoni.....	11-06
41	(Tie) Junior Barnes, Ames; John McGrath, Hampton	11-10		C-Howard Seuferer, Lacona.....	11-03
42	Jack Bruntmeyer, Burlington	11-11.25	60	AA-George Smith, Davenport	12-04.75
43	Dan Sheehan, CB, Abraham Lincoln.....	12-01.25		A-(Tie) Jim Whitlach, Indianola; & Gary Meyer, Clarion.....	11-03.50
44	John Wilson, Iowa City	11-03		B-(tie) Bill Taylor, Sheffield; & Dave Wenck, Carroll	11-06
45	John Wilson, Iowa City	11-09			
46	Clair Jennett, Sac City	12-03			
47	Dick Greene, Newton.....	11-09			
48	A-Jim Lindquist, Davenport	12-00			
	B-(Tie) Jack Jennett, Sac City & Merritt Ewalt, Iowa City, University High.....	11-00			

	C-Jim Booker, Farragut	12-00			
61	AA -(Tie) Chuck Alsop, Oskaloosa & Bernie Masterson, Davenport West.....	12-04.75		74	AA -Ted Burgmeier, Wahlert Catholic..... 15-00
	A -Dave Inman, Storm Lake	12-05.50			A -Gary Proctor, Davis County, Bloomfield..... 13-00
	B -(Tie) Dave Wenck, Carroll & Bill Taylor, Sheffield	11-08			B -Jim Hearn, Mount Vernon..... 12-02
	C -(Tie) Rex Burgus, Murray & Lew Boehne, Ventura	11-00		75	AA -Rick Patterson, Keokuk..... 14-00
62	AA -(Tie) Chuck Alsop, Oskaloosa & Bus Wengler, Des Moines Roosevelt	12-05			A -Curt Broek, Sioux Center..... 14-06
	A -(Tie) Jim Baller, Jefferson & Bob Triplett, Clear Lake	12-00			B -Frank Orth, Northwood-Kensett
	B -Jim Taylor, So. Page, College Springs.....	11-09.25			C -Brian Doty, Sidney..... 12-11
	C -Roger Anderson, Treynor	11-06.50		76	AA -Ron Bultje, Sioux City North
63	AA -Lee Sargent, Ames	13-00			A -Tom Pratt, Cherokee Washington
	A -Jim Baller, Jefferson	13-04			B -Don Knop, Ida Grove..... 13-00
	B -Jim Taylor, South Page, College Springs.....	13-00			C -Darrell Crawford, Lamoni..... 13-11.50
	C -Rex Harvey, Dexfield, Redfield.....	11-06		77	AA -Tim Jamerson, Columbus Catholic..... 14-06
64	AA -Lee Sargent, Ames	13-01.75			A -Dirk Downing, Anamosa
	A -Ray Emerson, Eagle Grove	12-06			B -Mark Tilson, Northwood-Kensett
	B -Denny Webber, Carroll	12-02.25			C -Darrell Crawford, Lamoni..... 13-06
	C -Rex Harvey, Dexfield, Redfield.....	12-02		78	AA -Owen Buckley, Sioux City North..... 15-00.50
65	AA -Don Utsinger, Davenport West.....	13-00			A -Dave Monahan, Humboldt..... 14-00
	A -Terry Cory, Ankeny	12-06			B -Jim Hentges, Gehlen Catholic Le Mars..... 12-06
	B -Phil Wertman, Villisca	13-02			C -Darrell Crawford, Lamoni..... 13-06
	C -Dave Birch, Meriden-Cleghorn	12-04.25		79	AA -Larry Hadley, Waterloo East..... 14-06
66	AA -Clyde Hovick, Boone	13-06.75			A -Dave Monahan, Humboldt..... 14-00
	A -Terry Cory, Ankeny	13-00			B -Al Baker, Pekin, Packwood
	B -Phil Wertman, Villisca	14-01.25			C -Dennis Myleynek, Y-J-B, Bagley
	C -Steve Leonhardt, Emmetsburg Catholic.....	12-03		80	AA -Tim Mooney, Assumption, Davenport..... 14-00
67	AA -Ron Pardekooper, Des Moines Lincoln	13-06			A -Kelly Scott, North Fayette, West Union
	A -Duane Sullivan, Shenandoah	13-08			B -Russ Adams, Pocahontas
	B -Phil Wertman, Villisca	13-09			C -Mike Hodges, Farragut..... 13-00
	C -Doug Logue, Twin Rivers, Bode.....	11-09		81	AA -Bill Beavers, Ames
68	AA -John Tefer, Cedar Rapids Washington.....	13-04			A -Mark Rosine, South Tama County
	A -Ray Davis, Urbandale	13-00			B -Dwayne Blakely, Pekin, Packwood
	B -Lynn Oveson, Wilton, Wilton Jct.....	12-06			C -Bob Mundell, Hubbard..... 12-06
	C -Kent Klinkefus, Panora-Linden	12-05		82	4A -Preston Schmidt, Bettendorf
69	AA -Brian Myers, Marshalltown.....	14-04			3A -Richard Stormer, Forest City
	A -Dave Pierce, Cherokee Washington.....	13-04			2A -Joe McMullen, Corning..... 13-06
	B -Ken Eggers, BCL, Conrad	10-10.50			1A -Matt Haynes, Lenox..... 13-06
	C -Dave Ramsey, Lincoln Central	11-06		83	4A -Preston Schmidt, Bettendorf
70	AA -Craig Nelson, Sioux City East.....	13-07			3A -Jeff Bruch, Sumner..... 13-00
	A -Terry Brannen, Shenandoah	13-03			2A -Dean Keiswetter, Manson
	B -Bob Plagge, NUH, Cedar Falls	13-00.25			1A -Eric Blumhagen, Allison-Bristow
	C -Mike Scott, Dexfield, Redfield.....	12-03		84	4A -Paul Wagler, Burlington..... 14-00
71	AA -Ray Kidd, Waterloo East.....	13-11			3A -Kevin Goff, Camanche
	A -Daryl Hoogeveen, West Lyon	13-00			2A -Doug Atwood, Pekin, Packwood
	B -Bob Plagge, NUH, Cedar Falls	12-06			1A -Kip Janvrin, Panora-Linden
	C -Mike Scott, Dexfield, Redfield.....	12-06		85	4A -Tom Keating, Bettendorf..... 14-06
72	AA -Kent Anderson, Ames	14-06.25			3A -Brian A. Keeney, Carlisle..... 13-06
	A -Daryl Hoogeveen, West Lyon, Inwood	13-06			2A -Dean Keiswetter, Manson
	B -John Cretzmeyer, Iowa City, City	13-06			1A -Ned Day, Sutherland
	C -Scott Duecker, Anthon-Oto.....	12-09.50		86	4A -Bob Edwards, Fort Dodge
73	AA -Jeff Himes, Marshalltown	14-00.25			3A -Jim Bruxvoort, Pella..... 14-00
	A -Dave Hahn, Anamosa.....	13-06			2A -Chuck Ulin, Pekin, Packwood
	B -John Welch, Northwood-Kensett	13-00			1A -Chad Paup, Paton-Churdan
	C -Brian Doty, Sidney	12-06		87	4A -Bob Edwards, Fort Dodge
					3A -Randy Smith, Creston
					2A -Troy Huntley, NUH, Cedar Falls..... 13-06
					1A -Greg Hoing, George
				88	4A -Ron Oberfoell, Wahlert Catholic..... 14-00
					3A -Chuck Gatewood, Eagle Grove..... 11-06
					2A -Jason Wessels, Regina, Iowa City..... 13-01
					1A -Mark Keiswetter, Manson..... 11-06
				89	4A -Brian Ferry, Dubuque Senior..... 13-07.25

3A-Mike Piercy, Humboldt..... 11-00
2A-Aaron Nordyke, Pekin, Packwood 12-00

1A-Travis Moore, Tri-County, Thornburg 10-0

FOOTBALL THROW (1942-1963)

42 (Tie) Mickie Miller, Cherokee & Gerald Dawson, Sigourney..... 350 pts	56 AA -Roger Helm, Cedar Rapids, Franklin... 212-11.50
43 Dutch Goodvin, Corning 340 pts	A -Ron Charlson, LeMars..... 214-04
44 Richard Price, Clinton 305 pts	B -Paul Bonstead, Graettinger 201-00
45 Joe Paulsen, Davenport 335 pts	C -Dan Langloss, Allerton 189-00
46 Joe Paulsen, Davenport 345 pts	57 AA -Dave Anderson, Ottumwa..... 206-04.50
47 Joe Paulsen, Davenport 345 pts	A -Ralph Honderd, Western Christian, Hull 208-11
48 A -Vincent Domsalla, Clinton..... 330 pts	B -Bob Walker, Iowa Training School 195-00.50
B -(Tie) Dean Whitsell, Correctionville & Larry Runneals, Nevada..... 315 pts	C -Don Wearda, Sheffield 170-00.25
49 A -Gary Gordy, Muscatine..... 285 pts	58 AA -Gary Gardner, Davenport 217-09
B -Don Lewis, Toledo Juvenile Home 285 pts	A -Don Sowers, Sumner 213-07
50 A -(Tie) Ray Brown, Davenport & Jerry Davis, Ottumwa 300 pts	B -Larry Manful, Traer 182-02.25
B -Ken Moore, Mount Vernon..... 300 pts	C -Gene Young, Walnut 180-06
51 A -(Tie) Sy Forester, Des Moines, North & Don Stamp, Clinton..... 275 pts	59 AA -Tom Hertz, Creston..... 209-00.50
B -Ken Moore, Mount Vernon..... 280 pts	A -Ron TerHark, Clinton..... 191-04
52 A -Gordon Haack, Webster City 204-09.50	B -Ted Almquist, Albert City 203-03
B -Leroy Dunn, Manly 183-08	C -Don Relph, Russell..... 194-08.25
53 AA -Bill Houk, Ames 208-08	60 AA -Mike Reilly, Dubuque 242-00
A - Walt Gute, Carroll 196-07	A -Bob Whipple, Belmond 206-07
B - Marvin Sloan, Monroe..... 176-01.50	B -Pat Batten, Eldora 221-08.50
C - Keith Ostenburg, Primghar 173-05	C -Wayne Taylor, Central Dallas, Minburn.. 208-07.50
54 AA -Gene LaMaster, Ottumwa 215-07	61 AA -Gary Snook, Iowa City, City 237-05
A -Merle Eberly, Clarinda 211-08.25	A -Gary Eggers, Audubon 217-02.50
B -Ed Roberts, West Liberty 204-00	B -Dennis Pauling, Paullina..... 196-05.75
C -Jerry Ibach, Bayard..... 202-05	C -Curtis Pefferman, Olds 219-01
55 AA -Larry Swift, Keokuk 194-07	62 AA -Gary Snook, Iowa City, City 228-09.50
A -Ray Thomas, Creston 179-09	A -Gary Eggers, Audubon 226-00
B -Paul Bonstead, Graettinger 209-05.50	B -Ken Reynolds, Woodbine..... 216-05.75
C -Mike McGuire, Garden Grove..... 187-02.25	C -Ron Seddon, Melcher-Dallas 219-06.50
	63 AA -Steve Soesbe, Ames 244-08
	A -Stanley-Whitman, Iowa Falls 259-05
	B -Glen Banks, Ainsworth 238-09.50
	C -Roger Larson, Underwood 248-00

STATE FIELD EVENTS CHAMPIONS PER SCHOOL

Ackley-Geneva 1	Ar-We-Va, Westside 1
Adair-Casey..... 1	Assumption, Davenport 3
Adel; Adel-DeSoto..... 2	Atlantic 9
Agency 1	Audubon..... 4
AGWSR, Ackley 3	Aurelia 3
Ainsworth..... 1	
Akron 2	Ballard, Huxley 2
Albert City..... 1	Battle Creek 5
Algona 3	Bayard..... 2
Allerton 1	BCL, Conrad; BCLUW, Conrad 3
Allison-Bristow..... 1	Bedford 1
Alta 2	Belle Plaine 4
Ames 42	Belmond..... 4
Anamosa 14	Bennett..... 2
Andrew 1	Bettendorf 11
Anita 2	BGM, Brooklyn..... 5
Ankeny 6	Bishop Garrigan, Algona..... 1
Anthon-Oto 1	Bishop Heelan, Sioux City 11
Aplington-Parkersburg 1	Blanchard..... 2
Arnolds Park..... 2	Bondurant-Farrar 4

Boone.....	3	Council Bluffs, Thomas Jefferson.....	5
Boone Valley, Renwick.....	2	Corning.....	10
Boyden-Hull.....	2	Cresco.....	2
Buffalo Center-Rake.....	4	Creston.....	7
Burlington.....	8	Cumberland-Massena.....	2
CAL, Latimer; CAL-Dows.....	2	Dallas Center-Grimes.....	5
Calamus-Wheatland.....	3	Danville.....	1
Calmar.....	1	Davenport; Davenport, Central.....	43
Camanche.....	3	Davenport, North.....	2
Cambria.....	1	Davenport, West.....	12
Cardinal, Eldon.....	4	Davis County, Bloomfield.....	16
Carlisle.....	8	Dayton.....	1
Carroll.....	14	Decorah.....	2
Cascade.....	2	Denison.....	5
Cedar Falls.....	3	Denison-Schleswig.....	3
Cedar Rapids.....	3	Denver.....	2
Cedar Rapids, Franklin.....	1	Des Moines, East.....	12
Cedar Rapids, Grant.....	3	Des Moines, Hoover.....	1
Cedar Rapids, Jefferson.....	11	Des Moines, Lincoln.....	5
Cedar Rapids, Kennedy.....	8	Des Moines, North.....	10
Cedar Rapids, LaSalle.....	2	Des Moines, Roosevelt.....	10
Cedar Rapids, McKinley.....	2	Des Moines, West.....	14
Cedar Rapids, Roosevelt.....	3	Dexfield, Redfield.....	5
Cedar Rapids, Washington.....	7	Dike.....	1
Cedar Rapids, Wilson.....	1	Dike-New Hartford.....	2
Center Point-Urbana.....	2	Dowling Catholic, Des Moines; West Des Moines.....	3
Centerville.....	5	Dubuque, Senior.....	17
Central Clinton, DeWitt.....	7	Dubuque, Hempstead.....	2
Central Dallas, Minburn.....	1	Durant.....	1
Central Decatur, Leon.....	2	Dysart-Geneseo.....	1
Central Elkader.....	3	 	
Central Lee, Argyle.....	1	Eagle Grove.....	9
Central Lyon, Rock Rapids.....	2	Earlham.....	3
Charles City.....	3	East Greene, Grand Junction.....	1
Charter Oak-Ute.....	2	East Buchanan, Winthrop.....	1
Cherokee, Washington.....	5	East Sac County.....	1
Clarence-Lowden.....	1	Eddyville.....	2
Clarinda.....	12	Eldora; & Eldora-New Providence (see South Hardin)...	5
Clarion.....	9	Elk Horn.....	1
Clarksville.....	3	Elliott.....	1
Clayton Ridge, Guttenberg (<i>also see Guttenberg</i>).....	1	Emmetsburg.....	6
Clay Central, Royal.....	1	Emmetsburg Catholic.....	1
Clay Central-Everly.....	5	English Valleys, North English.....	2
Clear Lake.....	6	Epworth, Western Dubuque.....	4
Clearfield.....	1	Estherville-Lincoln Central.....	4
Clinton.....	17	 	
Clinton, St. Mary's.....	4	Fairfield.....	5
Coin.....	2	Farragut.....	5
Colfax & Colfax-Mingo.....	2	Fayette.....	2
Collins-Maxwell-Baxter.....	2	Forest City.....	1
Colo-Nesco.....	2	Fort Dodge.....	13
Columbus, Columbus Jct.....	4	Fort Madison.....	7
Columbus, Waterloo.....	1	Fredericksburg.....	1
Coon Rapids-Bayard.....	1	 	
Correctionville.....	2	Galva-Holstein.....	2
Corydon, Wayne Community.....	1	Garden Grove.....	1
Council Bluffs, Abraham Lincoln.....	3	Gehlen Catholic, Le Mars.....	6

George	1	Lakota	1
George-Little Rock	1	Lamoni	8
Gilbert	1	Lawton-Bronson	2
Gillett Grove, South Clay	1	LDF, LeGrand	2
Glenwood	13	Le Mars	4
GMG, Garwin	2	Lenox	1
Goldfield	4	Lewis Central	5
Gowrie	2	Lincoln, Stanwood	1
Graettinger	2	Lincoln Central, Gruver	4
Greene	1	Linn-Mar, Marion	7
Greenfield	2	Lisbon	5
Grinnell	13	Logan; Logan-Magnolia	3
Griswold	1	Lone Tree	4
Grundy Center	4	Louisa-Muscatine	1
Guttenberg	1	Lovilia	2
Guthrie Center	2	LuVerne	2
		Lynnvile-Sully	5
Hampton	2		
Hampton-Dumont	3	Madrid	8
Harcourt	4	Maharishi, Fairfield	1
Harlan	6	Mallard	1
Hartley; Hartley-Melvin-Sanborn	4	Malvern	3
Hawarden (also see West Sioux)	2	Manilla	1
Hedrick	2	Manly	1
Highland, Riverside	1	Manning	7
Hinton	5	Manson; Manson Northwest Webster	8
Holstein; Galva-Holstein	4	Maquoketa	3
Hubbard-Radcliffe (see South Hardin)	6	Marion	11
Hudson	2	Marshalltown	7
Humboldt	8	Martensdale-St. Marys	2
		Mason City	14
Ida Grove	9	Maurice-Orange City	3
IKM-Manning	1	Maxwell	1
Independence	6	Mediapolis	1
Indianola	9	Melcher-Dallas	1
Iowa City, City High	22	Meriden-Cleghorn	2
Iowa City, University High	5	MFL, Monona	1
Iowa City, West	8	Midland, Wyoming	2
Iowa Falls	12	Mid-Prairie, Wellman	5
Iowa School for Deaf, Council Bluffs	4	Milford	1
Iowa Mennonite School, Kalona	3	Modale	1
Iowa Training School, Iowa	2	Monroe	1
Iowa Valley, Marengo	8	Montezuma	6
		Monticello	5
Jefferson	5	Mormon Trail, Garden Grove	3
Jesup	3	Mount Ayr	7
Johnston	4	Mount Pleasant	5
		Mount Vernon	19
Kanawha	2	Murray	1
Keokuk	4	Muscatine	4
Kingsley-Pierson	6		
KP-WC	5	Nashua	3
Knoxville	3	NESCO, Zearing	1
Kuemper Catholic, Carroll	5	Nevada	4
		New Hampton	2
Lacona	1	New Hartford	2
Lake City	1	New London	3
Lake Mills	1	Newell-Fonda	2

