

| Boy's <u>Date</u> | Cross <u>School</u> | Country <u>Scores</u> | |
|----------------------|--|--------------------------|--------------------|
| 1971-72 | Varsity 2 mile | 5th-88 points | |
| | Mark Swift | 10 th | |
| | Jerry Saunders | 19 th | |
| | Soph 2 mile | 5th-47 points | |
| | Jim Richardson | 11 th | |
| | Varsity 1 mile | 7th-109 pnts | |
| | Jerry Saunders | 14 th | |
| | Soph 1 mile | 7th-65 pnts | |
| | Dan Neunaber | 18 th | |
| | Bobcat Invitational | 7 th | |
| 1972 | First year as varsity sport at AHS | | |
| 1972-73 | WaMaC One-Mile Meet | | |
| | Mark Swift | 1 st | |
| 9/7/1972 | at Manchester | 3rd place | |
| 9/12/1972 | Cascade Aquin | | can weather |
| 9/19/1972 | WaMaC one mile at Tipton | | |
| 9/26/1972 | Maquoketa | 26 - 31 | |
| 9/29/1972 | at Cascade | 6th place | |
| 10/5/1972 | Cascade Aquin | 17 - 42 | AHS |
| 10/10/1972 | at Marion | | |
| 10/14/1972 | at Western Dubuque Invite | 8th place | |
| 10/17/1972 | Conference meet at Anamosa | 5th place | |
| 10/21/1972 | State Meet Marshalltown | 18th | |
| 1973-74 | Won 8 of 10 dual meets | | |
| | 5 th of 8 teams Anamosa Invit | | |
| | 8 of 9 Bobcat Invitational | | |
| | 5 of 9 at Manhawk Invitational | | |
| | 8 of 15 at Aquin Invitational | | |
| | Mark Swift received 7 or more | | |
| | first places in meets | | |
| 9/12/1973 | Cascade one mile | 16 - 24 | AHS |
| 9/14/1973 | at Tipton | | |
| 9/18/1973 | at Tipton mile | | |
| 9/22/1973 | at Ames state mile | | |
| 9/28/1973 | at Cascade Invite | | |
| 10/3/1973 | Cascade | 24 - 32 | AHS |
| 10/9/1973 | at Manchester Invite | 5th place | |
| 10/13/1973 | at Western Dubuque Invite | | |
| 10/16/1973 | WaMaC at Anamosa | 5th place | |
| 10/20/1973 | Cross Country State at Grinnell | | |
| 9/11/1974 | Aquin of Cascade | | |
| 9/13/1974 | at Linn-Mar one mile | | |
| 9/17/1974 | Tipton Invite | | not enough runners |
| 9/19/1974 | at Monticello | 17 - 19 | |
| | and Cascade Aquin | 11 - 25 | |
| 9/25/1974 | Cascade Invite | | |
| 10/1/1973 | at Manchester | 4th place | |
| 10/3/1974 | at Vinton | 4th place | |
| 10/15/1974 | WaMaC at Anamosa | | not enough runners |
| 9/2/1975 | Cascade Aquin | 15 - 40 | |