Newell-Providence	3	St. Albert, Council Bluffs	2
Newton	7	St. Edmond, Fort Dodge	3
Nora Springs-Rock Falls	1	St. Mary's, Remsen	1
North Central, Manly	3	St. Mary's, Storm Lake	1
North Fayette, West Union	10	Salem	1
North Kossuth, Swea City	2	Sanborn	2
North Linn, Coggon/Troy Mills	3	Saydel	4
North Mahaska, New Sharon	3	Schaller	2
North Scott, Eldridge	2	Schleswig	1
North Union	1	SEMCO, Gilman	1
Northeast Community, Goose Lake	1	Sergeant Bluff-Luton	2
Northeast Hamilton	2	Sheffield; Sheffield-Chapin; SCMT	4
Northwood-Kensett	9	Sheldon	3
Norwalk	1	Shenandoah	5
NUH, Cedar Falls	9	Sibley	3
		Sibley-Ocheyedan	1
OABCIG	1	Sidney	3
Oakland	2	Sigourney	7
Ocheyedan	1	Sioux Center	5
Oelwein	2	Sioux City	4
Ogden	3	Sioux City, Central	3
Okoboji, Milford	2	Sioux City, East	9
Olds	1	Sioux City, North	2
Olin	3	Sioux Rapids-Rembrandt	3
Ollie	2	Sioux Valley, Linn Grove	1
Osage	2	Solon	4
Osceola, Clarke	2	South Hamilton	1
Oskaloosa	7	South Hardin, Eldora	1
Ottumwa	10	South Page, College Springs	6
		South Tama County; & Tama	8
Panorama, Panora	6	Southeast Polk	4
Paton-Churdan	4	Spencer	10
Paullina	4	Spirit Lake Park	4
PCM, Monroe	4	Starmont, Strawberry Point, Arlington	5
Pekin	7	Storm Lake	8
Pella	4	Sumner	3
Pella Christian	4	Sutherland	8
Perry	9		
Plainfield	1	Tabor	2
Pleasantville	5	Tingley	2
Pocahontas; Pocahontas Area	3	Tipton	1
Pocahontas Catholic	2	Tri-County, Thornburg	1
Postville	1	Toledo, Juvenile Home	2
Prairie, Cedar Rapids	4	Traer	7
Prairie City	5	Treynor	4
Preston	9	Tri-Center, Neola	2
Primghar	1	Turkey Valley, Jackson Junction	2
		Twin Rivers, Bode	3
Red Oak	1		
Regina, Iowa City	2	Underwood	1
Rockford	2	Union-Whitten	1
Rock Valley	3	Unity Christian, Orange City	1
Rockwell City-Lytton	5	Urbandale	5
Rockwell-Swaledale	2		
Rolfe	1	Valley Jct.; Valley, West Des Moines	5
Russell	1	Van Buren, Keosauqua	1
		Ventura	1
Sac City	7	Villisca	5

Vinton	1	West Delaware, Manchester.....	3
Waco	1	West Hancock, Britt	3
Wahlert Catholic, Dubuque	8	West Harrison, Mondamin	7
Walnut	1	West Liberty	10
Wapsie Valley, Fairbank	4	West Lyon, Inwood	5
Washington	5	West Marshall, State Center	5
Waterloo, Central	1	West Monona, Onawa	1
Waterloo, East.....	14	Western Christian, Hull	3
Waterloo, West.....	16	Westwood, Sloan.....	1
Waukee	4	Whiting	2
Waukon	1	Williamsburg	6
Waverly-Shell Rock.....	11	Wilton Junction	2
Webster City.....	7	Winfield-Mount Union	3
Wellman	1	Winterset.....	3
West Bend	1	Woodbine.....	6
West Branch	2	Woodbury Central, Merville.....	2
West Burlington-Notre Dame	5	Woodward-Granger	1
West Chester.....	4	YJB, Jamaica	1

SCHOOLS WITH MOST FIELD EVENT CHAMPIONS

Davenport; Davenport, Central	43	Clinton.....	17
Ames	42	Dubuque, Senior.....	17
Iowa City, City	22	Davis County, Bloomfield	16
Mount Vernon.....	19	Waterloo, West	16

STATE MEET WHEELCHAIR EVENT STATE CHAMPION

100-METER

90 Tony Ramirez, Bishop Heelan, Sioux City.....	20.02	07 Corey Behrendt, Boone	25.72
91 Eric Pun, Fort Dodge	21.14	08 Mitch Hutchinson, Interstate 35, Truro	24.69
92 Tom Rodruck, Winfield-Mount Union.....	20.20	09 Matthew Jessen, Southeast Polk	42.88
93 John Jeter, Iowa City, West.....	26.26	10 Jon Litzkow, Waterloo West	22.76
94 Russ Comandatore, Davenport North	21.53	11 Jon Litzkow, Waterloo West	20.41
95 Jim Jeter, Iowa City, West	26.26	12 Jordan Houdeshell, Linn-Mar, Marion	20.82
96 Mark Hauschildt, Nodaway Valley	18.94	13 Jon Litzkow, Waterloo, West	18.49
97 E.J. Runyan, Johnston	19.50	14 Drake Sachsenmaier, Camanche.....	19.14
98 E.J. Runyan, Johnston	20.13	15 Jeromie Meyer, Woodbine.....	21.75
99 E.J. Runyan, Johnston	18.36	16 Noah Thomas, Roland-Story	18:92
00 E.J. Runyan, Johnston	17.81	17 Jordan Razor, Bondurant-Farrar	21.22
01 Brian Wauters, Marshalltown.....	18.27	18 Evan Correll, Waukee.....	18.23
02 Brian Wauters, Marshalltown.....	20.32	19 Evan Correll, Waukee.....	17.70
03 Brian Wauters, Marshalltown.....	18.29	20 Season canceled due to COVID-19.	
04 Nathan Redlinger, English Valleys	19.41	21 Evan Correll, Waukee.....	16.07
05 Nathan Redlinger, English Valleys	20.41	22 Wyatt Willand, Northwood-Kensett,	17.12
06 Cory Behrendt, Boone	24.67		

200-METER

90 <i>Event not contested</i>		95 Mark Hauschildt, Nodaway Valley	47.03
91 Sean Runyan, Dowling Catholic, WDM.....	45.40	96 Mark Hauschildt, Nodaway Valley	36.27
92 Tom Rodruck, Winfield-Mount Union.....	39.40	97 E.J. Runyan, Johnston.....	36.90
93 John Jeter, Iowa City, West.....	52.68	98 E.J. Runyan, Johnston.....	35.58
94 Russ Comandatore, Davenport, North	41.80	99 E.J. Runyan, Johnston.....	32.12

00	E.J. Runyan, Johnston	32.82	12	Jordan Houdeshell, Linn-Mar, Marion	37.94
01	Brian Wauters, Marshalltown	35.20	13	Jon Litzkow, Waterloo, West	31.01
02	Brian Wauters, Marshalltown	33.26	14	Drake Sachsenmaier, Camanche	36.33
03	Brian Wauters, Marshalltown	33.75	15	Jeromie Meyer, Woodbine	39.53
04	Nathan Redlinger, English Valleys	35.28	16	Noah Thomas, Roland-Story	35.57
05	Nathan Redlinger, English Valleys	35.44	17	Noah Thomas, Roland-Story	37.55
06	Cory Behrendt, Boone	48.43	18	Evan Correll, Waukee	36.53
07	Cory Behrendt, Boone	49.52	19	Evan Correll, Waukee	31.54
08	Mitch Hutchinson, Interstate 35, Truro	50.11	20	Season canceled due to COVID-19.	
09	Mitch Hutchinson, Interstate 35, Truro	52.05	21	Evan Correll, Waukee	29.17
10	Jon Litzkow, Waterloo West	43.07	22	Wyatt Willand, Northwood-Kensett,	30.27
11	Jon Litzkow, Waterloo West	37.42			

400-METER (started 2003)

03	Brian Wauters, Marshalltown	1:08.11	14	Drake Sachsenmaier, Camanche	1:09.05
04	Nathan Redlinger, English Valleys	1:04.87	15	Jeromie Meyer, Woodbine	1:19.70
05	Nathan Redlinger, English Valleys	1:14.36	16	Noah Thomas, Roland-Story	1:12.82
06	Cory Behrendt, Boone	1:40.63	17	Matthew Schultz, Southeast Polk	1:14.01
07	Cory Behrendt, Boone	1:40.05	18	Matthew Schultz, Southeast Polk	1:09.80
08	<i>No Participants entered</i>		19	Evan Correll, Waukee	1:00.69
09	<i>No Participants entered</i>		20	Season canceled due to COVID-19.	
10	Jon Litzkow, Waterloo, West	1:26.20	21	Evan Correll, Waukee	56.09
11	Jon Litzkow, Waterloo, West	1:13.27	22	Wyatt Willand, Northwood-Kensett,	59.65
12	Jordan Houdeshell, Linn-Mar	1:13.65			
13	Jon Litzkow, Waterloo, West	56.57			

SHOT PUT

90	Mike Schafer, Rock Valley	19-10	07	<i>No Participants entered</i>	
91	Tom Woodward, Pekin	19-05	08	<i>No Participants entered</i>	
92	Jason Leydens, Dubuque, Senior	15-06	09	Matthew Jessen, Southeast Polk	15-06
93	Brian Davis, Oskaloosa	19-02.50	10	Matthew Jessen, Southeast Polk	16-10.25
94	Brian Davis, Oskaloosa	19-11	11	Alex Gudenkauf, Dubuque Senior	35-07
95	Mark Hauschildt, Nodaway Valley	20-08.50	12	Alex Gudenkauf, Dubuque Senior	37-09.75
96	Dale Brincks, Denison	16-06	13	Alex Gudenkauf, Dubuque Senior	40-05.50
97	<i>No Participants entered</i>		14	Drake Sachsenmaier, Camanche	18-07.25
98	Pat O'Hea, Wahlert, Dubuque	16-09	15	Kennedy Feller, Underwood	23-02.25
99	Pat O'Hea, Wahlert, Dubuque	17-09.50	16	Ryan Peyton, Independence	21-03
00	Pat O'Hea, Wahlert, Dubuque	17-07	17	Matthew Schultz, Southeast Polk	20-08.50
01	Sean Eherenman, Waterloo West	18-00.75	18	Matthew Schultz, Southeast Polk	26-02.75
02	Sean Eherenman, Waterloo, West	20-06.50	19	Matthew Schultz, Southeast Polk	25-05.75
03	Nick Lange, Wahlert, Dubuque	22-05	20	Season canceled due to COVID-19.	
04	Nick Lange, Wahlert, Dubuque	23-10	21	Sam Spore, Union, LaPorte City	17-01.50
05	Nick Lange, Wahlert, Dubuque	25-03.75	22	Koda Beland, Cedar Falls,	13-4.75
06	Andrew Naylor, Lamoni	15-00			

800-METER (1990-2002, 2019-)

90	Tony Ramirez, Bishop Heelan, SC	2:43.01	99	E.J. Runyan, Johnston	2:06.79
91	Tom Rodruck, Winfield-Mount Union	3:02.31	00	E.J. Runyan, Johnston	2:11.61
92	Tom Rodruck, Winfield-Mount Union	2:54.60	01	Brian Wauters, Marshalltown	2:37.86
93	John Jeter, Iowa City, West	3:59.41	02	Brian Wauters, Marshalltown	2:19.00
94	Ryan Atkinson, Panorama	3:01.70	19	Wyatt Willand, Northwood-Kensett	2:08.19
95	Jim Jeter, Iowa City, West	3:48.84	20	Season canceled due to COVID-19.	
96	Mark Hauschildt, Nodaway Valley	2:44.91	21	Evan Correll, Waukee	1:46.08
97	E.J. Runyan, Johnston	2:32.32	22	Wyatt Willand, Northwood-Kensett,	1:56.63
98	E.J. Runyan, Johnston	2:29.46			

DISCUS (1990-2004)

90 Tony Ramirez, Bishop Heelan, Sioux City.....	46-05	98 E.J. Runyan, Johnston	66-09
91 Tom Rodruck, Winfield-Mount Union.....	52-09.50	99 E.J. Runyan, Johnston	71-11
92 Tom Rodruck, Winfield-Mount Union.....	55-00	00 E.J. Runyan, Johnston	72-04
93 Brian Davis, Oskaloosa	50-08	01 Sean Eherenman, Waterloo, West.....	55-00
94 Brian Davis, Oskaloosa	58-07	02 Sean Eherenman, Waterloo, West.....	53-00
95 Mark Hauschildt, Nodaway Valley	61-10.25	03 Nick Lange, Wahlert, Dubuque	85-10
96 Mark Hauschildt, Nodaway Valley	71-03	04 Nick Lange, Wahlert, Dubuque	73-09
97 E.J. Runyan, Johnston	49-02		

SCHOOLS WITH THE MOST CHAMPIONS

Johnston.....	16	Wahlert, Dubuque.....	8
Waterloo West.....	13	Nodaway Valley	7
Marshalltown	9	Boone.....	6
Waukee	9	English Valleys.....	6

RELAY CHAMPIONS

440-YARD RELAY

35 Davenport	43.8	C-Wellman.....	46.2
36 Des Moines, North.....	43.7	57 AA-Ames	44.1
37 Des Moines, East.....	43.6	A-Maquoketa	45.8
38 (Tie) Cedar Rapids, Franklin & Grinnell.....	44.1	B-Rock Rapids	45.4
39 Des Moines, East.....	44.0	C-Kalona.....	46.0
40 Des Moines, East.....	43.7	58 AA-Ames	44.0
41 Sioux City, Central.....	44.0	A-Harlan	44.4
42 Davenport	43.8	B-Hawarden	46.0
43 Fort Madison	44.0	C-Farragut	46.1
44 Clinton.....	44.3	59 AA-Des Moines, North	42.9
45 Waterloo, East	44.5	A-Hampton	45.2
46 Des Moines, North.....	44.0	B-Clinton, St. Mary's	45.5
47 Dubuque	43.4	C-West Chester.....	45.5
48 A-Des Moines, North	42.3	60 AA-Mason City	43.6
B-Cedar Falls, Teachers	45.3	A-Corning	45.7
49 A-Ames	43.5	B-LaPorte City.....	45.2
B-Milford	45.7	C-Wall Lake	45.9
50 A-Des Moines, East.....	45.3	61 AA-Des Moines, North	44.1
B-Primghar	47.4	A-Corning	44.7
51 A-Des Moines, East.....	43.5	B-Aurelia.....	46.1
B-Primghar	45.8	C-Scranton	44.5
52 A-Davenport	43.8	62 AA-Winterset.....	44.1
B-Lake City	45.4	A-Perry	45.3
53 AA-Des Moines, North.....	44.4	B-(Tie) Aurelia & Paullina.....	45.5
A-West Des Moines.....	46.2	C-Scranton	46.6
B-Onawa.....	44.8	63 AA-Newton	44.0
C-Schaller	46.3	A-Storm Lake	43.9
54 AA-Marshalltown	43.5	B-Altoona	45.2
A-West Des Moines.....	45.1	C-Dexfield, Redfield	45.4
B-Onawa.....	44.8	64 AA-Davenport, Central.....	43.7
C-Elliott	46.5	A-Perry	45.0
55 AA-Des Moines, Roosevelt	44.4	B-English Valleys, North English	44.8
A-West Des Moines.....	45.7	C-Dexfield, Redfield	44.3
B-Manson	45.2	65 AA-Des Moines, East.....	43.6
C-Wellman	46.4	A-Shenandoah	44.5
56 AA-Ames	43.4	B-Farragut	44.8
A-Jefferson	45.5	C-Irwin	45.3
B-Aurelia.....	45.3	66 AA-Sioux City, Central	42.6