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| 9/9/1975 | at Tipton | 4th place | |
| 9/12/1975 | Linn-Mar | 10 - 30 | |
| 9/16/1975 | Tipton Invite | 10th place | |
| 9/19/1975 | Independence | 15 - 21 | |
| 9/23/1975 | at Cedar Rapids LaSalle | 14 - 22 | AHS |
| 9/26/1975 | Cascade Invite | | |
| 9/30/1975 | Anamosa Invite | 3rd place | |
| 10/2/1975 | Independence Invite | 12th place | |
| 10/7/1975 | Manchester Invite | | |
| 10/11/1975 | at Western Dubuque | | |
| 10/14/1975 | WaMaC Meet | | |
| 10/18/1975 | State Meet | | |
| 9/7/1976 | at Maquoketa | 15 - 21 | AHS |
| 9/9/1976 | at Vinton | 1st place | |
| 9/14/1976 | Tipton Invite | 7th place | |
| 9/17/1976 | Anamosa Invite | 2nd place | |
| 9/20/1976 | Linn-Mar | 2nd place | |
| 9/24/1976 | Cascade Invite | 5th place | |
| 9/28/1976 | Independence | 10 - 29 | AHS |
| 9/30/1976 | at Cedar Rapids LaSalle | 1st place | |
| 10/2/1976 | Anamosa Invite | | |
| 10/5/1976 | Western Dubuque Invite | 6th place | |
| 10/9/1976 | West Delaware Invite | 8th place | |
| 10/12/1976 | WaMaC Meet | 4th place | |
| 10/16/1976 | Disripts | | |
| 10/30/1976 | State Meet | | |
| 8/30/1977 | at Western Dubuque | 1st place | |
| 9/6/1977 | Anamosa Invite | 1st place | |
| 9/8/1977 | at Vinton | 1st place | |
| 9/10/1977 | at West Union | 2nd place | |
| 9/13/1977 | at Tipton | | |
| 9/20/1977 | at Linn-Mar | | |
| 9/23/1977 | Cascade Invite | 2nd place | |
| 9/26/1977 | West Delaware | 1st place | |
| 9/29/1977 | at Cedar Rapids LaSalle | 23 - 31 | AHS |
| 10/1/1977 | Anamosa Invite | 1st place | |
| 10/6/1977 | at Western Dubuque | 1st place | |
| 10/15/1977 | Districts at North HS West Union | 2nd place | |
| 10/18/1977 | Tipton | | |
| 10/19/1977 | WaMaC at Anamosa | | |
| 10/29/1977 | State Meet | | |
| 8/31/1978 | Dubuque Wahlert | 20 - 43 | |
| 9/6/1978 | Maquoketa Andrew Bellvue | 1st place | |
| 9/7/1978 | at Vinton | 2nd place | |
| 9/12/1978 | at Tipton | 3rd place | |
| 9/18/1978 | Linn-Mar DBQ Senior | 2nd place | |
| 9/22/1978 | Cascade Invite | 5th place | |
| 9/25/1978 | Anamosa Quad | 3rd place | |
| 9/30/1978 | Anamosa Invitational | 1st place | |
| 10/2/1978 | Anamosa Triangular | | |
| 10/5/1978 | Western Dubuque Invitational | | |
| 10/10/1978 | at West Delaware | 2nd place | |
| 10/12/1978 | District Meet West Union | 3rd place | |

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| 10/17/1978 | WaMaC at Anamosa | 2nd place | |
| 10/21/1978 | State Meet Noel-Ridge Park CR | 15th place | |
| 9/29/1979 | Anamosa Invite | 1st place | |
| 9/4/1979 | at Maquoketa | 1st place | |
| 9/6/1979 | at Vinton | 1st place | |
| 9/11/1979 | Tipton Invite | 2nd place | |
| 9/14/1979 | at Cedar Rapids LaSalle | 1st place | |
| 9/17/1979 | Anamosa Triangular | 1st place | |
| 9/21/1979 | Cascade Invite | 2nd place | |
| 9/24/1979 | Anamosa Invitational | 1st place | |
| 9/29/1979 | Anamosa Invite | | |
| 10/1/1979 | Anamosa Triangular | 2nd place | |
| 10/4/979 | Western Dubuque Invite | 2nd place | |
| 10/9/1979 | West Delaware Invite | 1st place | |
| 10/16/1979 | WaMaC at Anamosa | 3rd place | |
| 10/20/1979 | District Meet at Anamosa | 5th place | |
| 11/3/1979 | State Meet | | |
| 1980-81 | Co-Ed for first time | | |
| 1980-81 | Tim Burke 25 th at state meet | | |
| 1980-81 | Girls 11 th at District | | |
| 9/2/1980 | Maquoketa | 20 - 16 | |
| 9/9/1980 | Tipton Invite | | |
| 9/12/1980 | at Cedar Rapids LaSalle | | |
| 9/19/1980 | Cascade Invite | | |
| 9/27/1980 | Anamosa Invite | 6th place | |
| 10/2/1980 | Western Dubuque Invite | | |
| 10/4/1980 | Independence Invite | | |
| 10/7/1980 | West Delaware Invite | | |
| 10/14/1980 | WaMaC at Anamosa | | |
| 10/23/1980 | District Meet | | |
| 11/1/1980 | State Meet | | |
| 1981-82 | 7 th in WaMaC | | |
| 1981-82 | Girls 2 nd at Benton meet | | |
| 1981-82 | Boys 3 rd at Benton meet | | |
| 1982-83 | Boys 8 th in WaMaC | | |
| 1982-83 | Girls 3 rd in WaMaC | | |
| 1982-83 | Tim Burke winner of | | |
| 1982-83 | individual title WaMaC meet | | |
| 1982-83 | 23 rd at state meet. | | |
| 1983-84 | Girls 2 nd at WaMaC meet | | |
| 1983-84 | Karen Fearing 5 th WaMaC meet | | |
| 1983-84 | Kim Frasher 6 th WaMaC meet | | |
| 1983-84 | 3 rd Cascade Invitational | | |
| 1983-84 | 6 th at District meet | | |
| 1983-84 | Boys 1 st at Fresh Soph Div | | |
| 1983-84 | of the WaMaC meet | | |
| | | | |
| 10/8/1985 | West Delaware Invite | incomplete team | |
| | | | |
| 8/29/2015 | at Cedar Rapids Prairie | 16th of 18 | |
| 9/3/2015 | at Iowa City Regina | 8th of 14 | |