A-Glenwood	43.9	A-Storm Lake	44.5
B-Manson	44.3	B-Alta.....	44.5
C-Gilmore City-Bradgate	45.1	C-Terril.....	44.5
67 AA-Dubuque	42.9	73 AA-Des Moines, Hoover	43.7
A-Storm Lake.....	43.7	A-Eagle Grove.....	44.8
B-Villisca.....	44.8	B-Maurice-Orange City	44.8
C-Terril.....	44.9	C-Terril.....	45.3
68 AA-Ames	43.9	74 AA-Davenport, Central.....	43.7
A-Prairie, Cedar Rapids	44.7	A-Iowa Falls	44.7
B-Prairie, Gowrie	45.9	B-Britt	44.6
C-Goldfield.....	46.5	C-Kanawha.....	44.8
69 AA-Clinton	42.9	75 AA-Des Moines, Technical.....	42.5
A-West Monona, Onawa	43.7	A-Mount Pleasant.....	44.0
B-Belle Plaine	44.7	B-Hartley	44.4
C-Dike.....	45.4	C-Earlham	45.3
70 AA-Waterloo, West.....	42.9	76 AA-Ames	43.0
A-Clear Lake.....	44.5	A-Cherokee, Washington.....	44.3
B-Carlisle	44.4	B-Garner-Hayfield	44.5
C-Woodward-Granger	45.2	C-Nishna Valley.....	45.0
71 AA-Ames	42.8	77 AA-Cedar Rapids, Washington.....	42.4
A-West Monona, Onawa	43.8	A-Saydel.....	43.8
B-Carlisle	44.8	B-Britt	44.1
C-Woodward-Granger	45.1	C-YJB, Jamaica.....	44.8
72 AA-Ames	42.5		

4 X 100 METER RELAY

(Relay was called 400 Meter Relay, 1978-83)

78 AA-Waverly-Shell Rock.....	43.12	3A-Osage.....	44.04
A-Central Lyon, Rock Rapids	44.75	2A-Maurice-Orange City.....	43.71
B-NUH, Cedar Falls.....	44.54	1A-Meservey-Thornton.....	44.35
C-Primghar	45.48	87 4A-Ames	42.60
79 AA-Cedar Rapids, Jefferson	42.31	3A-Marion	44.08
A-Shenandoah.....	44.04	2A-NUH, Cedar Falls.....	44.43
B-Britt.....	45.11	1A-Titonka	44.79
C-Kanawha.....	44.41	88 4A-Ames	42.98
80 AA-Clinton	42.85	3A-South Tama County, Tama.....	44.43
A-Clarion.....	43.56	2A-NUH, Cedar Falls.....	43.71
B-Sac City.....	44.17	1A-CAL-Dows.....	44.51
C-Paullina	45.04	89 4A-Des Moines, East.....	42.19
81 AA-Cedar Rapids, Washington	42.73	3A-Dallas Center-Grimes	43.45
A-South Tama County, Tama.....	43.81	2A-New London.....	44.36
B-Sac City.....	43.98	1A-North Mahaska, New Sharon.....	44.71
C-Paullina	45.19	90 4A-Burlington.....	43.08
82 4A-Des Moines, Roosevelt.....	42.78	3A-Spirit Lake	43.96
3A-St. Albert, Council Bluffs	44.36	2A-NUH, Cedar Falls.....	43.85
2A-Central Lyon, Rock Rapids	44.82	1A-North Mahaska, New Sharon.....	45.05
1A-BCLUW, Conrad	44.65	91 4A-Pleasant Valley	43.01
83 4A-Davenport, Central.....	42.48	3A-Knoxville.....	43.90
3A-St Albert, Council Bluffs	44.86	2A-West Hancock, Britt	44.00
2A-Prairie, Gowrie	43.98	1A-Madrid	44.99
1A-Sutherland.....	44.35	92 4A-Davenport, Central.....	42.82
84 4A-Valley, West Des Moines.....	42.96	3A-Assumption, Davenport.....	43.52
3A-St. Albert, Council Bluffs	44.17	2A-Mediapolis.....	43.52
2A-Lake Mills	45.2	1A-Bedford.....	44.59
1A-Paullina	45.0	93 4A-Davenport, Central.....	42.78
85 4A-Valley, West Des Moines.....	42.49	3A-Assumption, Davenport.....	43.32
3A-Grinnell.....	44.22	2A-Mediapolis.....	43.48
2A-Maurice-Orange City.....	44.4	1A-North Mahaska, New Sharon.....	44.71
1A-Meservey-Thornton.....	45.4	94 4A-Davenport, Central.....	43.13
86 4A-Waterloo, Central.....	42.21	3A-Mount Pleasant	43.45

	2A-Mediapolis	43.44		2A-Roland-Story	43.59
	1A-Panorama	44.17		1A-West Hancock, Britt	43.48
95	4A-Sioux City, West.....	42.57	09	4A-Iowa City West	42.21
	3A-Johnston	43.49		3A-Central Clinton, DeWitt	43.65
	2A-Iowa Falls.....	43.99		2A-Roland-Story	43.45
	1A-Clarinda Academy.....	44.67		1A-Alburnett.....	43.68
96	4A-Iowa City, City	42.32	10	4A-Des Moines Roosevelt	42.23
	3A-Bishop Heelan, Sioux City	43.29		3A-Iowa Falls-Alden	43.30
	2A-Colo-Nesco	44.10		2A-Solon	42.86
	1A-Panorama	43.56		1A-Madrid	43.48
97	4A-Iowa City, City	42.42	11	4A-Cedar Falls.....	42.07
	3A-Assumption, Davenport	43.26		3A-Central Clinton, DeWitt	42.50
	2A-Beckman, Dyersville	44.01		2A-West Marshall	43.03
	1A-Panorama	43.73		1A-Wapsie Valley, Fairbank	44.18
98	4A-Des Moines, Hoover	43.08	12	4A-Cedar Falls.....	42.48
	3A-Assumption, Davenport	42.59		3A-Webster City	43.29
	2A-West Lyon, Inwood	43.94		2A-Mediapolis.....	43.11
	1A-Iowa Mennonite, Kalona	44.02		1A-Manson Northwest Webster.....	43.55
99	4A-Dowling, WDM	42.46	13	4A-Waterloo, West	41.84
	3A-Washington	43.08		3A-South Tama County	42.18
	2A-West Lyon, Inwood	43.54		2A-OA-BCIG	43.82
	1A-Iowa Mennonite, Kalona	44.09		1A-Manson Northwest Webster.....	43.30
00	4A-Iowa City, City	42.17	14	4A-Waukee	42.03
	3A-LeMars	42.76		3A-Dallas Center-Grimes	43.23
	2A-West Lyon, Inwood	43.03		2A-Cascade, Western Dubuque.....	43.51
	1A-Hubbard-Radcliffe	44.30		1A-Lynnville-Sully	43.92
01	4A-Iowa City, City High.....	41.89	15	4A-Cedar Falls.....	42.47
	3A-Washington	43.26		3A-Williamsburg	43.03
	2A-Tri-Center, Neola	43.89		2A-West Burlington/Notre Dame	42.56
	1A-Madrid	44.00		(WB/ND ran 42.44 in the prelims)	
02	4A-Des Moines, East.....	42.49		1A-Pleasantville	44.57
	3A-Webster City	43.79	16	4A-Prairie, Cedar Rapids.....	42.01
	2A-Eddyville-Blakesburg	43.69		3A-Boone	42.67
	1A-Madrid	43.94		2A-West Burlington/Notre Dame	42.69
03	4A-DM East (ran 42.57 in prelims).....	42.91		1A-Lawton-Bronson.....	43.34
	3A-Central Lee (ran 42.87 in prelims)	43.25	17	4A-Epworth, Western Dubuque.....	42.13
	2A-Okoboji (ran 44.16 in prelims).....	44.40		3A-Dallas Center-Grimes	42.65
	1A-Bishop Garrigan, Algona.....	43.03		2A-Albia	42.67
	(Lisbon ran 43.01 in 1A prelims)			1A-B-G-M, Brooklyn	43.58
04	4A-Cedar Rapids Washington	42.26	18	4A-Cedar Rapids, Jefferson	41.90
	3A-Central Clinton, De Witt	43.86		3A-Marion	42.96
	2A-Cherokee	43.29		2A-Beckman Catholic, Dyersville	43.00
	1A-Treynor.....	43.8		1A-South Winneshiek, Calmar	43.92
05	4A-Iowa City, City	42.21	19	4A-Valley, West Des Moines	41.68
	3A-Xavier, Cedar Rapids.....	43.18		3A-Wahlert, Dubuque	43.27
	2A-Beckman, Dyersville (ran 42.82 in prelims).....	42.88		2A-Williamsburg	43.24
	1A-Griswold	43.59		1A-St. Edmond, Fort Dodge	43.71
06	4A-Valley, West Des Moines	42.04	20	Season canceled due to COVID-19.	
	3A-Washington	43.24	21	4A-Southeast Polk	42.35
	2A-Regina, Iowa City.....	43.83		3A- Dallas Center-Grimes	42.48
	1A-Griswold	44.13		2A- OABCIG	42.59
07	4A-Des Moines East.....	41.88		1A- Lisbon.....	44.60
	3A-Xavier, Cedar Rapids.....	42.78	22	4A- Dowling Catholic,	41.76
	2A-Beckman, Dyersville	43.59		3A- Xavier, Cedar Rapids	42.88
	1A-Central Lyon, Rock Rapids	44.22		2A- Williamsburg,	43.20
08	4A-Burlingtonn (ran 42.68 in prelims).....	42.86		1A- Tripoli,	43.34
	3A-Xavier, Cedar Rapids.....	42.18			

880-YARD RELAY

06 Des Moines West.....	1:36.4	54 AA-Marshalltown.....	1:30.5
07 Ida Grove.....	1:36.8	A-West Des Moines.....	1:33.2
08 Des Moines East.....	NT	B-Onawa.....	1:33.2
(DM, West won but was DQ; no time for second was recorded)		C-Sheffield.....	1:36.4
09 Des Moines East.....	1:39.0	55 AA-Ames.....	1:32.6
10 Des Moines North.....	1:39.4	A-Shenandoah.....	1:35.6
11 Des Moines West.....	1:36.6	B-Manson.....	1:33.4
12 Des Moines East.....	1:37.6	C-Iowa School for Deaf, Council Bluffs.....	1:35.6
13 Des Moines West.....	1:33.0	56 AA-Ames.....	1:30.2
14 Des Moines West.....	1:36.4	A-DeWitt.....	1:33.8
15 Le Mars.....	1:36.4	B-Aurelia.....	1:33.6
16 Des Moines East.....	1:36.0	C-Primghar.....	1:35.7
17 Des Moines, North.....	1:34.1	57 AA-Ames.....	1:31.4
18 Mason City.....	1:35.0	A-Indianola.....	1:34.7
19 Fort Dodge.....	1:36.2	B-Rock Rapids.....	1:34.6
20 Sioux City.....	1:36.4	C-Tabor.....	1:36.4
21 Cedar Rapids.....	1:35.6	58 AA-Mason City.....	1:31.0
22 Cedar Rapids.....	1:34.8	A-Algona.....	1:32.4
23 Cedar Rapids.....	1:34.0	B-Glenwood.....	1:33.5
24 Colfax.....	1:32.7	C-Cleghorn.....	1:35.8
25 Perry.....	1:35.0	59 AA-Des Moines, Technical.....	1:30.1
26 Mason City.....	1:34.6	A-Hampton.....	1:31.8
27 (Tie) Des Moines Roosevelt & Cedar Rapids, Washington.....	1:35.6	B-Clinton St. Mary's.....	1:33.8
28 Cedar Rapids, Washington.....	1:35.5	C-West Chester.....	1:36.5
29 Mason City.....	1:33.3	60 AA-Mason City.....	1:30.3
30 Jefferson.....	1:31.7	A-Red Oak.....	1:34.8
31 Davenport.....	1:32.9	B-Onawa.....	1:33.6
32 Clinton.....	1:32.0	C-Wall Lake.....	1:35.4
33 Clinton.....	1:31.4	61 AA-Des Moines, Technical.....	1:30.2
34 Des Moines, North.....	1:31.3	A-Onawa.....	1:33.0
35 Des Moines, North.....	1:31.7	B-Emmetsburg.....	1:34.0
36 Des Moines, North.....	1:31.4	C-Scranton.....	1:34.1
37 Dubuque.....	1:32.9	62 AA-Sioux City, Central.....	1:30.6
38 Des Moines, East.....	1:31.0	A-Perry.....	1:32.3
39 Des Moines, East.....	1:30.0	B-Paullina.....	1:33.6
40 Des Moines, East.....	1:32.0	C-Scranton.....	1:36.8
41 Sioux City, Central.....	1:31.5	63 AA-Des Moines, Roosevelt.....	1:30.2
42 Davenport.....	1:31.9	A-Storm Lake.....	1:31.7
43 Fort Madison.....	1:33.3	B-Emmetsburg.....	1:34.6
44 Clinton.....	1:31.4	C-Dexfield, Redfield.....	1:34.5
45 Sioux City, East.....	1:32.1	64 AA-Davenport, Central.....	1:30.4
46 Des Moines, Roosevelt.....	1:32.1	A-Perry.....	1:32.3
47 Des Moines, North.....	1:29.2	B-English Valleys, North English.....	1:33.4
48 A-Des Moines, North.....	1:27.6	C-Dexfield, Redfield.....	1:31.3
B-De Witt.....	1:33.4	65 AA-Des Moines, North.....	1:30.2
49 A-Ames.....	1:30.4	A-Eagle Grove.....	1:33.2
B-Rockwell City.....	1:34.3	B-English Valleys, North English.....	1:32.7
50 A-Des Moines, East.....	1:32.3	C-Pomeroy.....	1:34.4
B-Rockwell City.....	1:35.8	66 AA-Davenport, Central.....	1:28.6
51 A-Des Moines, East.....	1:30.7	A-Glenwood.....	1:31.5
B-Primghar.....	1:35.7	B-Manson.....	1:33.2
52 A-Davenport.....	1:31.2	C-Terril.....	1:33.2
B-Lake City.....	1:34.2	67 AA-Sioux City, Central.....	1:29.0
53 AA-Des Moines, East.....	1:31.2	A-Storm Lake.....	1:30.8
A-(Tie) Humboldt & Red Oak.....	1:36.0	B-Villisca.....	1:33.3
B-Onawa.....	1:33.8	C-Terril.....	1:32.4
C-Toledo Juvenile.....	1:36.1	68 AA-Ames.....	1:30.3
		A-Spirit Lake.....	1:32.1

B-Prairie, Gowrie	1:32.3	A-Red Oak	1:31.3
C-Wall Lake	1:36.8	B-Maurice-Orange City	1:32.9
69 AA-Fort Dodge	1:29.7	C-Terril.....	1:32.4
A-Clarinda.....	1:31.4	74 AA-Davenport, Central.....	1:29.6
B-Oakland.....	1:32.7	A-Iowa Falls	1:32.7
C-Titonka	1:35.1	B-Britt	1:32.7
70 AA-Waterloo, East.....	1:29.1	C-Ruthven	1:33.5
A-Clear Lake.....	1:30.3	75 AA-Ottumwa.....	1:29.0
B-Boyden-Hull	1:32.9	A-Nevada	1:30.1
C-Woodward-Granger	1:34.1	B-Columbus, Columbus Junction.....	1:31.6
71 AA-Indianola	1:30.5	C-Hamburg.....	1:32.6
A-West Monona, Onawa	1:31.3	76 AA-Ames	1:28.5
B-Manning	1:32.8	A-Nevada	1:30.8
C-Aplington.....	1:34.7	B-Sioux Center.....	1:31.8
72 AA-Cedar Rapids, Washington	1:28.8	C-Y-J-B, Jamaica	1:33.0
A-Ankeny	1:32.1	77 AA-Cedar Rapids, Washington.....	1:27.9
B-Sibley	1:32.1	A-Eagle Grove.....	1:30.4
C-Terril.....	1:31.9	B-NUH, Cedar Falls	1:31.8
73 AA-Davenport, Central	1:29.5	C-Y-J-B, Jamaica	1:32.0

4 x 200 METER RELAY

(Relay was called 800 Meter Relay, 1978-83)

78 AA-Cedar Rapids, Jefferson	1:29.54	1A-New Hartford.....	1:31.80
A-Eagle Grove	1:31.35	87 4A-Waterloo, Central	1:28.48
B-NUH, Cedar Falls.....	1:31.07	3A-Storm Lake.....	1:30.89
C-Kanawha	1:31.25	2A-Monroe	1:32.50
79 AA-Waterloo, West.....	1:28.52	1A-Ventura.....	1:31.60
A-Shenandoah.....	1:30.59	88 4A-Davenport, Central.....	1:27.87
B-Sergeant Bluff-Luton	1:32.07	3A-South Tama County, Tama.....	1:30.93
C-Kanawha	1:31.02	2A-NUH, Cedar Falls.....	1:30.38
80 AA-Ames	1:28.66	1A-CAL-Dows.....	1:31.79
A-Clarion.....	1:30.08	89 4A-Waterloo, East	1:27.80
B-NUH, Cedar Falls.....	1:31.86	3A-Dallas Center-Grimes	1:30.57
C-Twin Rivers, Bode.....	1:33.32	2A-New London.....	1:31.86
81 AA-Waterloo, West.....	1:28.88	1A-North Mahaska, New Sharon.....	1:33.08
A-South Tama County, Tama.....	1:30.90	90 4A-Waterloo, West	1:28.70
B-NUH, Cedar Falls.....	1:30.62	3A-Alta-Aurelia	1:31.02
C-Iowa School for Deaf, Council Bluffs	1:33.37	2A-NUH, Cedar Falls.....	1:31.35
82 4A-Davenport, Central.....	1:29.06	1A-North Mahaska, New Sharon.....	1:33.17
3A-St. Albert, Council Bluffs	1:31.89	91 4A-Iowa City, City High.....	1:28.23
2A-NUH, Cedar Falls.....	1:31.43	3A-Spirit Lake-Park	1:30.24
1A-BCLUW, Conrad	1:33.59	2A-Alta-Aurelia	1:29.81
83 4A-Davenport, Central.....	1:29.42	1A-North Mahaska, New Sharon.....	1:32.69
3A-St Albert, Council Bluffs	1:32.54	92 4A-Davenport, Central.....	1:27.42
2A-Ida Grove	1:31.52	3A-Spirit Lake-Park	1:29.96
1A-Sutherland.....	1:32.14	2A-West Hancock, Britt	1:30.18
84 4A-Marshalltown.....	1:29.09	1A-Fredericksburg	1:32.37
3A-Mount Pleasant.....	1:31.54	93 4A-Davenport, Central.....	1:28.80
2A-Lake Mills	1:32.7	3A-Assumption, Davenport.....	1:30.07
1A-Sidney	1:32.2	2A-Alta-Aurelia	1:30.54
85 4A-Ottumwa.....	1:29.49	1A-Gehlen Catholic, LeMars	1:32.05
3A-Washington	1:31.43	94 4A-Iowa City, City High.....	1:28.00
2A-AvoHa, Avoca	1:32.6	3A-Cherokee, Washington	1:30.17
1A-Paullina	1:33.8	2A-Ballard, Huxley	1:30.54
86 4A-Valley, West Des Moines.....	1:28.14	1A-Gehlen Catholic, LeMars	1:31.67
3A-Storm Lake.....	1:31.15	95 4A-Iowa City, City High.....	1:29.61
2A-Maurice-Orange City.....	1:30.15	3A-Waverly-Shell Rock.....	1:30.58