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|------------|---------------------------------|----------------|--|
| 9/8/2015 | at Tipton | 14th of 18 | |
| 9/12/2015 | at Monticello | 6th of 10 | |
| 9/18/2015 | at Cascade | can weather | |
| 10/1/2015 | at Western Dubuque | 8th of 16 | |
| 10/6/2015 | at West Delaware | 14th of 23 | |
| 10/15/2015 | WaMaC Conference | 15th place | |
| 10/22/2015 | 2A State meet qualifier | 8th place | |
| | Daniel Miller 12th place | | |
| 10/31/2015 | State Cross Country Fort Dodge | | |
| 9/20/2016 | at CPU | 2nd place | |
| 9/24/2016 | Raider Invitational | 1st place | |
| 9/29/2016 | West Dubuque Invite | 7th place | |
| 10/6/2016 | West Delaware Invite | 5th place | |
| 10/13/2016 | WaMaC Conference | 10th place | |
| 8/26/2017 | Prairie Invite | 14th place | |
| 8/31/2017 | at Iowa City Regina | 5th place | |
| 9/5/2017 | at Tipton | 4th place | |
| 9/9/2017 | at Monticello | 4th place | |
| 9/14/2017 | at Cedar Falls | 17th place | |
| 9/19/2017 | at Center Point-Urbana | 1st place | |
| 9/23/2017 | Anamosa Invitational | 2nd place | |
| 9/28/2017 | at Western Dubuque | 7th place | |
| 10/3/2017 | at West Delaware | 5th place | |
| 10/12/2017 | WaMaC Conference | 10th place | |
| 10/19/2017 | 2A State meet qualifier | 7th place | |
| 10/28/2017 | 2A State Meet | | |
| 8/25/2018 | Cedar Rapids Prairie | 22nd place | |
| 9/4/2018 | Tipton Invite | 13th place | |
| 9/8/2018 | Monticello Invite | 12th place | |
| 9/14/2018 | Cascade Invite | 8th place | |
| 9/22/2018 | Anamosa Invitational | 15th place | |
| 9/27/2018 | Western Dubuque Invite | 18th place | |
| 10/11/2018 | River Valley Conference | can weather | |
| 8/31/2019 | Cedar Rapids Prairie Invite | 22nd place | |
| 9/5/2019 | Iowa City Regina | 13th place | |
| 9/14/2019 | Monticello Invite | 11th place | |
| 9/19/2019 | Cascade Invite | 6th place | |
| 9/24/2019 | CP-U Invite | 4th place | |
| 9/28/2019 | Anamosa Invitational | 10th place | |
| 10/8/2019 | West Delaware Invite | 12th place | |
| 10/15/2019 | River Valley Conf at Iowa City | 9th place | |
| 10/24/2019 | at Independence State Qualifier | 9th place | |
| 8/29/2020 | Anamosa Invitational | 7th place | |
| 9/3/2020 | at Iowa City Regina | 6th place | |
| 9/11/2020 | Bellevue-Camanche-Mid-Prairie | rain | |
| 10/6/2020 | West Delaware Invite | 9th 233 pnts | |
| 10/13/2020 | River Valley Conf at Iowa City | 7th 168 pnts | |
| 10/22/2020 | 2A State Qualifier at Jesup | 7th 163 pnts | |
| 8/28/2021 | Anamosa Invitational | no score found | |
| 9/2/2021 | at Iowa City Regina Tourney | 9th 322 pnts | |
| 9/7/2021 | at Tipton Tourney | 11th 150 pnts | |
| 9/11/2021 | at Monticello Invite | 13th 211 pnts | |
| 9/16/2021 | at Cascade Invite | 6th 133 pnts | |

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| 9/25/2021 | Anamosa Invitational | 8th 213 pnts | |
| 10/5/2021 | at West Delaware | 12th 304 pnts | |
| 10/21/2021 | 2A State Qualifiers at Anamosa | 5th 136 pnts | |
| 8/27/2022 | Anamosa Invitational | 4th 113 pnts | |
| 9/1/2022 | at Bob Brown Iowa City Invite | 9th 201 pnts | |
| 9/6/2022 | Tipton Invite | 11th 208 pnts | |
| 9/10/2022 | Monticello Invite | 5th 131 pnts | |
| 9/15/2022 | Filmore Golf Course | 7th 170 pnts | |
| 9/24/2022 | Anamosa Invitational | incmplete team | |
| 10/4/2022 | Hart Ridge Golf Course | 9th 248 pnts | |
| 10/11/2022 | Conference Meet at Iowa City | 4th 94 pnts | |
| 10/20/2022 | 2A State Qual Oelwein | 4th 95 pnts | |