	2A-West Hancock, Britt	1:31.58	09	4A-Cedar Rapids Washington	1:27.64
	1A-Gehlen Catholic, Le Mars	1:31.54		3A-Boone	1:30.11
96	4A-Iowa City, City High	1:27.96		2A-St. Edmond, Fort Dodge	1:30.08
	3A-Johnston	1:30.43		1A-Pleasantville	1:30.73
	2A-Wapsie Valley, Fairbank	1:31.42	10	4A-Burlington	1:27.62
	1A-Panorama	1:30.55		3A-Bishop Heelan Catholic, Sioux City	1:28.41
97	4A-Iowa City, City High	1:27.67		2A-West Marshall	1:28.43
	3A-Bishop Heelan, Sioux City	1:30.56		1A-Northwood-Kensett	1:31.76
	2A-Beckman, Dyersville	1:31.87	11	4A-Cedar Falls	1:27.12
	1A-Panorama, Panora	1:29.62		3A-Central, Clinton, DeWitt	1:28.40
98	4A-Valley, West Des Moines	1:28.10		2A-West Marshall	1:28.65
	3A-Washington	1:29.87		1A-Tri-County, Thornburg	1:32.17
	2A-Beckman, Dyersville	1:29.91	12	4A-Iowa City, West	1:27.67
	1A-Madrid	1:31.35		3A-Marion	1:29.59
99	4A-Valley, WDM	1:28.88		2A-West Marshall	1:29.05
	3A-Mount Pleasant	1:29.54		1A-Manson Northwest Webster	1:31.96
	2A-Beckman, Dyersville	1:30.06	13	4A-Linn-Mar, Marion	1:27.52
	1A-Iowa Mennonite, Kalona	1:31.87		3A-LeMars	1:29.52
00	4A-Iowa City, City	1:27.83		2A-OA-BCIG	1:30.00
	3A-Waverly-Shell Rock	1:29.40		1A-Manson Northwest Webster	1:29.92
	2A-West Lyon, Inwood	1:30.27	14	4A-Waukee	1:27.83
	1A-East Buchanan, Winthrop	1:31.03		3A-Bishop Heelan Catholic, Sioux City	1:30.06
01	4A-Iowa City, City	1:27.69		2A-Albia	1:29.62
	3A-West Delaware, Manchester	1:31.32		1A-Madrid	1:31.61
	2A-Tri-Center, Neola	1:30.71	15	4A-Linn-Mar, Marion	1:29.13
	1A-Madrid	1:32.07		3A-Spirit Lake	1:29.52
02	4A-Iowa City, City	1:28.14		2A-West Burlington/Notre Dame	1:27.51
	3A-Waukee	1:30.89		1A-Pekin	1:31.04
	2A-Williamsburg	1:29.71	16	4A-Sioux City, East	1:28.28
	1A-Madrid	1:30.84		3A-Sergeant Bluff-Luton	1:27.87
03	4A-Des Moines East	1:29.35		2A-West Burlington/Notre Dame	1:27.14
	3A-Central Lee, Donnellson	1:29.75		1A-Lawton-Bronson	1:31.38
	2A-Okoboji (ran 1:31.31 in prelims)	1:31.50	17	4A-Waterloo, West	1:27.48
	1A-Bishop Garrigan, Algona	1:30.57		3A-Dallas Center-Grimes	1:29.82
04	4A-Des Moines East	1:27.02		2A-Albia	1:28.14
	3A-Fairfield	1:29.66		1A-Lisbon	1:30.35
	2A-North Fayette, West Union	1:29.33	18	4A-Ankeny Centennial	1:27.99
	1A-Treynor	1:30.56		3A-Nevada	1:29.66
05	4A-Iowa City, City	1:28.36		2A-AHSTW	1:29.97
	3A-Wahlert, Dubuque	1:30.07		1A-St. Albert, Council Bluffs	1:31.26
	2A-Beckman, Dyersville	1:29.26	19	4A-Valley, West Des Moines	1:26.17
	1A-Griswold	1:30.11		3A-Wahlert, Dubuque	1:29.09
06	4A-Iowa City, West	1:28.03		2A-Williamsburg	1:29.71
	3A-Mount Pleasant	1:29.87		1A-St. Albert, Council Bluffs	1:31.47
	2A-Beckman, Dyersville	1:29.96	20	Season canceled due to COVID-19.	
	1A-Griswold	1:30.88	21	4A-Valley, West Des Moines	1:27.06
07	4A-Des Moines East	1:28.60		3A-Carlisle	1:30.56
	3A-Xavier, Cedar Rapids	1:29.49		2A-Unity Christian, Orange City	1:28.58
	2A-Beckman, Dyersville	1:31.03		1A-Gehlen Catholic, LeMars	1:31.31
	1A-Alta	1:32.07	22	4A-Dowling Catholic,	1:27.50
08	4A-Cedar Rapids Washington	1:28.86		3A-Lewis Central,	1:29.47
	3A-Xavier, Cedar Rapids	1:29.08		2A-Williamsburg,	1:30.29
	2A-St. Edmond, Fort Dodge	1:31.22		1A-Lynnville-Sully,	1:31.27
	1A-Alta	1:31.03			

ONE-MILE RELAY

06	Ida Grove	3:48.2	55	AA-Des Moines, Roosevelt	3:32.8
07	Ida Grove	3:45.6		A-Hampton	3:40.2
08	Des Moines, North	3:42.0		B-Albert City	3:31.1
09	Des Moines, West.....	3:45.8		C-Iowa School for Deaf, Council Bluffs	3:38.0
10	Cedar Rapids.....	3:40.6	56	AA-Ames	3:24.7
11	Cedar Rapids.....	3:37.4		A-Clarinda	3:29.9
12	Des Moines, West.....	3:37.4		B-Traer	3:34.0
13	Des Moines, West.....	3:35.4		C-Terril.....	3:37.8
14	Des Moines West.....	3:38.8	57	AA-Ames	3:26.6
15	Des Moines, East.....	3:36.6		A-Indianola	3:36.3
16	Des Moines, East.....	3:33.6		B-Marengo	3:32.4
17	Des Moines, West.....	3:35.2		C-Terril.....	3:34.9
18	Des Moines, North.....	3:36.0	58	AA-Ames	3:28.5
19	Des Moines, West.....	3:36.0		A-Indianola	3:31.1
20	Sioux City.....	3:30.0		B-Tripoli.....	3:36.5
21	Cedar Rapids.....	3:31.4		C-Wall Lake	3:36.5
22	Cedar Rapids.....	3:36.4	59	AA-Des Moines, East.....	3:26.0
23	Cedar Rapids.....	3:34.2		A-Jefferson	3:31.0
24	Mason City.....	3:29.9		B-Moville.....	3:33.3
25	Mason City.....	3:37.3		C-West Chester.....	3:39.7
26	Carroll	3:31.9	60	AA-Des Moines, Tech	3:26.7
27	Carroll	3:37.0		A-Belmond	3:33.3
28	Oskaloosa.....	3:35.9		B-English Valleys, North English	3:28.8
29	Newton.....	3:32.6		C-LuVerne	3:36.2
30	Newton.....	3:32.0	61	AA-Des Moines, Tech	3:27.6
31	Grinnell	3:31.5		A-Central Lyon, Rock Rapids.....	3:33.2
32	Grinnell	3:30.0		B-Maurice-Orange City	3:35.1
33	Des Moines, North.....	3:32.6		C-Sioux Rapids	3:35.7
34	Ottumwa	3:29.9	62	AA-Cedar Rapids, Jefferson	3:23.7
35	Davenport.....	3:28.0		A-North Scott, Eldridge	3:30.7
36	Clinton.....	3:29.3		B-Sioux Center	3:37.2
37	Valley Junction.....	3:29.8		C-Moville.....	3:37.5
38	Fort Madison.....	3:28.8	63	AA-Des Moines, Roosevelt	3:19.4
39	Sioux City, East	3:31.3		A-Ankeny.....	3:29.5
40	Des Moines, East.....	3:31.2		B-Lake View-Auburn	3:35.6
41	Cedar Rapids, Franklin.....	3:26.8		C-Dexfield, Redfield	3:37.2
42	Sioux City, Central.....	3:30.3	64	AA-Des Moines, North	3:25.8
43	Des Moines, East.....	3:32.7		A-Hampton	3:33.1
44	Des Moines, Roosevelt.....	3:27.5		B-Seymour	3:31.3
45	Des Moines, Roosevelt.....	3:29.7		C-Scranton	3:34.5
46	Des Moines, Roosevelt.....	3:30.6	65	AA-Mason City	3:26.7
47	Ames.....	3:29.8		A-Eagle Grove.....	3:29.9
48	A-Des Moines, North	3:27.7		B-Lynnville-Sully.....	3:29.8
	B-Albert City	3:35.8		C-Pomeroy	3:33.2
49	A-Des Moines, East.....	3:31.4	66	AA-Davenport, Central.....	3:22.8
	B-Nevada.....	3:35.2		A-Cherokee, Washington	3:32.0
50	A-Mason City	3:35.5		B-Manson	3:27.3
	B-Lake City	3:45.3		C-Treynor	3:34.1
51	A-Des Moines, East.....	3:28.2	67	AA-Davenport, Central.....	3:18.0
	B-Lake City	3:45.6		A-Cherokee, Washington	3:23.4
52	A-Davenport	3:30.0		B-Villisca.....	3:29.9
	B-Lake City	3:35.8		C-Clay Central, Royal.....	3:34.0
53	AA-Des Moines, North.....	3:29.4	68	AA-Davenport, Central.....	3:23.0
	A-Creston	3:38.2		A-Storm Lake	3:30.2
	B-Lake City	3:37.8		B-Prairie, Gowrie.....	3:37.0
	C-Fayette	3:39.0		C-Clay Central, Royal.....	3:39.0
54	AA-Des Moines, North.....	3:23.3	69	AA-Indianola	3:20.3
	A-Denison.....	3:33.6		A-Jefferson	3:27.0
	B-Lake City	3:32.6		B-Aurelia.....	3:29.3
	C-Castana.....	3:39.4		C-Bayard	3:33.0

70	AA-Indianola	3:17.7	74	AA-Davenport, Central	3:24.2
	A-Clear Lake	3:30.0		A-Iowa Falls	3:26.6
	B-Aurelia	3:31.5		B-Northwood-Kensett	3:30.2
	C-Glidden-Ralston	3:34.1		C-Hamburg	3:30.5
71	AA-Indianola	3:24.5	75	AA-Ottumwa	3:19.6
	A-Eagle Grove	3:26.9		A-Sioux Center	3:23.9
	B-Belle Plaine	3:30.6		B-La Porte City	3:27.4
	C-Crestland, Early	3:34.4		C-Hamburg	3:29.5
72	AA-Davenport, Central	3:23.8	76	AA-Davenport, Central	3:21.2
	A-Ankeny	3:29.4		A-Spencer	3:26.5
	B-Pocahontas	3:29.0		B-Unity Christian, Orange City	3:28.4
	C-New Hartford	3:30.2		C-Hamburg	3:30.6
73	AA-Sioux City, East	3:22.2	77	AA-Cedar Rapids, Washington	3:19.7
	A-Red Oak	3:29.3		A-Eagle Grove	3:25.5
	B-Louisa-Muscatine	3:34.2		B-Sioux Center	3:30.5
	C-Hamburg	3:33.3		C-Hamburg	3:27.2

4 x 400 METER RELAY

(Relay was called 1600 Meter Relay, 1978-83)

78	AA-Marshalltown	3:23.19	88	4A-Ames	3:21.58
	A-Iowa Falls	3:29.78		3A-Storm Lake	3:23.19
	B-Kingsley-Pierson	3:24.18		2A-Alta	3:23.57
	C-Reinbeck	3:31.26		1A-Aurelia	3:24.51
79	AA-Waterloo, East	3:18.76	89	4A-Ames	3:20.69
	A-Iowa Falls	3:24.1		3A-Hampton-Dumont	3:22.45
	B-Sioux Center	3:26.05		2A-Alta	3:26.34
	C-Kanawha	3:28.72		1A-Woodbine	3:30.15
80	AA-North Scott, Eldridge	3:19.94	90	4A-Waterloo, West	3:22.43
	A-Davis County, Bloomfield	3:24.04		3A-Glenwood	3:24.21
	B-Britt	3:25.69		2A-Madrid	3:28.00
	C-Terril	3:29.33		1A-Janesville	3:26.19
81	AA-Waterloo, West	3:19.78	91	4A-Ames	3:18.39
	A-Davis County, Bloomfield	3:24.64		3A-Clear Lake	3:24.09
	B-NUH, Cedar Falls	3:25.72		2A-NUH, Cedar Falls	3:22.56
	C-Titonka	3:28.27		1A-CAL-Dows	3:30.19
82	4A-North Scott, Eldridge	3:21.27	92	4A-Fort Dodge	3:20.19
	3A-Pella	3:25.90		3A-Glenwood	3:23.54
	2A-NUH, Cedar Falls	3:25.99		2A-West Branch	3:24.59
	1A-New Hartford	3:29.70		1A-Essex	3:28.47
83	4A-Sioux City, East	3:19.04	93	4A-Iowa City, City High	3:20.79
	3A-Eagle Grove	3:24.54		3A-Algona	3:23.95
	2A-West Branch	3:25.50		2A-Monticello	3:25.15
	1A-Allison-Bristow	3:29.44		1A-Lynnville-Sully	3:26.91
84	4A-Marshalltown	3:20.16	94	4A-Iowa City, City High	3:19.60
	3A-St Albert, Council Bluffs	3:25.74		3A-Cherokee, Washington	3:25.30
	2A-West Branch	3:27.6		2A-Louisa-Muscatine	3:24.99
	1A-Sidney	3:27.8		1A-West Marshall	3:26.99
85	4A-Marshalltown	3:20.83	95	4A-Ames	3:18.93
	3A-Mount Pleasant	3:28.41		3A-Humboldt	3:23.35
	2A-Maurice-Orange City	3:28.7		2A-Ballard, Huxley	3:25.78
	1A-Galva-Holstein	3:30.4		1A-West Marshall	3:23.19
86	4A-Iowa City, West	3:20.95	96	4A-Ames	3:19.64
	3A-Pella	3:25.69		3A-Centerville	3:25.91
	2A-Maurice-Orange City	3:24.20		2A-Garner-Hayfield	3:26.35
	1A-Schaller	3:30.36		1A-BCLUW, Conrad	3:26.36
87	4A-Davenport, West	3:20.20	97	4A-Iowa City, City High	3:20.70
	3A-Storm Lake	3:25.54		3A-Decorah	3:22.70
	2A-NUH, Cedar Falls	3:27.88		2A-Unity Christian, Orange City	3:25.13
	1A-CAL-Dows	3:25.68		1A-Panorama	3:24.74

98	4A-Des Moines, Hoover	3:19.06	3A-Bishop Heelan, Sioux City	3:20.00
	3A-Bishop Heelan, Sioux City	3:21.48	2A-St. Edmond, Fort Dodge	3:22.09
	2A-Beckman, Dyersville	3:26.02	1A-Griswold	3:28.26
	1A-NUH, Cedar Falls	3:26.83	11 4A-Valley, West Des Moines	3:18.70
99	4A-Iowa City, City High	3:22.25	3A-Clear Creek-Amana	3:21.77
	3A-Mount Pleasant	3:22.28	2A-South Central Calhoun	3:21.35
	2A-Beckman, Dyersville	3:26.28	1A-West Harrison, Mondamin	3:27.66
	1A-West Marshall	3:24.19	12 4A-Valley, West Des Moines	2:20.25
00	4A-Iowa City, City	3:18.01	3A-Decorah	3:22.63
	3A-Mount Pleasant	3:21.37	2A-Kingsley-Pierson/Woodbury Central	3:21.91
	2A-Unity Christian, Orange City	3:23.05	1A-Manson Northwest Webster	3:27.04
	1A-Central Lyon, Rock Rapids	3:27.65	13 4A-Waukee	3:19.04
01	4A-Iowa City, City	3:19.68	3A-Knoxville	3:21.68
	3A-Waverly-Shell Rock	3:22.96	2A-Albia	3:21.21
	2A-Monticello	3:23.61	1A-Manson Northwest Webster	3:23.74
	1A-West Branch	3:26.95	14 4A-Cedar Falls	3:18.30
02	4A-Ankeny	3:22.00	3A-Center Point-Urbana	3:23.79
	3A-Fairfield	3:23.84	2A-Albia	3:21.37
	2A-Tipton	3:24.45	1A-Mount Ayr	3:26.03
	1A-Saint Ansgar	3:25.50	15 4A-Cedar Falls	3:18.02
03	4A-Ankeny	3:22.24	3A-Center Point-Urbana	3:21.19
	3A-Harlan	3:23.30	2A-Albia	3:20.74
	2A-West Branch	3:25.67	1A-Alta-Aurelia	3:25.86
	1A-Sac City	3:26.60	16 4A-Cedar Falls	3:16.85
04	4A-Ankeny	3:21.25	3A-Sergeant Bluff-Luton	3:20.67
	3A-Bishop Heelan, Sioux City	3:20.38	2A-Albia	3:18.09
	2A-Tipton	3:26.18	1A-Jesup	3:26.23
	1A-Treynor	3:27.40	17 4A-Cedar Falls	3:17.88
05	4A-Valley, West Des Moines	3:18.54	3A-Dallas Center-Grimes	1:29.82
	3A-Charles City	3:21.44	2A-Albia	1:28.14
	2A-Roland-Story	3:23.13	1A-Lisbon	3:22.85
	1A-Treynor	3:24.94	18 4A-Valley, West Des Moines	3:16.55
06	4A-Valley, WDM (3:13.80 in prelims)	3:14.61	3A-Atlantic	3:20.96
	3A-Williamsburg	3:23.47	2A-Pekin	3:21.76
	2A-Mid-Prairie, Wellman	3:21.90	1A-St. Albert, Council Bluffs	3:24.81
	1A-North Linn, Troy Mills	3:22.13	19 4A-Waukee	3:14.81
07	4A-Valley, WDM	3:19.62	3A-Atlantic	3:21.11
	3A-Humboldt	3:22.61	2A-Dike-New Hartford	3:22.70
	2A-St. Edmond, Fort Dodge	3:24.28	1A-St. Edmond, Fort Dodge	3:25.73
	1A-BCLUW, Conrad	3:27.73	20 Season canceled due to COVID-19.	
08	4A-Cedar Falls (ran 3:20.25 in prelims)	3:21.71	21 4A-Cedar Falls	3:15.85
	3A-Washington	3:21.94	3A-Pella	3:22.29
	2A-St. Edmond, Fort Dodge	3:23.42	2A-Underwood	3:25.42
	1A-Lake Mills	3:28.99	1A-Danville	3:28.68
09	4A-Ottumwa	3:18.07	22 4A-Dubuque, Senior	3:19.82
	3A-Bishop Heelan, Sioux City	3:18.24	3A-Mount Vernon	3:22.41
	2A-St. Edmond, Fort Dodge	3:20.32	2A-Mediapolis	3:25.46
	1A-Pleasantville	3:27.34	1A-Earlham	3:24.57
10	4A-Indianola	3:20.40		

TWO-MILE RELAY

35	Council Bluffs, Abraham Lincoln	8:30.7	41	Des Moines, East	8:17.9
36	Oskaloosa	8:24.1	42	Des Moines, East	8:18.4
37	Dubuque	8:23.1	43	Cedar Rapids, Franklin	8:18.5
38	Des Moines, Roosevelt	8:05.5	44	Sioux City, Central	8:18.5
39	Clinton	8:17.7	45	Sioux City, East	8:22.7
40	Des Moines, Lincoln	8:13.2	46	Cedar Rapids, Franklin	8:14.2

47	Davenport	8:12.6	A-Eagle Grove	8:16.9
48	A-Des Moines, East	8:13.8	B-Woodbine	8:15.4
	B-Aurelia	8:32.3	C-Fredericksburg	8:19.8
49	A-Iowa City, City	8:21.7	65 AA-Ames	8:02.2
	B-Nevada	8:26.0	A-Eagle Grove	8:13.1
50	A-Ames	8:17.8	B-Woodbine	8:18.7
	B-Nevada	8:34.5	C-Pocahontas	8:30.9
51	A-Des Moines, East	8:27.5	66 AA-Sioux City, Central	7:47.4
	B-Postville	8:41.4	A-Shenandoah	8:08.5
52	A-Davenport	8:17.3	B-Carlisle	8:13.4
	B-Albert City	8:37.9	C-Schaller	8:23.3
53	AA-Des Moines, East	8:17.6	67 AA-Des Moines, Roosevelt	8:05.0
	A-Clarinda	8:21.6	A-Westwood, Sloan	8:09.6
	B-Albert City	8:29.9	B-Prairie, Gowrie	8:13.4
	C-College Springs	8:44.5	C-Lincoln Central, Gruver	8:19.7
54	AA-Des Moines, North	8:16.3	68 AA-Sioux City, Central	8:01.7
	A-Audubon	8:23.5	A-Westwood, Sloan	8:07.4
	B-Albert City	8:23.0	B-Prairie, Gowrie	8:18.6
	C-College Springs	8:30.7	C-Graettinger	8:52.4
55	AA-Ames	8:18.2	69 AA-Des Moines, North	7:51.6
	A-Humboldt	8:49.5	A-Emmetsburg	8:08.4
	B-Lake City	8:19.6	B-Rockwell City	8:16.4
	C-Quimby	8:24.0	C-Lincoln Central, Gruver	8:28.4
56	AA-Des Moines, North	8:03.9	70 AA-Clinton	7:49.3
	A-Clarinda	8:09.8	A-Prairie, Cedar Rapids	8:08.7
	B-Manning	8:28.0	B-Grundy Center	8:12.0
	C-Primghar	8:23.3	C-Pocahontas, Catholic	8:36.7
57	AA-Ames	8:25.5	71 AA-Clinton	7:56.0
	A-Eagle Grove	8:32.9	A-Chariton	8:12.7
	B-Manning	8:22.1	B-Carlisle	8:17.6
	C-Schleswig	8:29.1	C-Central Webster, Burnside	8:22.9
58	AA-Sioux City, Central	8:13.8	72 AA-Sioux City, East	7:56.3
	A-Cherokee, Washington	8:16.6	A-Forest City	8:18.5
	B-Tripoli	8:23.1	B-Montezuma	8:13.4
	C-Menlo	8:36.4	C-Central Webster, Burnside	8:11.2
59	AA-Des Moines, Tech	8:09.6	73 AA-Ames	7:53.4
	A-Cherokee, Washington	8:23.8	A-Mount Pleasant	8:07.9
	B-Johnston	8:27.4	B-Mount Vernon	8:07.8
	C-College Springs	8:44.3	C-Hamburg	8:09.9
60	AA-Ames	8:15.9	74 AA-Cedar Falls	7:49.7
	A-North Scott, Eldridge	8:34.4	A-Lewis Central	8:01.4
	B-Glenwood	8:22.6	B-Britt	8:05.6
	C-Sioux Rapids	8:34.1	C-Hamburg	8:12.0
61	AA-Newton	8:11.5	75 AA-Cedar Rapids, Washington	7:55.9
	A-Cherokee, Washington	8:23.4	A-St. Albert, Council Bluffs	8:03.4
	B-Alta	8:35.5	B-Maurice-Orange City	8:18.1
	C-Sioux Rapids	8:22.9	C-Hamburg	8:11.6
62	AA-Valley, West Des Moines	7:59.6	76 AA-Davenport, West	7:55.8
	A-Prairie, Cedar Rapids	8:18.7	A-Davis County, Bloomfield	8:02.5
	B-Prairie, Gowrie	8:30.5	B-Belmond	8:10.0
	C-Moville	8:25.5	C-Wellsburg	8:16.0
63	AA-Davis County, Bloomfield	7:59.4	77 AA-Davenport, West	7:47.0
	A-West Monona, Onawa	8:09.9	A-Davis County, Bloomfield	8:06.5
	B-Sheffield-Chapin	8:21.8	B-North Linn, Coggon	8:08.7
	C-Prairie City	8:39.0	C-Greene	8:13.3
64	AA-Ames	8:05.9		

4 x 800 METER RELAY

(Relay was called 3200 Meter Relay, 1978-83)

78	AA-Davenport, Central	7:54.71	A-Iowa Falls	8:02.59
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	B-Prairie, Gowrie	8:07.51		2A-St. Albert, Co. Bluffs.....	8:00.80
	C-Bridgewater-Fontanelle.....	8:10.79		1A-West Bend-Mallard	8:14.18
79	AA-Muscatine	7:48.01	94	4A-Dubuque, Senior	7:56.68
	A-Iowa Falls.....	7:55.87		3A-Storm Lake.....	8:08.29
	B-Woodbine	8:04.42		2A-Belmond-Klemme	8:01.38
	C-Treynor.....	8:15.31		1A-West Bend-Mallard	8:04.87
80	AA-Dowling Catholic, WDM	7:47.57	95	4A-Iowa City, City High.....	8:00.17
	A-Davis County, Bloomfield.....	7:55.1		3A-Prairie, Cedar Rapids.....	8:02.70
	B-Sioux Center	8:02.78		2A-Gilbert.....	8:07.60
	C-Treynor.....	8:03.13		1A-Riverside, Oakland.....	8:05.51
81	AA-Muscatine	7:48.88	96	4A-Ankeny	7:52.16
	A-Tipton	7:57.20		3A-Centerville	7:59.79
	B-NUH, Cedar Falls.....	8:01.17		2A-Garner-Hayfield.....	8:05.47
	C-Sidney	8:09.50		1A-Woodbine.....	8:06.16
82	4A-Spencer.....	7:52.31	97	4A-Iowa City, City High.....	7:58.56
	3A-Sheldon.....	7:56.15		3A-Centerville	8:00.42
	2A-Sioux Center	7:55.45		2A-Unity Christian, Orange City	8:05.52
	1A-Aurelia.....	8:13.58		1A-Collins-Maxwell-Baxter	8:07.90
83	4A-Ames.....	7:49.89	98	4A-Cedar Falls.....	7:55.75
	3A-Western Christian, Hull	8:00.60		3A-Cedar Rapids, Regis/LaSalle.....	7:56.31
	2A-West Branch	8:04.89		2A-Collins-Maxwell-Baxter	8:02.56
	1A-Allison-Bristow	8:08.82		1A-Madrid	8:09.34
84	4A-Cedar Rapids, Kennedy.....	7:51.4	99	4A-Ames	7:57.20
	3A-Tipton	8:03.05		3A-Waverly-Shell Rock.....	7:57.61
	2A-West Branch	8:06.0		2A-Beckman, Dyersville	8:01.84
	1A-Earlham.....	8:18.2		1A-Calamus-Wheatland	8:11.28
85	4A-Marshalltown.....	7:46.52	00	4A-Iowa City, City	7:52.85
	3A-Tipton	8:02.36		3A-Waukon	7:55.61
	2A-Northwood-Kensett	8:06.8		2A-Tipton	7:53.67
	1A-Earlham.....	8:15.7		1A-Lawton-Bronson.....	8:06.50
86	4A-Marshalltown.....	7:47.66	01	4A-Iowa City, City High.....	8:00.12
	3A-Glenwood.....	8:01.45		3A-Forest City.....	7:58.21
	2A-Central, Elkader	8:03.49		2A-Tipton	8:08.57
	1A-CAL, Latimer	8:06.72		1A-Greene	8:13.97
87	4A-Ames.....	7:44.06	02	4A-Valley, West Des Moines	7:50.81
	3A-Clear Lake.....	7:57.86		3A-Columbus Catholic, Waterloo	8:00.25
	2A-Garner-Hayfield.....	8:01.91		2A-Tipton	7:57.85
	1A-CAL, Latimer	8:03.59		1A-Greene	8:06.37
88	4A-Dubuque, Senior	7:56.51	03	4A-Ankeny	7:55.88
	3A-Sheldon.....	8:00.89		3A-Benton, Van Horne	8:01.65
	2A-Woodbine.....	8:00.69		2A-Roland-Story	8:08.50
	1A-Pomeroy.....	8:09.21		1A-Turkey Valley, Jackson Junction	8:11.04
89	4A-Spencer.....	7:50.7	04	4A-Linn-Mar	7:48.26
	3A-Storm Lake.....	8:01.23		3A-Decorah-North Winneshiek.....	8:04.21
	2A-Gehlen Catholic, LeMars	8:07.31		2A-West Liberty	8:06.83
	1A-Woodbine.....	8:06.5		1A-Turkey Valley, Jackson Junction	8:11.78
90	4A-Valley, West Des Moines.....	7:48.88	05	4A-Linn-Mar	7:48.55
	3A-Sheldon.....	8:04.91		3A-Wahlert, Dubuque	8:03.02
	2A-Woodbine.....	8:10.53		2A-West Liberty	7:56.03
	1A-Greene	8:13.21		1A-Riverside, Oakland.....	8:10.00
91	4A-Ames.....	7:58.41	06	4A-Marshalltown	7:58.47
	3A-Benton Community, Van Horne	8:05.50		3A-Knoxville.....	8:05.86
	2A-Belmond-Klemme	8:10.82		2A-Monticello	8:04.55
	1A-Iowa Mennonite, Kalona	8:09.15		1A-BCLUW, Conrad	8:03.06
92	4A-Iowa City, City High.....	7:55.55	07	4A-Iowa City West	8:01.85
	3A-Sheldon.....	7:57.73		3A-Knoxville.....	8:05.63
	2A-Williamsburg	8:07.40		2A-Monticello	7:59.66
	1A-Dike.....	8:08.63		1A-BCLUW, Conrad	8:09.99
93	4A-Dubuque, Senior	7:57.96	08	4A-Waukee	7:53.52
	3A-Forest City.....	8:03.08		3A-Spirit Lake	8:00.56

2A-West Liberty	8:00.89	2A-Monticello	7:50.38
1A-Northeast, Goose Lake	8:09.99	1A-Alta-Aurelia	8:11.29
09 4A-Waukeee	7:53.88	16 4A-Waukeee	7:47.08
3A-Algona	8:01.05	3A-Mount Vernon	8:00.01
2A-St. Edmond, Fort Dodge	7:57.59	2A-Monticello	7:51.24
1A-Belmond-Klemme	8:13.33	1A-St. Edmond, Fort Dodge	8:12.14
10 4A-Cedar Rapids Washington	7:48.70	17 4A-Waukeee	7:49.34
3A-Algona	7:55.65	3A-Mount Vernon	7:58.92
2A-Monticello	7:58.57	2A-Dike-New Hartford	8:01.33
1A-North Iowa, Buffalo Center	8:04.51	1A-Pekin	7:58.63
11 4A-Prairie, Cedar Rapids	7:54.56	18 4A-Iowa City, City High	7:49.41
3A-Spirit Lake Park	7:49.07	3A-Atlantic	8:01.05
2A-St. Edmond, Fort Dodge	7:55.76	2A-Pekin	7:59.95
1A-BCLUW, Conrad	8:04.40	1A-Lisbon	8:06.24
12 4A-Waukeee	7:49.79	19 4A-Ames	7:51.95
3A-Decorah	7:56.34	3A-Sergeant Bluff-Luton	7:58.68
2A-Mount Vernon	7:57.66	2A-South Hamilton	8:01.23
1A-St. Albert, Council Bluffs	8:13.46	1A-Earlham	8:07.10
13 4A-Iowa City, City	7:48.06	20 Season canceled due to COVID-19.	
3A-Pella	7:58.79	21 4A-Iowa City, Liberty	7:49.45
2A-Monticello	7:53.46	3A-Pella	7:55.14
1A-AGWSR, Ackley	8:21.08	2A-Northeast, Goose Lake	8:15.69
14 4A-Prairie, Cedar Rapids	7:49.52	1A-Earlham	8:04.37
3A-Center Point-Urbana	7:59.20	22 4A-Sioux City, North	7:44.64
2A-Monticello	7:54.26	3A-Western Dubuque	7:59.41
1A-Mount Ayr	8:14.23	2A-Tipton	8:08.83
15 4A-Ames	7:41.43	1A-Earlham	8:04.95
3A-Gilbert	7:56.68		

ONE-MILE MEDLEY RELAY

35 Valley Junction	3:42.3	B-Albert City	3:44.4
36 Valley Junction	3:42.4	C-West Branch	3:51.6
37 Fort Dodge	3:44.3	54 AA-Des Moines, North	3:36.2
38 Ames	3:35.6	A-Atlantic	3:46.0
39 Iowa School for Deaf, Council Bluffs	3:44.5	B-Albert City	3:45.0
40 (Tie) Ames & Iowa School for Deaf, CB	3:42.6	C-Elliott	3:45.6
41 Ames	3:41.7	55 AA-Des Moines, Roosevelt	3:46.3
42 Des Moines, Lincoln	3:41.1	A-Hampton	3:50.9
43 Des Moines, East	3:43.2	B-Albert City	3:41.8
44 Des Moines, East	3:41.7	C-Primghar	3:46.6
45 Sioux City, Trinity	3:40.8	56 AA-Des Moines, North	3:38.0
46 Cedar Rapids, Wilson	3:43.1	A-Clarinda	3:45.1
47 Iowa City, City	3:39.9	B-Johnston	3:45.9
48 A-Newton	3:39.2	C-Primghar	3:43.7
B-De Witt	3:43.4	57 AA-Des Moines, East	3:42.8
49 A-Des Moines, East	3:42.0	A-Hampton	3:44.5
B-Corydon	3:50.2	B-Britt	3:47.1
50 A-Des Moines, Tech	3:48.1	C-Hedrick	3:49.2
B-Nevada	3:52.1	58 AA-Cedar Rapids, Jefferson	3:38.1
51 A-Des Moines, North	3:41.5	A-Eagle Grove	3:41.4
B-Rock Rapids	3:49.9	B-Tabor	3:47.9
52 A-Davenport	3:40.3	C-Primghar	3:47.7
B-Albert City	3:48.2	59 AA-Cedar Rapids, Jefferson	3:31.5
53 AA-Decorah	3:44.2	A-Eagle Grove	3:39.5
A-Jefferson	3:47.5	B-Moville	3:44.0

	C-Primghar	3:46.7	69	AA-Fort Dodge	3:30.3
60	AA-Iowa City	3:39.1		A-St. Albert, Co. Bluffs	3:38.3
	A-Saydel	3:44.6		B-Manning	3:35.4
	B-Glidden-Ralston	3:40.1		C-Miles	3:42.7
	C-LuVerne	3:44.7	70	AA-Indianola	3:30.2
61	AA-Valley, West Des Moines	3:38.7		A-Eagle Grove	3:43.0
	A-Cherokee, Washington	3:47.9		B-Oakland	3:40.5
	B-Carlisle	3:44.8		C-Elk Horn-Kimballton	3:43.6
	C-Bayard	3:44.2	71	AA-Davenport, Central	3:36.7
62	AA-Cedar Rapids, Jefferson	3:37.2		A-Eagle Grove	3:36.9
	A-Ankeny	3:42.8		B-Central Decatur, Leon	3:34.9
	B-Charter Oak-Ute	3:45.3		C-Dexfield, Redfield	3:46.1
	C-Moville	3:48.0	72	AA-Sioux City, East	3:33.3
63	AA-Valley, West Des Moines	3:33.0		A-Eagle Grove	3:35.6
	A-Sheldon	3:41.2		B-Tripoli	3:41.7
	B-Anita	3:45.2		C-Central Webster, Burnside	3:37.8
	C-Havelock-Plover	3:49.7	73	AA-Valley, West Des Moines	3:34.3
64	AA-Ames	3:42.7		A-Central Clinton, DeWitt	3:39.3
	A-Eagle Grove	3:40.4		B-West Monona, Onawa	3:40.7
	B-Seymour	3:35.9		C-Central Webster, Burnside	3:44.9
	C-Scranton	3:40.3	74	AA-Davenport, Central	3:30.8
65	AA-Ames	3:37.6		A-Central Clinton, DeWitt	3:33.9
	A-Eagle Grove	3:42.0		B-Columbus, Columbus Jct	3:39.0
	B-Sutherland	3:44.5		C-Titonka	3:37.1
	C-Pomeroy	3:42.5	75	AA-Cedar Rapids, Washington	3:27.0
66	AA-Sioux City, Central	3:34.9		A-Anamosa	3:32.5
	A-Glenwood	3:40.6		B-Greene	3:34.0
	B-Lynnville-Sully	3:40.3		C-Meriden-Cleghorn	3:36.9
	C-Treynor	3:47.5	76	AA-Davenport, Central	3:29.1
67	AA-Sioux City, Central	3:32.6		A-Anamosa	3:36.2
	A-Prairie, Cedar Rapids	3:36.6		B-Sac City	3:34.7
	B-Lynnville-Sully	3:41.0		C-West Harrison	3:37.9
	C-Treynor	3:40.8	77	AA-Columbus Catholic, Waterloo	3:28.4
68	AA-Des Moines, Tech	3:41.0		A-Central Clinton, De Witt	3:35.8
	A-Humboldt	3:42.0		B-Manson	3:38.8
	B-Prairie, Gowrie	3:43.4		C-Hamburg	3:38.2
	C-Armstrong	3:47.2			

1600-METER DISTANCE MEDLEY RELAY

78	AA-Davenport, Central	3:31.13	3A-Tipton	3:36.09	
	A-Centerville	3:34.23	2A-Northwood-Kensett	3:38.07	
	B-Maurice-Orange City	3:34.83	1A-Boyd-Hull	3:39.27	
	C-Hamburg	3:33.95	84	4A-Marshalltown	3:30.40
79	AA-Clinton	3:27.2		3A-Tipton	3:35.40
	A-Algona	3:33.09		2A-Northwood-Kensett	3:37.2
	B-Pekin	3:35.44		1A-Fredericksburg	3:42.6
	C-Hamburg	3:40.28	85	4A-Cedar Rapids, Kennedy	3:28.55
80	AA-Cedar Rapids, Washington	3:29.65		3A-Central Lee, Argyle	3:36.39
	A-Sumner	3:32.65		2A-Iowa Valley, Marengo	3:36.4
	B-Sac City	3:36.35		1A-Earham	3:40.6
	C-Treynor	3:38.76	86	4A-Marshalltown	3:29.47
81	AA-Des Moines, East	3:30.80		3A-Western Christian	3:35.46
	A-Davis County, Bloomfield	3:34.02		2A-NUH, Cedar Falls	3:37.91
	B-NUH, Cedar Falls	3:33.48		1A-Aplington	3:36.30
	C-Moravia	3:38.73	87	4A-Ames	3:27.66
82	4A-Cedar Rapids, Washington	3:32.03		3A-Pella	3:35.38
	3A-Sheldon	3:33.95		2A-Garner-Hayfield	3:37.47
	2A-Sioux Center	3:36.99		1A-CAL-Dows	3:36.70
	1A-Treynor	3:41.72	88	4A-Burlington	3:31.94
83	4A-Davenport, Central	3:31.46		3A-Storm Lake	3:34.52

	2A-Dike	3:36.19		2A-Panorama, Panora	3:33.82
	1A-Gehlen Catholic, LeMars	3:36.67		1A-Turkey Valley, Jackson Junction	3:38.03
89	4A-Clinton	3:31.58	04	4A-Iowa City, City	3:28.75
	3A-Centerville	3:37.12		3A-Assumption, Davenport	3:27.65
	2A-South Hamilton, Jewell	3:37.75		2A-Monticello	3:34.51
	1A-North Mahaska, New Sharon	3:39.12		1A-Turkey Valley, Jackson Junction	3:34.97
90	4A-Indianola	3:26.51	05	4A-Cedar Falls	3:28.71
	3A-Alta-Aurelia	3:35.85		3A-Wahlert, Dubuque	3:33.73
	2A-West Bend	3:34.87		2A-Unity Christian, Orange City	3:30.28
	1A-North Mahaska, New Sharon	3:38.68		1A-North Linn, Troy Mills	3:35.49
91	4A-Ames	3:31.00	06	4A-Marshalltown	3:27.75
	3A-Cherokee, Washington	3:33.90		3A-Charles City	3:32.28
	2A-LDF-Semco	3:34.70		2A-Mid-Prairie, Wellman	3:32.18
	1A-Lawton-Bronson	3:40.20		1A-BCLUW, Conrad	3:33.15
92	4A-Fort Dodge	3:31.16	07	4A-Pleasant Valley	3:27.95
	3A-Adel-DeSoto-Minburn	3:30.95		3A-Charles City	3:35.96
	2A-Belmond-Klemme	3:36.61		2A-Mid-Prairie, Wellman	3:32.97
	1A-Woodbine	3:34.40		1A-BGM, Brooklyn	3:37.60
93	4A-Iowa City, City High	3:30.70	08	4A-Pleasant Valley	3:26.51
	3A-Algona	3:31.60		3A-Charles City	3:30.87
	2A-St Albert, CB	3:35.22		2A-Mid-Prairie, Wellman	3:26.16
	1A-West Bend-Mallard	3:36.67		1A-BCLUW, Conrad	3:36.41
94	4A-Iowa City, City High	3:28.92	09	4A-Cedar Rapids Kennedy	3:28.08
	3A-Cherokee, Washington	3:33.47		3A-Algona	3:31.15
	2A-West Hancock, Britt	3:31.28		2A-Northeast, Goose Lake	3:32.58
	1A-West Marshall	3:32.40		1A-George-Little Rock	3:38.52
95	4A-Urbandale	3:31.20	10	4A-Marshalltown	3:29.72
	3A-Cedar Rapids, Regis	3:32.59		3A-Bishop Heelan Catholic, Sioux City	3:31.99
	2A-West Hancock, Britt	3:35.52		2A-Mid-Prairie, Wellman	3:33.05
	1A-West Marshall	3:32.58		1A-North Iowa, Buffalo Center	3:35.98
96	4A-Mason City	3:27.95	11	4A-Marshalltown	3:30.97
	3A-Humboldt	3:34.14		3A-Spirit Lake Park	3:30.25
	2A-Garner-Hayfield	3:35.92		2A-St. Edmond, Fort Dodge	3:34.08
	1A-Gehlen Catholic, LeMars	3:36.23		1A-Manson Northwest Webster	3:34.40
97	4A-Indianola	3:28.77	12	4A-Prairie, Cedar Rapids	3:28.88
	3A-Fairfield	3:32.91		3A-Centerville	3:30.33
	2A-Eldora-New Providence	3:34.02		2A-St. Edmond, Fort Dodge	3:31.19
	1A-Pleasantville	3:34.13		1A-Lisbon	3:35.48
98	4A-Valley, West Des Moines	3:30.88	13	4A-Linn-Mar, Marion	3:29.94
	3A-Decorah	3:31.15		3A-Centerville	3:31.38
	2A-Garner-Hayfield	3:33.87		2A-Monticello	3:32.32
	1A-Woodbine	3:34.58		1A-Hinton	3:39.03
99	4A-Dubuque, Senior	3:28.59	14	4A-Linn-Mar, Marion	3:24.39
	3A-Mount Pleasant	3:31.54		3A-Algona	3:30.65
	2A-Garner-Hayfield	3:34.26		2A-Monticello	3:31.06
	1A-Sioux Central, Sioux Rapids	3:36.62		1A-Mount Ayr	3:36.15
00	4A-Marshalltown	3:32.81	15	4A-Dowling Catholic, WDM	3:25.27
	3A-Mount Pleasant	3:34.82		3A-Algona	3:29.44
	2A-Beckman, Dyersville	3:37.94		2A-Kingsley-Pierson/Woodbury Central	3:30.04
	1A-Regina, Iowa City	3:43.58		1A-Alta-Aurelia	3:34.52
01	4A-Iowa City, City High	3:31.40	16	4A-Dowling Catholic, WDM	3:26.26
	3A-Waverly-Shell Rock	3:30.15		3A-Estherville-Lincoln Central	3:32.71
	2A-East Marshall, LeGrand	3:32.11		2A-Monticello	3:37.02
	1A-Pleasantville	3:36.33		1A-Mount Ayr	3:36.01
02	4A-Iowa City, City	3:31.58	17	4A-Dowling Catholic, WDM	3:27.74
	3A-Perry	3:31.45		3A-Central DeWitt	3:33.26
	2A-Preston-East Central	3:32.42		2A-Anamosa	3:33.00
	1A-Pleasantville	3:33.07		1A-Lisbon	3:34.85
03	4A-Valley, West Des Moines	3:31.18	18	4A-Urbandale	3:27.91
	3A-Assumption, Davenport	3:29.38		3A-Atlantic	3:32.53

2A-Pekin	3:31.49	3A- Humboldt.....	3:30.11
1A-Lisbon	3:32.87	2A- Bellevue	3:36.00
19 4A-Johnston	3:27.19	1A- Earlham.....	3:37.91
3A-Atlantic	3:31.13	22 4A- Iowa City, City High,	3:28.69
2A-South Central Calhoun	3:35.00	3A- Dallas Center-Grimes,	3:27.49
1A-Calamus-Wheatland	3:34.47	2A- Des Moines Christian,	3:32.98
20 Season canceled due to COVID-19.		1A- Earlham,	3:31.48
21 4A-Cedar Falls.....	3:25.84		

4x110-METER SHUTTLE HURDLE RELAY

(2007-2008 – 30 in. hurdles; 2009-2018 – 33 in. hurdle; 2019 – 36 in. hurdles)

07 4A-Valley, WDM	57.15	2A-Sioux Center	57.80
3A-Mount Pleasant	57.37	1A- Madrid	58.56
2A-Beckman, Dyersville	57.84	15 4A-Waukee	56.02
1A-Riceville.....	59.26	3A-Mount Pleasant	57.33
08 4A-Iowa City West.....	56.15	2A-Camanche.....	57.49
3A-Atlantic	57.30	1A-Earlham.....	1:00.23
2A-Hudson.....	57.09	16 4A-Waukee	56.09
1A-WACO, Wayland.....	58.15	3A-Carlisle	57.87
09 4A-Cedar Rapids Kennedy.....	57.85	2A-Clarinda.....	57.16
3A-Clear Creek-Amana	59.37	1A-Audubon.....	59.22
2A-Beckman, Dyersville	58.99	17 4A-Ankeny Centennial.....	56.23
1A-Southern Cal, Lake City	1:00.21	3A-Carlisle	56.77
10 4A-Valley, WDM	56.66	2A-Central Decatur.....	59.22
3A-Waverly-Shell Rock.....	57.99	1A-Lake Mills	59.48
2A-Eddyville-Blakesburg	48.41	18 4A-Waukee	57.17
1A-Belle Plaine	58.79	3A-Carlisle	56.83
11 4A-Urbandale	56.74	2A-Albia	57.97
3A-Waverly-Shell Rock.....	56.74	1A-Central Decatur.....	58.50
2A-Collins-Maxwell-Baxter	58.20	19 4A-Valley, West Des Moines.....	57.18
1A-Madrid	59.45	3A-Sergeant Bluff-Luton	59.63
12 4A-Iowa City, City High.....	56.78	2A-Dike-New Hartford	59.49
3A-Mount Pleasant	58.24	1A-Central Decatur.....	1:00.39
2A-Beckman Catholic, Dyersville	58.47	20 Season canceled due to COVID-19.	
1A-Earlham.....	58.63	21 4A- Prairie, Cedar Rapids.....	57.73
13 4A-Waukee	56.47	3A- Epworth, Western Dubuque.....	59.47
3A-Mount Pleasant	57.55	2A- Treynor.....	1:01.15
2A-Emmetsburg.....	56.82	1A- Lisbon.....	1:00.20
1A-Wapsie Valley	59.35	22 4A-Pleasant Valley	58.96
14 4A-Waukee	55.78	3A-Pella	59.45
3A-Waverly-Shell Rock.....	58.01	2A-Spirit Lake	1:00.50
		1A-Lenox	1:00.39

800-METER SPRINT MEDLEY RELAY

(Started 2017)

17 4A-Bettendorf	1:32.09	2A-Beckman Catholic, Dyersville	1:33.69
3A-Glenwood	1:33.68	1A-Lynnvile-Sully	1:33.83
2A-South Winneshiek, Calmar	1:35.44	19 4A-Bettendorf	1:30.92
1A-Lisbon	1:33.84	3A-Sergeant Bluff-Luton	1:31.77
18 4A-Dowling Catholic, WDM	1:31.30	2A-North Fayette Valley	1:35.23
3A-Glenwood	1:33.11	1A-Lynnvile-Sully	1:35.67

20 Season canceled due to COVID-19.	
21 4A- Ankeny Centennial	1:31.72
3A- ADM, Adel	1:34.05
2A- Unity Christian, Orange City	1:31.76
1A- Wapsie Valley, Fairbank	1:33.57

22 4A-Ankeny	1:31.46
3A-Dallas Center-Grimes	1:34.23
2A-Spirit Lake	1:33.22
1A-Lawton-Bronson	1:33.15

STATE RELAY EVENTS CHAMPIONS PER SCHOOL

ADM, Adel.....	2
AGWSR, Ackley.....	1
AHSTW.....	1
Albert City-Truesdale.....	9
Albia.....	9
Alburnett.....	1
Algona.....	9
Allison-Bristow.....	2
Alta; Alta-Aurelia.....	22
Altoona.....	1
Ames.....	46
Anamosa.....	3
Anita.....	1
Ankeny.....	10
Ankeny Centennial.....	3
Aplington.....	2
Armstrong.....	1
Assumption, Davenport.....	7
Atlantic.....	7
Audubon.....	2
AvoHa, Avoca.....	1
Ballard, Huxley.....	2
Bayard.....	2
BCL, Conrad; BCLUW, Conrad.....	9
Beckman Catholic, Dyersville.....	18
Bedford.....	1
Belle Plaine.....	3
Bellevue.....	1
Belmond-Klemme.....	6
Benton Community, Van Horne.....	2
Bettendorf.....	2
B-G-M, Brooklyn.....	2
Bishop Garrigan, Algona.....	2
Bishop Heelan Catholic, Sioux City.....	9
Bondurant-Farrar.....	1
Boone.....	2
Boyden-Hull.....	2
Bridgewater-Fontanelle.....	1
Burlington.....	4
Calamus-Wheatland.....	2
CAL-Dows, Latimer.....	7
Camanche.....	1
Carlisle.....	9
Carroll.....	2
Cascade, Western Dubuque.....	1
Castana.....	1
Cedar Falls.....	3

Cedar Rapids.....	5
Cedar Rapids, Franklin.....	4
Cedar Rapids, Jefferson.....	7
Cedar Rapids, Kennedy.....	4
Cedar Rapids, Regis; Cedar Rapids, Regis/LaSalle.....	2
Cedar Rapids, Washington.....	15
Cedar Rapids, Wilson.....	1
Center Point-Urbana.....	3
Centerville.....	7
Central Clinton, DeWitt/Central DeWitt.....	11
Central Decatur, Leon.....	4
Central, Elkader.....	1
Central Lee, Argyle/Donnellson.....	3
Central Lyon, Rock Rapids.....	8
Central Webster, Burnside.....	4
Chariton.....	1
Charles City.....	4
Charter Oak-Ute.....	1
Cherokee, Washington.....	12
Clarinda Academy.....	1
Clarinda.....	6
Clarion.....	2
Clay Central, Royal.....	2
Clear Creek-Amana.....	2
Clear Lake.....	5
Clinton.....	12
Clinton, St. Mary's.....	2
Colfax.....	1
College Springs.....	3
Collins-Maxwell-Baxter.....	3
Colo-NESCO.....	1
Columbus Junction, Columbus.....	2
Columbus, Waterloo.....	2
Corning.....	2
Corydon.....	1
Council Bluffs, Abraham Lincoln.....	1
Crestland, Early.....	1
Creston.....	1
Dallas Center-Grimes.....	8
Danville.....	1
Davis County, Bloomfield.....	7
Davenport; Davenport, Central.....	35
Davenport, West.....	3
Decorah; Decorah-North Winneshiek.....	6
Denison.....	1
Des Moines Christian.....	1
Des Moines, East.....	40
Des Moines, Hoover.....	3

Des Moines, Lincoln	2	Ida Grove	4
Des Moines, North	28	Indianola	11
Des Moines, Roosevelt	14	Iowa City, City High.....	35
Des Moines, Tech	8	Iowa City, Liberty	1
Des Moines, West	10	Iowa City, West	6
Dexfield, Redfield	6	Iowa Falls; Iowa Falls-Alden	9
Dike	3	Iowa Mennonite School, Kalona	4
Dike-New Hartford.....	3	Iowa School for Deaf, Council Bluffs	5
Dowling Catholic, West Des Moines	8	Iowa Valley, Marengo	2
Dubuque, Senior	9	Irwin	1
Eagle Grove	18	Janesville	1
Earlham	12	Jefferson	5
East Buchanan, Winthrop	1	Jesup	1
East Marshall, LeGrand	1	Johnston	5
Eddyville-Blakesburg.....	2	Kalona	1
Eldora-New Providence	1	Kanawha	5
Elk Horn-Kimballton	1	Kingsley-Pierson	1
Elliott.....	2	Kingsley-Pierson/Woodbury Central.....	2
Emmetsburg	4	Knoxville.....	4
English Valleys, North English	4	Lake City	8
Epworth, Western Dubuque	3	Lake Mills	4
Essex.....	1	Lake View-Auburn.....	1
Estherville-Lincoln Central	1	LaPorte City	2
Fairfield.....	3	Lawton-Bronson.....	5
Farragut.....	2	LDF-SEMCO, LeGrand.....	1
Fayette	1	LeMars	3
Forest City	3	Lenox	1
Fort Dodge	6	Lewis Central, Council Bluffs	2
Fort Madison	3	Lincoln Central, Gruver	2
Fredericksburg	3	Linn-Mar, Marion.....	6
Galva-Holstein.....	1	Lisbon	9
Garner-Hayfield.....	8	Louisa-Muscatine, Letts	2
Gehlen Catholic, LeMars.....	7	LuVerne	2
George-Little Rock	1	Lynnvile-Sully	8
Gilbert.....	2	Madrid	12
Gilmore City-Bradgate.....	1	Manning	4
Glenwood	10	Manson; Manson-Northwest Webster	11
Glidden-Ralston	2	Maquoketa	1
Goldfield	1	Marion	3
Graettinger	1	Marshalltown.....	15
Greene	5	Mason City	11
Grinnell.....	4	Maurice-Orange City.....	10
Griswold	5	Mediapolis.....	5
Grundy Center.....	1	Meriden-Cleghorn	2
Hamburg.....	12	Meservey-Thornton.....	2
Hampton-Dumont	7	Mid-Prairie, Wellman.....	7
Harlan.....	2	Miles.....	1
Hartley	1	Monroe	1
Havelock-Plover	1	Montezuma	1
Hawarden	1	Monticello.....	11
Hedrick	1	Moravia	2
Hinton.....	1	Mount Ayr.....	4
Hubbard-Radcliffe	1	Mount Pleasant	15
Hudson	1	Mount Vernon	4
Humboldt	7	Moville	5
		Muscatine.....	2

Nevada	7	Sibley	1
New Hartford	3	Sidney	3
New London	2	Sioux Center	9
Newton	5	Sioux City	2
Nishna Valley	1	Sioux City, Central	12
North Fayette Valley	2	Sioux City, East	7
North Iowa, Buffalo Center	2	Sioux City, North	1
North Linn, Coggon	3	Sioux City, Trinity	1
North Mahaska, New Sharon	8	Sioux City, West	1
North Scott, Eldridge	4	Sioux Rapids; Sioux Central	4
Northeast, Goose Lake	3	Solon	1
Northwood-Kensett	5	South Central Calhoun	2
Northern University High & Teachers, Cedar Falls	20	South Hamilton, Jewell	2
OABCIG	3	South Tama County	5
Okoboji, Milford & Milford	2	South Winneshiek, Calmar	2
Osage	1	Southeast Polk	1
Oskaloosa	2	Southern Cal, Lake City	1
Ottumwa	5	Spencer	3
Panorama, Panora	7	Spirit Lake; Spirit Lake-Park	10
Paullina	6	St. Albert, Council Bluffs	14
Pekin	6	St. Edmond, Fort Dodge	13
Pella	6	Storm Lake	13
Perry	7	Stuart-Menlo	1
Pleasant Valley	4	Sumner	1
Pleasantville	6	Sutherland	3
Pocahontas Area	2	Tabor	2
Pocahontas, Catholic	1	Terril	10
Pomeroy	4	Titonka	4
Postville	1	Tipton	11
Prairie City	1	Toledo Juvenile Home	1
Prairie, Cedar Rapids	10	Traer	1
Prairie, Gowrie	9	Treynor	12
Preston-East Central	1	Tripoli	4
Primghar	10	Tri-Center, Neola	2
Quimby	1	Turkey Valley, Jackson Junction	4
Red Oak	4	Twin Rivers, Bode	1
Regina, Iowa City	2	Underwood	1
Reinbeck	1	Unity Christian, Orange City	7
Riceville	1	Urbandale	3
Riverside, Oakland	4	Valley, West Des Moines; Valley Junction	34
Rockwell City	3	Ventura	1
Roland-Story	4	Villisca	3
Ruthven	1	WACO, Wayland	1
Sac City	5	Wahlert, Dubuque	5
Saint Ansgar	1	Wall Lake	4
Saydel	2	Wapsie Valley, Fairbank	4
Schaller	3	Washington	6
Schleswig	1	Waterloo, Central	2
Scranton	6	Waterloo, East	4
Sergeant Bluff-Luton	7	Waterloo, West	8
Seymour	2	Waukee	14
Sheffield-Chapin	2	Waukon	1
Sheldon	6	Waverly-Shell Rock	9
Shenandoah	5	Webster City	2
		Wellman	2
		Wellsburg	1

West Bend-Mallard.....	4	Western Christian, Hull	2
West Burlington/Notre Dame	4	Williamsburg	8
West Branch.....	8	Winterset.....	1
West Chester.....	3	Woodbine.....	10
West Delaware, Manchester.....	1	Woodward-Granger	3
West Hancock, Britt.....	13	Xavier, Cedar Rapids.....	6
West Harrison, Mondamin.....	2	YJB, Jamaica	3
West Liberty	2		
West Lyon, Inwood.....	5		
West Marshall, State Center	9		
West Monona, Onawa.....	11		
Westwood, Sloan	2		

SCHOOLS WITH THE MOST RELAY TITLES

Ames	46
Des Moines, East	40
Davenport; Davenport, Central	35
Iowa City, City High.....	35
Valley, West Des Moines	34
Des Moines, North	28
Alta; Alta/Aurelia.....	22
Northern University High & Teachers, Cedar Falls	20

IHSAA STATE MEET BESTS

Most Team Championships Won by a School

20 – Ames
15 – Davenport, Davenport, Central

11 – Des Moines, East
11 – Iowa City, City

Most Team Championships Won by a Coach

10 – John Raffensperger, Iowa City, City
9 – John Sletten, Ames
9 – Mike Augustine, Des Moines, East

8 – Hi Covey, Ames
7 – Ira Dunsworth, Davenport; Davenport Central

Most Consecutive Team Titles Won by A School

6 - Ames (1986-91); Iowa City, City (1992-97)
5 - Des Moines, West (1910-1914); Cedar Rapids (1921-25)
4 - Ames (1955-58); Hamburg (1974-77)

Most Team Points Scored by a Championship Team

Class 4A: 89 – Valley, West Des Moines, 2019
Class 3A: 100.5 – Xavier, Cedar Rapids, 2008

Class 2A: 107 – West Burlington/Notre Dame, 2015
Class 1A: 89 – Lisbon, 2017

School Winning Five Relays, Single Meet (6 max starting in 2007; 7 in 2017)

Davenport (1952) [440-880-Mile-2 Mile-Mile Medley]
Prairie, Gowrie (1968) [440-880-Mile-2 Mile-Mile Medley]
Iowa City, City High (2001) [4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley]

School with Most Consecutive Relay Victories

10 – Iowa City, City (2000-2002)

Schools with the Most State Meet Event Champions

124 – Ames
114 – Davenport, Davenport Central

97 – Des Moines East
81 – Iowa City; Iowa City, City

School with Most Individual Running Event Champions

45 – Des Moines East

School with the Most Relay Champions

47 – Ames

School with the Most Field Event Champions

43 – Davenport, Davenport, Central

School Winning Same Event 6 or More Consecutive Years

6 years – Des Moines, North – 100-yard dash & 220-yard dash, 1962-67

School Winning Same Relay, 5 Consecutive Years

Lake City – Mile Relay (1950-51-52-53-54)

Hamburg – Mile Relay (1973-74-75-76-77)

Albia – 4 x 400 (2013-14-15-16-17)

Four Event Individual Champions, Single State Meet

1907 – Carl Harris, Des Moines West (100, 220, 440 and Long Jump)

1926 – Vane Snorf, Des Moines Roosevelt (100, High Hurdles, Low Hurdles, Long Jump)

1956 – Bob Brandt, Denison (100, 220, Low Hurdles, Long Jump)

1976 – LeRoy McCuen, Corning (High Hurdles, Low Hurdles, High Jump, Long Jump)

2002 – Adam Haluska, Carroll (100, 200, 400, Long Jump)

2011 – Nick Efkamp, Madrid (Long Jump, 400 hurdles, 110-Meter High Hurdles, 100 Meter Dash)

Wheelchair 4 Event Champions, Single State Meet

4 Years, 4 First Each Year

1997, 98, 99, 2000 each – E.J. Runyan, Johnston (100, 200, 800, Discus)

4 Event Wins, Same Year

1992 – Tom Rodruck, Winfield-Mt. Union (100, 200, 800, Discus)

1996 – Mark Hauschildt, Nodaway Valley, Greenfield (100, 200, 800, Discus)

2014 – Drake Sachsenmaier, Camanche (100-200-400-Shot Put)

2021 – Evan Correll, Waukee (100, 200, 400, 800)

2022 – Wyatt Willand, Northwood-Kensett (100, 200, 400, 800)

Individuals, Schools Winning Same Event 4 Consecutive Years (does not include those who won 5)

Randy Thompson, Corwith-Wesley-LuVerne - (100 Meters Dash, 1991-92-93-94)

Nate Smith, West Hancock, Britt - (100 Meter Dash, 1991-92-93-94)

Tim Dwight, Iowa City, City - (200 Meter Dash, 1991-92-93-94)

Rob Brock, Dubuque Senior - (3,200 Meter Run, 1994-95-96-97)

Isaac Wendland, Charles City - (1,600 Meter Run, 2005, 06, 07, 08)

Conner Smock, Lisbon - (3,200 Meter Run, 2009, 10, 11, 12)

Albert City - (Mile Medley Relay, 1952-53-54-55)

Iowa City, City - (4 x 200 Meter Relay, 1994-95-96-97)

St. Edmond, Fort Dodge - (4 x 400 Meter Relay, 2007-08-09-10)

Madrid – (400 Hurdles, 2009-10-11-12)

West Burlington/Notre Dame – (High Jump, 2013-16)

Monticello – (4x800 Meter Relay, 2013-16)

Waukee – (Shuttle Hurdle Relay, 2013-16)

Cedar Falls – (4x400 Meter Relay, 2014-15-16-17)

Wheelchair Individuals Winning Same Event 4 Consecutive Years

E. J. Runyan, Johnston - (Wheelchair 100, 200, 800, & Discus: 1997-98-99-2000)

Schools Winning Four or More Relays in Same State Meet

Won Five Relays

1952 - Davenport (440, 880, Mile, 1,600 Meter Medley, Two Mile)

1968 - Prairie, Gowrie (440, 880, Mile, 1,600 Meter Medley, Two Mile)
2001 - Iowa City, City High (4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley)

Won Four Relays

1951 - Des Moines, East (440, 880, Mile, Two Mile)
1957 - Ames (440, 880, Mile, Two Mile)
1965 - Eagle Grove (880, Mile, Medley, Two Mile)
1966 - Glenwood (440, 880, Mile, Mile Medley)
1974 - Davenport, Central (440, 880, Mile, Mile Medley)
1981 - NUH, Cedar Falls (800, 1600, 1,600 Meter Medley, 3200)
1997 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)
2000 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)
2017 - Lisbon (4x200, 4x400, 1,600 Meter Medley, 800 Meter Sprint Medley)

ATHLETES WHO WON THREE INDIVIDUAL EVENTS IN A SINGLE STATE MEET

1907	Merle Alderman, Marion	12 lbs Hammer Throw, Shot Put, Discus
1912	Charles Hoyt, Greenfield	100, 220, 120 High Hurdles
1921	Morgan Taylor, Sioux City	120 High Hurdles, 220 Low Hurdles, Long Jump
1924	Frank Cuhel, Cedar Rapids	100, 120 High Hurdles, 220 Lows
1949	Gary Scott, Des Moines, North	100, 220, 440
1951	Les Stevens, Lovilia	180 Lows, 120 High Hurdles, High Jump
1953	Tom Ecker, Waverly	180 Lows, 120 High Hurdles, Long Jump
1953	Bob Ash, Oelwein	220, 440, 880
1954	Tom Burrows, Belle Plaine	100, 220, 440
1954	Ted Harvey, Toledo Juvenile Home	100, 120 High Hurdles, High Jump
1955	Tom Burrows, Belle Plaine	100, 220, 440
1957	Ron Walter, Farragut	180 Lows, 120 High Hurdles, Shot
1961	John Pletcher, Clarion	100, 180 Lows, 120 High Hurdles
1962	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Harry Alley, Winterset	100, 220, 440
1963	Jon Reimer, George	220, 180 Lows, 120 High Hurdles
1964	Clyde Duncan, Des Moines, North	100, 220, 440
1965	Ron Davis, Perry	100, 220, LH
1966	Jim Kirby, Des Moines, North	100, 220, 440
1966	Jerry Lenz, Cherokee, Washington	100, 220, 440
1974	Greg Capell, Fayette	180 Lows, 120 High Hurdles, Long Jump
1977	Rich Van Pelt, Panorama, Panora	100, 220, 440
1977	LeRoy McCuen, Corning	180 Lows, 110m High Hurdles, Long Jump
1978	Owen Buckley, Sioux City, North	100m, 200m, Pole Vault
1980	Scott Harms, Wellsburg	100m, 200m, 400m
1981	Trey Jackson, Newton	100m, 200m, 400m
1981	Keith Willey, Osage	100m, 200m, 400m
1981	Tim Wilson, Clarke, Osceola	800m, 1600m, 3200m
1985	Matt Zuber, Iowa Valley, Marengo	400m Lows, 110m High Hurdles, Long Jump
1986	Paul Barnhart, Gehlen Catholic, LeMars	800m, 1600m, 3200m
1987	Rob Wise, West Liberty	100m, 200m, 400m
1989	Darwin VandeHoef, Rock Valley	400m Lows, 110m High Hurdles, High Jump
1990	Jamie Leonard, Dallas Center-Grimes	100m, 200m, Long Jump
1991	Bill Betterton, Carlisle	400m, 110m High Hurdles, High Jump
	Enrique Flores, Wapello	200m, 110m High Hurdles, Lows
1992	Tim Dwight, Iowa City, City High	200m, Lows, Long Jump
1993	Randy Thompson, CWL, Corwith	100m, 200m, 400m
1998	Chris McCullough, Pleasantville	200m, 400m, Long Jump
	Mike Pope, West Burlington, Arnold	100m, 200m, 400m
2001	Jason Nolting, Preston-East Central	100m, 200m, 400m
	Adam Haluska, Carroll	100m, 200m, Long Jump

2003	Dylan Davis, ADM, Adel.....	800m, 1600m, 3200m
	Jordan Crosby, Fort Dodge.....	110m High Hurdles, 400m Low Hurdles, Long Jump
2004	Jake Berns, MFL, MarMac.....	800m, 1600m, 3200m
2005	Nick Kuchel, Kingsley-Pierson.....	110m High Hurdles, 100m, 200m
	Greg Offerman, Charles City.....	200m, 400m, 400m Low Hurdles
2008	Aaron Stockstell, Mid-Prairie, Wellman.....	200m, 400m, 800m
2012	James Harrington, Cedar Falls.....	100m, 200m 400m
2014	Josh Evans, Linn-Mar, Marion.....	800m, 1600m, 3200m
	Derek Harksen, Camanche.....	100m, 200m, 400m
2015	Ryan Schweizer, Dowling Catholic.....	800m, 1600m, 3200m
2016	Ryan Schweizer, Dowling Catholic.....	800m, 1600m, 3200m
	Jalen Rima, Prairie, Cedar Rapids.....	100m, 200m, 400m
2019	Jorma Schwedler, Sergeant Bluff-Luton.....	100m, 200m, 400m
2021	Nate Mueller, ADM, Adel.....	800m, 1600m, 3200m
	Brady Griebel, Bellevue.....	800m, 1600m, 3200m
	Jason Renze, Madrid.....	800m, 1600m, 3200m
	Kole Becker, Lisbon.....	110m Hurdles, 400m Hurdles, Long Jump
2022	Aidan Ramsey, Dallas Center-Grimes.....	800m, 1600m, 3200m

SCHOOLS THAT WON THREE RELAYS IN A SINGLE STATE MEET (4 and 5 above)

1940	Des Moines, East.....	440, 880, Mile
1948	Des Moines, North.....	440, 880, Mile
1955	Des Moines, Roosevelt.....	440, Mile, Mile Medley
1956	Ames.....	440, 880, Mile
1956	Primghar.....	880, Medley, Two Mile
1956	Clarinda.....	Mile, Medley, Two Mile
1959	West Chester.....	440, 880, Mile
1962	Moville.....	Mile, Medley, Two Mile
1963	Dexfield, Redfield.....	440, 880, Mile
1965	Pomeroy.....	880, Mile, Mile Medley
1966	Sioux City, Central.....	440, Medley, Two Mile
1966	Manson.....	440, 880, Mile
1967	Villisca.....	440, 880, Mile
1970	Clear Lake.....	440, 880, Mile
1974	Iowa Falls.....	440, 880, Mile
1974	Britt.....	440, 880, Two Mile
1975	Hamburg.....	880, Mile, Two Mile
1977	Cedar Rapids, Washington.....	440, 880, Mile
1979	Kanawha.....	4x100, 4x200, 4x400
1983	Davenport, Central.....	4x100, 4x200, 1,600 Meter Medley
1984	Marshalltown.....	4x200, 4x400, 1,600 Meter Medley
1986	Maurice-Orange City.....	4x100, 4x200, 4x400
1987	Ames.....	4x100, 4x800, 1600 Meter Medley
	CAL-Dows.....	4x400, 4x800, 1,600 Meter Medley
1989	North Mahaska, New Sharon.....	4x100, 4x200, 1,600 Meter Medley
1990	North Mahaska, New Sharon.....	4x100, 4x200, 1,600 Meter Medley
1991	Ames.....	4x400, 4x800, 1,600 Meter Medley
1994	Iowa City, City High.....	4x200, 4x400, 1,600 Meter Medley
	Cherokee, Washington.....	4x200, 4x400, 1,600 Meter Medley
1996	Garner-Hayfield.....	4x400, 4x800, 1,600 Meter Medley
1997	Panorama, Panora.....	4x100, 4x200, 4x400
1999	Mount Pleasant.....	4x200, 4x400, 1,600 Meter Medley
	Beckman, Dyersville.....	4x200, 4x400, 4x800
2004	Treynor.....	4x100, 4x200, 4x400
2005	Wahlert, Dubuque.....	4x200, 4x800, 1,600 Meter Medley
2007	Beckman, Dyersville.....	4x100, 4x200, Shuttle Hurdle

2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800
2010	Bishop Heelan Catholic, Sioux City	4x200, 4x400, 1,600 Meter Medley
2012	Manson Northwest Webster.....	4x100, 4x200, 4x400
2013	Manson Northwest Webster.....	4x100, 4x200, 4x400
2014	Mount Ayr.....	4x800, 1,600 Meter Medley, 4x400
	Waukee	Shuttle Hurdle Relay, 4x100, 4x200
2015	Alta-Aurelia.....	4x400, 4x800, 1,600 Meter Medley
2017	Albia	4x100, 4x200, 4x400
2018	Pekin	4x100, 4x800, 1,600 Meter Medley
	Atlantic.....	4x400, 4x800, 1,600 Meter Medley
2019	Valley, West Des Moines	4x100, 4x200, Shuttle Hurdle
	Sergeant Bluff-Luton	4x800, 800 Sprint Medley, Shuttle Hurdle

Three-Event Wheelchair Winners – Single State Meet

1990	Tony Ramirez, Bishop Heelan, Sioux City	100m, 800m, Discus
1993	John Jeter, Iowa City, West	100m, 200m, 800m
1995	Mark Hauschildt, Greenfield, Nodaway Valley	200m, shot, Discus
2001	Brian Wauters, Marshalltown	100m, 200m, 800m
2002	Brian Wauters, Marshalltown	100m, 200m, 800m
2003	Brian Wauters, Marshalltown	100m, 200m, 400m
2004	Nathan Redlinger, English Valleys	100m, 200m, 400m
2005	Nathan Redlinger, English Valleys	100m, 200m, 400m
2006	Cory Behrendt, Boone.....	100m, 200m, 400m
2007	Cory Behrendt, Boone.....	100m, 200m, 400m
2010	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2011	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2012	Jordan Houdeshell, Linn-Mar.....	100m, 200m, 400m
2013	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2015	Jeromie Meyer, Woodbine	100m, 200m, 400m
2016	Noah Thomas, Roland-Story.....	100m, 200m, 400m
2019	Evan Correll, Waukee	100m, 200m, 400m
2021	*Evan Correll, Waukee.....	100m, 200m, 400m, 800m

Individuals & School Relay Teams Winning the Same State Event 3 Consecutive Years

Following individuals and schools do include those who won the same event four or five consecutive years

Individual Events

Plato Redfern, Council Bluffs & DM West.....	Mile Run	1908, 09, 10
Charles Hoyt, Greenfield.....	100 Yd. Dash.....	1911, 12, 13
	220 Yd. Dash.....	1911, 12, 13
Glenn Tenny, Des Moines West	Mile Run	1912, 13, 14
Theodore Packer, Marshalltown	120 High Hurdles.....	1914, 15, 16
Harrison Barnes, Cedar Rapids	880 Yd. Run.....	1919, 20, 21
Hoyer Jensen, Cedar Rapids	Mile Run	1919, 20, 21
Orville Madsen, Ames	High Jump	1930, 31, 32
John Graves, Cherokee	880-Yard Run	1932, 33, 34
Bruce Erickson, Traer	Javelin	1937, 38, 39
Joe Paulsen, Davenport.....	Football Throw.....	1945, 46, 47
Dean Deuel, Cherokee	Low Hurdles	1946, 47, 48
Larry Strickler, Sigourney	Discus	1959, 60, 61
Joel Harris, Carroll	Shot Put	1961, 62, 63
Clyde Duncan, Des Moines, North	100-Yard Dash	1962, 63, 64
	220-Yard Dash	1962, 63, 64
	440-Yard Dash	1962, 63, 64
Bruce McDonald, Scranton	220-Yard Dash	1962, 63, 64
Tom Tiernan, Allison-Bristow	One Mile Run	1962, 63, 64
Jim Kirby, Des Moines, North	220-Yard Dash	1965, 66, 67
Phil Wertman, Villisca	Pole Vault	1965, 66, 67
Jerome Howe, Treynor	One Mile Run	1966, 67, 68

Doug Lane, Cedar Rapids, Jefferson	Shot Put	1966, 67, 68
Doug Smith, Sioux City, Central	One Mile Run	1966, 67, 68
Tom Dovel, Red Oak	440-Yard Dash	1972, 73, 74
Brent Geringer, Mount Ayr	Shot Put	1972, 73, 74
Mark Hughes, Delwood, Elwood	Two Mile Run	1973, 74, 75
Jeff DeVilder, BGM, Brooklyn	Shot Put	1975, 76, 77
Chuck Locke, Davis County, Bloomfield	Shot Put	1975, 76, 77
Rick McKean, Missouri Valley	One Mile Run	1975, 76, 77
Darrell Crawford, Lamoni	Pole Vault	1976, 77, 78
Chris Nady, Nevada	Low Hurdles	1976, 77, 78
Jeff Nielsen, Britt	100-Meter Dash	1978, 79, 80
Brad Bartelt, West Branch	400-Meter Dash	1982, 83, 84
Chris Walker, Davenport, Central	Long Jump	1982, 83, 84
Darwin VandeHoef, Rock Valley	High Jump	1987, 88, 89
Nate Smith, Britt	100 Meters	1991, 92, 93
Phil Hasenkamp, Saint Albert, Co. Bluffs	1600-Meter Run	1991, 92, 93
Aaron Egbert, Mediapolis	400-Meter Run	1992, 93, 94
Tim Dwight, Iowa City, City	Long Jump	1992, 93, 94
Brent MacLagan, Jefferson-Scranton	400 Meter Low Hurdles	1993, 94, 95
Cyrus Nichols, Des Moines Roosevelt	110m High Hurdles	1997, 98, 99
Pat O'Hea, Wahlert, Dubuque	Wheelchair Shot Put	1998, 99, 2000
Adam Haluska, Carroll	Long Jump	2000, 01, 02
Dylan Davis, ADM, Adel	3,200 Meter Run	2001, 02, 03
1,600 Meter Run	2001, 02, 03	
Brian Wauters, Marshalltown	Wheelchair 100	2001, 02, 03
Brian Wauters, Marshalltown	Wheelchair 200	2001, 02, 03
Kiel Uhl, Des Moines Roosevelt	3,200 Meter Run	2003, 04, 05
Greg Offerman, Charles City	200 Meter Dash	2003, 04, 05
400 Meter Low Hurdles	2003, 04, 05	
Nick Lange, Wahlert, Dubuque	Wheelchair Shot Put	2003, 04, 05
Nick Kuchel, Kingsley-Pierson	110m High Hurdles	2004, 05, 06
Matt Banse, Starmont, Arlington	Shot Put	2005, 06, 07
Aaron Stockstell, Mid-Prairie, Wellman	400 Meter Dash	2006, 07, 08
	800 Meter Run	2006, 07, 08
Isaac Wendland, Charles City	800 Meter Run	2006, 07, 08
Jordan Mullen, Atlantic	110m High Hurdles	2007, 08, 09
Kenny Gilmore, Davenport Central	Long Jump	2009, 10, 11
Nick Efkamp, Madrid	400 Meter Hurdles	2009, 10, 11
Kyle Dunn, Linn-Mar, Marion	400 Meter Low Hurdles	2009, 10, 11
James Harrington, Cedar Falls	200 Meter Dash	2010, 11, 12
Alex Gudenkauf, Dubuque. Senior	Wheelchair Shot Put	2011, 12, 13
Jeff Giannettino, West Burlington/Notre Dame	High Jump	2013, 14, 15
Chandler Diercks, Clear Lake	Long Jump	2013, 14, 15
Connor Ham, Solon	110-Meter-High Hurdles	2013, 14, 15
Kyle Dolecheck, Mount Ayr	800 Meter Run	2014, 15, 16
Cole Moeller, Calamus-Wheatland	High Jump	2015, 16, 17
Isaiah Trousil, West Burlington/Notre	100 Meter Dash	2015, 16, 17
	200 Meter Dash	2015, 16, 17
Tristan Wirfs, Mount Vernon	Discus	2015, 16, 17
Myles Bach, Marion & Center Point-Urbana	3,200	2016, 17, 18
Nick Phelps	Discus	2016, 17, 18

Relay Events (does not include schools who won four or five straight)

Cedar Rapids	880-Yard	1921, 22, 23
Cedar Rapids	One Mile	1921, 22, 23
Des Moines, North	880-Yard	1934, 35, 36
Des Moines, East	880-Yard	1938, 39, 40
Des Moines, Roosevelt	One Mile	1944, 45, 46

Albert City	Two Mile	1952, 53, 54
Valley, West Des Moines	440-Yard	1953, 54, 55
Ames	880-Yard	1955, 56, 57
Ames	440-Yard	1956, 57, 58
Ames	One Mile	1956, 57, 58
Davenport, Central	One Mile	1966, 67, 68
Indianola.....	One Mile	1969, 70, 71
Eagle Grove	Mile Medley	1970, 71, 72
Hamburg	Two Mile	1973, 74, 75
NUH, Cedar Falls	800-Meter	1980, 81, 82
Saint Albert, Council Bluffs	400-Meter	1982, 83, 84
Woodbine	4 x 800	1988, 89, 90
North Mahaska, New Sharon	4 x 200.....	1989, 90, 91
Davenport, Central	4 x 100	1992, 93, 94
Mediapolis	4 x 100	1992, 93, 94
Gehlen Catholic, LeMars	4 x 200	1993, 94, 95
Beckman, Dyersville.....	4 x 200.....	1997, 98, 99
West Lyon, Inwood.....	4 x 100.....	1998, 99, 2000
Iowa City, City High.....	4 x 400.....	1999, 2000, 01
Iowa City, City High.....	4 x 200.....	2000, 01, 02
Tipton	4 x 800.....	2000, 01, 02
Ankeny	4 x400.....	2002, 03, 04
Beckman, Dyersville.....	4 x 200.....	2005, 06, 07
Valley, WDM.....	4 x 400.....	2005, 06, 07
Charles City.....	1,600 Meter Medley.....	2006, 07, 08
Mid-Prairie, Wellman.....	1,600 Meter Medley.....	2006, 07, 08
West Marshall.....	4 x 200.....	2010, 11, 12
Dowling Catholic	1,600 Meter Medley.....	2015, 16, 17
Central Decatur	Shuttle Hurdle	2017, 18, 19

Most Individual State Event Championships in a Career

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Tim Dwight, Iowa City, City (1991-94)

(200 in 1991; 200, 400 H, LJ in 1992, 200, LJ in 1993; 200, LJ in 1994)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

7 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12)

7 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008)

7 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08)

7 – Nick Kuchel, Kingsley-Pierson (2004-06)

(110 M HH, 2004, 05, 06; 100m – 2004, 2005; 200m – 2005, 2006)

7 – Randy Thompson, Corwith-Wesley-LuVerne (1991-94)

(100 in 1991; 100, 200 in 1992; 100, 200, 400 in 1993; 100 in 1994)

7 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters in 2005)

7 – Dylan Davis, ADM, Adel (2000-03)

(3,200 meters in 2001, 02, 03; 1,600 meters in 2001, 02, 03; 800 meters in 2003)

7 – Charles Hoyt, Greenfield (1911-13)

(100, 220 in 1911, 12, 13; 120 HH in 1912)

6 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 Meter Dash, 2015-16-17; 200 Meter Dash, 2015-16-17)

6 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3,200 – 2015, 16

6 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012)

6 – Nick Efkamp, Madrid (2009-11)

(400 H in 2009, 10; 100, 110 M HH, 400 H, LJ in 2011)

6 – Tom Burrows, Belle Plaine (1953-55)

(100, 220, 440 – 1954; 100, 200, 440 - 1955)

6 – Bob Brandt, Denison (1954-56)

(180 LH, LJ in 1955; 100, 220, 180 LH, LJ in 1956)

6 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966)

6 – Darwin Vande Hoef, Rock Valley (1987-89)

(HJ in 1987, 88, 89; 110 m High Hurdles 1988, 89; 400 m Hurdles in 1989)

6 – Rob Brock, Dubuque Senior (1994-97)

(1,600 meters in 1996; 800 meters in 1997; 3,200 meters in 1994-95-96-97)

Most State Event Championships in a Career

(8 or more; includes Relay Events)

12 – Tim Dwight, Iowa City, City (1991-94)

(200 – 1991, 92, 93, 94; LJ – 1992, 93, 94; 400 H – 1992; 4x200 – 1991, 94; 4x400 – 1993, 94)

11 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008; 1,600 M Medley Relay 2006, 2007, 2008; 4x400 Relay 2005)

11 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08; 1,600 M Medley Relay 06, 07, 08; 4x400 Relay 05)

10 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 – 2015, 16, 17; 200 – 2015, 16, 17; 4x100 Relay – 2015, 16; 4x200 Relay – 2015, 16)

9 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012; 4x100 Relay 2011, 2012; 4x200 Relay 2011)

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3200 – 2015, 16; 1,600 M Medley Relay – 2015, 16)

8 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12; 1,600 M Medley Relay 2012)

8 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters 2005; 4x400 Relay 2005)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966; 880-Yard Relay 1965; Mile Relay 1965)

Most Career Individual Wheelchair State Event Championships

16 – E.J. Runyan, Johnston (1997-2000)

(100, 200, 800, Discus 1997-98-99-2000 each)

9 – Evan Correll, Waukee (2018-21)

(100, 200 in 2018, 2019, 2021; 400 in 2019, 2021; 800 in 2021)

9 – Jon Litzkow, Waterloo West (2010-11)

(100, 200, 400 each in 2010, 2011, 2013)

9 – Brian Wauters, Marshalltown (2001-2003)

(100 meters and 200 meters, in 2001, 02, 03; 800 in 2001, 02; 400 meters in 2003)

7 – Mark Hauschildt, Nodaway Valley, Greenfield (1994-96)

(SP, Discus, 200 in 1995; 100, 200, 800, Discus in 1996)

6 – Tom Rudruck, Winfield-Mt. Union (1991-92)

(Discus, 800 in 1991; 100, 200, 800, Discus in 1992)

6 – Nathan Redlinger, English Valleys, North English

(100-200-400 meters in 2004, 05)

6 – Cory Behrendt, Boone

(100-200-400 meters in 2006, 07)

** Listings are the national records kept by the NFHS unless the event is not one they sanction. States must submit marks for verification. To qualify the **performance must be set against high school** competition.*

Various groups that list high school records may include better performances but they were established in non-high school competition. #-denotes event not included in NFHS national record-keeping since it is not contested in all states or was achieved in a meet that was not limited to high school, but the events are run in Iowa.